





Briefly

Poetry contest JOHNSTOWN

Coming up this spring is the Battle of the Windmill 180th Anniversary Poetry Contest, open to Ontario residents living within 50 km of the Windmill Tower in Johnstown.

There will be two categories: Junior: 12 to 18 years old and Adult: 19 years and over. This year's theme is some aspect (factual or fictional) of the 180-year history of the Battle of the Windmill. Two winners will receive a \$180 prize and their poems will be published on the Friends of the Windmill promotional bookmark.

For contest details and more information, visit the Friends of the Windmill Point's Facebook page. The deadline is April 30.

Urgent need for blood donors

WINCHESTER - The Canadian Blood Services has issued an urgent call for Canadians to give blood – 2,700 donors in Ottawa and surrounding areas are needed to book an appointment and give blood by March 31 to ensure all patients continue to have access to the blood and blood products they need. Visit blood.ca, download the GiveBlood app or call 1-888-2-DONATE and find a nearby donation site. Walk in appointments are also available at all locations.

An upcoming local clinic is scheduled for Tues., March 29, from 3:30 p.m. to 8:30 p.m., at the Joel Steele Community Centre, in Winchester.





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New adult high school opens

Candice Vetter

Record Staff

CHESTERVILLE – T.R. Leger opened its newest adult high school campus in the west side of North Dundas District High School, at 12835 Hwy. #43, Chesterville, on Wed., March 7, with a light luncheon, ribbon-cutting and cakecutting. Principal Sandy McInnes, Upper Canada District School Board Chair Jeff MacMillan, numerous T.R. Leger and NDDHS staff (for which there will be some crossover) and area politicians officially opened the school.

Continued on page 3

New executive for Dundas Federation of Agriculture

Kalynn sawyer Helmer Record Staff

CHESTERVILLE – The new executive for the Dundas Federation of Agriculture was elected during the annual general meeting held at the Nelson LaPrade Centre in Chesterville on Mon., March 12.

Stepping down after his one-year term was President Steven Byvelds, who thanked Jackie Kelly-Pemberton for her advice throughout the year, the local board members and those who attend the regular meetings. He also thanked previous secretary/treasurer Mary Dillabough who finished her position at the end of 2017. The DFA is still looking for a replacement and interested parties should contact the executive.

The 2018 executive includes: President Marty Derks; Vice-President Ryan DeVries; Directors: Jon Roosendaal, Jim Shaw, Tom

Continued on page 2



Wearing of the green

Reed Smith (far left) and Tegan Webb Stevenson (far right) pose with St. Mary Catholic School's Principal Karen Carriere (centre left) and parent council organizer Patricia Guy (centre right) at the annual St. Patrick's Day Tea held on March 8 at the school's gym.

Vetter photo

Celebrating St. Patrick's Day at St. Mary's

Candice Vetter

Record Staff

CHESTERVILLE – It was a bit early, but the St. Mary Catholic School's annual St. Patrick's Day Tea, held on Thurs., March 8, was still a big hit with students, parents, grandparents and supportive community members.

The event has been going on for decades, with no one remembering exactly when it started, but one parent recalled making the "Irish" vests and aprons worn by servers over 20 years earlier. The parent council organizes the event as a fundraiser and traditionally the Grade 5 students serve the high tea. The students obviously took their responsibilities very seriously and

were very fast servers. They had to be quick as the lineup for the tea extended out the school's front door by 11 a.m.

Parents made the sandwiches and squares as well as providing bake sale items, which were going fast.

"It's a wonderful community event," said Principal Karen Carriere. "Gathering to share a meal together is integral to our faith and culture. Kids learn this tradition, of being part of the greater community."

All the school's students participated in decorating the gym, including pot-of-gold handprints by the kindergarten classes.

 $More\ photos\ on\ page\ 8$







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New executive for DFA

Continued from the front

MacGregor, Dave Kerr, Steven Byvelds (also past president), Albert Harber, Jake Sample and Warren Schneckenburger; OFA director Jackie Kelly-Pemberton; OFA member services representative Ruth Vogel; and DFA-PAC representative Bernie Vander Zweep.

The association gained 13 new members last year and hopes to continue building their membership across Dundas County. At the end of the meeting, Ronda Boutz from the South Nation Conservation Authority was welcomed as the guest speaker. Boutz outlined the work SNC has done over the past 15 months with funds from an Agriculture and Agri-Food grant.

The funds were allocated to a forecasting program across the Nation watershed and SNC was able to upgrade 11 monitoring stations to collect real-time data including temperature, rain and snow equivalency, ground water and soil moisture. These upgrades mean data can be collected instantaneously from anywhere and rendered to produce a 14day outlook.

The funding will end as of March 31,

but Boutz explained that SNC has plans in place to apply for more funding to continue their work. The hope is that the program can become a public resource, especially for producers to be able to make accurate timing and cropping decisions, and to distribute more probes into the watershed for region specific results. As of

right now there are only six probes in play.

SNC is open to hearing input from

residents and producers as to what would

work best in the program moving forward. The meeting was also attended by local mayoral candidate Tony Fraser who aimed to ensure DFA members of his and the local government's commitment to working with producers. On that note, Steven Byvelds encouraged all who attended to get out and speak with their candidates for the municipal and

provincial elections and promote the

inclusion of agriculture in Ontario's future.



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CHESTERVILLE PHARMACY

A new executive in the new year

The 2018 executive for the Dundas Federation of Agriculture was elected on Mon., March 12, at the annual general meeting held at the Nelson LaPrade Centre in Chesterville. Front row from left are Vice-President Ryan DeVries, President Marty Derks, OFA District Director Jackie Kelly-Pemberton; middle row from left: Jake Sample, Warren Schneckenburger, Jim Shaw and DFA-PAC representative Bernie Vander Zweep; back row from left, Dave Kerr, Albert Harbers, Tom MacGregor, Jon Roosendaal and past president Steven Byvelds.

Sawyer Helmer photo



Your health management partners

GETTING TO KNOW YOUR PHARMACIST

When most people think about their pharmacist, they think of little more than simple salespeople who provide them with the drugs that their doctors prescribe. The reality, though, is far more complex. To become a pharmacist in Canada, you have to go through a rigorous specialized university program and complete a national board examination.

So what exactly does your pharmacist do other than hand out medication? Well, first of all, there are many different types of pharmacists who work in vastly different environments. Just in time for Pharmacist Awareness Month this March, let's focus on the responsibilities of your community pharmacist:

- 1. Quality: your pharmacist is largely responsible for the quality (and quantity) of the medication provided to you.
- 2. Legality: pharmacists make sure that all medications and quantities of medication dispensed are in accordance with Canadian law.

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- 3. Counsel: your pharmacist is there to ensure that you know exactly what dosage you should be taking (and at what frequency).
- 4. Safety: pharmacists are responsible for reviewing your medical records and making sure that none of the medications prescribed by your doctor will interact poorly with one another.

On top of all that, pharmacists are responsible for managing their pharmacy. This includes supervising pharmacy technicians as well as residents who are studying for their certification. They're also there to answer all of your questions and advise you about any over-the-counter medications that could be beneficial to your current situation. They even deal with insurance companies to ensure that no patient goes without their required medications.

Gabriel Geurts; Registered Pharmacist

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Wednesday, March 14, 2018

Community Food Share introduces Healthy Choices

WINCHESTER - Healthy Choices is a month meets the nutritional requirements new initiative of Community Food Share to provide more nutritious food to people who use their services.

The process began with assistance from Jessica Lefebvre, a Public Health Dietician at the Eastern Ontario Health Unit. Lefebvre did a complete review of the food distributed by Community Food Share. She then proposed a number of changes to ensure that the five-day allocation of food families receive each

as outlined in Canada's Food Guide.

'We have made a commitment to use our food dollars to purchase healthier items in greater quantities such as milk, cheese, whole wheat bread, yogurt, fruits and vegetables," said Ian McKelvie, the Administrator at Community Food Share, in the recent email to the Record. "It's important that we meet the nutritional needs of our families because everyone deserves healthy and nutritious food. One

way of doing this is by shifting our investments in food to these items. As another example, we are also now able to offer locally produced yogurt through a generous arrangement with Biemond Upper Canada Creamery."

The new food allocation guidelines were introduced at both the Morrisburg and Winchester locations over the last few weeks.

"Our clients are extremely grateful and appreciative of the new Healthy Choices model," added Amy Saunders, Community Food Share's Coordinator in Morrisburg. "One client in particular was overwhelmed with the options she now had."

Healthy Choices is part of a transition that started last year when clients were given the opportunity to select their own food – like in an actual grocery store. Prior to this change, they were unable to see

what was available and make their own choices. Now they are more in control of what food they need.

With Healthy Choices, Community Food Share shows its ongoing commitment to helping the most vulnerable in our community.

Community Food Share is open three days a week at locations in Morrisburg and Winchester. There are also one day a week Food Cupboards in Finch and Crysler. Approximately 460 individuals from over 150 households use the organization's emergency food services every month.

To make a donation to support the Healthy Choices program, visit the web site at www.communityfoodshare.ca or send a cheque payable to Community Food Share, PO Box 32, Winchester, ON K0C 2K0.

For more information, contact McKelvie at 613-898-0781 admin@communityfoodshare.ca.



New adult high school

Continued from the front

T.R. Leger now has 16 total campuses in throughout the Upper Canada District School Board. The Board has identified a need for more adult education (from age 16 up), while enrolment in regular school is decreasing, so it made sense to use part of the NDDHS campus to house T.R. Leger. The west entrance is now designated for the adult high school.

The adult high school provides a flexible learning environment, community use kitchen, access to community resources, and alternative teaching and learning styles. Students can come in to finish a high school diploma, earn credits for college, gain work experience or computer skills, complete upgrading to attend university or college, or get help with career pathway planning. (T.R. Leger works closely with NDDHS Guidance.)

Students can come in as little or as frequently as their work schedules allow and can choose from a variety of ways to learn. Although concentrated learning (focusing on one course at a time) has often been shown to be more effective and less frustrating for students, regular high schools still follow the standard methods of moving students from class to class several times per day. Why all classes are not taught this way sparked a conversation at the opening, with conversants agreeing that focused, flexible learning is more effective and more likely to produce good results.

Old becomes new again

NDDHS has given up part of its school to accommodate a new T.R. Leger adult high school campus. People celebrating its opening included dignitaries from the UCDSB, the schools and local politicians. Vetter photo

The two schools will share the north east parking lot, and students should not park in the bus lot on the west side of the building.

Previously the nearest school was Morrisburg or Williamsburg, so this addition was warmly welcomed in North Dundas Township.

For more information about the programs see http://trleger.ucdsb.on.ca/.



