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WE HAVE MOVED

The Chesterville Record/Villager Now located at 29 King St., Chesterville, ON menty The Co-operators Insurance building

Open: Monday to Friday 8:30 a.m. - 4 p.m. 613-448-2321

Briefly

Final inferno MORRISBURG

Sun., Oct. 28 will be the last day to visit Upper Canada Village's Pumpkinferno festival. The Village is open this Thursday until Sunday, each day from 6:30 p.m. until 10 p.m.

Winchester Market WINCHESTER –

Sun., Oct. 28 will be the last day to shop at the Winchester Market. Open from 1 p.m. until 5 p.m. at 507 Main Street, the market is in it's first season but is thriving while offering the community local options.

Halloween craft day

LONG SAULT – On Sat., Oct. 27, the Long Sault branch of the SDG Library will be hosting a Halloween Craft Day from 10 a.m. until noon. This is a drop in program for school aged patrons, family and caregivers.

Russell Flea Market

RUSSELL – The Russell Flea Market is returning to Russell High School on Oct. 27. There will be plenty of items to browse from 9 a.m. until 3



PM40050631R8905 Volume 126, Number 15 Chesterville, Ontario Wednesday, October 24, 2018 Single Copy \$1.00 (HST included)

Dundas County Hospice Hoedown 2018 - a foot tapping success!

Carolyn Thompson Goddard Record Correspondent

SOUTH DUNDAS – Almost 200 people turned out for Dundas County Hospice Hoedown fundraiser held on Oct. 20 in Matilda Hall which featured an evening of dining, dancing to the music of Hillbilly Highway, as well as a silent auction and live auction. This year the event raised \$23,000.

Continued on page 8

Strapping on the "Peter Pan getaway boots," South Dundas votes for change

Kalynn Sawyer Helmer Record Staff

SOUTH DUNDAS - On Mon., Oct. 22, voting polls closed at 8 p.m. with many candidates anxiously waiting to hear the results, gathered at the municipal building in Morrisburg. Reported that evening the unofficial 2018 election results for South Dundas were: mayor: Steven Byvelds with 2,373 and Evonne Delegarde with 1,758. Deputy mayor: Kirsten Gardner with 1,753, Bill Ewing with 1,454 and Jim Graham with 944. Councillors: Lloyd Wells with 2,166, Donald William Lewis with 2,053, Archie Mellan with 1,993 Joyce Latulippe with 1,950, Michael Burton with 1,787 and Del Jones with 1,525.



Family support

Francine Duncan's (second from right) family was in attendance at the grand opening to show their support in the continuing success of her event decorating business. From left to right, Francine's stepson and North Dundas Mayor Eric Duncan, stepdaughter Jill Murphy holding step-grandson Kane, husband Ed Duncan and daughter Martine Payne. See full story on page 8. Glover photo

North Dundas has a new leader

Kory Glover Record Staff

NORTH DUNDAS – After a long and exhausting election season, North Dundas welcomes Tony Fraser and Al Armstrong as their new mayor and deputy-mayor, respectively.

Fraser won earning 2,436 votes (61 per cent), beating out Gerry Boyce's 1,582 votes. Armstrong won in a landslide, earning 3,078 votes (78 per cent) speed as efficiently as possible. The shoes I had to fill, I don't know if that's possible, that's not my goal and I hope people understand that. Eric Duncan was a special person and did a special job and I like to think that I can come to some measure of what he's been able to accomplish."

The council has re-introduced John Thompson to the table as well as introducing two new councillors, Tyler Hoy and Gary Annable.

p.m. Get some early holiday shopping done or just have a fun day out in the community.



Continued on page 3

compared to Brad Pinch's 886 votes.

Fraser stated that he looks forward to working with his fellow councillors going into the new year, and that he doesn't want to fill the shoes of Eric Duncan but create his own path.

"I look forward to working with my fellow councillors and getting a fresh start to the new year," he said. "You always want to be cautious of the fact that you have to keep working at a goal and I like to think that I didn't take anyone for granted. For the new year, the goal is to re-introduce us for the two new council members, to make sure they're brought up to Hoy was especially a surprise councillor elect with 1,522 votes (14 per cent) because his appearances at the debates were not his strong suit but his one-on-one interactions with the residents was enough to earn him a seat. Hoy believes his reputation within the community helped him get elected.

"I think my reputation within the county helped, more one-on-one with residents," he said. "The debates helped a little bit, got some people I didn't know or know me but for the most part, I think it was straightup community."

Continued on page 2



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North **Dundas** results

Continued from the front

Hoy hesitated to continue his campaign after his mother suddenly passed away last month, but he decided to continue because of all the support he received.

"I had some hesitation for a little while when mom passed away but I had the support to continue on, so I said, 'Guess I'm going to continue on," he said.

Gary Annable earned 3,346 votes (31 per cent) and John Thompson earned 2,696 votes (25 per cent).



The turnout for the municipal election results was higher than expected, with everyone eagerly waiting for the announcement of the new council for the next four years. Glover photo



Gary Annable was noticeably emotional after garnering the majority of votes for the councillor candidate race. Glover photo

Project Warmth and Heat for the Holidays set to warm homes this winter

MOUNTAIN- Community Food Share (CFS) and House of Lazarus (HOL), once again, are teaming up with Winchester BMR to make homes a little warmer this winter.

In 2017, the trio joined forces to deliver 180 single-window insulation kits and 58 multi-window insulation kits to Dundas County's vulnerable sector through Project Warmth and 10 one-ton loads of Eco-Energy Logs through Heat for the Holidays.

This year, the group is hoping to do more.

"The response to these programs last winter was overwhelming," HOL executive director Cathy Ashby said. "The need is clearly there and, with that in mind, we have ordered accordingly."

Distribution of the heating aids are made possible through partnerships with community agencies, including local food banks, Eastern Champlain Health Link, Canadian Mental Health Association, and Community Living Dundas County. Funding for the programs comes from multiple sources, beginning with Winchester BMR sponsorship and ending with community donations coupled with HOL and CFS outreach dollars.

"I was one of the six people delivering wood during last year's Heat for the Holidays Program," Linking Hands coordinator Sandy Casselman said. "With every house we delivered to, I could see the clear need for assistance. Many residents were using blankets to close off parts of their home in an effort to conserve heat. In fact, we've heard from more than one family who has spent the winter without heat, forced to wear their outdoor coats, hats, and mitts indoors. This should not be happening. No one should have to live this way.'

Without donations, the majority of the bill lands at the feet of HOL and CFS.

"We're hoping when people, businesses, and community groups make their seasonal donation decisions this year, that they will consider donating to one or

both of these programs," Casselman said. "Any and all donations will be gratefully accepted."

A \$20 donation will provide window insulation kits for three families, while a \$63 donation will supply a week's worth of Eco-Energy Logs and a \$252 donation will supply a month's worth of Eco-Energy Logs to a family in need this winter. Donations can be made at any of the following locations, please call for more information: House of Lazarus (613-989-3830), Community Food Share (613-898-0781), and Winchester BMR (613-774-2700). HOL and CFS can give charitable receipts for donations.

Thank You

Thank you for all the support in my bid for councillor of North Dundas. It's been overwhelming! I am looking forward to the challenge and opportunity to serve North Dundas. To all who helped and supported me me in the process, Thank You!

Now to work!

Gary Annable

FINCH - There are many ways for residents to take advantage of subsidies to help plant trees and South Nation Conservation (SNC) is encouraging interested residents to contact their office early to help plan their planting project. SNC has also added new funds to help property owners plant more trees alongside watercourses and farm fields. This is one of the new initiatives that the Conservation Authority is taking towards addressing the loss of regional forest

cover.

Property owners with larger open planting areas of at least one hectare (2.5 acres) can also receive considerable cost savings by purchasing trees from SNC through the 50 Million Tree Program, offered in partnership by SNC and Forest Ontario. The program provides seedlings, planting, and site preparation and tending for a \$0.20 fee per tree for conifers and \$0.50 fee per

tree for deciduous.

Residents can also purchase over-the-counter trees directly from SNC; a minimum of 100 seedlings in multiples of 50 per species can be ordered. Red maple, Balsam fir, and White and Red pine are just some of the many species available. The price per seedling can be as low as \$0.58 depending on the species.

Over-the-counter trees

SNC accepting tree orders for spring 2019 are locally sourced and are native stock to Ontario. Orders will be accepted until Feb. 1, 2019. Residents are encouraged to place their orders early as supplies are limited.

> Visit http://www.nation. on.ca/land/forestryservices/tree-plantingservices to find additional details about SNC's forestry services and to access the 2019 Order Form.



Wednesday, October 24, 2018

In August, SNC published a report called Protecting and Increasing Forest Cover in the South Nation Conservation Jurisdiction outlining future recommendations including the enhancement of the Conservation Authority's tree planting services.

Among the enhancements is a new subsidy now available from SNC for one-acre tree plantings alongside riparian (watercourse) areas or windbreaks (alongside fields). Riparian tree planting protects water quality by acting as an organic filter between land and water, while windbreak planting provides wind shelter and protects soil from erosion.

2018 HERITAGE VALLEY **CHRISTMAS ARTS & CRAFTS SHOW & SALE Over 100 Artists & Artisans** Juried by the Customer **Cornwall Civic Complex** 100 Water St., E. Donations to Cornwall Community Hospital Auxiliary; Carefor Cornwall Hospice: Seaway Senior Citizen's Centre. November 3 & November 4 Saturday: 9 a.m. - 5 p.m. Sunday: 9 a.m. - 4 p.m. Free Admission Free Parking • Daily Draw Community People Promoting Our Community For Info call Bertha: 613-937-4817

EMPLOYMENT OPPORTUNITIES - TRANSPORTATION SERVICES

TEMPORARY TRUCK DRIVERS - CUPE

Duration: Early December to Late March (Approx. 15 Weeks)

Temporary Truck Driver Days **Finch Patrol** (1)Green Valley Patrol (1) Temporary Truck Driver Days Winchester Springs/Finch Patrols Temporary Truck Driver Nights (1) Temporary Truck Driver Nights St. Andrews West/Green Valley Patrols (1)

Duration: Late November to April (approx. 5 months)

Winchester Springs Patrol (1) Temporary Truck Driver Nights CUPE rate \$23.76/hour (plus \$0.70/hour premium for night shift) no benefits Salary: Schedule: 40 hours/week (four 10-hour shifts) plus potential overtime

CASUAL/SPARE TRUCK DRIVERS - CUPE

Duration: Mid-November to Mid-April (Approx. 21 Weeks)

Location: All Patrols in SDG

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CUPE rate \$23.76/hour (plus \$0.70/hour premium for night shift when applicable) no benefits Salary: Schedule: Various shifts, plus potential overtime when applicable

Instructions and mandatory applications are available at www.sdgcounties.ca. Candidates must submit their application to jobs@sdgcounties.ca, no later than 12:00 noon on Wednesday, November 7, 2018. Please do not submit your resumé.

We thank all applicants for their interest, however, only those being selected for an interview will be contacted. We will accommodate the needs of applicants under the Human Rights Code during the hiring process.

South Dundas votes for change Continued from the front

After the initial congratulations, Byvelds read from a prepared speech. "I would like to thank the people of South Dundas for showing confidence in me and allowing me to serve again as their mayor. It showed that this campaign was not about me. It set South Dundas on a new direction, one of change. I will promise to keep to the commitments that I made throughout the campaign and if I ever wander I expect the citizens of South Dundas to let me know."

Byvelds continued to congratulate the other elected council members as well as thanking those that ran in the election and the former council for their efforts over the last term. First up for Byvelds is to meet informally with the elected council members to get an idea of how to begin the new term. "I will also work with staff to see how we can get the ball rolling together to get South Dundas working in a more positive direction," he said.

