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The Chesterville Record/Villager Now located at 29 King St., Chesterville, ON



Briefly

Winter carnivals MOREWOOD

Winter carnivals are starting up now that the holidays are over. This month, join in the winter fun in Morewood from Jan. 25 to 27, hosted by the Morewood RA and Morewood Fire Department. There will be a few events to enjoy Friday evening running from 7 p.m. to 10 p.m. followed by a full day of activities on Saturday beginning with the firemen

breakfast and ending with

fireworks at 7 p.m.

EMBRUN - Starting on Jan. 18 and running until Jan. 27, the Embrun Winter Carnival will provide plenty of activities for people to enjoy for over a week. Dart, bingo and hockey tournaments as well as public skating, dancing and many community meals will take place. See the full schedule in next week's Record.

Living Locally Fair

RUSSELL – The 11th annual Living Locally Fair returns to St. Thomas Aguinas High School on Sat., Jan. 19 in partnership with the Russell and District Horticultural Society. Visit the fair from 9:30 a.m. until 4 p.m. to see local farmers, food, artisans and community groups. The event is free to attend and Food Bank donations will be gratefully accepted.





Sussex Retirement Living

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Carolyn Thompson Goddard Record Correspondent

WINCHESTER SPRINGS – It appears that a new tradition of Christmas tree disposal is being created with the Christmas Trees for Critters event at Vanderlaand The Barnyard Zoo near Winchester Springs.

Continued on page 2

Painting straight from her heart

WINCHESTER - For the past year, Winchester artist Carrie Keller has been working on the Warrior Women Series of portraits and on Jan. 18 she will be hosting the Warrior Women Vernissage at Winchelsea between 6 and 9 p.m.

On display at the vernissage will be the portraits of the 22 women who have participated in the series. Keller explained each participant that met with her, had their photos taken. And after having a conversation with each person, she conceptualized the armour, weapon of choice and war animal to be portrayed with the woman warrior in each painting. Once completed, the painting was placed in a specially designed resembling metal armour that she personally created for the series.

Keller explained that the inspiration for the series came from her witnessing the oftenunacknowledged strength and courage of ordinary women and as well, the dedication shown by Keller's mother as she raised nine children on her own; after their

Continued on page 8



A continuing purpose

While guard dog Stan keeps watch, Ruth Vanderlaan, co-owner of Vanderlaand The Barnyard Zoo, is shown standing beside some of the Christmas Trees donated so the animals, seen in the background, can enjoy a Yuletide treat. Thompson Goddard photo

The true trump card is helping the cause

Kory Glover

Record Staff

MORRISBURG – After its negative effect on her family, Shelley Robertson managed to find a way to combat the disease of diabetes by hosting her first charity Euchre tournament Sat., Jan. 5 at Morrisburg Legion, raising almost \$2,200 for Diabetes Canada.

After hearing about radio station Hot 89.9's campaign of marathons through Team Diabetes, Robertson wanted to take the leap and try for it. After overwhelming support, she wanted to keep the fundraising train going with the charity tournament.

"It started out innocently enough. My husband's uncle has diabetes and so that was always at the back of my mind. My dad's best friend also died from diabetes but the reason I did this is mostly because Hot 89.9 was

always advertising that if you fundraise for them, you could go run a marathon in an undisclosed location," she said; "So, I started doing it so that I could run the marathon in Scotland. I ended up raising enough money to do that but everyone was so supportive of me and asking what I was going to be doing next; so I figured that I'll just keep fundraising. So, after this event, I'll have raised enough money for two people to go to Scotland."

Robertson managed to gain a substantial amount of support from the residents of Morrisburg, including food and drinks supplied from Valu-mart, her team of volunteers who helped organize, set up and clean up and all the competitors who came out for an afternoon of drinks, food, and friendly competition.

Continued on page 3



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Christmas treats

Continued from the front

Co-owner Ruth Vanderlaan commented that they have been accepting decorations and free evergreen trees for around a decade, with approximately 20 Christmas trees dropped off as of Jan. 2. She mentioned the trees arrive from both urban and rural areas with many people returning year after year to provide the animals with the Yuletide treat.

Vanderlaan explained the evergreen trees are a good source of vitamins, a natural de-wormer and a welcome change from the hay which is the usual winter food for the



Vanderlaan, llamas, goats, sheep, cattle and horses all enjoy munching on the evergreen trees provided post-Christmas to Vanderlaand The Barnyard Zoo during the annual Christmas Trees for Critters.

animals with them generally and smaller branches of the consuming the bark, needles trees. Commenting that the

Thompson Goddard photo

animals "chow down daily" she continued the llamas, goats and alpacas consume about a tree a day, while the horses eat a lesser amount of greenery with all enjoying munching on the trees during the post-Yuletide season.

North Dundas Christmas Fund wraps up

NORTH DUNDAS - The North Dundas Christmas Fund had a very successful Christmas givings.

Snow suits, food hampers, pyjamas and many gifts were distributed to those in need at this special time of year.

In total, 163 snow suits, 204 hampers, Christmas gifts and 154 pair of pyjamas warmed the tummies and shoulders of hundreds of people in the three municipalities of Chesterville, Winchester and South Mountain.

The organizing committee comprises of members of the three Lions clubs, Branch 108 Royal Canadian Legion, House of Lazarus and the Community Food Share and local volunteers.

The community pitched in as usual and the funds were there to meet the need. The group thanks all of those who made financial contributions.

WINTER DRIVING TIPS

Winter driving can sometimes be a daunting task, especially when conditions are snowy or icy. If road conditions are dangerous, consider making alternate travel arrangements or postponing your trip until conditions improve. Follow these steps to keep yourself safe and collision free during the next few blustery winter months.

Make sure that your vehicle is prepared for winter driving.

- Winter tires are a good option, as they will provide greater traction under snowy or icy conditions.
- Keep a snow brush/scraper in your car, along with possible emergency items such as a lightweight shovel, battery jumper cables, and a flashlight.
- Make sure that mirrors, all windows, and the top of your vehicle, are free of snow or frost before getting onto the road.

Step 2:

Drive smoothly and slowly.

- Don't make any abrupt turns or stops when driving. Doing so will often cause your vehicle to lose control and skid.
- Driving too quickly is the main cause of winter collisions. Be sure to drive slowly and carefully on snow and ice covered roads.



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Don't tailgate.

· Tailgating becomes much worse in winter weather. Stopping takes much longer on snowy and icy roads than on dry pavement, so be sure to leave enough room between your vehicle and the one in front of you.

Brake before making turns.

Brake slowly to reduce speed before entering turns. Once you have rounded the corner you can accelerate again.

Learn how to control skids.

· When skidding, you actually need to go against your natural instincts and turn into the skid and accelerate. Doing so transfers your vehicle's weight from the front to the rear and often helps vehicles to regain control

Step 6: Lights On.

· Turn on your lights to increase your visibility to other motorists

No Cruise Control.

· Never use cruise control if conditions are snowy, icy, or wet, because if your car hydroplanes, your car will try to accelerate and you may lose control of your vehicle.

Don't "pump" the brakes.

· If your vehicle is equipped with an anti-lock breaking system (ABS), do not "pump" the brakes. Apply constant pressure and let the system do its work.

Pay attention.

 Manoeuvres are more difficult to make in the snow. Be sure to anticipate what your next move is going to be to give yourself lots of room for turns and



Jim McDonell, мрр

Stormont, Dundas &



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Euchre tournament

Continued from the front

"Everything we make here today will be going towards Diabetes Canada," said Robertson. "The amount of backing we've had for this event is just amazing. I just want to thank everyone for their contribution for making this possible and everyone who came out to have a good time today."

With a score of 112, Chris Casselman and Tamara Crystal Merkley were the winners of the tournament out of almost 100 players. Jeff Cassel was the recipient of the 50/50 draw prize of \$257.





Shelley Robertson's first ever charity euchre tournament gathered almost 100 players competing for top spot. The event managed to raise an impressive \$2,200 for Diabetes Canada.

SDG Highlanders regimental family celebrates the New Year

Carolyn Thompson Goddard Record Correspondent

CORNWALL - Since its dedication in September 1939, the Cornwall Armoury has served as the regimental home of the Stormont, Dundas and Glengarry Highlanders, a reserve unit of the Canadian Armed Forces.

On Sat., Jan. 5, the Glen's Association hosted the Family New Year's Levee at the Armoury. Association president, George O'Dair explained how the traditional New Year's Levee of the SDG Highlanders has evolved into a family event; where friends and family members of serving and former members of the regiment gather early in the new year at the Armoury for some light refreshments, renewing old friendships or making new ones while visiting the Regimental Museum and Kit Shop.

Lt.-Col. Chris French, Commanding Officer of the SDG Highlanders, was pleased with the turnout at the levee and mentioned there were many exciting events coming up in 2019. French commented that some type commemorative event recognizing the 80th anniversary of the Armoury currently considered and planning is underway for the 2019 Glen's Reunion; to be held on May 2 and 3 hosted by the Glen's Association. As French will be completing his service as the CO of the regiment, he mentioned there will be the announcement sometime during this year as to his replacement. The SDG Highlanders are always looking for new recruits and he suggested calling the



A show of strength

Lt.-Col. Chris French and Capt. Bradley Nuttley view the display case which houses artifacts from the 2018 Nijmegen March which the SDG Highlanders participated. Included in the display are items such as a team crest, team polo shirt, a pair of boots worn during the march and medallions. Thompson Goddard photo

regiment or dropping by the Armoury on a Tuesday or Thursday evening for more information.