Restocking and keeping up with demand

Community Food Share volunteer Steve McBain and Winchester Coordinator Nicole Fawcett restock the supply of yogurt to keep up with demand for the locally produced product. Maple and plain yogurt are made available through a special arrangement with the Biemond Upper Canada Creamery. It is part of the charitable organization's Healthy Choices initiative to provide more nutritious food to people who use their services. Courtesy photo

RETAIL BUSINESS OPPORTUNITY

For an agency store in CRYSLER LCBO RFP #2018-214 CRYSLER

An excellent business opportunity is now available to established retailers in Crysler.

The Liquor Control Board of Ontario (LCBO) is seeking a responsible, customer-focused retailer to operate an LCBO Agency Store in Crysler.

To qualify, the applicant must have an existing, currently operating retail business in the community and commit to operating the Agency store within established LCBO guidelines. To facilitate the sale of beverage alcohol products, the operator may be required to enter into separate commercial arrangements with the LCBO and domestic beer suppliers. The successful applicant will also be required to participate in a special LCBO server-training program to ensure the responsible sale of beverage alcohol products.

Since 1962, the LCBO has authorized more than 200 Agency stores to serve communities that have requested service but where the local population is too small to support a regular LCBO or beer store. These Agency stores are operated by local retailers within their existing retail business. Agency store contracts are normally awarded for a five-year term. In communities where there is currently an Agency store, as the contract nears expiry, the LCBO will take into consideration the fact that new businesses in the community may have been established and will allow an opportunity for all businesses in the community to compete for the next five-vear term.

Operating an LCBO Agency Store provides a retailer with an excellent opportunity to increase revenue and attract customers while providing local residents with beverage alcohol services. Agency stores also deliver economic benefits to the community in many cases through job creation and increased customer traffic for local merchants.

For this competition, the LCBO must receive requests for the application package from interested businesses by mail before end of business day Friday, March 23, 2018. The application requests must quote the following information:

RFP #2018-214 Crysler Request for Application Package **Procurement and Contract Management LCBO**

1 Yonge Street, Suite 1404 Toronto, ON M5E 1E5

Please note: An application fee of \$100 must be included with your request in order to receive an application package. Make the cheque or money order payable to the

In order to be considered for this business opportunity, applicants must submit to LCBO Procurement and Contract Management a completed proposal in the required format before the closing date and time, Friday, April 13, 2018, 3 p.m. local time. Late submissions will not be accepted and will be returned unopened.

UNE OCCASION D'EXPLOITER UN MAGASIN

Agence s'offre aux commerçants de CRYSLER LCBO DDP N° 2018-214 CRYSLER

Une excellente occasion d'affaires s'offre aux détaillants de Crysler.

La Régie des alcools de l'Ontario (LCBO) recherche un détaillant responsable et soucieux du service à la clientèle pour exploiter un magasinagence de la LCBO à Crysler.

Pour être admissible, vous devez exploiter un commerce de vente au détail déjà établi dans la localité et vous engager à respecter les lignes directrices de la LCBO. Pour faciliter la vente de boissons alcooliques, le candidat choisi pourrait avoir à conclure des ententes commerciales différentes avec la LCBO et avec les fournisseurs de bières canadiennes. Le candidat retenu devra également suivre un programme de formation spécial de la LCBO qui a trait à la responsabilité reliée à la vente des boissons alcooliques.

Depuis 1962, la LCBO a autorisé plus de 200 magasins-agences qui desservent les localités qui ont demandé un service de vente d'alcool, mais dont la population est insuffisante pour y établir une succursale régulière de la LCBO ou un magasin de bière. Les magasins-agences sont confiés à des détaillants locaux et s'annexent à un commerce de détail existant. Le contrat d'un magasinagence est normalement d'une durée de cinq ans. Au cours de la cinquième année d'exploitation d'un magasin-agence, la LCBO tient compte des nouveaux commerces établis dans la localité et donne à tous la chance de présenter leur candidature pour le prochain terme de cinq ans.

Un détaillant qui exploite un magasin-agence a la possibilité d'augmenter ses revenus en attirant une clientèle additionnelle tout en offrant aux citoyens de sa localité les produits et services de la LCBO. Un magasin-agence contribue également à l'économie de la localité souvent par la création de nouveaux emplois et par l'augmentation de l'achalandage chez les autres marchands

Pour ce concours, la LCBO doit avoir reçu la demande du dossier de soumission des commerçants intéressés par la poste avant 17 h, le vendredi 23 mars 2018. La demande doit être adressée de la façon suivante :

DDP N° 2018-214 Crysler Demande du dossier de soumission Directeur des achats, LCBO 1, rue Yonge, bureau 1404 Toronto (Ontario) M5E 1E5

NB: Des frais de soumission de $100\$ sont exigés au moment où vous faites votre demande de dossier de soumission. Veuillez acquitter ces frais en joignant à votre demande un mandat ou un chèque fait à l'ordre de la LCBO.

Les candidats doivent soumettre leur formulaire de proposition complet et dans les normes au Service des achats de la LCBO avant 15 h (heure locale) le vendredi 13 avril 2018. Les propositions reçues en retard ne seront pas acceptées. Elles seront retournées à l'expéditeur sans être lues.





Opinion

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War Amps marks 100th anniversary

OTTAWA - The War Amps begins its 2018 key tag mailing to Ontario households this week with the theme, "Still Much to Do," as the Association celebrates its 100th anniversary.

Amputee veterans returning from the First World War started The War Amps in 1918 to assist each other in adapting to their new reality as amputees. They then welcomed amputee veterans following the Second World War and established the Key Tag Service to gain meaningful employment and provide a service to the public. The War Amps innovative programs have grown over the past 100 years from assisting war amputees - whom they still serve - to all amputees, including children. But there is "Still Much to Do" to ensure amputees have the artificial limbs they need to lead independent and active lives.

Rob Larman, Director of The War Amps PLAYSAFE/DRIVESAFE Program, wrote the letter which accompanies this year's key tags. He lost his right leg at the age of 14 after friends dared him to jump onto a moving train. A member of The War Amps Child Amputee (CHAMP) Program, he later started work at the Key Tag Service, where war amputee veterans continued to provide advice and support on living with amputation. He says, "It moves me greatly to think of how these remarkable First and Second World War 'amps' enabled me to overcome my amputation, and I have been proud to, in turn, help the younger amputees who have come after me."

The Key Tag Service continues to employ amputees and people with disabilities and has returned more than 1.5 million sets of lost keys since its inception. Each key tag has a confidentially coded number. If you lose your keys, the finder can call the toll-free number on the back of the tag or place them in any mailbox, and The War Amps will return them to you by courier, free of charge.

The War Amps receives no government grants. With the public's continued support of the Key Tag Service, the Association's programs for amputees will carry on long into the future.

Those who do not receive their key tags in the mail can order them at waramps.ca or call toll-free 1-800-250-3030.



Courtesy The War Amps photo

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CASTOR Country

By Tom Van Dusen

Dickinson's delight

It's Sunday afternoon and the cast is gathered in a Russell Village home finetuning an original show about the Dickinson family to be staged April 6, 7, 13 and 14 in Manotick, a show about the very essence of Manotick.

The name Dickinson is synonymous with Manotick. The settlement was founded in 1864 by Moss Kent Dickinson who constructed several mills along the Rideau River. Furnished to the period, Dickinson House is a village heirloom; the last Dickinson to occupy it, Bessie, left in 1929. And the founder and his family are celebrated every year with the Dickinson Days festival.

That's what I thought too! If the production is so Manotick-ish, why is it being rehearsed in Russell? Easy explanation! As it turns out, half of the eight players are Russellers and Christine Erdos and Sean O'Malley have comfortable space on Parklands Avenue in which to congregate while nibbling on fruit cake... or not, depending on your preference

The other local names are Stuart Brink and Rob Milinkovich; all are well

known to patrons of the Russell Association for the Performing Arts and all are interested in exercising their acting chops by working with other regional amateur groups such as Osgoodebased ITR Theatre which is supporting The People of Dickinson House being rehearsed on Parklands.

Fruit cake, a delicacy usually only trotted out at Christmas. When I dropped by last Sunday, I was offered a slice and, I have to admit, it was lighter, more palatable, than Grandma's typical overloaded Christmas concoction.

Fruit cake has a side role in the production written by Myra McFarlane and Sheila Dubyk, a team that also produces and directs. There's a song called Miss Fogarty's Christmas Cake that Stuart sings while in character as Willie Dickinson and looking pensively out a window in Manotick's actual Dickinson House; he recreated it for me in part while looking pensively out a window in the Erdos-O'Malley House as the couple's four cats silently cheered him on.

The play is a moving feast, if you will. For \$40 each, 30 guests per performance start out with dinner at the Manotick institution, the Miller's Oven - built by the footsteps; Willie is the years.

Dickinsons in 1880 standing in for Doyle's House Hotel where they'll be greeted by Peter Doyle Junior played by Joel Rahn. Led by black-clad

guides, the group then splits and rotates through Dickinson House where guests listen to 10-minute monologues from recreated historical figures including siblings Willie (Stuart), George (Rob), Charlotte (Abbey Gagnon) and Bessie (Christine), as well as house maid Sarah Devlin (Elaine Eagen) and stable hand Peter Hicks (Sean) who delivers his lines in the carriage shed.

The monologues are about pivotal moments in the lives of the figures portrayed during a 40-year period from 1872 to 1912. based historically accurate events, the dialogue has been invented, said co-creator Sheila Dubyk who put her charges through some of their paces for the benefit of this appreciative reporter who reclined in an easy chair slowly munching fruit

Charlotte is the eldest Dickinson daughter who assumed the role of lady of the house at age 10 after her mother died; George is the eldest son trying to follow in his father's political



second son who reminisces about the past while facing what might be an uncertain future; Bessie is the youngest family member and very involved in the community; the maid Sarah is a home child from Scotland who has worked for the Dickinsons for years but is leaving to get married; and Peter the stable hand is a carpenter by trade who earns a dollar a day and wants his children to have a better life.

I've saved the bad news for last. Almost all of a total of 120 tickets over four shows have been sold, largely through word of mouth and notices placed on tables at the Miller's Oven. As of Sunday, there were only eight left.

If the planets align and the cast and crew are willing, there's a chance, Sheila said, that the show could be reprised at some point to deal with what is obviously a strong demand.

As I said, the Dickinsons were the be-all and end-all in Manotick – and can still draw a crowd after all these

Remembering Viola Desmond's fight for change

OTTAWA – On a fall evening in 1946, one woman's act of courage and resilience in the face of racism would prove to be a pivotal moment in Canada's history.