Elected deputy mayor, Kirsten Gardner, said she was thrilled with the outcome. "This was something that I wanted to do. I worked hard and I'm ready to work hard. This is the start, the opportunity to see what you can do in the next four years and the next four years are what count."

While she has had some previous experience with



Ready to work

Mayor elect Steven Byvelds congratulated deputy mayor elect Kirsten Gardner just after the results were announced at the South Dundas municipal chamber on Oct. 22. Sawyer Helmer photo

government, Gardner said that to start there will be some learning to be done. "After that we have some quick things that we need to look at. I'm not super thrilled with the Carman House's loss of designation as a museum," Gardner said. With any issue that arises in the next term, she promises "a different conversation at the table. The people who put their names forward want change and they want to add value to the community. I think that it is going to be interesting, there is going to be diversity of thoughts sitting at that table but I think that is what South Dundas wanted. They wanted different options, different conversations and follow through."

The early bird gets the

best deals in town!

This dedication to hard work and follow through was a popular theme with the elected officials, including Donald William Lewis. The former staff member of the municipality will take a seat on a new side of the table soon. "I hope that I can stand up to what I have promised to people. I am here for all the people not just individuals and I will work hard at the council table and I honestly think that the citizens of South Dundas have picked an outstanding council to sit with. I think all together we have a little over 10,000 citizens in South Dundas and I want to be the voice for all of them."

Among the new faces of council, there will also be, now third term elected

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Sweet moments

councillor Archie Mellan.

"It is an honour and a

privilege to get three terms

in a row. We will see how

the next four years venture

on and hopefully move

other incoming council

members, Mellan laughed

and said: "Strap on your

Peter Pan getaway boots,

it's going to be a long rough

road. It's going to be a real

quick learning curve

because there are a few

things coming down in the

next year that are going to

As for advice for the

forward," he said.

Deputy mayor elect Kirsten Gardner took a moment to celebrate her victory with six-year-old daughter Reagan Cadieux. Reagan was thrilled for her mother, even handing out her mom's election business cards at her school during the campaign.

Sawyer Helmer photo

think everybody is a quick learner and it will be good."

Finally Lloyd Wells will join the ranks that will take over their positions in early December. Wells was not available for comment before press time.

All in all, South Dundas saw a voter turnout of 53.79 per cent, which communications and tourism coordinator, Katherine Wells said the staff were very pleased with. The new council will begin their transition and be inaugurated in early December.

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OCPA Plowing Fore a Cure presents cheques to local hospitals

OTTAWA - The Ottawa Carleton Plowmen's Association (OCPA) presented cheques for \$8,750 to the Kemptville District Hospital Foundation (KDHF) and the Winchester District Memorial Hospital Foundation (WDMHF).

The funds were raised at OCPA's 15th Annual Plowing Fore a Cure golf tournament held on Aug. 14, at Emerald Links Golf and Country Club in Greely.

Kemptville Hospital plans to use the funds to purchase much needed Sapphire Multi-Therapy Infusion Pain Pumps for their ICU while Winchester Hospital plans to purchase chemotherapy chairs for use in cancer patient care.





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Viewing: November 2, 2018 9:00 a.m. to 3:00 p.m. 10% Buyers Premium applies on all purchases

Sale being conducted by Rideau Auctions Inc. www.rideauauctions.com Page 4 The Chesterville Record

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Wednesday, October 24, 2018

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handily defeated opponents

Shawn McNally and Charles

Armstrong, both of them

credible candidates, but both

Letter To The Editor The true price of marketing

Over the past several months, the tensions have been running quite high within the agricultural sector with NAFTA being the hottest topic around most family dinner tables. Although direct concern is associated with Supply Managed Systems (including dairy, eggs, poultry and turkey) the impacts will be felt across the industry.

Farmers as a whole, comprise less than two per cent of the entire Canadian population. With rising expenses and decreasing profits, and taking into the consideration the average age of the Canadian Farmer being over 50 years old, we are in a crisis state to motivate young farmers to return to the farm or diversify the family business to become more profitable and sustainable.

Every job has its down side. Along with the financial responsibilities of running a farm, or agri-business also comes the unfortunate truth that many consumers believe that we as farmers are trying to kill them and only looking to make a dollar without any remorse for environmental impacts or animal care. After attending various meetings with DFO, OFA and GFO reps - I started to ask myself: "Who is to blame for the uneducated consumers?"

For years, our industry has always had the consumer at heart. Continuously wishing for them to feel safe buying our products. For a moment, take a step back and think of the technological advancements that we have had as an industry over the past 15 years. Precision Planting, fertilizer prescriptions, robotic milking systems and sexed semen just to name a few. Now take a look at what has been happening for consumers. Social media, cell phones and the constant encouragement to attend post-secondary establishments where students are trained to ask questions and think outside the box. Keeping in mind that the attendance in college or university is encouraged on both the producer and consumer side - we need to acknowledge that the experience of farming and non-farming students are different, and thus, affect how they question their surroundings. The end result is the same - younger people are asking a lot more out of the box questions, and are expecting answers!

The questions I've heard, mostly coming from my fiancée (who teaches in Cornwall);

 If non-farming students are not exposed to modern day agriculture, how can we expect them to know the basics?

• If a brown chicken lays a brown egg, why wouldn't a brown cow make chocolate milk?

• Why can't we use the corn in the field for dinner tonight?

The USMCA has created a multi-faceted movement throughout the industries in the attempt to promote the purchasing of 100 per cent Canadian products. From viral videos, news reports, pictures of the blue cow, and live interviews with Canadian farmers - the underlying message is the same, the space from farm to fork is gaping and only becoming larger. We must re-align ourselves as an industry, with our time, money and investing power to promote not only the purchasing of Canadian products - but educating the consumers on why they should be looking for 100 per cent Canadian products. After all, if the consumer does not know the difference between products, what is encouraging them

CASTOR Country By Tom Van Dusen

Status quo ... so?

ORIAL

Not a whole lot of change, eh! Steady as she goes! Four more years of pretty much the same government in Russell Township as we've had for the past four years, during which the municipality has become known as third best in Canada in which to reside!

Not a bad record! The former council can't take all the credit for Russell's enviable national status but it certainly deserves some of it.

Going by the "unofficial results" from yesterday's municipal vote posted on Russell's website, Pierre Leroux is back as mayor and incumbent councillors Jamie Laurin, André Brisson and Cindy Saucier have been returned in fine style, with Mike Tarnowski joining the fray, replacing Amanda Simard who went on to the bright lights of Queen's Park.

There's no question that Tarnowski, who holds an MBA, appears to be an excellent addition to council. A resident of Embrun with his family since 1995, he's seamlessly bilingual, a team player, has experience on Russell's parks and recreation committee and library board, has a tourism background, experience in management and accounting... what does this guy not have? On Facebook, he thanked electors for their confidence



At the beginning of the month, the food drive began. It ended on Wed., Oct. 17, and North Dundas brought in a whopping 1,320 pounds of food. The classes who brought in the most food were Mme. Touchette's class for Grade 7/8, and Ms. Richmire's class for Grades 9-12. Great job ND, you are making a difference! Halloween o'Grams started to be sold last Wed., Oct. 17. They are still being sold until the end of this week for \$2, get them while you can! Last Friday, (Oct. 19) was Jersey Day. Students and staff represented their favourite sports teams by wearing their jersey. Next Mon., Oct. 29, is the beginning of our Halloween spirit week. Monday is wear orange and black day, Tuesday is a 'fun day', and Wednesday is wear your costume to school day. Let's make next week spook-tacular ND! In sports news, the Senior girls' basketball team played against Seaway on Mon., Oct. 15. They won, 52-27. On Tues., Oct. 16, the Junior and Senior boys' volleyball teams both won against St. Joes. The next day, Wednesday, the cross country team travelled to Winchester to compete in the SDG race. All runners are moving on to EOSSAA. A shout out goes to Jack Link, who placed first in his race, and Adam Barkley, who placed second in his race. Tomorrow, Thurs., Oct. 25, the cross country team will be running at EOSSAA, and the Junior and Senior girls' basketball teams will be travelling to Cornwall to play against CCVS. October has been a busy month for many students and staff, but luckily students will get an extra long weekend since Fri., Oct. 26 is a PA day.

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and promised to work tirelessly for all residents, something ratepayers should have no trouble believing.

Opinion

There's nothing wrong and possibly everything right in sticking with the status quo plus one for four more years. I get to vote in two municipalities, the other being Township of Prescott where the mayor was acclaimed and only one of six councillors was changed from a field of five newbees. Maybe the new council will work on reducing its own size: Six councillors for a population of 4,200? Come on!

This latest edition of Russell council has proven itself to be hard-working and balanced, with a mayor who probably never sleeps, a longterm member (Jamie) representing the voice of reason, a down-to-earth farmer speaking for the municipality's largest industry, and Cindy reminding colleagues and ratepayers constantly and rightly about environmental considerations. During the campaign, one long-time developer griped to me he'd like to see Cindy bounced; I knew then, it was imperative that she be voted back in again.

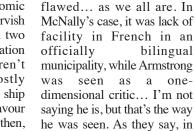
Perhaps the biggest surprise to me was the comfortable re-election of Laurin – in fact, he led the pack - after 12 years in office, to yet another term. I thought that if anybody was vulnerable to a newcomer it would be Jamie for the simple

reason that he's been around so long. Often, voters decide on change for no other reason than longevity. Obviously, not the outcome for Jamie even after he let it be known a couple of times during his long tenure that he was leaving Russell; this time, he's here to stay, Jamie told me during the campaign.

What can you say about our costume-wearing, comic book-loving, whirling dervish Mayor Pierre? He faced two opponents, a clear indication that all ratepayers weren't happy with him, mostly because he tried to jump ship during the last term in favour of provincial politics and then, when that failed, suggested that ratepayers should be happy that he's baaaack!

Then there was the whole thing of riding on former mayor J.P. St. Pierre's coattails. Pierre was seen as heir apparent to J.P. who died in office, a connection he promoted and which no doubt served him well. But at some point, you've got to stand up like a man and run on your own record, which Pierre did this time around.

Most ratepayers are clearly generally happy with the incumbent mayor. Pierre



politics, optics is everything. So I voted once again for Pierre although I wasn't totally happy doing that. But I know that Pierre has the passion and the dedication, along with seasoning acquired from eight years on council, half of them as mayor. Pierre is a Vanierraised street fighter, a guy who won't take a lot of crap, who'll stand up for his hood, in this case Russell Township.

Here's to four more years and to becoming second best place, if not first, in which to reside in Canada!

Tagwi's Halloweek

Makenna Brownlee

Tagwi News

Since Halloween is fast approaching Tagwi's Student Council and Link Crew Leaders have been planning multiple different Halloween themed events for the students. The first event will be put on by Student Council. They will be having a Halloween Dance on Thurs., Oct. 25 from 1:30 p.m. to 3 p.m. for Grade 7/8 and 7 p.m. to 10 p.m. for secondary students. Students are asked to wear their favourite costume!

The following Monday, Link Crew has decided to create an Escape Room for Grade 9 students. They must find clues from around the room to help them get out. They are given a certain time limit to escape the room.

On the Oct. 30, Link Crew will also be hosting a "Zombie Run". The "Zombie Run" is all of the Link Crew students dressed up as zombies while the Grade 7/8 students run through an obstacle as the Link Crew try to "turn them into zombies" by tagging them.

to take the extra two minutes during their shopping to look for a blue cow or a Canadian Grade A logo?

Most, if not all farming organizations have a budget for marketing. How about, rather than investing into programs that have had questionable results, we start investing in ag based resources for teachers?