Looking back, French called 2018 "a resounding success" as the sesquicentennial of the regiment was celebrated with many events. One of these was the visit to London, England by French, Hon. Col. Jim Brownell and Hon. Lt.-Col. John Penner. During the trip, a specially designed commemorative brooch created by Pommier Jewellers in Cornwall was presented to Her Majesty Queen Elizabeth II and the Colonel-in-Chief of the SDG Highlanders, in honour of the 150th anniversary of the regiment as well as the participation of an 11 member team from the SDG Highlanders in the four-day 2018 Nijmegen March in the Netherlands.

The Nijmegan March began over 100 years ago as a method of improving physical fitness; according to Capt. Bradley Nuttley, it has teams from around the world participating in a four day march which covers 160 kilometres and it has had Canadian military participation for 62 years. For a variety of reasons, Capt. Nuttley explained that the SDG Highlanders Team (one of 14 Canadian military teams), was chosen to participate in the run; one of which being that 2018 was the sesquicentennial anniversary of the regiment.

Nuttley proudly explained the SDG Highlanders team won the Woodhouse Trophy which is awarded to the top Canadian military team, with this being the first time a Canadian reserve unit has won it. Members of the team also received the Nijmegan medal which is awarded to participant who completed the march as well as the Team Medallion which is awarded to teams that have 90 per cent of team members complete the



Looking back

SDG Regimental Foundation president Lt.-Col. (Ret'd) Rob Duda, Glen's Association president George O'Dair, Hon. Col. Jim Brownell and SDG Highlander Commanding Officer Lt.-Col. Chris French take a moment at the Glen's Foundation desk during the levee held at the Armoury on Jan. 5. Thompson Goddard photo

former SDG Highlanders and current president of the SDG Regimental Foundation summed up the

Perhaps Rob Duda, Family New Year's Levee at the Armoury when he commented that the event is an opportunity for members

"regimental family to come together to renew old friendships, celebrate the year gone by and prepare for the year ahead".

Were You Incarcerated in an Ontario Youth Justice Facility Between April 1, 2004 and December 17, 2018?

A lawsuit may affect you. Please read this carefully.

A class action is proceeding in the Ontario Court of Justice on behalf of people who were placed in segregation while under the age of 18 in certain Youth Justice Facilities in Ontario where those placements occurred between April 1, 2004 and December 17, 2018.

You are a member of the Class if all of the items on the following list apply to you:

- 1. You were placed alone in a designated room or area at any one or more of the following facilities: Bluewater Youth Centre; Brookside Youth Centre; Cecil Facer Youth Centre; Donald Doucet Youth Centre; Invictus Youth Centre; Justice Ronald Lester Youth Centre; Roy McMurtry Youth Centre; Sprucedale Youth Centre; Toronto Youth Assessment
- 2. Your placement alone in the designated room or area lasted at least 6 consecutive hours;
- 3. You had no meaningful human contact during your placement alone in the designated
- 4. Your placement alone in the designated room or area took place when you were 17 years old or younger; and
- 5. Your placement alone in the designated room or area took place sometime between April 1, 2004 and December 17, 2018.

Please note that the following placement or placements alone in a designated room or area do not count towards the class definition and do not make you a Class member:

- 1. segregation by reason of a lock-down at a Youth Justice Facility; and
- 2. the routine locking in your room overnight at a Youth Justice Facility.

If you are a Class member, you have a choice of whether or not to stay in the Class.

Option 1: Stay in the class action: To stay in the class action, you do not have to do anything. If money or benefits are obtained, you will be notified about how to make a claim. You will be legally bound by all orders and judgments in the class action, and you will not be able to sue Ontario separately about the legal claims in this case.

Option 2: Get out of the class action: If you want to remove yourself from the class action, you must submit an opt out form by Tuesday, April 9, 2019. Opt out forms are available here: www. youthsegregationclassaction.ca. You can also opt out by writing to the Administrator of this class action at the address below and informing them that you want to be removed from this class action. Be sure to include your name, address, telephone number and/or email address in the letter and have it post marked by Tuesday, April 9, 2019. If you remove yourself, you cannot get money or benefits from this lawsuit if any are awarded.

The Court has appointed Koskie Minsky LLP and Strosberg, Sasso, Sutts LLP ("Class Counsel") to represent the Class. You don't have to pay Class Counsel to participate. If they get money or benefits for the Class, they may ask for lawyers' fees and costs which would be deducted from any money obtained or to be paid separately by Ontario.

For more information about your rights, go to www.youthsegregationclassaction.ca, call tollfree 1-833-430-7538 (TTY: 1-877-627-7027) or write to Ontario Youth Segregation Class Action Administrator c/o Crawford Class Action Services, 3-505, 133 Weber St. N, Waterloo, ON N2J 3G9, or by email at: youthsegregation@crawco.ca

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Worth the wait

WINCHESTER - Alex Denis and Jean-Sebastien Desforges celebrated the new year a little later than most people – at 1:06 p.m. to be exact. That's when their son arrived. He is Winchester District Memorial Hospital's first baby of 2019.

Téo Deforges weighed seven pounds, 10 ounces. He is a first child for Alex and Jean-Sebastien. They live in Embrun.

"Everything went well and we're very happy," says mom Alex Denis. "We had a great experience at the hospital and we're happy to have our midwife with us."

The family went home later the same day and will be supported by their midwife in the days ahead. Téo was delivered by midwife Céline D'Arcy of Gentle Beginnings Midwifery.

Congratulations to Alex and Jean-Sebastien - and welcome Téo!



Courtesy Winchester Press photo

Christmas comes alive

MOUNTAIN— With the help of generous neighbouring communities, House of Lazarus (HOL)'s 2018 Christmas season saw food bank families gifted with food, as well as presents for under the tree.

Each year, HOL client services manager Kim Merkley takes on the enormous task of coordinating several Christmas programs for food bank clients, relying on the community—service groups, individuals, businesses, and more—to help put food on the table and presents under the tree for the holiday. The 2018 season saw 56 singles and/or couples, 78 families, and 17 seniors receive gifts and food supplies for the Christmas season, some including gas cards, grocery cards, pet food and more. In addition, more than 235 gifts were given out through the Angel Tree Program.

"People are so generous," Merkley said. "I was amazed by the number of people, businesses and community groups contacting me to find out how they could help. It was inspiring and it confirmed what we see every day at House of Lazarus: people care about their neighbours.'

The local food bank also accepted donations of close to 10 Emergency Food Bank Boxes through its Reverse Advent Program. The boxes, which contained 24 food items, were ready for dispersal to food bank clients facing a food emergency during HOL's annual shutdown from Dec. 21 to Jan. 2.



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CASTOR Country

By Tom Van Dusen

Bingeing out

Well it's over, all wrapped up and put away for another year, the holiday season which seems to have lasted a full two weeks in 2018-19; going on and on until people ran out of excuses this Monday as to why they shouldn't go back to work.

A price must be paid, of course, for all of that partying and general taking life easy. That price for many is to contract the cold or flu making their usual seasonal rounds. As I do every year, I'd convinced myself I was going to dodge the bullet this year, only to feel that familiar scratchiness in my throat on New Year's Day.

Then the cold and/or flu came on full bore, travelling through my body from the sinuses to the chest, causing aches and pains, a hacking cough, sneezing fits, endless nose blowing and general discomfiture. It seems there's no way I can avoid a couple of bouts of this seven to 10 day affliction every year; I guess I'm not living as well as I should

I have to thank the pals I make music with in Russell every week for tolerating my feeble attempts to hack out a couple of songs during this period and for not ordering me to leave the practice sessions for fear of catching what I had... and still have, although it's

It was in this weakened state that, over the weekend I'm embarrassed to say, I became a big-time Netflix binger. I never thought it would happen to me. Uncontrollable online streaming of television shows and movies wasn't a tendency I felt vulnerable to. But I was so weak... I couldn't just say no!

There was nothing in my personal history to suggest such a flaw. Yes, I've always been a movie fan, enjoying flicks on TV, DVD and whatever other delivery technology; and I regularly take in a feature on the big screen, the latest just last Friday at the Brockville Arts Centre: Widows... great cast and story. But I was never one for series television and have missed most of the big shows over the past 40 years. For example, I've never seen Arrested Development or Doogie Howser, MD... just to name

About two years ago, I got plugged into Netflix at about the same time I became a Facebook regular. 'if you can't beat 'em join 'em' approach to streaming and social media. Now I'm a Facebook junkie; while I haven't as yet posted what I'm eating for breakfast, I'm out there a lot with Christmas photos, tales of my cherished song book, of visiting my daughter at her college in Haliburton... the list goes on. People who know me say I need an audience; I do Facebook for the same reason I do karaoke, they say, to be noticed.

When it came to Netflix, I was a low-level user, watching a few shows here and there, maybe a series but over several weeks, nothing addictive – nothing to worry about. It all changed last weekend. In my partial defense, I must remind you that I was in a weakened state, dragged down by that awful cold/flu and not in full command of my senses.

I took a little nap Friday evening then headed over to the Prescott Legion for karaoke night. While I was able to croak out some tunes, I wasn't really in the mood for it and went home early. What to watch? I had tried Designated Survivor but had turned it off after 20 minutes for being too slow out of the gate.