Viola Desmond was a successful Black Nova Scotia businesswoman who defiantly refused to leave a whites-only area of a movie theatre on Courage and Vision. Viola Desmond's Nov. 8, 1946, and was subsequently jailed, convicted and fined.

While she was unsuccessful in her subsequent efforts to quash her criminal conviction, her story resulted in a milestone human rights case in

Desmond's court case was one of the first known legal challenges against racial segregation brought by a Black woman in Canada. It was an inspiration for change and part of a wider set of efforts toward racial equality across the country.

The case touched a nerve within the Black community and added to the growing consciousness regarding racial discrimination in Nova Scotia.

Desmond eventually received a posthumous free pardon from the Nova Scotia government on April 15, 2010. It was granted by then-Lieutenant Governor of Nova Scotia, Mayann Francis, the first Black Nova Scotian and only the second Black person to hold such a position in Canada.

The premier at the time, Darrel Dexter, issued a public declaration and apology, saying charges should never have been laid and that Desmond's conviction was a miscarriage of justice.

In 2018, the theme of the Government of Canada's Black History Month campaign is Black Canadian Women: Stories of Strength, courageous stand and ensuing fight for justice is one such story and is about to make history once again. Later this year, Viola Desmond will become the face of Canada's new \$10 bank note, becoming the first Canadian woman to appear on a regularly circulating note.

The Bank of Canada is proud to feature Viola Desmond as the portrait subject of this human rights-themed note. This note will gradually become available to the public starting at the end of this year, alongside other \$10 bank notes already in circulation. The reverse side of the new \$10 note will depict symbols and images that complement Viola Desmond's achievements and reflect the broader themes of social justice and the struggle for rights and freedoms.

Viola Desmond was named as the portrait subject following an open nomination process that called on Canadians to suggest who they thought should be on the next bank

The excitement surrounding the new \$10 featuring Viola Desmond provides an opportunity to break with tradition once again with the next \$5 note, which will feature another prominent Canadian nominated by the public who has made a mark on the history of our country.

In due course, the Bank will launch another consultation process to seek input from Canadians on the portrait subject and design of the new \$5 note, building on the successes of this most recent process.

Visit bankofcanada.ca to learn more about the design and security of Canada's currency and stay tuned for the launch of the next bank NOTEable campaign. Follow the Bank on Twitter (@bankofcanada) for the latest news about Canadian bank notes.

The Bank of Canada Museum is on Facebook! Follow, like and share the latest information about Canada's new \$10 bank note and much more: @BoCMuseum.

Editor's note: Viola Desmond's courage and story not only highlights Black History Month as celebrated in February, but exemplifies the important role of all women as International Women's Day was recognized on Thurs., March 8, to celebrate the social, economic, cultural and political achievements of

Desmond's niece, Norma Domey, will be the guest speaker on March 21 at the Canadian Club in Morrisburg.







Don't let safety grind your gears

OTTAWA – Throughout the past century, much has evolved in the agricultural industry – and this is most obvious when we look at the machinery that farmers count on to make their day-to-day tasks easier. From power steering in tractors to allterrain vehicles (ATVs) becoming an industry staple, every new or improved bit of machinery has come with its own special set of preventive safety measures guidelines.

Considering the fact that farms often double as a workplace and a home, it's not uncommon for farming to become a family business – a side effect that can make the job more effective, but can also prove to be that much more devastating in the event of fatality.

To mark National Farm Safety Week, March 14-20, the Canada Safety Council is offering safety tips around machinery, including best practices, preventive measures and, with these, a reminder that shortcuts should never be taken when

"The agricultural sector is an important one whose role in Canada can't be overstated," said Jack Smith, president of the Canada Safety Council. "The job often entails the use of sharp, blunt and heavy machinery. It's only through proper training, education and preventive maintenance that these tools can be used safely, and it's the farmer's responsibility to ensure their proper use at all times."

Agricultural fatalities are on the decline, relatively speaking. According to Canadian Agricultural Injury Reporting, the average of fatalities between 2002-2012 (the most recent year where data is available) was approximately 30 fatalities less than the running average from 1990-2001. Although overall trend is encouraging, 2012 still saw 60 agriculture-related fatalities an unacceptable figure.

Unsurprisingly, machinery dominated as the major cause of fatalities between 2003-2012, with 70 per cent of

fatalities being attributed to machine rollovers, run overs, entanglement in moving machinery parts or other machinery-related causes.

What can farmers do to keep themselves and their families away from harm?

The best tool for any farmer hoping to run machinery is the owner's manual. Machines are typically designed with safety in mind and are perfectly safe to use, assuming correct maintenance and operation.

An inspection of the machine prior to operation can sometimes reveal otherwise unnoticed safety concerns including leaking air or hydraulic lines, removed machine guards or obstructed emergency stop switches. Make it a regular habit to do a walk-around of all machines prior to use. A walk-around can also help if you have any small children, as they may be playing behind a vehicle you intend to back up.

Other tips include...

• Wear personal protective equipment, when required, on the job. Goggles, safety shoes sure to block it. Fifty per cent

· Avoid wearing any loosefitting clothing, jewelry, hairstyles or anything that could get caught on moving

• To that end, stay away from moving parts at all times. If there's something caught in a moving part, make sure to turn off the machine and remove the keys from the ignition before performing maintenance.

• If you're parking a machine on a slope, make

between 2002-2012 were individuals who were struck by an unmanned machine.

• Exercise caution and judgment when operating a machine close to the edge of a ditch, slope or field. This is the most frequent cause of machine rollovers.

• Perform preventive maintenance on a regular basis, making sure your properly machine is lubricated, adjusted and has

Farming can be a dangerous industry, but an ounce of prevention is worth a pound of cure. Prioritize safety and training for your family and workers. Consider signing them up for the Canada Safety Council's ATV rider training course to give them a leg up on proper use of these machines: https://canadasafetycouncil.or g/product/atv-rider-course/



Fun in fundraising for CHEO clown Molly Penny

Carolyn Thompson Goddard

Record Correspondent

WILLIAMSBURG – For just over a decade, members of the 1st Williamsburg Baden-Powell Scouts have held a CHEO Clown Carnival in support of Molly Penny who is a



Balloon creations

Bonnie Omond was busy making balloon creations during the annual CHEO Clown Carnival sponsored by the 1st Williamsburg Baden-Powell Scouts at the I.O.O.F. hall in Williamsburg on March 12.
Thompson Goddard photos

therapeutic clown at the Children's Hospital of Eastern Ontario (CHEO) on the Monday evening of March Break.

The family fun evening had 1st Williamsburg members and leaders, some in costume, providing a well-stocked canteen and entertainment such as magic tricks, balloon twisting and face painting, as well as several games including Plinko, nail hammering, and a bean bag toss.

Except for canteen purchases, everything is free with a donation jar at the entrance to the event. Jansen said the evening usually raises a few hundred dollars for the CHEO therapeutic clown.

More information on CHEO therapeutic clown Molly Penny can be found on her Facebook page or website.



Donations gratefully accepted

1st Williamsburg Baden Power Scouts Explorers leader Lisa Vreman is joined by Bailey Piticco and her mother Stacey Piticco (Kayuh) during a quiet moment at the donation table during the CHEO Clown Carnival held on March 12 at the I.O.O.F hall in Williamsburg.



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The Line Fences Act requires the Council of every local municipality to appoint Fence Viewers to attend, view and arbitrate in the matter of disputes over the responsibility for a line fence marking the boundary between an owner of land and an adjoining landowner. Remuneration is currently set at \$75.00 per attendance. Please send resume to hr@northstormont.ca or The Township of North Stormont,

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A new family – home at last

past two years, a group of local volunteers, organized as the Dundas Coalition for Refugee Support, have been meeting and fundraising on a regular basis to welcome and support a family a world away to Dundas County. Their Syrian refugee family has arrived in North Dundas. It was a

WINCHESTER- For the long trip and the family were pretty exhausted on arrival, but they were also very happy to be here. People in this area have been very generous in welcoming them and the family are very eager to join the community.

> "You can imagine the complexities of Canadian life for a newcomer, from

figuring out how North American appliances work, to trying to understand how we sort the garbage from the recycling - and all this with only an elementary grasp of the language. The children have already started school and the parents will soon be taking language training," said Moira Law, Chair, Dundas Coalition for Refugee Support, in an email to the Record.



Waiting ended

Some of the members of the Dundas Coalition for Refugee Support as they waited at the airport for the refugee family to arrive last week.

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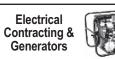
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RUSSELL **TED MORRISON**

A life remembered

Record Correspondent

WINCHESTER - Over 100 friends, family and literary enthusiasts gathered at the Winchester United Church on Sat., March 10, when Marnie Fossitt launched her recently published book Is Zat You Myrtle?.

For just over 250 pages, readers are treated to the life story of Annie McKee, Fossitt's paternal grandmother who was born in North Stormont, worked in Cornwall and eventually settled in the Bainsville area where she and her husband raised a family while running a farm.

Fossitt explained how she and her three sisters would talk about her grandmother and slowly realized the stories needed to be written down for future generations. She has spent five years researching, collecting stories and writing them prior to publication.

During the book launch, Fossitt thanked family

Carolyn Thompson Goddard members, editor Ann Brady, local artist Carrie Keller, photo restorer Susan Potter and publisher Stephanie Berry Chickadilly Studio for their support and encouragement during the creation of this book of memories.

> Is Zat You Myrtle? was chosen as the title by Fossitt because it was a song that her grandmother used to frequently play on the gramophone. Music played an integral part of the event as local singer Anne Lyons performed a few songs. Fossitt and two of her sisters accompanied by Lyons sang during the book launch, which concluded with a song by Ann Brady.

> When asked suggestions for aspiring writers, Fossitt suggested to write, write and write, and worry about editing later and to "write with your heart." There can be little doubt that Fossitt has indeed written her first book from a heart full of love for her grandmother.



Family and friends join author at book launch

Many members of author Marnie Fossitt's family joined the group at the Winchester United Church on Sat., March 10, when her recently published book, Is Zat You Myrtle?, was launched. Pictured, from the left, are Fossitt with her three sisters following the event: in the front row, Fossitt, Reina DeJong and Cathy Lindberg; at the back is Connie McCullough.



An autographed copy

Just prior to the official book launch, Author Marnie Fossitt signs a copy of Is Zat You Myrtle? for Gail Storrring. Thompson Goddard photos

Junkyard Symphony – a great start to March Break in South Stormont

Carolyn Thompson Goddard

Record Correspondent

LONG SAULT - There was no shortage of laughter and cheers as the Township of South Stormont presented Junkyard Symphony on March 12 at the community hall in Long Sault to a crowd estimated to be over 120 people.