These need to be available for teachers of all classes but also need to be easily accessible and low cost! We need to educate the educators or make it easy and encouraging for them to utilize these ag resources. The only remaining questions is - how? With the provincial government in the midst of reviewing the curriculum... is this the best time to lobby for an ag component to be added into the curriculum and allow for the teachers to be trained by ag specialists? If our marketing boards were able to invest a portion of their marketing budget to programs for teachers or, help support funded training opportunities, we could slowly work at minimizing the divide between the farm gate and the dinner plate.

I firmly believe that Canadian farmers are passionate people who work countless hours to produce the best quality for consumers. Instead of fear-mongering consumers with concepts such as RBST-Free or GMO-Free products, why not educate them and promote the science, regulations, and most importantly the passion that our industry grows with on a daily basis.

Jacob Vogel (B. Sc) Agr., Monkland

Finally, on Halloween, Student Council is holding a Haunted Hospital. Students will walk through a classroom designed to feel as though they are in an actual Haunted Hospital. Hopefully after these haunting activities, students at Tagwi will be in the Halloween Spirit!



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OCTOBER IS BREAT CANCER AWARENESS MONTH

CAST/CA FIVE WAYS TO HELP A LOVED **ONE WHO HAS CANCER**

there isn't much you can do. But the truth of the matter is that seemingly simple gestures can improve the quality of life of a person who's battling cancer. Here are five ways to help a friend or family member who's sick.

1. Make their meals

give up

Cooking can be a gruelling task for those undergoing treatment for cancer. One way to help your loved one is to make and freeze meals for them. Picking up groceries is also helpful. When going to the supermarket, consider getting snacks, produce and other products they may need.

2. Become their driver

Driving can be stressful for a loved one who's sick.

When dealing with a loved one's illness, you may feel like Certain medications might make them drowsy and the illness itself may leave them fatigued. Go with them to their doctor's appointments. It will be a relief, and your being there will also bring comfort.

3. Do their housekeeping

Household chores are tiring for those fighting cancer. If you want to lend a hand you could take out the trash, vacuum the floors, do the laundry, clean the dishes, dust the furniture or take care of the yardwork. Every little bit helps.

4. Help with child care

Those with cancer may have family obligations they find difficult to meet. See to the parenting tasks that your loved one used to take care of: pick up their



children from daycare or school, make lunches, drive children to their activities or simply babysit while your loved one rests.

5. Listen

Cancer triggers many feelings: anger, anxiety, fear, sadness and more. If you sense that your friend or family member needs to talk, lend them an ear. Your being there is important to them.



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North Stormont votes

Carolyn Thompson Goddard Douglas Record Correspondent

BERWICK - Within an hour after the polls closed on Oct. 22 in the 2018 municipal election, the unofficial results for the municipality of North Stormont were announced. Mayor Jim Wert and deputy mayor Francois Landry, both of whom were acclaimed, will be joined by councillors elect Steve Densham, Randy

Roxane and Villeneuve.

In an email to the Chesterville Record in the afternoon of election day, incoming North Stormont Mayor Jim Wert commented how he felt "we had a very strong field of candidates, each bringing unique strengths to the table and I felt each of their campaigns was professional and focused

on what they felt was best for North Stormont."

Unofficial results of the North Stormont 2018 municipal election are as follows:

Mayor: Jim Wert acclaimed; deputy mayor: Francois Landry acclaimed. Councillors (3) Alton Blair 846; Adrian Bugelli 837; Carrie Curry 305; Steve Densham 889; Randy Douglas 858 and Roxane Villeneuve 1.352.

Stormont trustee for English public school board winner is John Danaher. Danaher won the seat with 4,086 votes, followed by Marshall Wilson with 2,178 and Jim Bancroft with 1,825 despite pulling out of the race. For the English separate school board trustee Karen McAllister took the seat with 1.120 votes followed by Donna Nielsen with 837.

More to this story will follow next week.

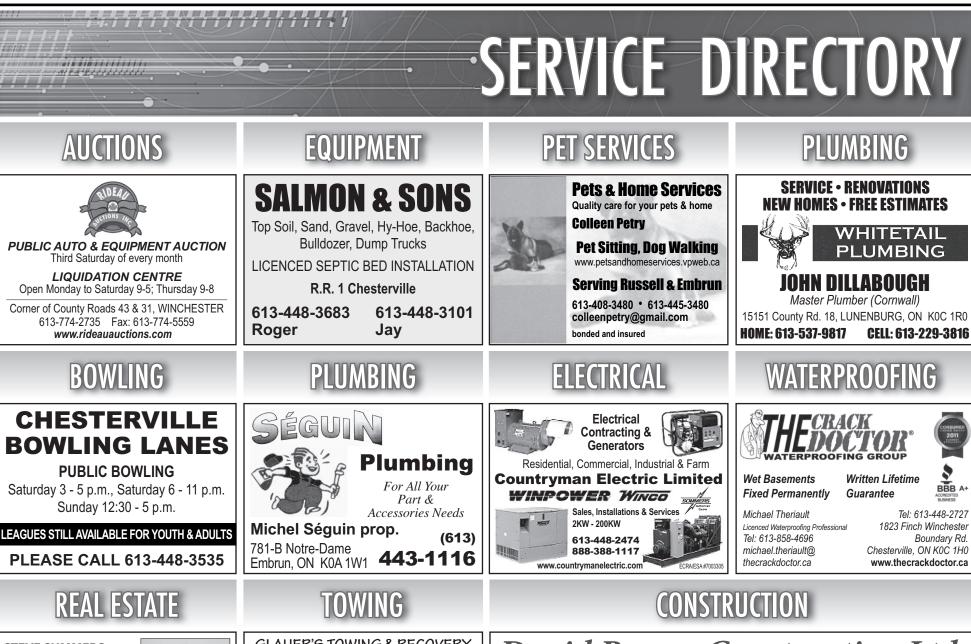
Wednesday, October 24, 2018

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BBB A+



Councillors elect Randy Douglas and Steve Densham celebrated at the township offices in North Stormont after their municipal election victory on Oct. 22. Courtesy photo





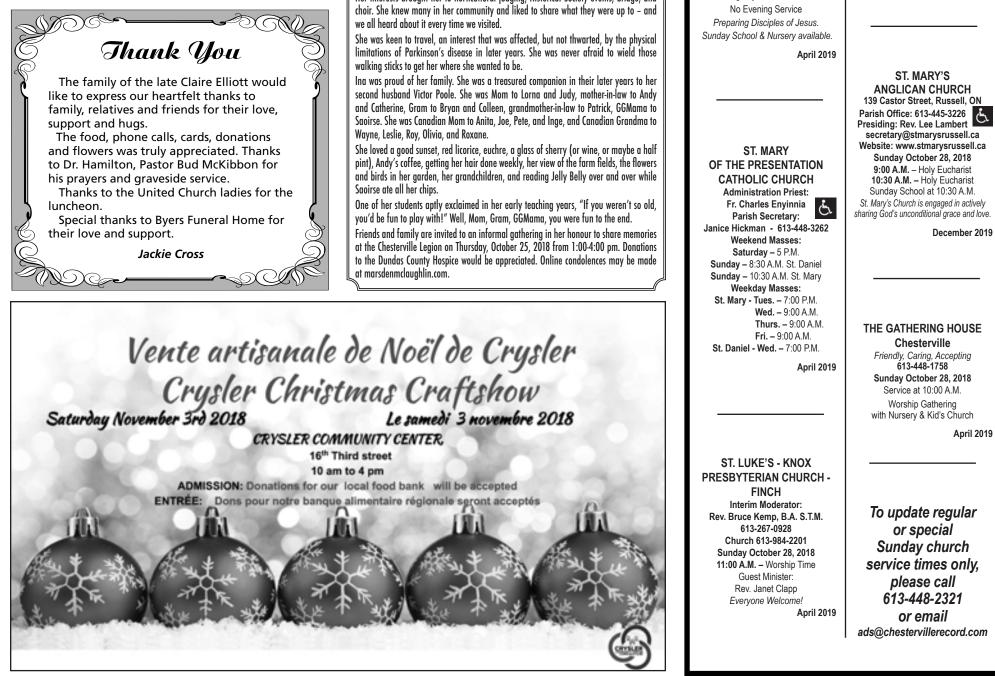
Topping the polls for the

The council chambers

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the election councillor offered





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Sharing joy in South Mountain

Continued from the front Kory Glover Record Staff

SOUTH MOUNTAIN -Despite being in business since 2016, Francine Duncan held the grand opening to her event decorating business, Joy to Share, Wed., Oct. 17 in South Mountain after completing finally construction of the brand new building.

"I was hoping that this building was going to be built last fall but we had a little setback and I couldn't start until this spring," said Duncan. "I moved everything into this

building, with the help of a bunch of volunteers, on June 1. That was my very busy season and then we come to now when business starts to slow down, even though I still have seven more weddings to the end of 2018."

According to Duncan, her business has improved ever since she moved into her new building because she now looks like a legitimate business to the community.

"Business has been much better since we've moved into the building because now people see where I'm located

compared to tractor trailers," she said. "It was much harder to appear as a legitimate business when I was in the yard of JED Express."

Duncan's family, her husband Ed Duncan, owner of JED Express, stepson Eric Duncan, North Dundas mayor, stepdaughter Jill Murphy and daughter Martine Payne were all in attendance to show their support for her continuing success in the South Mountain community.

"I appreciate everyone coming out to share this grand opening with me and my family," said Duncan.



Making herself comfortable

Francine Duncan moved into the new building beside JED Express on June 1 of this year. She admits that business has improved greatly since the move. Glover photo

Pretty swank for 60 years Swank Construction invited the whole Iroquois community to celebrate their milestone of 60 years in business with a free barbecue and cake. SDSG MPP Jim McDonell and council members such as, Bill Ewing, Donnie Bowes and South Dundas Mayor Evonne Delegarde came out to show their support and congratulate both Henry and Ron Swank for what they've accomplished over the years. Swank Construction employee Dave Lewis presented the Swank family a plaque on behalf the whole construction team for their continued service within the community. From the left, Dave Lewis, Jesse Swank, Henry Swank, Ron Swank and Devin Swank. Glover photo

Recognition for WDMH's cardiac program

Memorial Hospital's cardiac program has received a Certificate of Achievement, recognizing the program's quality improvement plan to support high quality, standardized care for patients.

CorHealth Ontario's Echocardiography Quality Improvement Program includes six steps leading to certification. The accreditors look at everything from equipment, to room set-up, to patient documentation. There is also an on-site visit to the hospital.

'This is great for our patients and our team," notes cardiologist Dr. Kamal Sharma, who is at WDMH two days each

WINCHESTER - Winchester District week. He also practices at the University of Ottawa Heart Institute.

Dr. Sharma notes that WDMH's new echocardiogram equipment is a key factor. The new machine, purchased through funds raised by the local community, provides top-of-the-line images and reports. "We can now do much more here in Winchester, so patients do not have to travel to Ottawa."

Echocardiography uses sound waves to create images of the heart and its structures for the diagnosis, management and followup of patients with heart diseases. Each year, more than 1,000 echocardiograms are conducted at WDMH.

Dundas County Hospice Hoedown

Continued from the front

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Dundas County Hospice provides several services to residents of Dundas County which include hospice care, care-giver support, community education and an equipment loan program. Information on their website, www.dundascountyhospice.ca, mentions "About 45 per cent of required funds are generated by donations and our own fundraising efforts." DCH executive director Lisa Casselman explained how the Hospice Hoedown "is our major fundraiser" and generally raises between \$20-25,000.

Paul Renaud, chair of the DCH board of directors, commented on the excellent support from the community for the event from all parts of Dundas County, mentioning the integral role played by the volunteers who sold tickets, decorated and set-up the hall and canvassed the community for donations for the silent and live auctions. Renaud estimated there were approximately 30 volunteers in addition to the staff and board members who spent about a year planning for this fundraising event. He thanked the community for their support, mentioning volunteers from the Iroquois-Matilda Lions Club who ran the bar at the event, auctioneer Hugh Fawcett and emcee David Lapier. These sentiments were echoed by fundraising chair Sandra Jennings, who expressed a "big thank you to all volunteers who turned out to help," with Casselman mentioning appreciation for the "good support from local businesses and the community at large."