I had been told to give it I had finally decided on the another chance, that it



while; I watched three episodes in a row, loving every action-packed minute and the performance by Canadian boy Kiefer Sutherland as Independent low-level Cabinet member assigned to be U.S. president in a catastrophic situation (the position exists in real life making it even more interesting); Kiefer starts as a weak, reviled academic who eventually takes firm political charge.

On Saturday and Sunday, I gave in completely to the show, watching episode after episode, in full binge mode, barely pausing to make the occasional mini meal, cup tea, take cold medication, or hit the can. To my credit, I pulled myself away from the small screen long enough on Saturday for a 45-minute walk to remind myself that real life still exists out

Then I went back to the binge. I think I'm over it now... at least I was able to write this!

The Road Home

The wonderful world of reading

From an early age, books were an way home from school. remember Mom saying we didn't have much money but there was a roof over our head, food in our stomaches and plenty of reading material around the house. She was right, as usual, for we never wanted for food or shelter and there was plenty of reading material to develop our minds.

We sort of came by it honestly because both Mom and Dad were voracious readers. There were lots of books in the book cases throughout the house or in piles on tables. I remember looking through a book on American art, being amazed at the drawings and paintings reproduced while Mom tried to explain about the artist. Dad seemed to enjoy looking at the book which had pictures from different places around the world and for me, my choice was usually to read the Bobbsey Twins or Nancy Drew which I had picked up from the Chesterville Public Library on my

(which in the 1920's was a fair bit of money), a doll and a book. She told me how during the celebrations the doll was tucked under her arm and the money used to keep her place in the book.

I have some books in my children's bookcase (waiting for the next generation to discover my carefully selected children's books for them to read when visiting grandma), some of whom have inscriptions such as To Carolyn, Christmas 1965 or To Carolyn, May 13, 1969. While most of the books given as presents have been lost or given away, there are still a few Maggie Muggins books which are a treasured part of my library. There is, also found on the front page of books, two or three numbers generally in coloured pencil; these were my first attempts at cataloguing my collection and I often giggle about this when

cataloguing books in the school libraries where I work.

While a fair amount of the reading integral part of my growing up. I I can recall Mom telling me how and researching I do for this or that is she received for Christmas a \$5 bill now done on the internet, there is nothing, in my mind at least, as satisfying as picking up a book, opening it up and sitting down with a beverage and snack to read a book. I am a bit of a homebody. My idea of a big trip is to travel from my home in Cornwall to Ottawa or Winchester or Chesterville. When I open a book there are many exciting adventures waiting for me or new things to learn without leaving my home or worrying who will take care of Buddy, my constant canine companion.

> Family Literacy Day is coming up at the end of the month, I anticipate there will be activities at schools, public libraries and other community locations to mark this day.

> I am hoping to have the chance to sit down with one of my grandchildren and enjoy the adventures of Elmo or Skye from Paw Patrol. Could anything be better



Celebrating New Year's Eve in the Scottish way

Carolyn Thompson Goddard Record Correspondent

WILLIAMSTOWN – As darkness fell on New Year's Eve in the small South Glengarry community of Williamstown, visitors began arriving at the Glengarry, Nor'Westers and Loyalist Museum (GNLM) on John Street to take part in a centuries old Scottish New Year's Eve tradition of Hogmanay, hosted by the Williamstown Department and the GNLM.

Linda Sinfield, vice president of organization which operates the museum, explained Hogmanay was a free community event; although donations were welcomed. The event offered an opportunity to visit with friends, enjoy the musical talents of accordionist Rob Taylor; with a chance to partake in some tasty treats and authentic Scotch broth made with cubed lamb and root vegetables.



Touring Williamstown

During the 2018 Hogmanay held on Dec. 31, visitors to the Glengarry, Nor'Westers and Loyalist Museum had the opportunity to take a horse drawn wagon rides around the community of Williamstown in South Glengarry. Thompson Goddard photo

around 9 p.m., with plenty

of time left for other

outdoors, there were horse drawn wagon rides around Williamstown, barbecue hot dogs, a warm bonfire or visitors could have a conversation with a neighbour in the outside pavilion on the museum grounds. Fireworks were

activities as one year ended and another began. Glengarry, The Nor'Westers and Loyalist

Museum holds several educational, community and entertaining events planned as the grand finale throughout the year and president Joyce Lewis mentioned a fundraising dinner and Cèilidh is planned for April 2019 at the Williamstown Arena. For more information on this and other events visit either their Facebook page https://www.glengarrynorwe stersandloyalistmuseum.ca.



Musical interludes

Accordionist Rob Taylor provided background music for people during the Hogmanay in Glengarry.
Thompson Goddard photo



Hot diggity dog!

For those who preferred a barbecued hot dog over authentic Scotch broth, they could take a visit outside to the museum's pavilion where a barbecue was set up to provide the opportunity to enjoy a summer-time favourite in winter. Thompson Goddard photo

Warren Schneckenburger wins Innovative Farmer of the Year

SOUTH DUNDAS - Each year, the Innovative Farmers Association of Ontario (IFAO) chooses one farmer whose dedication to soil health, environmental stewardship progressive production makes them stand out from the crowd. At this year's conference in London, Ont., Warren Schneckenburger will receive the Innovator of the Year Award for 2019.

Alongside his parents Arden and Rhonda Schneckenburger, Warren and his wife operate Cedar Lodge Farms, a cash crop farm with a small beef feedlot outside of Morrisburg, Ont. Schneckenburger is the third generation on the farm. His grandparents, Martin and Evelyn, purchased it in 1954 after emigrating from Germany. Today, the farm's main crops are corn, soybeans, winter wheat and edible beans.

Much has changed on the farm in the last 10 years, said Schneckenburger.

The moldboard plow, for instance, was the main fall tillage tool for 100 per cent of the corn and about half the soybeans.

"Corn-on-corn covered about 65 per cent of the farm, with soybeans only grown on the well-drained and reasonably stone-free soils," Schneckenburger explained.

But in 2008, no-till soybeans began to take away a lot of tillage. "Of course, today we look at that as planting soybeans without tillage and not no-till," he said.

In 2011, a pivotal trip to the National No-Till Conference in Cincinnati, Ohio with the Innovative Farmers Association inspired much change on the farm.

"A photo in a slideshow by Joel Gruver of strip-tilling into a lush green field of annual ryegrass set in motion a decade of change for our operation," said Schneckenburger. "And I'm certain it isn't over yet."

Following the conference, Schneckenburger made the decision to permanently park the plow, switching it out for a disk ripper instead, and began implementing more soil-friendly practices, such as improved rotation, strip tillage, controlled traffic farming (CTF) and cover crops.

"A real effort to stop all tillage ahead of soybeans was made and building soil structure became a real goal for our farm," said Schneckenburger.

In 2012, Schneckenburger began experimenting with cover crops, devoting acres of land to research. Today, his primary focus is on interseeding cereal rye into corn ahead of soybeans in fall. And while he believes wheat offers an amazing opportunity to play with cover crop cocktails, wheat isn't a major crop in eastern Ontario, making opportunities hard to come by.

"It is an awesome feeling to have over 1,000 acres of



Warren Schneckenburger

cereal rye 'growing' in droughty conditions under corn stalks, and record acres of winter wheat for our farm," said Schneckenburger. "We are also already at 80 per cent of our corn ground strip tilled."

"Ten years ago we would have mudded off a big portion of our corn so we could get the plowing done," he said, adding that the thought now puts shivers down his

Today, Schneckenburger's real focus is on soil health and compaction mitigation, not yield. But his efforts are being rewarded. "Our clay soil compacts easily, and often November turns very wet quickly," he explained. "Tracks have become the major player on the farm. Most tillage, planting and harvest is now

done on belts, some in controlled traffic, some not."

Schneckenburger believes that the biggest contributor to compaction on his farm is the sprayer, which is why it now runs on dedicated CTF trams to mitigate its impact. Where tracks can't be used, Schneckenburger employs VF

"We swap tracks from 25" to 18", depending on the application needed, as well as swapping wide 710 tires for narrower tires on tractors and the sprayer, depending on the time of year," he explained. "I think some inflation control is in the future for the sprayer, but that trigger hasn't been pulled yet."

Ultimately, his 10-year goal is to be 100 per cent notill, a move that will cost significant investment in drainage. Strip tillage, he said, will be a great crutch in the transition.

"We have had success with no-till and high residue farming on undrained soil, but more often than not failures on those saturated fields," said Schneckenburger. "Drainage is key in my

opinion."

"It is amazing how quickly the soils change, and from my mentors' anecdotes I'm reasonably confident that within the 10-year timeline we'll maintain - if not increase corn yields during the transition," he concluded.

IFAO will be celebrating Schneckenburger's efforts at the IFAO Conference Feb. 20 to 21, at the Best Western Lamplighter Inn in London.









Page 6 The Chesterville Record

Welcoming in 2019

Carolyn Thompson Goddard Record Correspondent

IROQUOIS - There was plenty of food, fellowship and Moose Milk at the 2019 South Dundas Levee held on Jan. 1 in the Royal Canadian Legion Branch 370 in Iroquois. The New Year's Day Levee is a longstanding tradition in Canada dating back to the mid-1600's and now commonly associated with social events organized by the Canadian Governor provincial General. Lieutenant-Generals and military units.