The hour-long event combined music, audience participation, juggling and other skills designed to delight people of all ages. The warm-up to the main included Junkyard Jonny performing with a rubber chicken to the song *Billie Jean*



Cheering for the home team!

Junkyard Jonny helps young volunteer Alexis get even louder cheers from the audience at South Stormont Community Hall during the performance of Junkyard Symphony. Thompson Goddard photos

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and dangling a \$10 bill from a fishing pole in front of people.

The main event included lots of audience participation, dressing up an adult to resemble a movie star and allowing children to take the centre stage in the performance.

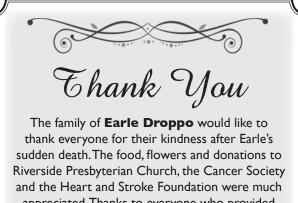
Tina Kilbride and son Samuel of South Stormont seemed to really enjoy the show and Kilbride commented as the show ended she was "so pleased that the Township brings in events like this for the community.'

This show was the first in a series of free March Break events sponsored by the municipality, including skating at the arena and Zumba on Thursday at the community hall. Sherry-Lynn Harbers, Recreation Program Coordinator for the municipality, mentioned the group, which has performed at the arena in Long Sault, were a "fun event for families" who stay locally for the March Break.



Lots of fun for everyone!

There was no shortage of hands when Junkyard Jonny asks for volunteers from the audience to perform on stage – from performing a trick or two or perhaps helping get a cheer or two from spectators at the Junkyard Symphony event on Mon., March 12, at the South Stormont Community Hall in Long Sault.



appreciated. Thanks to everyone who provided support in so many ways the day of the memorial service and the days that have followed.

> Ann, David, Paula, Noëlle and Yvette



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Martintown Come and worship with our family where all are welcome and Christ is Lord.

11:00 A.M. - Community Centre,

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HARMONY COMMUNITY CHURCH

Evangelical Missionary Church 12010 Ormond Road & Hwy. 31 613-774-5170 Rev. D. Bruce North, Senior Pastor Rev. Daniel L. Wallace, Associate Pastor www.harmony-church.org Sunday March 18, 2018 9:45 A.M. - Pre-Service Prayer

10:30 A.M. - Worship Service Message by Rev. Mark Redner. Senior Pastor at OASIS Kinburn No Evening Service. Saturday, March 17, 7:00 P.M. -Special Service with Rev. Mark & Kiwanda Redner

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Art show in Manotick

Carolyn Thompson Goddard Record Correspondent

MANOTICK - Applecrate Gallery in Manotick is currently hosting a show, which runs until April 13, featuring the work of former Morewood resident and professional artist Gordon Coulthart.

Trainscapes and Crows features paintings of trains by Peter Cunningham and Coulthart's paintings presenting a variety of crows in their surroundings. In an email interview recently, Coulthart revealed that he paints "crows for the story they tell and because they are a romantic image" with his paintings reflecting the relationship between nature and these intelligent birds.

Coulthart, a graduate of NDDHS, has worked as a commercial illustrator, cartoon animator and background painter, as well as the co-creator of syndicated cartoon Farcus, and as a painter. He holds weekly classes on painting throughout the year in Ottawa and offered the following advice to aspiring artists: "expose yourself to all forms of art, do something creative every day and never stop trying to improve on your craft."



A biographical sketch on the Appecrate Gallery website mentions how "his landscapes try to capture the rugged beauty of the Ottawa Valley, especially the individuality of his trees. Being a cartoonist at heart, Coulthart loves to bring his humour to the canvas in his cartoon paintings."

For more information on this show, visit www.applecrategalleries.ca or Coulthart's website at www.gcoulthart.com. Embracing the Arts in Winchester carries the works of Coulthart and other local artists.



Gord Coulthart featured in Manotick art show

The work of former local resident Gord Coulthart is being featured at the Applecrate Gallery in Manotick, between March 3 and April 13, with the paintings of Peter Cunningham of Ottawa.

Thompson Goddard photo

Celebrating St. Patrick's Day

Continued from the front



Happy helpers

St. Mary's Grade 5 students Reed Smith, Carter Latimer and Gavin Eikelboon were some of the many servers helping at the school's St. Pat's Day Vetter photo



Look at all those goodies Bake sale items at the annual St. Patrick's Day tea

at St. Mary's in Chesterville were going fast, with people rushing to buy them before they were sold

An outstanding Ladies Night Out The Spring Fashion

Carolyn Thompson Goddard Record Correspondent

WINCHESTER - Held at the Old Town Hall on Sat., March 3, Ladies Night Out was once again a soldout event. Marlene Quinton who attended the event said it is "always a good time." Organizer Lisa Williams of Main Street Fashion Clothing explained the evening included a Spring Fashion Show followed by a viewing of Ladybird, a coming-of-age movie.

Show provided a look ahead to the upcoming season and featured apparel from Main Street Fashion Clothing, accessories from Stella & Jewellery refreshments provided by Cup Of Jo's.

Williams was pleased with the event, and said that \$500 was donated to the North Dundas Girls' Curling Club, Team Cave, for their upcoming trip to Fort Francis for the OFSAA Curling Championships, March 20-24.

It's sugar shack season

Do we really know how maple syrup, taffy and sugar are made? Now's the time to find out!

First of all, you should know that three types of maple trees produce sap which can be transformed into syrup, the main one being the sugar maple. The two others, the red maple and the silver maple, contain a sap with a lower concentration of sugar and, therefore, produce syrup of a lesser quality.

In order to collect the maple sap, the majority of maple syrup producers nowadays use a system of vacuum tubing which, connected to all the trees in the maple grove, dispatches the sap by gravity to a pumping station. This, in turn, pumps the sap to the evaporator in the sugar shack. The evaporator is a large metal reservoir, divided into different compartments with an undulating bottom, where the producer boils the sap to produce the syrup.

It is important to heat the sap over an intense fire the same day it is collected in order to produce the finest quality of syrup. By allowing it to boil, the water which the sap contains evaporates and the sugar is

At this stage, the syrup could be filtered, under pressure or by gravity. and then bottled or canned, or the transformation process can be continued. If the syrup is heated for a longer period of time, it will produce taffy, and if it's heated for even longer, it will become maple sugar. After this process, all that remains to be done is to fashion the sugar into different shapes and package it.



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Dundas Soil and Crop Improvement Association hold seed, forage and ag show

Kalynn Sawyer Helmer Record Staff

DIXON'S CORNERS -The Dundas Seed, Forage and Agricultural Show took place at Matilda Hall in Dixon's Corners on Fri., March 9. The day-long event featured a number of exhibitors and a cake baking competition, along with the seed and forage

awards.

At 1 p.m., 14 variations of a hot milk cake were put on display before three guest judges went to work. Participation in the cake competition this year was significantly up since previous years. Dundas Soil and Crop Improvement Association (DSCIA) Secretary Holly Byker and committee member Elaine Duke helped cut the cakes and keep the judges on track.

The guest judges were local Dairy Farmers of Ontario (DFO) representative Nick Thurler, South Dundas Mayor Evonne Delegarde and Pastry Chef/ Simply Baked Catering co-owner Claire Fagui. The judges determined the winner from best overall presentation, texture and flavour. "It's important to not boil the milk," said Fagui about the secrets to a hot milk cake. "Scald it but don't boil."

After much deliberation, the judges returned with their results. In fifth place was Cassidy Porteous, in fourth Lis Vandenberg, in third Tracy Porteous, in second Japke Tibben and in first was 17-year-old NDDHS student Andrea Koch.

Koch said it was her first time ever making a hot milk cake but her efforts certainly paid off. Fagui told reporters after the competition that "the texture was fantastic and the flavour was fantastic." Fagui continued that with all baking the key is "taking Seeds - Ryan DeVries; vour time" and showing patience, something that sponsor RBC Royal Bank - sponsor Koch proved with her Robert Byvelds; Reserve AgriServices - Cedar Lodge victorious cake.

DSCIA President Mike Dukedale Farms Inc.:



Top of the heap

Kelly Fawcett Mathers presented Mark Tibben and Tibben Farms Inc. with the award for Premier Exhibitor during the Dundas Seed, Forage and Ag Show on March 9.

Sawyer Helmer photo



Next on top

Sean Cochrane of Agri-Partners Crop Centre Ltd. presented John DeVries with the award for Reserve Premier exhibitor on March 9 at Matilda Hall. Sawyer Helmer photo

Roosendaal presented the awards from the seed and forage show. Winners were as follows:

Premier exhibitor, sponsor TD Canada Trust -Tibben Farms; Reserve Premier exhibitor, sponsor Agri-Partners Crop Centre Ltd. - John and Ryan DeVries: Premier 1st time exhibitor, sponsor the Henderson Family -Mapledale Farms; Premier Forage exhibitor, sponsor Scotiabank - Dave Pemberton; Reserve Forage exhibitor, sponsor Summit Champion Forage exhibit, Later in the afternoon, sponsor Pickseed

Champion Haylage exhibit, sponsor Harvex Agromart Inc. - Dukedale Farms Inc.; Champion Haylage Quality exhibit, sponsor Ottawa Valley Harvestore Westergreen Farms Inc.; Champion Dry Hay exhibit, sponsor SynAgri - Robert Byvelds; Premier Seed exhibitor, sponsor BroadGrain Commodities -Tibben Farms Inc.; Champion Shelled Corn, sponsor Fife Agronomics Inc. - Tibben Farms Inc.; Champion Ear Corn, sponsor Pride Seeds -Tibben Farms Inc.; Champion Corn Silage, Leeder Champion Forage exhibit, Farms; Champion Cereal Exhibit, sponsor the Co-

operators Insurance **EOHU launches #EOHUEats video series with contest**

CORNWALL - The Eastern Ontario Health Unit (EOHU) is launching a new video series, #EOHUEats, with a contest to win one of two \$100 grocery store gift cards. The video series will be featured on the EOHU's social media channels. video in the series on the EOHU's Facebook page will be eligible to win one of the gift cards.

The first video, Three Ways to Make Healthy Easy, released on March 1 will celebrate Nutrition Month, which takes place every year during the month of March. The videos in the series provide viewers with simple recipes and practical tips to make healthy eating easier.

To participate in the contest, check out the EOHU's websites for English (www.EOHU.ca) or French (www.BSEO.ca), which started last Wed., March 1.

We encourage everyone to take part Participants who like and share the first in the contest - it's a fun way to learn a few tips and ideas to help you prepare and enjoy healthy meals, and participants have a chance to win a great prize," said Lysanne Trudeau, Program Manager of Chronic Disease Prevention at the EOHU.

> The contest to win the gift cards started on March 1 and runs through March 31. Two \$100 gift cards will be drawn. Winners will be selected in early April.