NOMINATIONS



It will be two years until

the next Hospice Hoedown, but in the meantime, the funds raised by individual donations, government funding and events

A grinning scarecrow greeted people attending the Dundas County Hospice Hoedown held on Oct. 20 in Matilda Hall.



From the left, Paul Renaud, Sandra Jennings and Lisa Casselman were thankful for the generous support received from local businesses and residents and are pictured at the display which listed event sponsors.

> such as the one Saturday night, will ensure this charitable organization will continue to care for its clientele.

Do you know someone between the ages of 6-17 who is making a difference within their community? Nominate them for an Ontario Junior Citizen Award today! The Ontario Community Newspapers Association, along with sponsor TD Bank Group, want to recognize youth for their outstanding achievements.

Nominees may:

-🛞

- be involved in worthwhile community service, be contributing while living with a limitation,
- have performed an heroic act,
- demonstrate individual excellence,
- go above and beyond to help others

DEADLINE IS **NOVEMBER 30, 2018**



Nomination forms are available from this newspaper, and at www.ocna.org Or call 416-923-7724 ext. 4432



Autumn Peltier, 13 Wikwemikong First Nation, ON 2017 Ontario Junior Citizen

Autumn feels very passionate about preserving the environment and creating awareness for the importance of clean drinking water. She was one of two youth advocates chosen to represent Canada during the 2015 Children's Climate Conference in Sweden. During the 2016 Winter Meeting of Canada's Premiers in Vancouver, she addressed her concerns directly to Prime Minister Justin Trudeau.

The Chesterville Record Page 9

Lions Pumpkin Hunt a roarin' success

Carolyn Thompson Goddard Record Correspondent

SOUTH STORMONT The cool fall weather didn't dampen the spirits of participants in the second annual Hallowe'en Pumpkin Hunt sponsored by the Ingleside-Long Sault-Lost Villages Lions Club on Oct. 19. This year the Hunt was held in the Ingleside Community Park on Farran Drive on the outskirts of Ingleside and provided an opportunity to enjoy a fall family event.

Lion Sharon Potvin, president of the ILSLV Lions Club, commented that the Pumpkin Hunt was held on a "beautiful fall day' providing over 100 children and family members an opportunity "to have family fun, search for pumpkins and enjoy a barbecue".

Potvin explained children were able to hunt for their own pumpkin to take home as well as being able to enter a candy counting contest, play a game or two, receive a



Happy Hallowe'en season

Lion Sharon Potvin, president of the ILSLV Lions Club, was busy throughout the Hallowe'en Pumpkin Hunt registering the over 100 children who participated in the event. She is shown at the registration desk assisted by Italian exchange student Claudia Cuccu and Diana Rodriguez an exchange student from Mexico. As Jennifer, Ella and Macy Denneny look on, Izzy Porter gives Cuccu her ticket indicating she has found her pumpkin. Thompson Goddard photos

bag of candy, drink and barbecued hot dog for the \$5. admission fee. The money raised at the event will be used for a community project

If you were still looking for a special pumpkin to

in South Stormont.

either make a pie or use to ward off evil spirits on Oct. pumpkins came from their



Pumpkins for purchase

If you were looking for a last-minute pumpkin to carve or make a pie with, Greg's Pumpkins had plenty to choose from. Greg and Marnie Rombough, who run Seven Acres Family Farm in South Stormont, accompanied by son Brendan were at the Hallowe'en Pumpkin Hunt on Oct. 20 selling pumpkins with a portion of the proceeds being donated to local children's mental health crisis lines.

farm, Seven Acres Family

Farm in South Stormont,

with a portion of the

31, Greg and Marnie Rombough accompanied by son Bentley were at the HPH with an abundance of pumpkins available for sale for a dollar. Greg explained the

proceeds from pumpkin sales at the event being provided to local children's mental health crisis lines. Some youngsters dressed

up for the occasion which added a spooky ambience to the event, with Lion Terry Davis decked out as a pirate and Lion Sandra LaTuilippe wearing a clown costume adding a bit of Hallowe'en flavour during the hunt.

Tree Days planting event in new community forest *C* hosts

NORTH DUNDAS -With support from TD Tree Days, South Nation Conservation (SNC) planted 150 potted stock trees and shrubs at the Oschmann Forest in the Township of North Dundas on Oct. 14, with the help of over 50 local volunteers.

Undeterred by the morning's cool weather, volunteers of all ages planted native trees and

shrubs amidst a warm backdrop of fall colours.

Newly planted trees included bur oaks, plum trees and other berry producing shrubs. The trees will act to increase the width of the forest buffer while increasing species diversity and contributing to local forest cover.

"We have to thank TD, the volunteers, and the Township," says Taylor Campbell, SNC communications specialist. "This planting will make a real difference to the community and this new forest donated to SNC in the village of Ormond."



Volunteers and TD staff gather for a group photo at the Oschmann Forest following the TD Tree Days planting event on Oct. 14.

Over 300,000 native trees and shrubs have been planted in communities across North America through TD Tree Days, 150 of which are now at the Oschmann Forest, SNC's newest property recently acquired through donation, located near Winchester in the Township of North Dundas. The forest features an existing sugar shack, nature trails, a great natural legacy and boasts municipal partnership opportunities.

Earlier this year, the Conservation Authority announced that the Oschmann Forest would be the new home of its annual Maple Syrup Education Program, which hosts over

Courtesy SNC photo 1,000 students a year providing them with a hands-on environmental learning experience at a local sugar shack.

Funds are currently being raised to again render the Oschmann Forest fit to demonstrate maple syrup production to local students in the spring of 2019.

"The new trees are a part of a bigger picture, both environmentally and locally," explains Campbell. "They're beneficial to the environment, but they're also part of the upgrades required to provide environmental education to local students here at the Oschmann Forest."

ndas Manor achieves exemplary standing

WINCHESTER - Laura Marriner has called Dundas Manor her home for three years. She is a member of the Residents' Council Leadership Team and says "you'll never find a better place to live. The staff are amazing.'

Eileen Laperr

"This is a milestone to be celebrated, and we congratulate you and your team for your commitment to providing safe, high quality health services," notes Julie Langlois, chair of the Accreditation Decision

Committee. "We couldn't be proude says administrator Susan Poirier. "The surveyors confirmed that Dundas Manor met 224 out of the 226 of the standards necessary for high quality care. The Manor also met 100 per cent of the essential practices that organizations must have in place to ensure resident safety and minimize risk."

member, volunteer and Residents and their families community member who was part of the Accreditation process," adds board chair Bill Smirle.

Surveyors noted: Many staff are long-term, skilled, and experienced employees who clearly love and are dedicated to the residents who live at Dundas Manor. Many describe working at The Manor as being part of "a family". The entire Dundas Manor community is well respected by many of its community partners, who see the organization as providing excellent care in a home-like, warm caring environment, and being willing and open to taking on new initiatives.

appreciate and are satisfied with the care and the variety of services, support and assistance provided by the dedicated staff.

Accreditation through Accreditation Canada is a voluntary exercise that reviews a health care organization's care and services. "We want to thank the surveyors for spending time with us," said Poirier. "We are committed to improving the care we provide every day to our residents. We are proud to come to their home every day. Dundas Manor celebrates this exemplary achievement with the entire community."



to Dundas Manor in the spring. "It is #1. I am happy to live here."

Dundas Manor has been awarded Accreditation with Exemplary Standing from Accreditation Canada. This is the highest level and is awarded to organizations that go beyond the requirements and demonstrate excellence in continuously improving resident care.

"Thank you to each staff member, physician, family

Celebrating the Accreditation Survey results are, from left, resident Eileen Laperriere, administrator Susan Poirier and resident Laura Marriner. Courtesy photo

S. Stormont results

Continued from page 7

the more traditional door to door method of campaigning. Richard Waldroff, who had also been seeking the deputy mayor's chair in South Stormont, commented how it had been a pleasure to campaign door to door in the municipality and having the opportunity to listen to the stories the residents shared.

Following the announcement of the unofficial results of the 2018 South

Stormont municipal election, there were congratulations offered to the successful candidates from both the general public and the candidates who were unsuccessful in the vote. Councillor-elect Andrew Guindon commented to the Record how he was ready for the work ahead and extended his appreciation to all his campaign workers while expressing a special thank you to his brother Alex Guindon, girlfriend Emily and his family for their support.

In an interview with the Chesterville Record after the election results had been

announced, South Stormont mayor elect Bryan McGillis thanked his supporters and commented he was looking forward to working with the newly elected council. McGillis anticipates this will be a council who will work well together to get things done. He mentioned priorities for the new council will include the waste water treatment plant in Ingleside, St. Lawrence River water levels as well as the municipal road program and issues around Highway 138.

The unofficial election results which

were announced by returning officer Loriann Harbers are as follows: mayor: Chris Bonneville - 636, Tammy A. Hart -2,097, Bryan McGillis - 2,311, deputy mayor: David Smith - 2,587, Richard Waldroff - 2,307, councillors: Earle DePass - 977, Helen Dunlop - 1,265, Andrew Guindon - 1,892, Louise Leclerc -1,092, Jennifer MacIsaac - 2,318, Reid McIntrye - 1,588, Donna Primeau - 1,509, Dale Rudderham - 963, Cindy Woods -1.663.

Source: South Stormont Facebook Page



family (Dundas Coalition for Refugee Support).

WINTER STORAGE

Chesterville & District Agricultural Society. Sat., Oct. 20 and Sat., Nov. 3 (if needed). 8 a.m. to noon Chesterville Fairgrounds. For more info, visit www.chestervillefair.com. 15-2

WEDDING RECEPTION

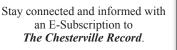
for Kyle and Ashley Fawcett. Sat., Oct. 27, 8 p.m. - 1 a.m. at the Chesterville Legion. 15

HOT LUNCHEON

St. Andrew's Presbyterian Church Hall, 30 Mill St., Chesterville. Wed., Oct. 31, 11:30 a.m. to 1 p.m. Menu: Macaroni and hamburger casserole; cabbage salad, buns. Hallowe'en cupcakes; coffee/tea. \$8 per person (take-outs available starting at 11 a.m.) Everyone Welcome! 16-2



Quilts on th Second 201



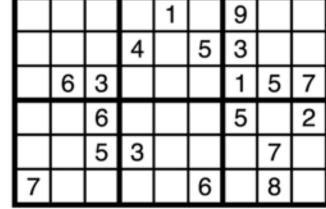
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HOW TO PLAY:

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Fill in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column or 3x3 box.

ANSWER TO PUZZLE NO. 575

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Chilling Tales From Beyond

with Kory Glover A spirit at war

ort Wellington has stood tall since the earlv 1800s, withstanding the might of the War of 1812 and continues to be open to the public.

The fort was initially built to create a better defence around the St. Lawrence River. Without the fort's barricade, the war would've probably ended very differently.

After the War of 1812, the fort was abandoned until 1838 when Canadian rebels and American sympathizers threatened peace. Fast forward to today, Fort Wellington stands as a historical facility, open to the public for tours and reenactments.

However, something is roaming the halls of Fort Wellington, slamming doors, startling staff members and even making dark appearances.

Some say it's a colour sergeant from the war named Terrence Anderson, others believe that it could be something more sinister.

The following accounts are real encounters from stories taken online.

According to the three different sources, a "weird event" occurred in the fort's blockhouse, an old soldier appeared to a visiting reenactor/interpreter. The story goes that the unknown soldier came out of a dark corner and introduced himself as Terrence Anderson and announced his rank, regiment and that he was from the conflict of 1812. What happened after the ghostly encounter is unknown.