Darlene Riddell explained the Legion Branch in Iroquois has been holding a levee for around five years with the event providing South Dundas

residents an opportunity to welcome in the new year while visiting with friends and neighbours. She commented that organizers were "quite pleased with the turnout and great comradeship" at the levee. great

In addition to the usual beverages offered by the Iroquois Legion, there was an ample supply of Moose Milk, a traditional drink available at most New Year's Day levees in Canada and other celebratory Armed Forces events. While the recipe for Moose Milk is often a closely guarded secret, Riddell explained their version of the drink is made by mixing various amounts of alcoholic beverages, ice cream and two per cent

Among the many people attending the levee was South Dundas Mayor, Steven Byvelds who wished



Ringing in the new year

Darlene Riddell, president of Royal Canadian Legion Branch 370 in Iroquois, is joined by South Dundas Mayor Steven Byvelds during the 2019 South Dundas Levee held during the afternoon of Jan. 1 at the Legion. Thompson Goddard photo

"a happy and prosperous mentioned he "was looking year to all residents of Dundas"

forward to working with them in 2019".

South Stormont fire truck damaged in rollover

Kory Glover

Record Staff

LONG SAULT - South Stormont rang in the new year, not with a bang, but with a crash.

An almost brand new pumper tanker fire truck received extensive damage after a rollover Tues., Jan. 1 while returning from a call on Northfield Road at around

The truck, which was only on the road for six months, slid out of control on an S-curve into a ditch and rolled over as a result of the region being hit with

Township fire chief Gilles Crepeau stated that the damage to the truck has put it out of service until further notice. Arrangements are being made to replace the truck, either through borrowing one from a neighbouring township or renting one for the Long Sault station.

Crepeau also stated that the township is still covered and that every department is on standby in case of a fire.

Two firefighters were on the truck when the accident happened but did not receive any serious injuries, just minor bumps and bruises.

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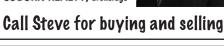
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Wednesday, January 9, 2019

Canadians with dementia lead Alzheimer Society campaign

CORNWALL —"Life has lots of bumps in the road. My dementia is just one of those bumps. You don't give up anytime you run into a

81-year-old Ron Robert is no stranger to dementia—he lost three siblings and an uncle to the disease. But when he was diagnosed three years ago, it still came as a shock. Once the reality of the news sunk in, however, Robert decided there was only one way forward: Stay positive and get on with his life. After all, he had a bucket list that included such goals as going to university.

Having served as an advisor to former Prime Minister Pierre Elliot Trudeau, Robert enrolled in a political science course at Wilfrid Laurier University. It wasn't easy at first—he had to work hard to keep up with his classmates, remember his way around the campus and concentrate on his assignments. But he finished the course with an A

Robert is now studying ageism at King's University College in London and completing a research paper on the benefits of education for people with dementia. When he's not at school, Robert stays active both physically and socially, walking everywhere and spending time with his family. Robert is Métis and married to a member of the Oneida Nation of the Thames. They have three grown children.

There is much more to Robert than his disease, and he has lots of life left to live.

That's the premise of the Alzheimer Society's continuing nationwide campaign: Yes. I live with dementia. Let me help you understand. While there is no question that dementia is a challenging disease, it's just one aspect of a person's life story.

The campaign, which kicked into high gear on Mon., Jan. 7, during Alzheimer's Awareness Month, showcases the unique and diverse stories of individuals from across the country living with Alzheimer's or another form of dementia. The aim of the campaign is to change attitudes toward the disease and erase the stigma. Life continues after a diagnosis of dementia.

"We're turning the conversation over to the experts," says Pauline Tardif, CEO at the Alzheimer Society of Canada. "We believe sharing the stories of Canadians living with dementia will fuel a more open, supportive and inclusive dialogue around dementia, and give confidence to others who have this disease to live their best lives."

Research shows that stigma around dementia is rampant. In a survey commissioned by the Alzheimer Society last year, one in four Canadians said they would feel ashamed or embarrassed if they had dementia, while one in five admitted to using derogatory or stigmatizing language about dementia.

While accepting a diagnosis of dementia is hard enough, it's even harder to deal with reactions from others.

"You're immediately labeled," says 59-year-old Keith Barrett, who lives with young onset Alzheimer's. Barrett is the co-founder and director a small Ottawa-based organization that provides support to individuals with a variety of developmental and physical disabilities. He continues to work despite his diagnosis.

"My wife Robin and I didn't sign up for this disease," says Keith. "But when others spend so much time looking at you differently, they lose sight of the fact that we share the same life experiences as any other couple on the journey of life. We have good days and bad days. We don't want to be treated differently. We want to feel accepted and make it acceptable to speak candidly about dementia. We need to look out for each other."

In addition to helping Canadians better understand dementia, the campaign provides a platform for people like Keith and Ron to define who they are as individuals, rather than being defined by the disease.

Throughout January and the remainder of the year, Canadians are invited to visit the campaign's dedicated website to read and watch the compelling stories of people getting on with their life in spite of dementia, get tips on how to help end stigma, test their own attitudes towards the disease and download other useful resources. To learn more involved, and get ilivewithdementia.ca.

Your Guide To Local Houses of Worship

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www.stclaresanglican.ca 2530 Falcone Lane, Winchester Sunday January 13, 2019 10:00 A.M. Family Service with Music and Sunday School "To be a living Church, united in one congregation, reaching out to God's world."

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> Pastor: Debbie Poirier 613-448-2532 Church Office Hours: Wed. & Fri., 9 A.M. - 2 P.M. Sunday January 13, 2019 10:30 A.M. - Worship Service Sunday School at 10:15 A.M. You are invited to join us.

> > **April 2019**

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December 2019

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October

100 Men Who Care were able to raise a grand total \$13,600 for charity during the fall campaign. \$10,000 was awarded to the House of Lazarus to fund their Handyman Heroes Project and \$3,600 was awarded to the Winchester District Memorial Hospital to help with the cost of a new wireless fetal monitor.

The United Counties of Prescott and Russell became latest the municipal partner to join the Farm 911 Emily Project. This is to help encourage agricultural landowners to have civic addresses assigned to vacant land entrances to improve emergency response.

Over 50 plowmen came to Ferme Ponyhill Sat., Oct. 6 to complete in the Stormont Plowing Association's annual plowing match. Plowmen competed in creating the best open split, crown, overall plowed land and coming in first place in one of the seven classes: Horse Plowing, Antique, Farm Standard - two and three furrows, Competitors under 18 years of age, Competition Plows, Farm Standard - four or more furrows and VIP Plowing.

New at the table

Gary Annable was noticeably emotional after garnering the majority of votes for the councillor candidate race.

Cannabis was officially made legal Wed., Oct. 17 recreational/nonmedical use across Canada. This means that a person must be over the age of 19 to purchase, use, possess and grow nonmedical marijuana.

Tony Fraser officially elected as North Dundas' new mayor, earning 2,436 votes (61 per cent) compared to Gerry Boyce's 1,582 votes. Al Armstrong won in a landslide for deputy mayor, earning 3,078 votes (78 per cent) compared to Brad Pinch's 886 votes. Gary Annable, Tyler Hoy and John Thompson were also elected as councillors.

Instead of trying to find a cure, Marie-Claire Ivanski decided to go in a different direction and try to find a cause of cancer with her first annual Wellness Day Sat., Oct. 20. The idea took three years for Ivanski to put into motion, as she wants to encourage healthier lifestyles in the Russell municipality.



– Obituary –



HUTCHINSON, James A.

leaves behind his loving and caring wife of 63 years, Elaine (Loverin) Hutchinson of Lunenburg. Devoted father to Penny Kuipers (Paul), Harry (Linda), James (Jeannette), Robin Dunlop (Brian), Sally Stata (John), Mark (Linda) and Chris (Lori). Proud grandpa of Erin, Ashley (Victor), James 3rd (Ashley), Nathan, Adam (Stephanie), Amanda (Dale), Heather (Brad), Scott, Spence, Thomas, Jacob, Carley, Connor and great-grandchildren Allie, Quinn, Cole, Helen, Ira, Timothee, Karianne, Rosalie, Samuel, Stryder and Evelyn. Predeceased by his parents Harry Hutchinson and Sarah (Scollick) Hutchinson. Jim will be remembered for his love of his large family and his remarkable talents. To honour Jim's wishes, cremation has taken place. Visitation will be held at the South Stormont Township Hall Long Sault on Friday January 11 from 11am until noon when a celebration will take place followed by a luncheon. A special thanks to the dedicated and caring staff of Heartwood Long Term Care. Memorial donations to the Alzheimer Society or Trinity United Church Ingleside would be appreciated by the family. Online condolences may be made at www.brownleefuneralhomes.com.

It's with heavy hearts that the family of James (Jim) Hutchinson announce his passing

on Wednesday December 26, 2018 at the Heartwood Long Term Care with his loving

family by his side, after a courageous battle with Alzheimer's at the age of 87. Jim

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Paintings from her heart

Continued from the front father passed. The portraits are viewed by the artist as an acknowledgement of the strength of women, and while they were "a lot of fun to paint", the Warrior Women series has allowed her to "break out from usual motifs and do something that was purely from the

heart."