A gathering crowd

Dundas farmers gathered at Matilda Hall in Dixon's Corners on March 9, to enjoy the annual Dundas Seed, Forage and Agricultural Show. Sawyer Helmer photo



Taking the cake

The top five champion bakers and judges posed for a quick photo before distributing the rest of their cakes to the crowds. From left, pastry chef and Simply Baked Catering co-owner Claire Fagui, South Dundas Mayor Evonne Delegarde, 1st-place baker Andrea Koch, 2nd-place Japke Tibben, 5th-place Cassidy Porteous, 3rd-place Tracy Porteous, 4th-place Lis Vandenberg and DFO rep Nick Thurler.
Sawyer Helmer photo

Company - Tibben Farms Inc.; Champion Soybean Exhibit, sponsor Summit Seeds - Tibben Farms Inc.; Champion White bean exhibit, sponsor Hensall District Co-op - David

Chambers; 1st Place Wheat Porteous; Champion Special Centre Ltd. - Tibben Farms sponsor

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COMING EVENTS

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35-2 EUCHRE TOURNAMENT

Winchester Lions Club Euchre Tournament, Sat., March 17, 515 Albert St., Winchester. For more info contact Julie Padbury at 613-441-2013.

COMMUNITY FOOD SHARE ANNUAL GENERAL MEETING

Mon., March 19 at 7 p.m. Old Council Chambers, 547 St Lawrence St. in Winchester. For more information call 613-898-0781 or email admin@communityfoodshare.ca

ST. PATRICK SUPPER

March 16, 5 p.m., 12+ \$9, 4-11 \$5. Crysler Community Centre. For walking/biking trails. Funds matched by Scotiabank Chesterville. 35-1

COMING EVENTS

PINTS FOR PERRY SILENT AUCTION & BENEFIT DANCE

In support of Perry Marriner, Sat., March 24, Chesterville Legion. 8 p.m. - 1 a.m. \$10 per person. Music provided by Shad's Disco. Ticket information: Debbie Marriner at 613-448-2581 or Darlene Holmes at 613-448-2388.

WING NIGHT

Chesterville Legion Wing Nights will be held on the first and third Friday of each month starting at 5 o'clock. tfc

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The Twp. of Roxborough Non-Profit Housing Corporation is seeking an individual to fill the part-time position of Maintenance/Custodial person, employment to begin June 18, 2018. Candidates must possess the required skills to carry out a planned maintenance program, cleaning, painting, repairs and other duties to protect the property and ensure the security of residents, as well as have knowledge of landscape maintenance, maintenance of equipment, ventilation, electrical, fire warning and plumbing systems. Successful candidate must be a self-starter and able to work independently with minimum supervision.

Resumé accepted until 11:00 a.m., Wednesday, April 4, 2018.

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Pat Bourbonnais, Manager
Box 200; 3300 Broadway St.
Avonmore ON K0C 1C0
or Fax to: 613 346 0714
E-mail to: morningsideplace@bellnet.ca





Pin Tales

Stormont Ladies: Ladies' High Single, Meghann Lynch 310; Ladies' High Triple, Susan Chambers 620. Team Standings: Kathy 262, Pat 240, Susan 239.5, Hilda 232, Elaine 225.5.

Monday Men's: Men's High Single, Noel Lalonde 297; Men's High Triple, Noel Lalonde 746; Men's High Average, Matt Bird. Team Standings: East-Ont 118, A-Team 105.5, Raiders 103.5, Alley Rats 93.5, Country Boys 83.5, Alley Cats 73.

Busy Matrons: Ladies' High Single, Diane Holmes 211; Ladies' High Triple, Carol Barkley 531. Team Standings: Love 193.5, Faith 181.5, Charity 178, Hope 167.

Defenders: Men's High Single, Glendon Moore 243; Men's High Triple, Glendon Moore 671; Ladies' High Single, Gwen Clarke 293; Ladies' High Triple, Gwen Clarke 686. Team Standings: Becky 237, Brian 222, Gwen 222, Divas+D 208, Glenson 191.

Wednesday Ladies: Ladies' High Single, Sandra

A St. Patrick Supper in Crysler

CRYSLER - Founded in 2011, the Crysler Citizen Committee (CCC) primary goals are to promote the recreational potential of Crysler and the surrounding area with the development of walking and biking trails, the beautification of the town, the improvement of its citizens' health and the welcoming of its new residents. The CCC is inviting the community to their St. Patrick Supper for a pleasant evening with soft Irish music, to vote for the most beautiful bird houses assembled and decorated by children and a chance to register early for the 2nd edition of the Fun Run on May 5 (http://cryslercc.com/index.php/fun-run/).

Last fall, the CCC sold bird house kits to be assembled and decorated by children. The attendees at the supper will get to vote for their three favourite bird houses in each of the two categories: 4-8 and 9-13 years old. This is a first for the CCC and the group are planning to install the bird houses on the Crysler trail later this spring.

"I have seen a few of the finished bird houses and, let me tell you, there will be all sorts of designs and colours!" added CCC member Isabelle Masson in an email to the *Record*.

Once again, the CCC is honoured by the volunteer participation of employees from the Scotiabank's Chesterville branch. To reward their involvement, Scotiabank will match funds collected throughout the evening for the development and maintenance of the trails.

The supper will be held at the Crysler Commuity Centre on March 16 from 5-7 p.m. It will include a succulent Irish stew or a vegetarian chili or a hot-dog for the kids with a dessert and a beverage for \$9 for ages 12 and older or \$5 for 4-11 years old.

For more information, contact André Lavictoire, President, aelavictoire@hotmail.com or 613-987-5697 or visit cryslercc.com/index.php/event/saint-patricks-supper/.

Jennings 178; Ladies' High Triple, Carol Hanson 496. Team Standings: Dianna 263, Eurda 259.5, Mary 239, Lorna 198.5.

Finch Mixed: Men's High Single, Theo Hoogeveen 298; Men's High Triple, Theo Hoogeveen 810; Men's High Average, Noel Lalonde 216; Ladies' High Single Teresa Veltkamp 288; Ladies' High Triple, Teresa Veltkamp 680; Ladies' High Average, Grace Tilley 212. Team Standings: Teaam#4 103, T.V on 3! 86, C-M-A-T-T 84, 3G 81, TEAM HP 75, THEM 75.

Matilda: Ladies' High Single, Anita Schmid 300; Ladies' High Triple, Anita Schmid 623; Men's High Single, Kevin Osborne 308: Men's High Triple, Kevin Osborne 782. Team Standings: N/A

Thursday Seniors: Men's High Single, Ross Bennet 202; Men's High Triple, Ross Bennet 561; Ladies' High Single, Diny Meulenbroek 171; Ladies' High Triple, Diny Melenbroek 479.

Avonmore Mixed: Ladies' High Single, Shelley Osborne 221; Ladies' High Triple, Shelley Osborne 603; Men's High Single, Frank Jerome 349; Men's High Triple, Frank Jerome 781. Team Standings: Diamondbacks 2983, Rattlers 2977, Copperheads 2798, Boas 2795, Vipers 2776, Pythons 2708.

Les Dynamiques: Men's High Single, Pierre Briere 228; Men's High Triple, Pierre Briere 543; Ladies' High Single, Gisele Lafleur 188; Ladies' High Triple, Christiane Bouchard 460.

Williamsburg Mixed: Men's High Single, Garry Hutt 345; Men's High Triple, Garry Hutt 735; Ladies' High Single, Judy Simser 278; Ladies' High Triple, Judy Simser 619. Team Standings: Carolyn's Pussycats 233.5, Fast&Furious 229.5, Smurfs 218, Nut Jobs 213, Spaceballs 186.

Winchester Odd Couples: Men's High Single, Matt Hartle 281; Men's High Triple, Matt Hartle 729; Men's High Average, Matt Hartle 227; Ladies' High Single, Courtney

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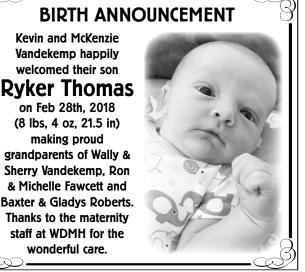
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Ferguson 213; Ladies' High Triple, Courtney Ferguson 495; Ladies' High Average, Pat Middleton 154. Team Standings: Dave's Team 213.5, Last Pin Standing 209.5, The Baileys 202, The Bandits 173, The Randoms 168.

Youth Bowling Canada

YBC Peewee: Girl's High Single, Paige Michaud 126; Girl's High Double, Paige Michaud 207; Boy's High Single, Caleb Vanderveen 102; Boy's High Double, Lucus Seguin 193. Team Standings: Sharks 190, Leafs 186, Thrashers 136.5, Bruins 114.5, Kings 93.

YBC Bantam: Girl's High Single, Caroline Sanders 225; Girl's High Double, Caroline Sanders 349; Boy's High Single, Alex Robinson 192; Boy's High Double, Alex Robinson 379. Team Standings: Blackhawks 164.5, Rangers 151.5, Coyotes 145.5, Avalanche 135, Flames 123.5.

YBC Juniors: Girl's High Single, Zena Bowman 197; Girl's High Triple, Zena Bowman 513; Boy's High Single, Aaron Vanderzweep 234; Boy's High Triple, Aaron Vanderzweep 581. Team Standings: Islanders 247, Senators 234.5, Lightning 231, Sabres 197.5, Wild 170.

YBC Seniors: Girl's High Single, Alayna Gaudette 225; Girl's High Triple, Alayna Gaudette 643; Boy's High Single, Matthew Ridge 282; Boy's High Triple, Matthew Ridge 774. Team Standings: Panthers 124, Canucks 92.



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Rockets drop game one, tie series in game two

Jeff Moore

Record Staff

CHESTERVILLE - The North Dundas Rockets played two playoff games this past weekend.

Rockets 3 Eagles 0: The Rockets welcomed the St. Isidore Eagles to the Chesterville Arena on Sun., March 11, for game two of the best of seven NCJHL semifinals. The Rockets came out flat in their previous game and fell behind 3-0 early. They ran out of time as they tried to mount a comeback falling short 3-2. The Eagles looked to go up 2-0 in the series heading home for the next two games.

The Rockets opened the scoring at 15:48 of the first period as Matt Cowley pounded one home from the point from Brad Stitt on the power play to take a 1-0 lead. The Rockets peppered the Eagles' goalie with 17 shots but settled for a 1-0 lead heading into the first intermission.

The Rockets made it 2-0 when the same two combined again as Cowley rifled another shot from the blue at 15:44 of the second

period from Stitt. The Rockets took a 2-0 lead into the second intermission. The Eagles got frustrated as the Rockets' goalie Reilly Tondreau stopped everything they could throw at him.