Terrence is a well known presence at the fort but it's not certain whether he is only specter haunting the grounds. Terrence, according to staff, is known to make loud banging noises in empty rooms, slam doors during fife sessions in the blockhouse and some staff are even too scared to go near the dark corners in the evening.

Another story from 2002 comes from an individual named Kyle Upton who recalled an incident where motion sensor alarms detected that the blockhouse had been broken into. Three people were sent to investigate the area and try to catch the intruder in the act.

The three, watched as the occurrences.

alarm panel showed that someone was indeed intruding on the upper floor of the blockhouse and raced to catch the person in the act. They moved carefully up the stairs and one of the blockhouse despite the gate three remained in the middle of the blockhouse while the remaining two circled the perimeter hoping to trap whoever broke in.

Think about that one scene where Mel Gibson and Joaquin Pheonix ran around the house to catch the alien in Signs.

While the one in the middle was keeping tabs on all three footsteps in the room, he suddenly heard other footsteps close to the exit of the catwalk. He was ready to pounce on the intruder when suddenly he was met with no person, but just the sound of footsteps.

In our final encounter, one unnamed individual worked at Fort Wellington during the '80s and stated that they have encountered a number of strange

of In one these occurrences, along with two other staff members, they noticed someone walk through the gate and around the far side of the

being closed and locked. They assumed it was another staff member coming to unlock the gate, so two of them walked around to the blockhouse door and found that no one was there. When they returned, the one who stayed behind confirmed that he saw no one leave the area.

In another account, the same individual was tasked with rewinding some 16 films in the mm modern blockhouse's theatre on the second floor. According to the story, a white cat would constantly hang around the projection room and during this one instance, the cat went stiff and suddenly ran off as fast as it could.

This made them uncomfortable and they

The Chesterville Record Page 11

decided to inspect the blockhouse for intruders with a couple other staff members. When they entered the barrack room, they found the cat with its fur standing on end and hissing at the southwest corner of the room.

While approaching the feline, they noticed something in the corner of their eyes moving quickly in the direction that the cat was hissing at. This resulted in them running out of the room as quickly as possible.

If you visit Fort Wellington, you can participate in a walking tour of the grounds and watch one of the famous war reenactments. But just remember, if you encounter your own supernatural event, you're probably just the latest victim.

Check back each week of October to read another harrowing haunted tale from eastern Ontario and check off your list by visiting each site this month, if you dare.

Stormont Ladies: Ladies' High Single, Pat Middleton 231; Ladies' High Triple, Pat Middleton 631. Team Standings: Susan 50, Elaine 39, Angela 38, Hilda 31, Judy 21,

Tuesday Afternoon Mixed: Ladies' High Single. Sandra Bloom 206; Ladies' High Triple, Sandra Bloom 538; Men's High Single, John Brisson 315; Men's High Triple, John Brisson 659. Team Standings: Love 54, Hope 44, Faith 43, Charity 39.

Defenders: Men's High Single, Andy Chrysler 260; Men's High Triple, Andy Chrysler 604; Ladies' High Single, Gwen Clarke 231; Ladies' High Triple, Gwen Clarke 577. Team Standings: OLD 59.5, Glenson 53.5, Brian 53.5, Gwen 50, Andy 49.5.

Wednesday Ladies: Ladies' High Single, Pat Monast 195; Ladies' High Triple, Isabelle Conley 492. Team Standings: Dianna 79, Lorna A 73, Pat 57, Mary 47, Carol 44.

Finch Mixed: Men's High Single, Noel Lalonde 266;

Men's High Triple, Theo Hoogeveen 700; Men's High Average, Noel Lalonde 220; Ladies' High Single, Francine Lalonde 239; Ladies' High Tripel, Grace Tilley 614; Ladies' High Average, Isabelle Dissonnette 212. Team Standings: The Better Justin's 30, 3 G's 24, SAMJC 20, The Other Justin 19, Team #4 17, SHAT 16.

Thursday Seniors: Men's High Single, Bas Vanwinden 208; Men's High Triple, Bas Vanwinden 502; Ladies' High Single, Ria McGarrety 231; Ladies' High Triple, Ria McGarrety 542.

Avonmore Mixed: Ladies' High Single, Joan Cryderman 209; Ladies' High Triple, Joan Cryderman 511; Men's High Single, Frank Jerome 353; Men's High Triple, Frank Jerome 798. Team Standings: Majestic Blues 68, Yellow Grooves 65.5, Cherry Reds 63, Dynamic Magentas 63, Whispering Whites 59.5, Totally Blacks 59.

Les Dynamiques: Men's High Single, Albert Bouchard 237; Men's High Triple, Albert Bouchard 654; Ladies' High Single, Christiane Bouchard 244; Ladies' High Triple. Releanne Lefebvre 574.

Williamsburg Mixed: Men's High Single, Paul Dechamps 284; Men's High Triple, Paul Dechamps 746; Ladies' High Single, Erin Drapeau 283; Ladies' High Triple, Erin Drapeau 536. Team Standings: John's Roadies 72.5, Top Dawgs 69.5, Moonshiners 68, Outlaws 61, Western Stars 59.5, Desperado's 46.5.

Winchester Odd Couples: Men's High Single, Tyler Lanoue 278; Men's High Triple, Tyler Lanoue 651; Men's High Average, Matt Hartle 211; Ladies' High Single, Pat Middleton 207; Ladies' High Triple, Pat Middleton 651; Ladies' High Average Pat Middleton 178. Team Standings: Pink Ladies 66, Team Ramrod 58, Team #5 57, Lucky Strings 53, Team BADD 43, Sunny Dayz 43.

Youth Bowling Canada

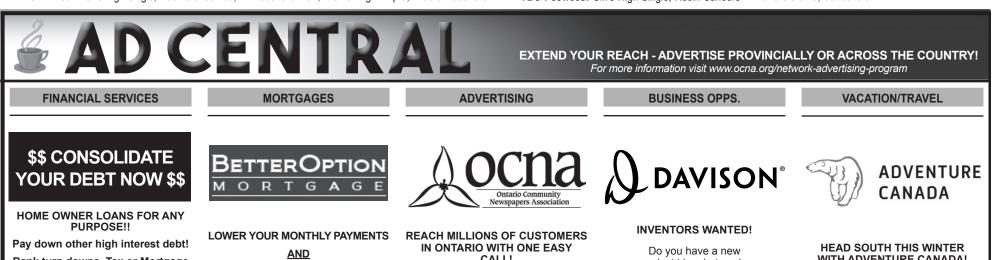
YBC Peewees: Girl's High Single, Robin Sanders

95; Girl's High Double, Robin Sanders 169; Boy's High Single, Teagon Burd 113; Boy's High Double, Teagon Burd 199. Team Standings: Kings 34, Sharks 31, Bruins 31, Leafs 24.

YBC Bantams: Girl's High Single, Paige Michaud 152; Girl's High Double Paige Michaud 257; Boy's High Single, Lucas Seguin 139; Boy's High Double, Zach Robinson 257. Team Standings: Red Wings 44.5, Coyotes 44, Flames 44, Blackhawks 43.5, Rangers 39, Avalanche 37.

YBC Juniors: Girl's High Single, Rachel Puenter 237; Girl's High Triple, Rachel Puenter 589; Boy's High Single, Damian Fowler 170; Boy's High Triple, Alex Robinson 462. Team Standings: Sabers 33, Senators 21.

YBC Seniors: Girl's High Single, Alayna Gaudette 241; Girl's High Triple, Alayna Gaudette 576; Boy's High Single, Matthew Ridge 205; Boy's High Triple, Matthew Ridge 527. Team Standings: Flyers 35, Panthers 34.5, Canucks 32.



Pin Tales

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Page 12 The Sports Pages

E-mail your sports information to chestervillerecord@gmail.com THE Sports PAGES E-mail your

point shot by Thomas Leggett and Brown just 1:51 into the

second period on the power play. The Rockets peppered 23

shots on the Inferno's goal but took just a 2-0 lead into the

1. The Rockets restored their two-goal lead when Stitt

notched his second goal of the game from Lefebvre and

back as the Rockets took the game 3-1. With the win, the

Rockets pulled into sole possession of second place in the

the win in the Rockets' goal was Reilly Tondreau making

The Inferno got on the score board at 8:39 to make it 2-

The Inferno were unable to mount any kind of come

The Rockets outshot the Inferno 55-30 and picking up

The North Dundas Rockets travel to the Larry Robinson

Arena in Metcalfe on Fri., Oct. 26, to take on the Jets at

Rob's Review

Rob Sadler

General manager, North **Dundas Rockets**

As general manager of the club, I wouldn't say the win Saturday night was a work of art by any means. It was an ugly hockey game, but we got the two points nonetheless. The Club got big efforts out of Brad Stitt and Cameron Brown on the score board; as well as Reilly Tondreau in the net. Penalties were definitely the focal point for me of the game, we simply took too many. West Carleton has struggled to score this year; any other team in this league would have buried us in the second period.

We would also like to welcome two new additions to the club, Sebastien Roy and Phil Brunet; two players

we acquired in a trade with Metcalfe earlier this week who are from the Russell/Embrun area. These two guys have won a championship in Embrun a couple years back and we are hoping their pedigree transfers into our locker room positively.

Next week the Rockets travel to Metcalfe on Friday night for a tilt with the Jets who trail the Rockets in the standings by two points and currently lead the NCJHL in penalty minutes with 342 PIM in just eight should be games; entertaining. On Sat., Oct. 27, the Rockets host the first place South Grenville Rangers, who currently sit atop the NCJHL West Standings with a record of 6

Thanks to those who come out on Saturdays to support us.

See ya at the rink!

period.

Dodge scored his second of the game at 8:44 to give the Rangers a 4-2 lead from Ranger and Giroux on the power play. The game got a little physical with a couple of fisticuffs but neither team was able to score afterwards as the Rangers took the game 4-2 taking all three games against the Lions this season.

The Rangers outshot the Lions 47-45. Picking up the win in the Rangers' goal was Sam Limoges-Ring making 43 saves and suffering the loss in the Lions' goal was Morgan Penwell also making 43 saves.

TOLL FREE: 1-866-307-3541

Rockets stretch winning streak to three

second intermission

Brown at 13:33.

West Division.

29 saves.

Up next

Jeff Moore Record Staff

wins.

CHESTERVILLE-The North Dundas Rockets played just a single game this past weekend as they welcomed the West Carleton Inferno on Saturday night. The Rockets got off to a sluggish start this season after going 0-4 in their first four games, they have bounced back with four big

Rockets 3 Inferno 1

The North Dundas Rockets welcomed the West Carleton Inferno to the Chesterville Arena on Sat., Oct. 20, in the NCJHL. The Rockets were coming off a 7-0 shutout win over the Inferno the previous Sunday and were looking for a back-to-back sweep. With a win, the Rockets would move into sole possession of second place in the West Division.

The Rockets got things started as Cameron Brown scored his first goal in his first game as a Rocket at 15:22 from Will Watson and Justin Lefebvre to take a 1-0 lead. The Rockets outshot the Inferno in the opening frame 18-8 and took a 1-0 lead into the first intermission.

The Rockets made it 2-0 when Brad Stitt tipped home a

8:15 p.m. The Rockets then welcome the South Grenville Rangers to the Chesterville Arena on Sat., Oct. 27, at 7:30 p.m.



Rockets welcome experience

The North Dundas Rockets featured three new faces to their lineup on Sat., Oct. 20, when they faced off against the West Carleton Inferno at the Chesterville Arena. The Rockets welcomed defenseman, Cameron Brown (7, centre photo) who was signed on the off season but had a suspension he had to serve, forwards, Sebastien Roy (19, left) and Philippe Brunet (9, right) were acquired via trade with the Metcalfe Jets. The Rockets gave up forward Landon Veenstra and Tyson Sherrer in return. Brown had a good game scoring a goal and picking up two helpers as the Rockets beat the Inferno 3-1.