The Jan. 18 Warrior Women Vernissage will enable the public to view the paintings, meet some of the Warrior Women purchase prints of their favourite painting. For more information, please visit the event's Facebook page or contact the artist at paintings2order@eastlink.ca visit https://paintingstoorder.com.



I am woman!

Winchester artist Carrie Keller is pictured with three of the 22 Warrior Women portraits which will be on display at Winchelsea just outside Winchester on Fri., Jan. 18 between 6 p.m. and 9 p.m.

traditional New Year's celebration

Carolyn Thompson Goddard Record Correspondent

WINCHESTER - A steady stream of visitors gathered during the afternoon of Jan. 1 at Branch 108 of the Royal Canadian Legion in Winchester during the fourth annual Branch New Year's Day Levee.

The New Year's Levee in Canada is a tradition dating back to the fur-trade where the governor of the fort received fur-traders on New Year's Day followed by a reception, with the governor in Quebec during French Regime adopted the practice of a New Year's fête which was used to inform residents of political events and extract an oath of allegiance. Today the event is open to all members of the community and held throughout the country by the Governor General of Provincial Canada, Lieutenant-Governors, municipalities, military establishments branches of the Royal Canadian Legion.

event, there were visitors from the local community as well as from Kemptville and Russell areas. Legion president Janet Morris was "pleased with the turnout" at the levee which featured an opportunity to meet, visit as well as enjoy a variety of food and drink. Included on the refreshment table was Moose Milk, a traditional drink found at New Year's Levees throughout Canada.

Moose Milk is reputed to have originated during a World War function at an Ontario military base, as well as being a descendant of earlier levee drinks such as le sang de caribou. Le sang de caribou was a drink in



Celebrating 2019

The 2019 New Year's Levee at Royal Canadian Legion Branch 108 in Winchester took a few moments to gather for a photo. From the left, legion public relations officer Tina Asselin, zone G3 deputy zone commander Aubrey Callan, Royal Canadian Legion Branch 108 president Janet Morris, zone G3 commander Don Swerdfeger and legion first vice president Janine Fawcett. Thompson Goddard photo

which wine was mixed with alcohol and spices to improve its taste and served at the Governor's Levee. When Ouebec came under British colonial rule, drink combining During the afternoon whiskey, goat's milk and mixed spices was served at these events. There are a variety of Moose Milk recipes which are used today, with many being a closely guarded local Without secret. commenting on the exact recipe used in Winchester, Morris told theChester villeRecord eggnog, ice cream, spices and alcohol were included in the Winchester Legion's beverage.

> In addition to legion members and members of the community, legion deputy district G commander Joel Van Snick, zone G3 deputy zone commander Aubrey Callan and zone G3 commander Swerdfeger attended the

reminded people to visit

Swerdfeger wishing "everyone a happy and prosperous New Year".



Empty Bowls fundraiser is back

WILLIAMSBURG - On Sat., Feb. 9, Community Food Share is hosting its third annual Empty Bowls fundraiser at the Community Christian Reformed Church in Williamsburg from noon until 2 p.m.

Empty Bowls is an international, grassroots movement to end hunger.

This unique fundraising event allows participating artists and groups to create and donate handcrafted bowls and then serve a simple meal. Guests choose a bowl to use and to keep as a reminder of all the empty bowls in the world. In exchange for the meal and the bowl, 100 per cent of each meal's proceeds are devoted to local hunger-fighting organizations, such as food banks or soup kitchens.

Tickets for this edition of Empty Bowls are \$30 each. The lunch will include soup, bread and refreshments all donated by local caterers and bakeries. The ceramic soup bowls have been individually created and donated by over a dozen potters from the community.

Musical Entertainment will be provided by Jon Martin and all proceeds will go to support Community Food Share.

"Last year's event sold within a matter of days," said Community Food Share executive director Ian McKelvie. "I anticipate that the tickets for this year's Empty Bowls will be snapped up just as quickly."

Tickets for Empty Bowls 2019 go on sale starting Thurs., Jan. 10 at Cup of Jo's in Winchester and Seaway Valley PharmaChoice Morrisburg.

For further details go to communityfoodshare.ca or call 613-898-0781.



Filling spirits

The Empty Bowls fundraiser features donated handmade ceramic bowls from local artisans.

Courtesy photo





Wednesday, January 9, 2019

Smile! Smile! Smile!

WINCHESTER - Every fall, there are a few extra smiles in Winchester, Long Sault and Morrisburg thanks to the Tim Hortons Smile Cookie Campaign. In fact, more than 10,000 of them this year alone!

The campaign took place Canada across September. In the four local stores, \$10,451 was raised, with the money going to the Foundation's Family Care

Tim Hortons' owner Robert St. Denis says it's an annual tradition: "It's great that the community still supports the Smile Cookie program. The hospital is very important to the whole



How the cookie crumbles

It was smiles all around at the cheque presentation ceremony with, from left, Robert St. Denis (owner), and employees Kathy Barkley, Justin Boyer and Mackenzie Courtesy photo

community and that's why we choose to direct our campaign has raised donations there. We are looking forward to next year!"

\$110,510 for WDMH," notes Kristen Casselman, the foundation's managing

"Since 2006, the local director. "We are so thankful to Robert and Denise St. Denis and their staff - and to everyone who bought a cookie!"



Visit our website at chestervillerecord.com





Garden Villa makes generous donation to Cancer Society

Throughout 2018 Garden Villa's Resident Council voted that all fundraising efforts throughout the year would be collected and divided between the Heart and Stroke Foundation and Canadian Cancer Society. Funds were raised through their Christmas Bazaar, Christmas cake sale, yard sale, bake sale, plant sale, donations and silent auctions. Jan. 7 marked the Villa's first of two donation presentations. Allison St-Jean, community fundraising specialist of the Canadian Cancer Society, from Cornwall, was on-site to receive \$2,884 as well as provided residents with an information session. Garden Villa said they look forward to presenting the second half of 2018's proceeds to the Heart and Stroke Foundation during the Walk, Rock and Roll a Thon being held Feb. 14. Courtesy photo





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STORMONT GLENGARRY **JUNIOR FARMERS AGM**

Stormont Glengarry Junior Farmers AGM meeting is Jan. 16 and will be held in Finch at South Nation Conservation at 8 p.m. Must be between 15 and 29 years old. If anybody is interested in joining, come on out.

KNIGHTS OF COLUMBUS COMMUNITY BREAKFAST

The St. Andrews K of C invites all to our next community breakfast on Sunday, Jan. 20 in the St. Andrews Church parish hall. We will be ready to start serving at 8 a.m.

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one for the wonderful cards, flowers, gifts and birthday wishes. As well, I want to thank "The Helping Hand" for the cake and coffee. I am truly blessed to have such wonderful family and friends. Thank you for celebrating my 90th Birthday.

ANNUAL GENERAL

STORMONT AGRICULTUR-SOCIETY Annual Meeting Jan. 19 at noon with potluck lunch at South Nation Conservation Office, Finch. Welcome to all Volunteers! See stormontfair.ca for more info.



26

FOOD SHARE

EMPLOYMENT OPPORTUNITY

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Rockets begin 2019 with a pair of victories

Jeff Moore

Record Staff

MORRISBURG-TheNorth Dundas Rockets began 2019 with a pair of games this past weekend as they welcomed the Metcalfe Jets on Saturday night and travelled to Morrisburg to take on the Lions on Sunday afternoon. The Rockets welcomed new player, Zach Parent and formerly injured player, Hugo Lusigan back to their lineup.

Rockets 9 Lions 5

The North Dundas Rockets travelled to the Morrisburg Arena on Sun., Jan. 6, to take on the Lions in the NCJHL. The Rockets were coming off a big 5-2 victory over the Metcalfe Jets and moved to within seven points of the first place South Grenville Rangers.

The Rockets jumped out to a 1-0 lead when Connor Roth pounded one to the

Williams and Dylan Robinson just 1:41 into the first period. The Rockets took a two-goal lead when Cameron Brown lifted one home from Hugo Lusigan and Tom Fingler on the power play. The Rockets took a 2-0 lead into the first intermission.

The Rockets made it 3-0 when Robinson sniped one from Roth and Matt Cowley just 1:05 into the second period. The Lions got on the board when Devon Burns scored from Zach Leblanc and Zenin Biron at 4:03 to make it 3-1.

The Lions got to within one as Francis Chartrand

scored from Burns at 7:23 but the Rockets restored a two-goal lead when Roth scored his second of the game from Williams and Brody Barkley at 9:19. The Lions didn't give up and got

> the scoring when Lefebvre batted one to the back of the net from Roth on the power play at 11:20. The Rockets took the game 9-5 moving to within five points of the Rangers. The Rockets outshot the Lions 41-31.

back of the net from Jarrett back to within one as Burns scored his second of the game at 10:47 from Chartrand.

> Burns completed the hat trick at 16:28 from Jensen Tysick tying the game at four. The Rockets didn't take long to retake the lead as Carter Tait slid one through the five hole just nine seconds later from Will Watson and Jack Van Kessel.

The Lions ran into penalty trouble and the Rockets took advantage as Cowley lit the lamp from Justin Lefebvre and Jarrett Williams on the power play with 1:53 remaining in the middle frame. The Rockets took a 6-4 lead into the second intermission.