The Rockets closed out the scoring when sniper Chris Marchand ripped one to the back of the net from Tom Fingler and Bryden Van Kessel at 13:50 of the third period. The Rockets hung on for the 3-0 victory knotting the series at one, heading back to St. Isidore Tuesday.

Tondreau picked up the shutout making 36 saves for the win in the Rockets' goal and Philippe Roy suffered the loss in the Eagles' goal making 36 saves on 39 shots.

Rockets 6 Eagles 5: The Rockets welcomed the St. Isidore Eagles to the Chesterville Arena on Fri., March 9, for game one of the NCJHL semifinals. The number two seeded Rockets made it to the semifinal by taking out the number seven seed Vankleek Hill Cougars in five games. The fifthseeded Eagles had a more daunting task as they made it through a gruelling seven game series against the fourth-seeded Cumberland Bandits.

The Rockets struggled in the first period and couldn't seem to find their wheels allowing the Eagles to open the scoring at 6:40 when Patrick Ranger scored from Jean Philippe Souligny to take a 1-0 lead. The Eagles outshot the Rockets 16-6 in the opening frame but settled for a 1-0 lead heading into the first intermission.

The Rockets failed to launch in the second period and they lost their star defenseman Bryden Van Kessel, as he was assessed a two-minute minor for checking from behind and an automatic game misconduct at 8:15. The Eagles capitalized on the ensuing power play as Nicholas Souligny scored from Maxime Choquette and Jacob Belanger at 8:36 to take a 2-0 lead.

The Eagles scored their second power-play goal of the period as Nicholas Souligny netted his second of the game from Frederick Gagnier and Alexis Leclerc at 10:01. The Rockets picked it up defensively after the goal but could not find the

back of the net as the Eagles took a 3-0 lead into the second intermission, outshooting the Rockets again 24-9.

The Rockets finally got on the board at 5:55 of the third period as Tom Fingler riffled one to the back of the net from Connor Roth to make it 3-1. The Rockets got to within one as Ryan Carbonette snapped one home from Shawn Simms and Justin Lefebvre at 10:14.

The Rockets outshot the Eagles in the third period 14-12 but couldn't find the equalizer as the Eagles came into the Chesterville Arena and took a 1-0 series lead home with them. The Rockets needed to find their potent offence for game two or they would be in a deep

Suffering the loss in the Rockets' goal was Jason Buma making 49 saves on 52 shots and picking up the win in the Eagles' goal was Philippe Roy making 27 saves on 29 shots.

Up next: Game 3 (of the best of seven NCJHL semifinals): Tues., March 13, 8 p.m., Rockets vs. Eagles at St. Isidore Arena; Game 4:

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The North Dundas Rockets welcomed the St. Isidore Eagles to the Chesterville Arena for Game 2 of the best of seven NCJHL semifinals on Sun., March, 11. The Rockets' defenseman Matt Cowley (15) scored two goals including the game winner as the Rockets took Game 2 by a score of 3-0. The 6' 3", 220 lb. Ottawa native has two goals and seven assists in just six games in the playoffs. With the victory, the Rockets knot the series at one heading to St. Isidore. Sawyer Helmer photo

March 17, 7:30 p.m.,

Chesterville; if necessary -

Thurs., March 15, 8:30 p.m., Game 6: Sun., March 18, St. Isidore; Game 5: Sat., 7:30 p.m., St. Isidore; and Game 7: Tues., March 20, 8 p.m., Chesterville.

Eastern rocks 2018 FBAO Junior Provincial Championships

Denise Robinson

Special to the Record

BARRIE – Twelve Eastern broomball teams travelled to Barrie for the 2018 Federations of Broomball Association of Ontario Provincial Championships that took place on the weekend of Feb. 9-11. These 12 teams represented over 180 young athletes ranging in ages from 8 to 19 years old. Fortynine teams competed in this year's Provincial Championship, and the Eastern teams did not disappoint. They brought home eight medals.

Peewee: The mixed Peewee division, which consisted of 8-12 year-old boys and girls, made us all proud. Among the 12 teams participating in this division, the Eastern Rebels team played at a caliber beyond their young age. They demonstrated strong skills, solid game knowledge and strategy which

allowed them to defend their title of Provincial Champs, and bring home the Gold medal with a four-game shutout. The Blue Beasts team faced two strong opponents right out of the gate and got knocked into the consolation round where they battled victoriously to bring home the Consolation Gold. While the Ball Broomers team played hard and showed a lot of heart; they unfortunately were knocked out in an overtime game against the Seaforth Cyclones 1 team.

Bantam: The Bantam Boys, the Stealth. showed grit and cunning while playing as a strong unit for a total of seven games against their opponents to bring home Silver, while the Warriors Bantam Girls' team showed dedication and skills that secured them the Bronze medal within their division.

Midget: The Stealth Midget Girls worked

Rob's **Review**

Rob Sadler, GM North Dundas Rockets

As General Manager of the club, the show of community support so far through these playoffs has been phenomenal. I simply can't say enough about our fans; it's unbelievable. On that same note, I would like to apologize to those of you who turned out Friday night to watch our team stink the rink out. Jason Buma was the only thing worth

watching Friday night as he

stopped 50 of 53 shots to give us a chance; but the effort was not there from the minute the puck dropped. I heard a lot of complaining about the officiating Friday night, and yes there were some poor calls, but the reality is, as a hockey club, we were awful.

Sunday afternoon was a great bounce back effort from our guys. We skated right off the start and played an excellent playoff hockey game. A 3-0 win speaks for itself. We got great efforts out of forwards/defence; some great goaltending out of Reilly Tondreau, and I felt coaches Nik Paas and

Lenard McLean really did a great job with the lineup and the preparation before the game. Our leaders on the team took control of the game and the room. As a team, we have been pointing the finger at everything else when we lose. I feel Sunday afternoon we looked in the mirror a little bit and realized that we can win if we want it – and have hold ourselves accountable. Very proud of the effort Sunday.

Games 3 and 4 are on the road Tuesday and Thursday of this week.

See you at the rink!



The Eastern Rebels Peewee broomball team played at a caliber beyond their young age, demonstrating strong skills, solid game knowledge and strategy which allowed them to defend their title of Provincial Champs, and bring home the Gold medal with a four-game shutout. Courtesy photo

hard to defend their title of Provincial Champs and succeeded to bring home the Gold for the fourth consecutive year. The Midget Boys' team, the Eastern Warriors, played with lots of stamina, but unfortunately fell just short of making the medal round.

Juvenile: The Seaway Valley Devils Juvenile Girls' team outplayed almost every team in their division which earned them the Silver medal this year. The Eastern Thunder Juvenile Girls' team played with lots of strength and grit, but sadly didn't qualify for the medal round.

Within the Juvenile Boys' division, the Sting and the Valley Gamblers had to face off against each other twice before Sting was determined this year's champs and brought home the Gold and the Valley Gamblers took Silver. While the Warriors Juvenile Boys' team also played some very spirited games, they unfortunately didn't make it to the medal round.

All teams would like to send a special thank you to their coaches, trainers, team managers and sponsors for all the time and

effort spent getting them ready for this provincial tournament. Peewee and Bantam provincial teams would like to thank their sponsors for their support: EAST-ONT Land Improvement; Vanden Bosch Elevators; Ideal Pipe; Richer Plumbing; Sammy Seay Hoof Trimming; Forgues WoodWorks; Domar Farms; and Corrigan Gas. Also, a special thanks goes out to all those who gave a personal monetary donation in support of these young athletes.

Broomball is a fun and exciting sport that teaches young players about good sportsmanship, boosts self-esteem, provides regular high-cardio workout, all while being a very affordable sport. For more information about youth broomball leagues our regions, finchbroomball@gmail.com (Finch League), tanyazandbelt@bellnet.ca (Russell League) or r.m.brown@hotmail.ca (Carleton Place). Want to try broomball before committing to a league? Then register today for summer broomball in Crysler by contacting Daniel.oconnell@usa.com.



Vikings sweep Panthers, move on to Martin final

Jeff Moore

Record Staff

EMBRUN Casselman Vikings went into this week with a 1-0 series lead after their win on Sunday night. They then headed to Embrun on Tuesday night for Game 2 of the series, back to Casselman for Game 3 on Thursday and to Embrun for Game 4 on Friday night.

Vikings 4 Panthers 0: The Vikings travelled to the Palais des Sports in Embrun on Fri., March 9, to take on the Panthers for game four of the best of seven CCHL2 quarterfinals. The Vikings went into the game with a 3-0 series lead after their 5-4 victory the previous night and looked to sweep the Panthers and move on to the next round.

The Panthers needed a win just to stay alive in the series as they looked to build on their Game 3 performance scoring four goals.

The Vikings opened the scoring just 1:59 into the first period as Sean David sniped one from Danyk Drouin and Jonathan Yaremko to take a

The Vikings made it 2-0 when Sebastien Plante scored from the doorstep at 8:51 from Joel Hunt and Brendan Doherty on the power play. The Vikings' defenseman Brady Cloutier made a couple of slick moves to feed David sitting in the slot with a threefoot pass and David roofed in to make it 3-0 at 11:14 on the power play. Also, picking up an assist on the play was Doherty.

The Vikings took the 3-0 into the first intermission. The two teams battled to a scoreless second

period with the Panthers outshooting the Vikings 8-6. The Panthers tried desperately to score but the Vikings' defence was able to hold them back in the third period.

With time winding down in regulation and the Panthers' season, the Vikings made it 4-0 as Plante scored his second of the game from Cloutier and Ethan Wensink on the power play with just 1:05 remaining. The Vikings took the game 4-0, sweeping the series four games to none and will move on to the CCHL2 semifinal.

Picking up the shutout in the Vikings' goal was Zachary Paputsakis making 27 saves and suffering the loss in the Panthers' goal was Jean Pascal Sabourin making 28 saves on 32 shots.

Vikings 5 Panthers 4: The Casselman Vikings welcomed the Embrun Panthers to the J. R. Brisson Complex on Thurs., March 8, for game three of the best of seven CCHL2 Martin Division semifinals. The Vikings took Game 1, 8-0, and Game 2, 7-2, and looked to grab a stranglehold on the series with a win. For the Panthers, this was a "must win" game as it would be really difficult to come back from three games down against a team like the Vikings.

The Panthers opened the scoring when Marc Brosseau bounced one off of the Vikings' goalie Nick Campbell's shoulder and into the net at 10:21 of the first period from Andrew Burke and Pierce Britton to take their first lead of the series. The Vikings tied the game

when Sean David sniped one from the bottom of the left hand circle from Danyk Drouin and Kyle Millett at 14:36.