Jeff Moore Record Staff

MORRISBURG-The Morrisburg Lions played just one game this past weekend as they welcomed the South Grenville Rangers on Saturday night. The Lions played the Rangers twice already this season and the West Division leaders have had their number beating them 9-2 and 9-3 so

Moore photo **Rangers double Lions**

scoring when Tristan Loomis scored from Hayden Sayeau and Brody Ranger on the power play just 3:02 into the first period taking a 1-0 lead. The Lions got even when Graham Robertson snapped one home from Cal Bilmer and Zenin Biron at 7:44.

The Rangers outshot the Lions 19-14 but settled for a one-all draw heading into the first intermission. The Lions took their first lead of the game when Marc Antoine Doyon slid one home from Charles Doyon and Biron at 7:02 of the second period. The Rangers tied the game again at 11:37 as Jack Finnerty scored from Mathieu Giroux and Jordan Poulin. The teams took a two-all draw into the second intermission. The Rangers retook the lead when Jordan Dodge scored an unassisted

goal at 6:57 of the third





Wednesday, October 24, 2018

For more sports go to www.chestervillerecord.com





17th Annual Ball Hockey for Easter Seals

The 17th Ball Hockey for Easter Seals Tournament took place at the J. C. Whitteker Park in Williamsburg on Sat., Oct. 13. The tournament featured seven teams in a double knockout format. Each player was asked to raise at least \$20 to play, top pledge getters were awarded prizes supplied by local businesses. Once again the tournament received great support from local businesses by either a monetary donation or a prize. The tournament raised over \$3,800 pushing the grand total over \$64,000 over the 17 years. The top pledge earners were Jason Rooney (three time champ) with \$505, Sebastien Lafrance with \$300, Jamie McIntosh with \$200, Karrie Veinotte with \$154 and Spencer Barclay with a \$100. The South Dundas Bantam Rep team raised \$1,022 and finished the tournament in second place behind team Griffin Patterson as they repeated as champs. Second-place finishers were South Dundas Bantam Rep - goalies, Cameron Lynch and Adam Lapier. Cam Shaver, Monty Dejong and Wyatt Barkley (back) Alisha Verbruggen, Spencer Billings, Kieran MacQueen-Ladouceur, Jordan Heuff and Spencer Barclay. The tournament winners were: Team Griffin Patterson - Cal Bilmer, Griffin Patterson, Desiray Clemen, John-Michael Guitard, Jeremy Cyr, Dean Lapier, Randy Kelle and, Keira Zandbelt.

Courtesy photo

the Lions seemed to be in a tough spot.

Rangers 4 Lions 2

The Morrisburg Lions welcomed the South Grenville Rangers to the Morrisburg Arena on Sat., Oct. 20, in the NCJHL. The Lions went into the game in a three-way tie for second place in the West Division with the North Dundas Rockets and the Metcalfe Jets but trailed the first place Rangers by six points.

The Rangers opened the

Cedar Glens Men's Night

The results from the Cedar Glen Men's Night Scramble on Thurs., Oct. 18, were: first low gross A - James Morrell 45, closest to the pin on number 15 - Frank Jerome, first low gross B - Larry Harper 39, first low gross B -Peter Schoenfeld 35, longest drive on number 14 - Billy Dejong, first low net C - Frank Jerome 45, closest to the pin on

Up next

The Morrisburg Lions travel to the W. Erskine Johnston Arena in Carp to take on the West Carleton Inferno on Sat., Oct. 27, at 8:15 p.m. The Lions then welcome the Inferno to the Morrisburg Arena on Sun., Oct. 27, at 2:15 p.m.

number nine - Darrell Shelp and first low gross D - Michael Kearns 52.

Other winners: A/B skins - James Morrell with a three on 10 a four on 12 and a three on 17 and Larry Harper with a four on 13 and a three on 18. C/D skins - Pete Brown with a four on 10, and a three on 18, David Hutt with a four on 14 and Frank Jerome with a three on 15. 50/50 winner was Frank Jerome.

Vikings score a pair of comeback wins

Jeff Moore

Record Staff

EMBURN-The Casselman Vikings played two games this past weekend as they welcomed the Alexandria Glens on Thursday night and travelled to Embrun on Friday night to take on the Panthers.

Vikings 5 Panthers 3

The Casselman Vikings travelled to the Palais des Sports on Fri., Oct. 19, to take on the Panthers in the CCHL2. The Vikings were coming off a thrilling 5-4 victory over the Alexandria Glens the previous night as they made a late charge completing a comeback. The Panthers went into the game tied for sixth place with the Winchester Hawks in the Martin Division.

The Panthers opened the scoring when Jeremy Cyr scored his first goal of the season just 2:13 into the first period from Owen Nevins and Mathieu O'Toole taking a 1-0 lead. The Vikings outshot the Panthers in the first period 16-9 but trailed 1-0 heading into the first intermission.

The Panthers took a 2-0 lead when Brandon Paquette scored his first of the season from Marc Brosseau at 4:58 of the second period. The Panthers kept up the pressure and made it 3-0 at 6:05 as Robert Beaudoin scored his first of the season unassisted.

The Vikings had no answer as the time wound down in the middle frame as the Glens took a 3-0 lead into the second intermission. The Vikings got to within two at 3:14 of the third period as Mikael Bissonnette scored an unassisted goal for his first of the season.

The Vikings got to within one as Shawn Patterson pounded his fourth of the season home from Joel Hunt and Brady Cloutier at 6:14

The Vikings tied the game at 10:40 as Samuel Mattie scored his ninth of the season from Hunt and Cloutier. The Vikings completed the comeback when Frederick Gagnier scored his sixth of the season from Dylan Robinson and Tyler Ballantyne at 16:23 to make it 4-3.

The Panthers pulled their goalie with just over a minute remaining in favour of the extra attacker but that backfired on them as Gabriel Rousselle found the yawning cage at the other end of the rink with just 59 seconds remaining to make it 5-3. The Vikings hung on to take the game 5-3 moving to within four points of the division leaders, the Canadians.

The Vikings outshot the Panthers 47-33. Picking up the win in the Vikings' goal was Mathieu Chenier making 30 saves on 33 shots and suffering the loss in the Panthers' goal was Cody MacEachern making 42 saves on 46 shots.

Vikings 5 Glens 4

The Casselman Vikings welcomed the Alexandria Glens to the J. R. Brisson Complex on Thurs., Oct. 18, in the CCHL2. The Vikings were coming off a 3-0 shutout win over the Ottawa West Golden Knights in their previous game but still sat six points behind the first place Ottawa Jr. Canadians in the Martin Division.

The Vikings opened the scoring at 4:22 of the first period as Federick Gagnier scored his fifth goal of the season from Michael Bissonnette and Dylan Robinson to take a 1-0 lead. The Vikings made it 2-0 when Mathieu Talbot scored his third of the season from Joel Hunt and Brady Cloutier at 11:51.

The Glens get one back at 13:39 on the power play but the Vikings took a 2-1 lead into the first intermission. The Glens tied the game at 3:13 of the second period and took their first lead of the game at 9:35.

The Vikings' newest addition, Joshua Paledeau scored his first goal as a Viking at 16:06 from Gabriel Rousselle and Tyler Ballantyne to tie the game at three. The teams took a three-all draw into the second intermission.

The Glens made it 4-3 at 10:53 of the third period and looked to be headed towards a victory but the Vikings knotted the affair at 13:37 when Hunt scored his 11th of the season from Rousselle and Shawn Patterson.

With time winding down in the game, the Vikings retook the lead with just 2:50 remaining as Louis Chabot scored his third goal of the season from Rousselle and Hunt making it 5-4.

With just over a minute remaining in regulation, the Glens pulled their goalie in favour of an extra attacker but the Vikings were able to hold the Glens to the outside and their goalie, Nick Campbell closed the door

The Vikings took the game 5-4 and outshot the Glens 34-21. Picking up the victory in the Vikings' goal was Campbell making 17 saves on 21 shots.

Up next

The Casselman Vikings travel to the Richmond Memorial Centre on Sun., Oct. 28, to take on the Royals at 1:30 p.m.



The Casselman Vikings travelled to the Palais des Sports in Embrun on Fri., Oct. 19, to take on the Panthers in the CCHL2. The Vikings acquired forward, Joshua Paledeau (19) from the Rockland Nationals of the CCHL. Paledeau keeps his eye on the puck but is unable to score as the Panthers' goalie Cody MacEachern was able to cover it. Paledeau, the Alfred native, scored a goal in his first game against the Alexandria Glens but was held off the score sheet against the Panthers. The Vikings took the game 5-3.

Moore photo

Hawks' season of perennial woes

Jeff Moore

Record Staff

Winchester WINCHESTER – The Hawks had but one game this past weekend as they welcomed the Carleton Place Canadians on Friday night. The Winchester Hawks acquired the rights to two ex-Casselman Vikings this week as they got forward, Shane Spencer and defenseman, Jonah Peters but they were not in the lineup. **Canadians 5 Hawks 2**

The Winchester Hawks welcomed the Carleton Place Canadians to the Joel Steele Community Centre on Fri., Oct. 19, in the CCHL2. The Hawks were coming off a 4-1 loss to the Embrun Panthers in their previous game and sat tied with the Panthers for sixth place in the Martin Division standings.

The Hawks got the jump early as Eric DeRepentigy scored his first goal of the season from Hunter Randell and Ryan Community Centre on Fri., Oct. 26, at 8:15 Neilson at 8:24 of the first period taking a 1- p.m.

deficit in half at 15:08 and caught the Hawks napping with just one second remaining in the opening frame to tie the game. The teams took a two-all draw into the first intermission.

The Canadians took their first lead of the game on the power play at 10:26 of the second period. The Canadians took a twogoal lead at 11:40 and went 4-2 into the second intermission.

The Hawks had no answer in the third period and with just 1:19 remaining in the game, the Canadians made it 5-2 and took the game by that score.

The Canadians outshot the Hawks 38-20 in the game. Suffering the loss in the Hawks' goal was Brent Pledge Dickson making 33 saves on 38 shots. Up next

The Winchester Hawks welcome the Arnprior Packers to the Joel Steele

Blue Wings fly against Panthers

at 7:06 of the third period

Jeff Moore Record Staff

PERTH-The Embrun Panthers played two games this past weekend as they welcomed the Casselman Vikings on Friday night and travelled to Perth on Sunday afternoon to take on the Blue Wings.

Blue Wings 4 Panthers 2

The Embrun Panthers travelled to the Perth Arena on Sun., Oct. 21, to take on

on the power play but the Panthers got that one right back as Marc Brosseau scored his third of the season from Brandon Paquette and Benjamin Hamilton also on the power play.

The Blue Wings made it 4-2 at 12:14. The Panthers pulled their goalie with just over a minute remaining in regulation and pressed on but they were unable to gain Williamstown on Sat., Oct. any advantage as the Blue 27, to take on the Rebels at Wings hung on to take the 8 p.m.

game 4-2.

The Blue Wings outshot Panthers 32-28. the Suffering the loss in the Panthers' goal was Joshua Ivanski making 28 saves on 32 shots.

Up next

The Embrun Panthers welcome the Richmond Royals to the Palais des Sports on Fri., Oct. 26, at 8 p.m. and travel to the Char-Lan Recreation Centre in

The Sports Pages Page 13

the Blue Wings in the CCHL2. The Panthers were coming off a tough 5-3 loss to the Casselman Vikings in their previous game, a game that they led 3-0 heading into the third period.

The Blue Wings opened the scoring at 14:39 of the first period to take a 1-0 lead. The Panthers tied the game at 17:05 as Jacob Lamont scored his second of the season from Tyler Cummins and Alan Njima. The teams took a one-all draw into the first intermission.