The Rockets made it 7-4 when Brad Stitt banged one home from Brad Nash at 6:53 of the third period. The Lions battled back with a goal as Leblanc scored from Kevin Doyle at 8:16 on the power play but the Rockets got that one back just 11 seconds later as Roth completed his hat trick from Robinson and Williams.

The Rockets closed out

Picking up the win in the Rockets' goal was Reilly Tondreau making 26 saves and suffering the loss in the Lions' goal was Riley



The North Dundas Rockets travelled to the Morrisburg Arena on Sun., Jan. 6, to take on the Lions in the NCJHL. The Rockets' forward, Carter Tait (13) jams home the Rockets' fifth goal of the game as the Lions' keeper was unable to squeeze the puck. The Lions' defender, Kyle Ouellette arrives just a little late. Tait and the Rockets went on to take the game 9-5.

Phillips making 32 saves. Rockets 5 Jets 2

The North Dundas Rockets welcomed the Metcalfe Jets to the Chesterville Arena on Sat., Jan. 5, in the NCJHL. The Rockets went into the game in second place in the West Division with 27 points, eight points behind the South Grenville Rangers in first place.

The Rockets opened the scoring when Jack Van Kessel fired one home from affiliated player, Curtis Bowman at 8:23 of the first period to take a 1-0 lead. The Jets tied the game at 13:43 as Devon Upton scored from Tristan Staff and Mark Morrison but the Rockets retook the lead just 17

seconds later as Connor Roth snapped one to the back of the net from Tom Fingler. The Rockets took a 2-1 lead into the first intermission.

The Rockets made it 3-1 as Roth scored his second of the game just 1:02 into the second period unassisted. The Jets got back to within one as Evan Mantha scored from Cameron Gallant at

The Rockets regained their two-goal lead when Justin Lefebvre blasted one home from Brad Stitt at 10:19 and took a three-goal lead at 14:18 as Fingler lit the lamp from Lefebvre and Roth. The Rockets took a 5-2 lead into the second intermission.

Neither team was able to

score in the third period but the Rockets outshot the Jets 15-8. The Rockets took the game 5-2. The Rockets moved to within seven points of the Rangers after the Rangers tied the Gatineau Hull-Volant earlier in the evening.

The Rockets outshot the Jets 45-35. Picking up the win in the Rockets' goal was Reilly Tondreau making 33 saves and suffering the loss in the Jets' goal was Tyler Desjardins making 40 saves.

Up next

The North Dundas Rockets travel to the Robert Guertin Arena in Gatineau on Fri., Jan. 11, at 7:30 p.m. and travel to Vankleek Hill to take on the Cougars on Sat., Jan. 12, at 7:15 p.m.

Robs year-end review

The Rockets welcomed newcomer, Zach Parent (19) to

their lineup this past weekend. Parent played for the

AHMLG's Ambassadeurs de Gatineau Midget AA but

has not played for a couple of years.

Rob Sadler, GM

North Dundas Rockets

The 2018-2019 National Capital Junior Hockey League season has been one of peaks and valleys for the North Dundas Rockets throughout the first half of the year. Currently holding a record of 12-8-1 and the second seed in the NCJHL West Division, the Rockets are looking to get things together and make a serious run in 2019.

The club started the season with an 0-4 record while outshooting opponents two to one in those games. The offence failed to benefit from any puck-luck in the scoring department. Following the slow start, the team rebounded throughout October and November going 8-1-1 before the 3-3 record in December had them trying to find themselves heading into January.

Injuries to Thomas Leggett, Brodie Barkley and Hugo Lusignan combined with exam commitments throughout December have hampered this teams ability to maintain its pace. The good news is that exams are over and the team is expecting a renewed attendance commitment and the return of Barkley and Lusignan to the lineup.

A bit of bad news is that three year Junior A veteran Thomas Leggett will not be cleared to play again this season after sustaining a concussion earlier in November. This will leave a hole in the team's blue line.

On the more positive side of things, team captain and local resident Bradley Stitt, has been the MVP of the NCJHL; so far this season he has scored 18 goals, 25 assists and 43 points throughout 21 games, and in our opinion, has proven to be the leader of this team in every aspect.

Justin Lefebvre, who was NCJHL rookie of the year last season also continues to fill the net as he is currently tied for third in league scoring with 23 goals, 32 assists and 55 points throughout 21 games.

The addition of Mountain resident Jarrett Williams from the Kemptville 73's Junior A team will also be a big boost to the lineup in 2019. Along with Williams, Tom Fingler is expected back in the lineup for the second half of the year as well; meaning the team basically adds two local Junior A caliber players into the new year.

Chesterville native, Brodie Barkley continues to anchor the blue line along with second year Rocket, Matthew Cowley and former Rideau St Lawrence King Cameron Brown. A surprise on the back end this year has been the play of rookie Pierce Egan, who continues to display poise and solid decision making with the puck, and seems to improve each weekend that he's on the ice. The team has also been solid in nets under the guidance of veteran Reilly Tondreau and rookie Caleb Gervais.

There is also some light in the Rockets' future as Seaway Valley Rapid product and Finch resident Carter Tait has proven that he belongs in this league and continues to develop into a good two-way hockey player, with a few years ahead of him on this team.

We've also had some help from local affiliates, specifically, Jackson Thom; whose father Jimmy was a member of the Chesterville Junior C Flyers in the 80's; Ethan Peterson (Osgoode Minor Hockey), Curtis Bowman (North Dundas Minor Hockey), Kobey Young (North Dundas Minor Hockey) and Matthew Cote (Russell Minor Hockey Association).

To be honest, from a general manager point of view, it would be excellent to get some affiliation games out of a few other local midgets in the area; and hopefully into the next season, the Junior leagues and the high school hockey league can come together and find a way to make that happen.

Currently with the rules as they are, kids are not

permitted to play Junior hockey and high school hockey at the same time; which, in my opinion, limits their ability to play more hockey throughout the course of a season as they are forced to choose. Most play high school, which is an opportunity to represent their respective schools in the area; which is equally as important as the Junior hockey programs in the area as well.

Some improvements that this team will need to compete moving into the second half are health, commitment and consistency. If we can't ice our team each and every night for whatever the reason, it will continue to be an uphill battle each weekend. We have made some moves over the holidays to remove a couple of non-committed players from the roster, guys who could be an asset but place themselves above the team; which is no longer and was never acceptable.

Accountability and practice time will also be key focal points for this group. The consistent effort level has to be there every game and we have struggled to get practices in throughout December for various scheduling conflicts; this I am certain has contributed to the .500 record we finished the month with.

The quality of hockey in the NCJHL has increased dramatically over the past four years, since I joined this league. A talented roster like we have, will allow a team to compete but to win consistently, the work ethic and commitment must accompany the talent.

On paper we have the right team. Hopefully our leadership group, the coaches and myself can work together and get things started off positively.

On a final note, the Rockets would again like to extend their appreciation to all the sponsors and support we have had this season. The community continues to support us at the rink in terms of crowds; hopefully we can earn that support with a strong second half of the season.

Wishing everyone a Happy New Year and great 2019!





North Dundas Atom C1 team becomes 2018 Bell Capital Cup champs

captured the 20th Anniversary 2018 Bell Capital Cup title on Mon., Jan. 31 in the championship game against the Gatineau Cougars. The game was really close, with the Demons edging out the Cougars with a sudden death goal in overtime. The Demons' Jack Robinson scored the game winning goal at 2:45 into the three-on-three overtime. On the ice at the time was Sydney Robinson (forward) and Anthony Sylvestre (defence) and goaltender Matthew Seguin who was solid for all three periods and ended the tournament as the top goaltender for the division. Sydney Robinson earned the top scorer for the tournament with 17 points throughout the six games.

The Demons' Bell Cup journey started in the round robin play against the Navigateurs from Aylmer with a 4-1 win, with the player of the game award going to Sydney Robinson and hardest worker award to Jacob Miller. The Demons continued through the second day of the tournament with a 15-0 win against the Nepean Bulldogs (Team C) where Koen Myers scored his first goal of the season, the player of the game was awarded to Myers and hardest worker went to Jack Robinson.

The day ended with a third win to clinch the Group C with a 9-0 win over the Carleton Place Kings with the player of the game award going to Landon Graham and

KANATA—The North Dundas Atom C1 hardest worker award going to Aiden LeClair.

> The playoffs started off with the quarter final versus the Kemptville C1 Panthers. The Demons were victorious with a 2-1 final score. Player of the game was awarded to Anthony Sylvestre and hardest worker was Cody LeSage. The Demons went to the semifinals winning it 6-1 against Les Loups des Collines with Seguin earning the player of the game award, while Robert Scott earned the hardest worker

> During the second day of the tournament, the Demons participated in the 2018 Bell Cup Skills Competition, showing off their defensive and offensive skills against the other teams in the division. The team took home three of the seven competitions: Top Defensive Power Play Team, Top Defensive Breakaway Relay/Goalie and Top Target Shooter.

> The Defensive Power Play team of Anthony Sylvestre and Matthew Seguin defended against three offensive players from the Carleton Place Kings. Sylvestre and Seguin maintained their shootout record during the power play playoffs, while the Demons offensive team of Sydney Robinson, Hunter Holmes and Myers scored on the Carleton Place Kings goalie, allowing Seguin and Sylvestre the defensive win.