The Panthers retook the lead at the 17-minute mark as Burke fired one home from Joey Larcher and Brosseau on the power play. The Panthers took a two-goal lead when Burke bulged the twine for a second time in the game from Britton and Brosseau with just six seconds remaining in the opening frame. The Panthers took the 3-1 lead into the first intermission.

The Vikings got to within one as Drouin roofed one from Brady Cloutier and Sean David at 6:52 of the second period. The Vikings knotted the affair at 14:03 as Ethan Wensink deflected one to the top corner from Cloutier and Brendan Doherty on the power play.

The Vikings grabbed their first lead of the game when Jonah Peters' shot found its way to the back of the net from a shot from the point at 16:27 from Drouin. The Vikings took a 4-3 lead into the second intermission.

The Panthers tied the game at 11:43 as Jeremy Barrie scored his first goal of the series from Mathieu Brennan and Noah Haymes but the tie didn't last long as the Vikings answered at 14:25 as David scored his second of the game from Drouin and Gabriel Rousselle.

The Panthers pulled their goalie in favour of an extra three saves on four shots.

Vikings 7 Panthers 2: victory but the Panthers proved they can come back in a series like they did against the Ottawa West Golden Knights after being down 1-0 after the first game rallied and won Games 2 and 3.

The Vikings opened the scoring at 4:25 when Carter Malette deflected one home from Ryan Sabourin and Kyle Millett on the power play to take a 1-0 lead. The Panthers remained indisciplined and took a late penalty and again the Vikings capitalized as Ethan Wensink jumped on a rebound and slid the puck home from Brendan Doherty and Brady Cloutier at 16:22. The Vikings took a 2-0 lead into the first intermission.

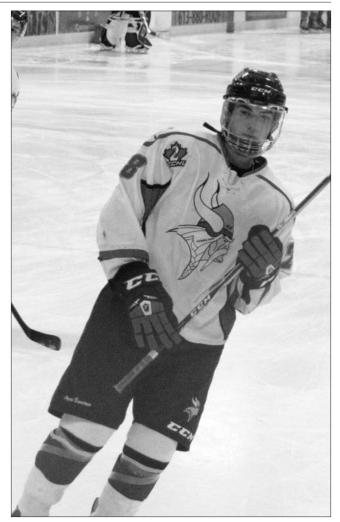
Malette scored his second of the game at 12:50 of the second period from Brady Cloutier to give the Vikings a 3-0 lead. The Vikings made it 4-0 when Olivier Brunet snapped one to the back of the net from Millett at 14:21. The Panthers had no answer and trailed 4-0 heading into the second intermission.

The Vikings took a fivegoal lead when Doherty lit the lamp from Isaac Lavallee and Cloutier just 23 seconds into the third period. The Panthers finally got on the board in the series as Griffin Patterson scored unassisted goal at 2:06.

The Panthers put the pressure on again and this time it was Marc Brosseau finding the back of the net from Andrew Burke and Pierce Britton at 15:35. The Vikings put an end to the Panthers' rally when Millett pounded one home from Joseph Heath and Danyk Drouin at 17:52 to make it 6-

The Vikings closed out the scoring when Joel Hunt hopped on the scoring wagon from Brendan Doherty and Sebastien Plante with 1:50 remaining in the game. The Vikings hung on to take the game 7-2 taking a 2-0 series lead as they head home for Game 3.

Picking up the win in the Vikings' goal was Nick Campbell making 29 saves on 31 shots and suffering the loss in the Panthers' goal was Jean Pascal Sabourin making

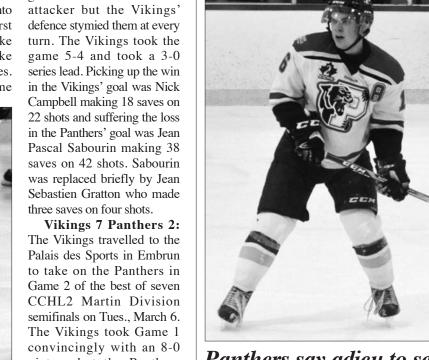


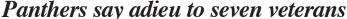
The Casselman Vikings travelled to the Palais des Sports in Embrun on Fri., March 9, to take on the Panthers in Game 4 of the best of seven CCHL2 quarterfinals. The Vikings' rookie forward Danyk Drouin has been playing like a veteran in the playoffs scoring one goal and picking up five helpers in just three games. The Casselman native finished the season with 14 goals, and 26 assists for 40 points in 33 games. Drouin recorded an assist as the Vikings shut out the Panthers 4-0, taking the series four games to none. Courtesy Lauwers photo

24 saves on 28 shots before being replaced by Jean Sebastien Gratton in the third period who made 18 saves on 21 shots.

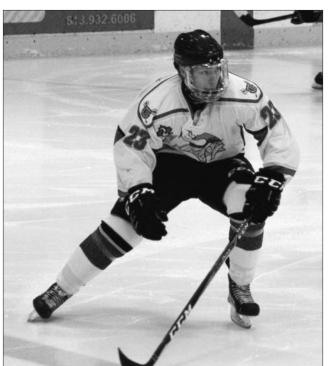
Up next: The Vikings will

have to wait to find out who their next opponent will be as the league will now go back to the seeding from the regular season for placements in the semifinal.





The Embrun Panthers' season came to a screeching halt after the Casselman Vikings took Game 4 of the best of seven CCHL2 quarterfinal series by a score of 4-0 at the Palais des Sports on Fri., March 9. The Panthers were looking for a better result after coming close the previous night with a 5-4 loss but but it just wasn't meant to be. The Panthers will be say goodbye to a few 20 year olds who have been with the team for an extended period of time. Moving on will be Andrew Burke (C/A), Sam Tremblay, Tristan Whynot, Jeremy Barrie (A), Justin Brennan (C/A), Justin Gagnon and Jean Pascal Sabourin, most of whom were local players. The CCHL2 did away with the four overagers beginning this season and for the Panthers it will be devastating for next season with all these players departing. The Panthers, however, should be proud of what they accomplished this season holding down either second or third place in the Martin Division for most of the season and on most nights playing while short-handed in a 52-game schedule. The Panthers' Co-Captain Andrew Burke (left) finished the playoffs with four goals and three assists for seven points in seven games played as he will pass the torch to Marc Brosseau (right) who also scored four goals and three assists. Sawyer Helmer photos



David signs with NCAA Roos

The Casselman Vikings' affiliated star forward Sean David (23) finished the regular season on fire, scoring 11 goals and 12 assists for 23 points in just a dozen games. Thus far in the playoffs, the Akwesasne native has scored four goals and two helpers in just three games. Last season, David played for the Syracuse Junior Stars of the USPHL where he scored 29 goals and 20 assists for 49 points in 35 games. On March 6, David signed with the NCAA Division III SUNY Canton Roos. Courtesy Lauwers photo





Page 14 The Chesterville Record

Stop and think



Canadian **AGRICULTURAL** SAFETY Week MARCH 11-17, 2018

Make a Rescue Plan

Most farm accidents occur in a remote place. If your hand is caught in a piece of equipment in the back field, and you somehow manage to dial 911 on your cell phone with your other hand, you need to tell them where you are. Emergency services want to know the civic number where you are, in order to find you.

Consider making a Rescue Plan that includes the civic number of the closest address to each field that you work in. Enter this info in your phone too. Carry a first aid kit in each tractor and combine. You'll need more than just bandaids for amputations or fractures, so stock the First Aid kit with bulky bandages, slings and splints too. Winter is a good time to take that First Aid course you've been meaning to take.

Noise

Working with or near loud equipment can cause:

- · Stress from constantly straining to listen and be heard
- · Ringing or buzzing in the ear
- · Hearing impairment
- Permanent hearing loss

To protect your hearing, ear plugs or ear muffs should be worn when noise levels exceed 85 decibels. Don't worry, they don't block out 100% of the noise. You are still able to hear if there is a thud in the engine even when wearing them. In extremely noisy conditions, above 105 decibels, a combination of both ear plugs and ear muffs may be needed to prevent permanent hearing damage. You can download a NIOSH Noise Meter app to get an idea how loud your

equipment is. Being diligent in wearing hearing protection can preserve your hearing, and save you the \$5000 cost of hearing

Power Take Off Safety

An unexpected slip or fall onto an unshielded PTO shaft can result in critical or fatal injuries. The master shield should be in place to protect the PTO spline from the tractor, and the safety shields should always cover the PTO shaft.

- Disengage the PTO before getting off the tractor to reduce the chance of slipping or falling onto the rotating shaft or getting caught in moving equipment.
- · Repair damaged shields or bearings immediately.
- · Loose clothing, drawstrings from your hoodie or jacket can get caught in or wrapped around the PTO shaft.
- · Never step over a rotating PTO shaft.
- · Never allow children near the equipment or work area.
- Never engage the PTO when the engine is shut off.
- Never operate the PTO shaft at extreme angles.

Workplace Safety & Prevention Services

The Farm Safety Gazette newsletter offers timely and informative articles on health and safety for the agricultural community. Issued three times per year in March, August and November. Sign up for this free newsletter by sending your contact information to farmsafetyfeedback@wsgs.ca

For more information, contact Sheila James at 613-290-5990 or Sheila.James@wsps.ca

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Prescott-Russell Chamber of Commerce launches Chamberdollars

Villager Staff

EMBRUN - On Thurs., March 8, the Prescott-Russell Chamber of Commerce (CCPRCC) officially launched its new Chamberdollars at a news conference held in the Embrun Ford showroom on Notre Dame St. The Chamberdollars will

be available in \$10 and \$20 denominations and are being launched to promote local buying.

"Encouraging local buying is one of the Chamber's main objectives," said CCPRCC President Julie Brisson at the news conference. "Local businesses contribute to our communities' vitality. They create jobs, they sponsor our events, and most importantly, they contribute a significant share of the revenues municipalities. Local owners and employees are

often our neighbours and friends."

She explained, in English and French, that the Chamberdollars will be an option to gift cards that can be purchased in many local stores or can be given to preferred customers. They can also be purchased at the Caisse populaire Nouvel-Horizon, which is also where businesses which have accepted them as cash can exchange them for legal tender. The Caisse has branches in Embrun, Casselman and St. Isidore.

They can only be spent in participating local businesses. The objective is to encourage local shopping by introducing a type of currency which is only usable in the area. The Chamber is encouraging its members to Chamberdollars and give them as a token of appreciation to clients and employees. The CCPRCC will also take advantage of various opportunities to hand them out.