The Blue Wings scored the lone goal of the second period with just 1:10 showing on the clock and took a 2-1 lead into the second period. The Blue Wings took a two-goal lead



The Embrun Panthers welcomed the Casselman Vikings to the Palais des Sports on Fri., Oct. 19, in the CCHL2. The Panthers' forward, Jeremy Cyr (10) scores the opening goal of the game. The Panthers took a 3-0 lead into the final frame but were unable to hang on as the Vikings took the game 5-3.

Moore photo

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0 lead. The Hawks made it 2-0 when Kyle Kuehni scored his fifth of the season from Miguel Pare and Gabriel Davis at 9:10. The Canadians cut the

The Winchester Hawks welcomed the Carleton Place Canadians to the Joel Steele Community Centre on Fri., Oct. 19, in the CCHL2. The Hawks beat the Canadians in their first matchup and were looking to make two. The Hawks' rookie forward, Eric DeRepentigny (10) scored his first CCHL2 goal but the Canadians took the game 5-2 handing the Hawks their eighth loss of the season. Moore photo





Russell council takes a victory lap

Kory Glover

Villager Staff

RUSSELL – The election results are in for the Township of Russell with minimal change to the council roster.

Pierre Leroux remains in the mayoral chair in a landslide vote against Charles Armstrong with 3,204 votes against 765. However, Leroux had a close race against third mayoral candidate Shawn McNally, who was dealing with a family emergency during the final debate, racking up 2,053 votes.

Leroux stated that it was an honour to be re-elected as mayor, adding that he was excited to be working with his team of councillors again for another four years.

"I'm so honoured and privileged to elected for another four years," he said. "You know, I look at the results and the full council got back in and that just tells me that we must be doing something right for the past four years.

Leroux hopes to keep the "momentum going" into the new year, hoping to finally start construction on an aquatic centre, a project that has been talked about for ages.

"For us, it's always been to keep the momentum going," he said. "Obviously, a big part of my platform was to have a discussion about the creation of an indoor pool. So, that'll be part of the discussion with council to see if they share that vision or not. I just want to say thanks to everyone who put their trust in me again and I look forward to serving for the next four years."

Councillors Jaime Laurin, Cindy Saucier, André Brisson and Mike Tarnowski were voted in to serve on council for the upcoming term, with Laurin earning the most of votes of 3,299. Brisson was just behind with 3,066 votes, Saucier with 2,975 and Tarnowski with 2,634.

Keeping up with STA

Liam Hill

STA Report

St-Thomas Aquinas Catholic High School has really lived up to their expectation of being "committed to excellence", as this past week their student body came together to demonstrate a wide display of perseverance and showed the community the importance of coming together. This past week, the students of St-Thomas Aquinas Catholic High School were very occupied with school sports and achieved overall success. On Mon., Oct. 15, the varsity boys soccer team travelled to Hammond for the playoffs, where they would go on to the championship game against St. FX, but ultimately lost in a hard-fought game. Coach Soares and Danby are very satisfied with this season's outcome and look

forward to competing in OFSAA next Spring.

This past Wed., Oct. 17, Mme. Matte-Hogue's Grade 11 French class delivered this year's whopping 5,607 pounds of canned goods from the annual food drive to the Embrun Food Bank.

This astonishing outcome rallied nearly 2,300 pounds more than last year's drive. Both Girls and Boys 7/8 soccer teams competed in Hammond on Thurs., Oct. 18, to kick off the season and went undefeated.

It was an emotional home opener for the Senior boys football team against Gananoque on Fri., Oct. 19, as the team left everything out on the field in commemoration of the late Jared Oldford, a former teacher and student at St. Thomas. A defeat on the field, but a win in the eyes of Coach Longval and the entire high school body who attended with support.

Once again, this upcoming week entails another hefty one, as this Mon., Oct. 22, the Junior boys football teams played on home turf for an afternoon game, and on Tues., Oct. 23, the Senior girls soccer team headed to Le Sommet for the final games to close out the regular season. On Thurs., Oct. 25 both the Junior girls and Senior girls basketball teams aim to defend home courts, and the Junior boys football team head out to North Grenville, all continuing their successful seasons. Also, this upcoming Thursday, the runners of the varsity cross-country team head to OFSAA.

Once again, another overwhelming week for STA in and outside of the school!

Farm Credit food drive stops at local schools

Tom Van Dusen

Villager Contributor

RUSSELL - Feeding the hungry is part of the Catholic credo and chaplain Chris Vonesch says he has no trouble enticing St. Thomas Aquinas High School students to participate in the annual Farm Credit Canada Drive Away Hunger campaign when he describes to them the high level of food bank use across the country.

Regular stops on the tractor tour conducted last Wednesday include Mother Theresa and École St. Joseph elementary schools, and St. Thomas where students gathered, bagged, and loaded 5,607 pounds of food. Over the past 10 years since he's coordinated the campaign, Vonesch estimates 61,000 pounds of food have been contributed to the FCC effort; the accumulated items were dropped off at Good Neighbours Food Bank in Embrun.

Using a tractor loaned by Weagant Farm Supplies and a wagon from Topline Trailers, Drive Away Hunger then rolled south to Chesterville, Winchester and Morrisburg for pickups at several schools and drop offs at Community Food Share in Winchester and Morrisburg. Final collection numbers are being compiled.

This year marks the 15th anniversary of the campaign which, since 2004, has provided 40 million meals - or pounds of food - to needy Canadians through the

network of food banks. It's not one long tour but several regional ones, all hitting familiar destinations year after year where participants, often students and their teachers, have fall food collections down to a science. They know FCC is coming and they're ready on the due date.

Beginning Oct. 4 with several stops in the Kingston and Woodstock areas, the Ontario campaign covered 15 days leading up to Oct. 18, encompassing World Food Day Oct. 16. Meanwhile, FCC through its national offices was running similar food collections in various parts of the country.

FCC is also a major sponsor for Food Banks Canada's Hunger Action Month through September, and contributes \$100,000 to 100 school meal programs across the country, with recipient schools selected based on need by FCC offices. Drive Away Hunger is its flagship community investment program.

The Drive Away Hunger concept is simple: A tractor hauling a trailer is driven through rural communities picking up nonperishable food items and cash along the way. The items are then dropped off at local food banks for sorting and distribution.

Based in Casselman where food was collected at three schools, FCC's Marc Beaudry who launched the Eastern Ontario leg of Drive Away Hunger 13 years ago, said it's important to use a tractor in the campaign as a symbol of the agricultural industry giving back to the local community.



Who is Jay? **X X 71**

Kory Glover

Villager Staff

OSGOODE - The municipal election was thought to be a clean race with respected candidates debating their views and politics, however, that didn't seem to be the case in the Osgoode Ward councillor election.

On Sept. 17, a website was created called WhoisJay.ca, showing off a smear campaign against Osgoode ward councillor candidate Jay Tysick. The website showed off a long list of "facts" about the candidate that Tysick responded to by saying that about, "95 per cent of it was made-up lies."

Tysick admitted that the only true fact listed on the site was that he is a pro-life advocate, saying, "The only true thing on there is that I am pro-life but a reporter called me about that and I said, 'Yeah, I think life is sacred, what's the problem?' It's not a municipal election issue but they want to make it a municipal issue simply

about me and my views on something irrelevant rather than talk about increased taxes, crumbling infrastructures and loss of core services."

because they would rather you be talking

As of Sat., Oct. 20, the website has been shutdown due to a complaint Tysick filed with the City of Ottawa concerning violations made with the site.

According to the complaint Tysick filed with the city, the website was in violation of the Municipal Elections Act that states individuals or groups acting as third-party advertisers must register with the clerk before they can begin their activities. The site indicates that the ownership is copyrighted to "WhoisJay", but no group with that title has registered with the city clerk to act as a third party advertiser according to the city's website.

Within the complaint, accusations have been made of who is behind the creation of the website but nothing has been confirmed or proven yet. The Chesterville Record will continue to investigate this matter as it unfolds.

Helping the hungry

Chris Vonesch coordinated food loading at St. Thomas Aquinas High School during the FCC Drive Away Hunger food drive. Van Dusen photo

Ladies' Night to support a new aquatic centre

Home Hardware's 12th all kinds of fun events. annual Ladies Night has partnered with the Kin Home Hardware has Club of Russell to help decided all proceeds will raise funds for a new aquatic centre. On Thurs., centre and they will make Nov. 1, from 6 p.m. to 9 a presentation of their p.m., ladies are welcome to results on Dec. 1, at the attend a fun evening hosted by Barry's Home Menard" fundraiser hosted Hardware, with prizes, by the Kin Club of Russell

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RUSSELL - Barry's discounts, live music and This year, Barry's go towards a new aquatic "Roasted Doc à la

at the Embrun Community Centre.

Tickets can be purchased in advance in store or at the door the night of the event, cost is \$5 which will give attendees a chance to win the Grand Prize, an XL Big Green Egg, valued over \$2,000.

The Kin Club of Russell are thrilled with the partnership, noting community and businesses are key to a new aquatic centre for our residents.

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History contributing to beautification

Kory Glover

Villager Staff

OSGOODE – Contributing to your neighbourhood's beauty can be difficult because you might not know how to go about doing so.

Elizabeth McNee, and the rest of her team, decided to make it easier for locals to contribute with a luncheon Wed., Oct. 17 at the Osgoode Legion, selling the book, *The History of Osgoode Village*.

"Most of us are always wondering, 'What can we do for the community?', so we decided to have a luncheon at the Legion. So the first luncheon we had last year, we asked people to pay a minimum of \$5 at the door, this year it's \$7 and what we do is an outreach," said McNee, the event's organizer. "This month, if you buy a book, *The History of Osgoode Village*, \$8 of the book goes towards the beautification of the village."

The book's editor, Joe Banks, made a special appearance at the luncheon to make a presentation about the history of Osgoode

and the book's creation.

"2005 is how long it's been since we've released [The History of Osgoode Village], 13 years. So, by popular demand, we did a re-print last fall, a year ago, and we ended up selling another 350 copies," said Banks. "So we thought, 'Why not keep going', so we printed another 50. The idea for the book came about in 2003 with Judy Carey, who approached me, knowing that I was a journalism professor at Algonquin College and former editor of the Manotick Messenger. She told me a book called From Then to Now by Margaret Robb was published in 1980 as the 100 year anniversary of the founding of the Osgoode Post Office and that she was thinking about doing a walking tour of Osgoode Village and doing an update on Robb's book. When I realized the good this would do for the Osgoode Village Community Association, I was on board."

After Banks' presentation, residents were given a meal prepared by McNee's team of beef stew, crusty bread and dessert.



Elizabeth McNee held the luncheon to promote and sell copies of *The History of Osgoode Village* for \$20 each. A fraction of each purchase would go towards to beautification of the village. From the left: Aase Olsen, Dale Kuran, Paul Masaro, Phil McNee, Shirley Lupton, Heather Knight, Allan Knight, Elizabeth McNee, organizer of the luncheon, Gudren Klingelstein, Pat Williams, and Joe Banks, editor of *The History of Osgoode Village*.

Glover photo

Sandy Lake First Nation exposure trip 2018

SANDY LAKE – Meeting the goals of the Ontario First Nation, Métis, and Inuit Education Policy Framework is a priority for the Catholic District School Board of Eastern Ontario. For the fifth consecutive year, a group of CDSBEO students participated in a service trip to Sandy Lake First Nation in Northwestern Ontario. The trip provides an educational opportunity for students and educators to learn about the challenges of living on an isolated reserve.

This initiative was organized by the department of Religious and Family Life Education, providing the opportunity for new adventures and a chance to build stronger connections between CDSBEO and the Sandy Lake Board of Education. The trip focused deeply on developing a clearer understanding of life in a First Nation community, learning the traditions of the people, and building positive relationships.