Demons capture BC Cup

The North Dundas Atom C1 Demons became the 2018 Bell Capital Cup champions on Mon., Dec. 31 after defeating the Gatineau Cougars in overtime. The team members are, front from left, Code Lesage, Michael Dean, Matthew Seguin, Jack Robinson, Landon Graham and Sydney Robinson. Middle from left, Hunter Holmes, Robert Scott, John Nadobny, Jacob Miller, Anthony Sylvestre, Aiden LeClair and Koen Myers. Back from left, asst. coach Craig LeClair, head coach Chris Sylvestre, asst. coach Jason Lesage and trainer Brad Robinson. Courtesy photo

Seguin maintained his shutout record John Nadobny thrilled the crowd with his throughout the breakaway relay skills playoffs while the offensive team of Jack Robinson and Aiden LeClair was the first of the two teams to score on the Kanata Thrashers goalie, allowing Seguin the win.

In the final event of the competition,

iron nerves to score seven shots in the Target Shoot Competition to clinch the win.

The North Dundas Atom C1 Team was absolutely thrilled with their performance and experiences throughout the four day

Golden Knights shut out Hawks

Jeff Moore Record Staff

WINCHESTER—The Winchester Hawks got back on the ice after being off for a couple of weeks for the Christmas break. They had one game this past weekend as they welcomed the Ottawa West Golden Knights on

Friday night. Golden Knights 2 Hawks 0

The Winchester Hawks welcomed the Ottawa West Golden Knights to Joel Steele Community Centre on Fri., Jan. 4, in the CCHL2. The Hawks went into the game in seventh place, two points behind the Embrun Panthers in

sixth place and six points ahead of the Richmond Royals in eighth.

The two teams battled to a scoreless first period despite the Golden Knights outshooting the Hawks 20-1. The second period was fast-paced but again neither team was able to get one to the back of the net. The Golden Knights outshot the Hawks 18-8.

The Hawks' goalie, Brent Pledge Dickson was the difference. The Golden Knights took the Max Bush and Andrew MacKinnon.

The Hawks pulled their 12, at 8 p.m.

goalie in the dying seconds of the game but the Golden Knights turned the tables scoring in the yawning cage. Bush picked up his second point of the game. The Golden Knights outshot the Hawks 50-13.

Suffering the loss was Pledge Dickson making 49 saves. Dickson was named second star of the game.

Up next

The Winchester Hawks travel to the Brockville Memorial Centre to take on the Tikis on Wed., Jan. 9, at 7:45 p.m. and welcome the Ottawa Jr. Canadians to the Joel Steele Community Centre on Fri., Jan. 11, at 8:15 first lead at 3:01 of the p.m. The Hawks then third period with Michael travel to the Char-Lan Gallavan scoring from Recreation Centre in Williamstown to take on the Rebels on Sat., Jan.

Vikings begin 2019 with a win **Jeff Moore** at 5:17 when Frederick Record Staff CASSELMAN-The

Casselman Vikings played just a single game this past weekend as they welcomed the Westport Rideaus on Saturday night.

Vikings 4 Rideaus 3

The Casselman Vikings welcomed the Westport Rideaus to the J. R. Brisson Complex on Sat., Jan. 5, in the CCHL2. The Vikings got back into action after a twoweek Christmas break and sat in second place in the Martin Division but trailed the Ottawa Jr. Canadians by 14 points; although the Vikings did have three games in hand on the Canadians. The Rideaus opened the scoring at 4:57 of the first period taking a 1-0 lead.

Gagnier scored his 13th goal of the season from Jason Cossette and Samuel Mattie and made it 2-1 when affiliated player, Mikael Houle scored his third of the season from Joel Hunt and Joshua Paledeau at 9:36.

The Vikings took a twogoal lead when Shawn Patterson scored his sixth of the season from Joel Hunt and Yanick Dicaire (returned from injury), at 11:04. The Vikings took a 3-1 lead into the first intermission.

The Rideaus got to within one at 5:42 into the second period but the Vikings restored their two-goal lead as Patterson scored his second of the game and seventh of the season at 7:46 from Hunt and Dicaire. The Rideaus The Vikings tied the game closed the gap to one again at

16:47 but trailed 4-3 heading into the second intermission.

The Rideaus pressed for the tying goal in the third and with just over a minute remaining in regulation they pulled their goalie in favour of an extra attacker. The Vikings defence and goalie, Nick Campbell were able to hold off the Rideaus taking the game 4-3.

The Vikings outshot the Rideaus 37-31. Picking up the win in the Vikings' goal was Campbell making 28 saves.

Up next

The Casselman Vikings welcome the Arnprior Packers to the J. R. Brisson Complex on Thurs., Jan. 10, at 8 p.m. and travel to the Palais des Sports in Embrun on Fri., Jan. 11, to take on the Panthers at 8 p.m.



The Winchester Hawks welcomed the Ottawa West Golden Knights to the Joel Steele Community Centre on Fri., Jan. 4, in the CCHL2. The Hawks' defensemen, Graeme Buffone (5) had a glorious scoring opportunity as he broke in on the Golden Knights' goalie, Miguel Daoust during the second period. Daoust ended up making 13 saves in the game and the Golden Knights left town with a 2-0 victory. Moore photo



The Casselman Vikings welcomed the Westport Rideaus to the J. R. Brisson Complex on Sat., Jan. 5, in the CCHL2. The Vikings' affiliated player, Mikael Houle (right) celebrates scoring his third goal of the season in the first period. Helping celly were Riley MacDonald and Joel Hunt. The Vikings hung on for a 4-3 victory to ring in the new year. Moore photo



Panthers earn weekend split

Jeff Moore

Record Staff

RICHMOND—The Embrun Panthers played two games this past weekend as they welcomed the Char-Lan Rebels on Friday night and travelled to Richmond on Sunday afternoon to take on the Royals.

Royals 5 Panthers 2

The Embrun Panthers travelled to the Richmond Memorial Centre on Sun., Jan. 6, to take on the Royals in the CCHL2. The Panthers were coming off a big 5-4 victory over the Char-Lan Rebels in their previous game moving to within three points of the Rebels for fifth place in the Martin Division. The two teams battled to a scoreless first period with the Panthers outshooting the Royals 15-11.

The Panthers opened the scoring at 7:25 of the second period as Robert Beaudoin scored his fourth goal of the season from Jacob Lamont on the power play taking a 1-0 lead.

The Royals took over, scoring three unanswered goals at 8:33, 9:49 with just 1:50 remaining and took a 3-1 lead into the second

The Royals added another pair of goals at 4:53 and 12:48 of the third period taking a 5-1 lead. The Panthers closed out the scoring with just 58 seconds remaining as Cayden Martin scored his fifth of the season from Jeremy Cyr and Nathan Brown but it was 'too little too late' as the Royals upset the Panthers 5-2.

The Panthers outshot the Royals 41-34.

Joshua Ivanski making 29 saves.

Panthers 5 Rebels 4

The Embrun Panthers welcomed the Char-Lan Rebels to the Palais des Sports on Fri., Jan. 4, in the CCHL2. The Panthers went into the game in sixth place just two points ahead of the Winchester Hawks in seventh and could move to within three points of the Rebels with a victory.

The Rebels opened the scoring just 1:13 into the first period taking a 1-0 lead. The Panthers answered when Alex Rossides pounded his fourth goal of the season from the blue line, assisted by Matthieu Brennan and Jeremy Cyr.

The Rebels retook the lead at 9:48 while shorthanded but the Panthers got back to even as Nathan Brown scored his fourth of the season from Brandon Paquette with just 27 seconds remaining in the opening frame. The teams took a two-all draw into the first intermission.

The Rebels retook the lead for a second time at 2:22 of the second period on the power play and made it 4-2 at 12:53. The Panthers got to within one as Jacob Lamont sniped his eighth of the season from Rossides and Robert Beaudoin with 2:01 remaining in the middle frame. The Rebels took a 4-3 lead into the second intermission.

The Panthers tied the game at 5:39 of the third period as Alan Njima scored his second of the season from Philippe Plante.

The Panthers took their first lead of the Suffering the loss in the Panthers' goal was game when Cyr scored his eight of the season



The Embrun Panthers welcomed the Char-Lan Rebels to the Palais des Sports on Fri., Jan. 4, in the CCHL2. The Panthers forward, Robert Beaudoin (9) finds a loose puck in the slot but unfortunately he was on the backhand and was unable to beat the Rebels' goalie, Julien Cholette. The Rebels' defenseman, Shane Gaudreau (15) tried to help his goalie out. Beaudoin picked up two assists and the Panthers beat the Rebels 5-4.

from Beaudoin and Dominique Bourgeois at 6:53. The Rebels pulled their goalie in favour of an extra attacker with about 1:20 remaining in regulation but were unable to score the tying goal as the Panthers took the game 5-4.

With the win, the Panthers moved four points ahead of the Winchester Hawks and to Fri., Jan. 11, at 8 p.m.

within three points of the Rebels in fifth place. The Panthers outshot the Rebels 43-36. Picking up the win in the Panthers' goal was Cody MacEachern making 32 saves.

Up next

The Embrun Panthers welcome the Casselman Vikings to the Palais des Sports on

Pin Tales

Stormont Ladies: Ladies' High Single, Elaine Duke 257; Ladies' High Triple, Pat Middleton 579. Team StandingsElaine 151, Hilda 140, Susan 137, Judy 118, Pat

Monday Men's: Men's High Single, Danny StPierre 335; Men's High Triple, Matt Bird 919; Men's High Average, Marc Robinson 249. Team Standings: East-Ont 78, A-Team 76, Alley Cats 70, Country Boys 47.5, Raiders 47, Alley Rats 41.5.