Brisson gave an example of how they work. "If the customer comes here, at Embrun Ford, for an oil change, he will be able to using Chamberdollars. At the end of the day, Embrun Ford can include them in their current deposit if they already do business with the Caisse populaire or exchange them at the Caisse for 'real currency'. "

A card given out at the launch suggests Chamberdollars can be used "express your appreciation to clients or employees with Chamberdollars. In so you'll doing, be encouraging other local businesses."

Paul Doré, director general of the Caisse, also spoke at the event, along with Russell Township



Chamberdollars launched

CCPRCC President Julie Brisson, Russell Township Mayor Pierre Leroux and Paul Doré, director general of the Caisse populaire Nouvel-Horizon, unveil the new "Chamberdollars" launched by the Prescott Russell Chamber of Commerce at the Embrun Ford showroom on Thurs., March 8. Vetter photo

Mayor Pierre Leroux, then printing will be of 600 \$10 of the Embrun, Casselman they unveiled a poster of the new bills.

The Chamberdollars are printed on a special currency paper so they can't founded 15 years ago

circulation in April.

be reproduced. The first following the amalgamation of Casselman.

bills and 400 \$20 bills. and St. Isidore chambers. It They should be in represents 125 members with business in the The CCPRCC was townships of Russell and The Nation and the Village

St. Patrick's eve in Crysler

CRYSLER - The Crysler Citizens Committee is hosting a community supper and Irish ceilidh on Fri., March 16, the evening before St. Patrick's Day, at the Crysler Community Centre from 5 to 7 p.m. Irish stew is on the menu, as well as gluten-free and vegetarian options, along with dessert, beverages and music starting at 6 p.m. by Mark Kenny. Attendees can also register for an upcoming fun run and vote for the best birdhouse.

Irish heritage to be celebrated at museum

RUSSELL - The Keith Boyd Museum on Concession St. in Russell is celebrating Irish heritage on Sun., March 18, the day after St. Patrick's

Day, with an Irish tea party. The museum is open from 1 p.m. to 4 p.m. and at 2 p.m. there will be entertainment by the Gallagher family and Irish dancers.

Public invited to Russell Twp. Transit session

The Township of Russell initiated a Transit Feasibility Study to review the existing public transit service, including potential changes with the opening of Ottawa's light rail transit line. The public is invited to provide input at an information session on Tues., March 20, at the Township Hall (717 Notre Dame St., Embrun) from 6 p.m. to 8 p.m. Anyone with questions or comments on the study or the event, may contact Vanessa Carrière at or at 613-443-3066 extension 2346.

Russell Township seeks input for profile

Candice Vetter

Villager Staff

EMBRUN - On the evening of Thurs., March 8, about 20 civic-minded residents of Russell Township joined some of the Township's politicians and staff to hear a brief presentation by Erle Lamothe, a senior development analyst at MDB Insight, about the upcoming Russell Township community profile which MDB has been hired to prepare.

Like many local municipalities Russell Township is undergoing an exercise to determine what assets the community has now and what residents would like to see changed, improved or started. Lamothe spoke to the audience saying there are three facets to the process.

The first step was the meeting on March 8, where residents were informed and asked to provide feedback. The second step is data collection, which includes basic information about the township, including federal statistics which Lamothe listed. It is also the most crucial step, wherein residents have the opportunity to influence later Township decisions. The third step is production of the community profile report.

Some of the information provided by MDB about Russell included its rapid population growth of 19 per cent between 2006 and 2016 (13,883 to 16,520) of which 58 per cent are bilingual. Considering the Township is officially bilingual, that means 42 per cent are unilingual in either French or English. (Author's note: The 2011 census put the general area's unilingual Francophone population at about 17 per cent and Anglophone at about 35 per cent, which jibes with the MDB figures.) The median household income was about \$105,000, which is higher than most of the province. The median age was 39, as compared to 41 for Ontario. About 56 per cent have post-secondary education, and the total labour force is considered to be 12,995. If that number seems high, that's



Launching the community profile

On March 8, civic-minded residents of Russell Township, politicians and staff heard the introduction from Erle Lamothe, a senior development analyst at MDB Insight, about the upcoming Russell Township community profile which MDB has been hired to prepare.

because it is. Anyone between the ages of 15 and 65 who is physically capable of working is counted as "labour force."

The business climate is largely supportive of small businesses. There are 915 businesses in the township, of which 61 per cent have four employees or fewer.

In order to participate in the community profile, residents will soon be able to provide input online at Russell.ca. Currently the community profile page is under construction. Or you can contact a municipal councillor.

RHS Drama qualifies for National Theatre School Drama Festival Regionals

CORNWALL - The for her work on the Russell High School drama team has qualified to compete in the Eastern Regionals of the National Theatre School Drama Festival, taking place April 9 -14 at Perth and District Collegiate Institute.

The Russell troupe qualified after winning Awards of Excellence and Merit at the Festival's Seaway District competition March 1-3 in Cornwall. Stage Manager Isobel McIntyre received an Award of Excellence

school's entry Hedges, and costume designers Marieke Kragt and Laura Anex won an Award of Merit for their work.

RHS teacher Kevin Kennedy, who is directing the production, said he was proud of his squad for their commitment to the competition. "We put so much time into rehearsing for this show in a short period of time and it is always an amazing feeling of pride to see their hard work pay off," said Kennedy.

The cast, all Grade 12 includes students, Mercedez Meier, Everett Rama, Morgan McKinley, Graeme Kingswood, Isaac Thomas and Alexandra O'Reilly. The technical crew for the show is comprised of Jared Levesque, Hannah St. George, and Zachary Tozer.

A team from St. Lawrence Secondary School also competed, winning awards including Award of Distinctive Merit for Best Comedic Actor, David Dubinsky; Award of Distinctive Merit for Best Props, Sonya teacher MacDonell's Art Club; and Award of Excellence for Best Ensemble, dramatic crew.

Parkinson Canada to benefit from

Ladies Night

Candice Vetter

Villager Staff

RUSSELL - The Russell Agricultural Society Ladies' Night Committee held their media release and ticket launch at Scotiabank in Russell on Thurs., March 8, International Women's Day, where they announced that this year's recipient of the annual fundraiser would be Parkinson Canada.

Olivier Bonnett, Managing Director at Parkinson Canada Ontario, attended and thanked the committee for choosing it as their charity this year. He said the organization became pan-Canadian two years ago, which enables more services for people living with Parkinson's Disease. In Ontario, there are direct services and facilitation of 80 support groups across the province. A large part of the organization's work involved is advocacy with health-care professionals and departments to improve care. Funds raised are directed to financing research.

Even with all those support groups, Bonnett said only about six per cent of those with Parkinson's Disease in Ontario can be served. Bonnett said that in Canada about 100,000 people have Parkinson's and that figure is projected to double in 20 years. There are currently 40,000 in Ontario. Fortunately, there are groups in Eastern Ontario, and some Said Nichol, "Today was a good day for me,

local residents have been able to use their

Liston McIllhaga is caregiver to his wife, Carol McIllhaga, and both attended the launch. Liston said that Carol, a former nurse, had a brain stimulation operation four years ago, only the fourth one done in Ottawa, which made a huge difference. "Carol showed the first signs in 1996," said Liston. "So it's pretty long term. Since the operation Carol can move, but it doesn't solve balance problems. The disease affects all bodily operations." He said although Carol's mobility and control have increased dramatically, she is still subject to falling. Before her operation, she was on high doses of medications which had side effects, including paranoia and hallucinations, all of which had disappeared. She had to go 12 hours without any medication before the surgery, however, which was really tough, then had to undergo a 12-hour operation without anaesthetic.

Another person with Parkinson's was at the launch - Robert Nichol was there with his daughter Cynthia. He was unable to have similar surgery because of his age. Doctors are selective about who gets surgery and it is dependent on the stage of the disease, existing pre-conditions and age. Patients must undertake three months of neuropsychiatry leading up to the operation.



Looking fabulous!

Some members of the Russell Ladies Night Committee pose with sponsors and with persons who have Parkinson's Disease, their caregivers and a managing director from Parkinson Canada. Vetter photo

so I came out."

Many Parkinson's patients simply don't go out in public on bad days.

Russell Councillors Cindy Saucier and Andre Brisson both spoke a few words about the amazing work the Ladies Night committee has done and about the significance of the date. "Maybe this is a year for women," said Brisson, "not just a

This year's Ladies Night theme recognizes that 2018 marks the Ag Society's 15th Ladies Night event, so the May 4 event is called the Hollywood Fab Fifteen Gala, and women attending are invited to don their gowns and bling.

Tickets are \$50 and must be purchased in advance (reserved seating) online at Russellfair.com/our-events/ladies-night/, or by calling Judy McFaul at 613-445-4161.

Fire at Levac Propane gets multi-department response

Candice Vetter

Villager Staff

ST. ISIDORE – A fire during the evening of Tues., March 6, broke out around 6 p.m. at Levac Propane on Ste. Catherine Street in St. Isidore.

A call brought 40 firefighters from six different fire stations to control the blaze. They came from St. Isidore, Fournier, St. Bernardin, St. Albert, Limoges, and Casselman after being called shortly after the fire started. There were no

injuries.

In a telephone interview with The Villager, Chris Levac said the fire was localized to one building, the cylinder recertification facility (where barbecue propane tanks are maintained, tested and certified).

"The fire was in the attic and stayed in the attic," he said, and explained that there was so much response from local fire departments because of the nature of the propane business. "We never

take chances when it comes to our product."

The recertification facility is a total loss, the company said in a press release, but no other buildings were affected. The facility, which was located at the end of the property, was empty of cylinders at that time of the

Levac also praised the fire departments several times. "The fire was swiftly under control, thanks to the fire departments who acted

diligently, namely all five detachments from The Nation Fire Department, as well as Casselman Fire the Department. precautionary reasons firefighters remained on site overnight," Said the press release, "The Executives (of Levac Propane) would like to personally thank all the firefighters for their courage and dedication."

"There was no explosion, as it has been declared a structural fire," the release said. The cause of the fire has not been determined.

Levac said the company's executive team could reassure all their customers that it is business as usual. Said Levac, "It was only a loss of material, and we always have preventive strategies in place to ensure emergencies do not affect normal operations. Delivery

of bulk fuels will not be affected.'

Ste. Catherine St. was closed for about three hours while the blaze was being fought, which was under control by about 9:30 p.m.

Levac is a family business which employs about 75 people at its St. Isidore head office, as well as about 45 additional staff in its other distribution centres in Perth, Kingston, Kazabazua and Montreal.

Home



Firefighters on the scene

A fire in an attic of a recertification facility at Levac Propane in St. Isidore was swiftly brought under control by six area fire departments. Chris Levac praised the firefighters saying, "They fought it really well!"

Photo courtesy Sylvain Lauwers

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