Ten CDSBEO students from five secondary schools participated in the experience, which took place in early June 2018.

Described as a life changing

transportation of essential goods such as food, clothing, gas, building supplies, and vehicles is difficult and very expensive.

Hollie Berkers, a student from St. Thomas Aquinas CHS, noted that, "Upon our arrival we noticed that transportation, the prices of goods, and the medical issues of the residents, were all impacted by isolation."

"We arrived by plane on a small gravel runway," added Ethan Warnock, also a student from St. Thomas Aquinas. When we visited the medical centre, we realized that they are not able to treat serious medical issues in Sandy Lake, as they lack the proper facilities and resources. This means that patients must be flown out to the nearest hospital or medical centre for treatment, and citizens only have access to a medical doctor for a limited number of days each year."

"When first arriving to Sandy Lake it was shocking to think that this is the same province that we ourselves live in," explained Berkers.

While reflecting on the challenges faced by the community, the students also realized the importance of community, and the positive morale of the residents of Sandy Lake. Events such as Treaty Days, many outdoor sports activities and games, and experiencing the installation of the first female band chief, imparted the strong

Trivia night aims to help tornado victims

Tom Van Dusen

Villager Contributor RUSSELL – Connie Johnston has

turned her powerful fundraising operation towards assisting victims of the tornado that tore through the Dunrobin area Sept. 21.

It doesn't matter to Johnston and the crew of what is now known as Russell Trivia Services that the need in this case is in a community west of Ottawa. It's clear that something should be done and it will be in the form of a Trivia Night this Friday evening (Oct. 26) upstairs at Russell Arena.

While the event is sold out, anybody who wishes to can still contribute a live or silent auction item, or make a cash donation. As she always is when one of her Trivia Nights sells out – which they often do – Johnston is excited that

sense of community that exists in Sandy Lake. The youth and children of Sandy Lake welcomed the visitors, and the students learned an abundance of lessons, and formed lasting bonds with the youth in the community.

Vice chair Ron Eamer commended the students, and reflected on the potential of their experience. "Thank you all for putting yourselves out there and taking the time to learn about Sandy Lake, and their way of life. If two or three of you become involved in helping these communities based on the impact of your experience, and you are able to touch other people with this story, you have the opportunity to truly make your mark on the world." From left, John Cameron (director of education), Nancy Kirby (trustee, Lanark County), Noah King (Notre Dame CHS), Theresa Allingham (St. Michael CHS), Jocelyn Cooper (St. John CHS), Hollie Berkers (St. Thomas Aquinas CHS), Alexandra Kay (Notre Dame CHS), Ethan Warnock (St. Thomas Aquinas CHS), Sue

Russell area residents have responded to the latest call for action.

Since everybody caught in the destructive storm can't be assisted and because many other organizations are also involved in tornado fundraising activities as well, Johnston has narrowed the recipient down to one particularly hard-hit family, the Lowdens.

For Nicole, Brian, Daniel and Hailey Lowden, dealing with the shock and devastation of losing their home is just the latest in a series of crises that has come their way, Johnston explained: "A flood at their previous home, cancer of their daughter, and a tornado is an unbelievable hand to be dealt to this hardworking family in the past 18 months."

Still, she said, amidst the tragedy the

family is giving thanks for its blessings in that they made it through alive: "The cruelty of life's events is unbearable for this family but their strength moves them forward."

Funds raised in Russell will go towards covering costs related to the Lowdens' post-tornado struggle. Any additional funds not required by this family will be transferred to another family in a similar situation.

Every one of the many Trivia Nights hosted by Johnston over the past several years has collected thousands of dollars for a wide range of causes. The most recent one at the end of September brought in \$6,800 for multiple sclerosis.

"This is going to be huge," Johnston said of her latest charitable production.

Still, she suid, alliast the tragedy the produ

Local Russell pharmacy supports patients

RUSSELL – The Downtown IDA Russell Pharmacy team cares for its customers and they want to help them. So, they came up with a great way to do so.

"So many of our patients' lives are affected by cancer," explains Cindy Cecillon, pharmacist and co-owner. "We wanted to donate to our local cancer care centre so that they can continue to provide support to those in need."

In September, the team hosted a

Care Fund. They collected donations in exchange for a hamburger or hotdog and delicious cake. There were also great gift basket raffles.

At similar events held in 2014 and 2015, the group raised \$900 for the Foundation's General Equipment Fund.

"It is so fun to work with such generous donors in our community," notes Cindy Peters, manager of direct mail and events. "We are so grateful to the Downtown IDA Russell Pharmacy and other community groups for hosting these wonderful fundraising events."

journey, students reflected on the most impactful aspects of their experiences, including the adjustment to being geographically isolated and the complications it creates.

The Sandy Lake First Nation is accessible only by plane or winter ice road, and



Wilson (trustee, Prescott County and Russell County), Brent Laton (Grenville County and Elizabethtown-Kitley Township).

customer appreciation barbecue, donating \$600 to the WDMH Foundation's Cancer these wonderful fundraising events."



For the community

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At the presentation ceremony were, from left, Kate Staal (Downtown Pharmacy employee), Cindy Cecillon (Downtown Pharmacy pharmacist and co-owner), Katherine McCann (Downtown Pharmacy employee), and Bonnie Bols (Downtown Pharmacy assistant). Page 16 The Villager October 24, 2018

Finding a cause

Kory Glover

Villager Staff

EMBRUN – For decades, people have been trying to find a cure for the terrible plague of cancer, but Marie-Claire Ivanski wants to go in a different direction - finding a cause.

For the past three years, Ivanski has thought about an idea to encourage healthier lifestyles in the municipality of Russell with an annual event, Wellness Day. She was finally able to share it with the community Sat., Oct. 20 and raised roughly \$5,000 for breast cancer research.

"We've been sold out of tickets for the past couple of weeks and we were able to gather 53 local businesses and vendors to help demonstrate a healthier way of living through different means," said Ivanski, president of Friends for Life. "The entry fee is \$10 and there is also a healthy lunch that will be served, that is not part of the entry fee, and all proceeds go to both Friends for Life and Breast Cancer Action. The funds raised will be split 50/50 between us."

Diane Hayes, president of the board of directors for Breast Cancer Action, added, "This might have been a team effort between me and Marie, but she was the brains behind the whole operation. She was the head of the whole thing."

The event had a massive variety of healthy lifestyle options for residents including healthy eating, skin care, and body care.

Benoit Surprenant of Le panier d'Osiris sells over 1200 organic, natural products for a healthier diet.



Chiropractor Dr. Michael Koschade and assistant Lynne O'Heare set up a booth to encourage chiropractic care for more active lifestyles and stress care. Glover photos

"We remove all the chemicals from our food to promote a healthier lifestyle for our customers," he said. "We sell all organic products like fruits, vegetables, dairy products and vegan products."

Chiropractor Dr. Michael Koschade and chiropractic assistant Lynne O'Heare set up a booth to promote chiropractic care, to be more active and lower stress levels.

"When we don't move, we rust," said O'Heare. "So, if you sustain some issue between your vertebrae, a chiropractor can alleviate all the stress in between your spine and that could make you more mobile."

Suzanne Piche, owner of Olde Towne Esthetics, uses nothing but natural ingredients when making her line of skin care products.

"I offer an organic skin care line that's all fruit, plant and herb-derived and it's in its purest form, so the skin care line is very



Marie-Claire Ivanski has been planning this event for the past three years, trying to find a cause of cancer instead of a cure. According to her, the event was sold out weeks before the event. From the left, Cecile Dumouchel, Diane Hayes, president of the board of Breast Cancer Action, Russell Mayor Pierre Leroux, Ivanski, Nicole Gosselin-Seguin and Jennifer Geiger. Absent from photo, Lorraine Beaudin.

active," she said. "There's no preservatives, no parabens, no harsh chemicals in the products, so what you're putting on your skin is kind of like a smoothie for your skin."

Ivanski was absolutely pleased with the turnout the event received and will bring Wellness Day back next year as well.

"The amount of support given just warms my heart," she said. "We are the third best municipality in Canada to live, so now let's make it [one of the healthiest] municipalities."

Deirdre Cooke, a dietician for Winchester District Memorial Hospital's diabetes program, gave a presentation on the causes of the disease and how to possibly avoid it through healthier eating.



Art in the Dark shines a light on DeafBlind services

Kalynn Sawyer Helmer Villager Staff

RUSSELL – On Sat., Oct. 20, 88 guests were welcomed to Russell High School for the second annual Art in the Dark fundraiser for DeafBlind Ontario Services. The evening began with a fantastic meal prepared by Winchelsea Events, along with a silent auction and raffle tickets.

Janice Stewart, president of the Lions Club of Russell, spoke to the importance of supporting such services. The Lions Club played a big part in the evening as the presenting sponsor. Stewart explained, it was Helen Keller who challenged Lions International to "be the knights of the blind. To take up this cause as a focus in our work of serving others. We accepted that challenge then, and it remains a primary focus to this day. As Lions we serve those in our communities and the world. The DeafBlind, their families, intervenors and caregivers, live, work and play, among us. They are neighbours, our acquaintances and friends. Thank you to all of you here this evening, for not only helping to raise awareness of DeafBlind Ontario Services and the special needs of their clients, but to raise funds needed to continue the programs they offer to the DeafBlind in our community."

the services which have helped make her life happy and fulfilling. The motto of intervenors, the client's sensory caregivers, is to "do with, not for". This means each client is helped to become as independent, in their lives, as possible. Many programs are offered to the clients to enrich their lives and further their independence.

Art in the Dark, eastern Ontario development coordinator, Marlene Quinton explained the fundraiser: "is a spinoff of our sensory exploration arts program that we do with our clients. They have a themed experience and then they produce an artwork. We thought it could be fun to give people an opportunity to understand a little bit more about DeafBlindness by putting them under simulation with earplugs and blindfolds. It throws your senses off a little bit and gives you a chance to use your other senses to explore your environment." This year, the experience for guests involved creating a colourful wood mosaic art piece using wooden tiles and glue. Without any sight and limited sound, guests had to use their sense of touch to create their masterpieces. While the fun experience causes many giggles and interesting artworks, it reminded those in attendance to be thankful for their abilities. For clients of DeafBlind Ontario Services, they do not get to take off a blindfold at the end of the activity. This

glimpse into the lives of the clients is what is so important to the fundraiser.

Russell Township Mayor Pierre Leroux was one in attendance who spoke to the importance of taking care of all community members. "Russell Township, as everybody knows, was voted third best place to live in Canada. Even though that was based on a set of criteria that the magazine put out, the reality is that if they were to consider the people in Russell Township, I'm sure we would have been first. In the last year this community has given almost \$1-million for different organizations. It's important to see how Russell Township can come together and build our community up. That is in great part thanks to the people/organizations like the



Getting creative From left, Phil Quinton, Claudette Longpre, Jodi Jaffray and Karen Spinney prepared for Art in the Dark at Russell High School on Oct. 20. Sawyer Helmer photo

Lions Club. I've heard an expression that the easiest way to judge a community is to look at how well they treat their most vulnerable. That's why we are here

All of the funds raised from the evening support DeafBlind Ontario Services' programs and community initiatives. While the total

tonight."

was not available at press time, guests were eager to help throughout the evening and generously gave to the silent and live auctions as well as the raffle.

Before the art began, guests watched a short video showing Embrun's own DeafBlind client and



Scouting for volunteers

The 2nd Russell Scouts volunteered Sat., Oct. 20 at Barry's Home Hardware for a community service project. Each of the Scout youth were volunteering to gather service hours going towards their top section award which each section between Beavers and Rovers has. Each Scout was crushing bags full of cans to improve recycling in the area.