Tuesday Afternoon Mixed: Men's High Single, John Brisson 280; Men's High Triple, Ron Robinson 644; Ladies' High Single, Sharon Shaver 236; Ladies' High Triple, Sandra Bloom 574. Team Standings: Love 126.5, Faith 124.5, Hope 100, Charity 99.

Defenders: Men's High Single, Glendon Moore 238; Men's High Triple, Glendon Moore 671; Ladies' High Single, Gwen Clarke 206; Ladies' High Triple, Gwen Clarke 593. Team Standings: OLD 158.5, Glendon 149.5, Brian 128.5, Andy 125, Peanut Gallery 109.5.

Triple, Pat Monast 478. Team Standings: Dianna 175.5, Carol 175, Lorna A 173.5, Mary 166.5, Pat 149.5.

Finch Mixed: Men's High Single, Marcel Robinson 278; Men's High Triple, Noel Lalonde 693; Men's High Average, Noel Lalonde 227: Ladies' High Single. Shelley Osborne 288; Ladies' High Triple, Isabelle Bissonnette 726; Ladies' High Average, Isabelle Bissonnette 212. Team Standings: The Better Justin's 71. SAMJC 54, 3 G's 46, SHAT 45, The Other Justin 39, Becky's Babes 37.

Matilda: Ladies' High Single, Kathy Shav 213; Ladies' High Triple, Sharol Bowman 656; Men's High Single, Shawn Munro 263; Men's High Triple, Kevin Osborne 821. Team Standings: Kathy's Empty Buckets 46, Inge's Pickers 45, Kim's Dreamcatchers 44, Anita's Highrollers 41, Carolyn's Empty Bottles 41, Connie's Roadrunners 36.

Thursday Seniors: Men's High Single, Bas Vanwinden 152; Men's High Triple, Bas Vanwinden 411; Ladies' High Single,

Yoke Vanwinden 244; Ladies' High Triple, Joke Vanwinden 509.

Avonmore Mixed: Ladies' High Single, Leslie VanBruinessen 269; Ladies' High Triple, Bonnie McIntosh 640; Men's High Single, Frank Jerome 353; Men's High Triple, Kevin Osborne 828.Team Standings: Dynamic Magentas 196.5, Majestic Blues 186, Whispering Whites 174.5, Totally Blacks 172, Cherry Reds 171.5, Yellow Grooves 170.5.

Les Dynamiques: Men's High Single, Pierre Briere 299; Men's High Triple, Pierre Briere 698; Ladies' High Single, Lucie Briere 261; Ladies' High Triple, Lucie Briere 641.

Williamsburg Mixed: Men's High Single, Garry Hutt 316; Men's High Triple, Garry Hutt 776; Ladies' High Single, Erin Drapeau 224; Ladies' High Triple, Erin Drapeau 543. Team Standings: Moonshiners 177.5, Top Dawgs 174.5, John's Roadies 174, Western Stars 171, Desperado's 162.5, Outlaws 148.5.

Winchester Odd Couples: Men's High Wednesday Ladies: Ladies' High Single, Tyler Lanoue 308; Men's High Single, Pat Monast 215; Ladies' High Triple, Matt Hartle 650; Men's High Average, Matt Hartle 223; Ladies' High Single, Margaret Williams 200; Ladies' High Triple, Margaret Williams 517; Ladies' High Average, Pat Middleton 179. Team Standings: Team Ramrod 168, Pink Ladies 162, Henry's Team 152, Lucky Strings 140, Team BADD 139, Sunny Dayz 135.

Youth Bowling Canada

YBC Peewees: Girl's High Single, Danika Bissonnette 105; Girl's High Double, Danika Bissonnette 182; Boy's High Single, Teagon Burd 162; Boy's High Double, Teagon Burd 233. Team Standings: Sharks 95.5, Kings 79, Leafs 74, Bruins 71.5.

YBC Bantams: Girl's High Single, Cheyenne Lanoue 162; Girl's High Double, Cheyenne Lanoue 293; Boy's High Single, Sam Tessier 162; Boy's High Double, Zach Robinson 248. Team Standings: Flames 123.5, Blackhawks 121, Avalanche 114, Red Wings 111.5, Rangers Coyotes 97.

Major Midget Demons start off 2019 with a win

Jeff Moore

Record Staff

KEMPTVILLE-TheNorth Dundas Major Midget Demons welcomed the new year with a victory as they travelled to Kemptville to take on the Panthers on Wednesday night.

Demons 4 Panthers 1

The North Dundas Major Midget Demons travelled to the North Grenville Municipal Centre in Kemptville on Wed., Jan. 2, to take on the Panthers in the UCMHL. The Demons sat in third place just two points behind the Char-Lan Rebels in second place and three points behind the Cornwall Colts in first.

The Panthers opened the scoring with just 1:12 remaining in the first period and took a 1-0 lead into the second period. The Demons tied the game at 2:39 as Cam Sherrer fired one to the back of the net from Colin Minish and took their first lead of the game as Ben Fingler lit the lamp from Nic Brugmans and Owen Richardson at 8:14.

The Demons kept rolling, scoring their third

& children:

The North Dundas Major Midget Demons travelled to the Grenville Municipal Centre in Kemptville on Wed., Jan. 2, to take on the Panthers in the UCMHL. The Demons' forward, Nic Brugmans led the way with a goal and an assist as the Demons took the

goal of the period with 11th win of the season. just eight seconds remaining in the sandwich frame as Sherrer pounded one home from Dean Lapier. The Demons took a 3-1 lead into the third period. The Demons added their fourth goal as Brugmans snapped one home from Jaymen Hueff at 13:23 of the third period.

The Demons hung on for the final seven minutes picking up their

With the win, the Demons moved into a secondplace tie with the Rebels. Picking up the win in the Demons' goal was Liam Antille.

Up next

The North Dundas Major Midget Demons welcome the South Grenville Rangers to the Joel Steele Community Centre in Winchester on Thurs., Jan. 10, at 7:30 p.m.

YBC Juniors: Girl's High Single, Caroline Sanders 191; Girl's High Triple, Caroline Sanders 466; Boy's High Single, Alex Robinson 182; Boy's High Triple, Alex Robinson 491. Team Standings: Sabers 83, Senators 61.

YBC Seniors: Girl's High Single, Alayna Gaudette 170; Girl's High Triple, Alayna Gaudette 491; Boy's High Single, Barrett Hall 151; Boy's High Triple, Barrett Hall 442. Team Standings: Panthers 93, Canucks 87.5, Flyers 84.5.



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and arenas.

A federal perspective of 2018

Kory Glover

Villager Staff

RUSSELL - With a new year ahead of the Glengarry-Prescott-Russell municipality, MP Francis Drouin takes a look back at what improved the area in 2018 and what can be improved from now into the new year.

In Drouin's own words, infrastructures may not be the most exciting or thrilling thing to boast about, but they are incredibly important to helping the municipality. He explains that access to infrastructures are a constant struggle for many municipalities and that this is something that's been a struggle to fix for years and that will hopefully come together in the new year.

"Announcements that we made in 2016/2017 are coming to fruition in 2018/2019," he said. "For example, Maxville, their

they've got going on right continues to work on for now, that was not all because of the federal government but 50 per cent of the bill was paid by the federal government. So, this is a project that, I'm told, they've been working on since the early '90s. Actually, Maxville was still on a well system, including in town and now they're going to get access to water."

Drouin continued, "There are various infrastructure projects like the one in Maxville. It can be simple, and I always say that infrastructure is not the sexiest conversation point, it's not the shiny pony but it is something that is so essential, but we take it for granted. Having access to water or waste, something that is so vital to make our municipalities work; that's something we've been working on."

Some of the major water project that infrastructures that Drouin the municipality include sewers, bridges, access to

water, community centres

"In a few days, I'll be able to know what the areas and mayors need in their neighbourhoods," he said. "Some will be looking for sewers, access to water; others will potentially be looking for bridges, which is always a major infrastructure cost for the municipalities, and others could be looking for a new community centre or arena for more recreational activities."

Premier Doug Ford made big waves in Ontario this past year, starting with the cancellation of Cap and Trade, in hopes to finally lower those gas prices. However, there was some backlash for this decision as some, including the province's financial accountability officer saying that it will cost \$3billion in revenue loss.

despite backlash, this is only the beginning of a plan to implement a solution that will be better suited for residents.

"We've always said if provinces chose to have a price on pollution to fight climate change, we would not intervene as long as the national targets were respected. So, now that the Ford government has decided to end Cap and Trade it affectedly says that we're no longer putting up a price on carbon tax," he said. "The best way to fight carbon emissions is to put a price on it. So, now we will have a program that will come into place in Ontario and it's going to be different. There will be a cost to Canadians, there's no doubt about that, while we transition to a greener economy. So, in 2019, when people do their taxes, we'll be giving the dividend back to Ontario families."

While Drouin confirms

federal election this year, Drouin stated that he also mentioned his intentions to continue supporting the local dairy farmers after their "dissatisfaction" with the North America Free Trade Agreement (NAFTA).

"I know there was a lot of, not backlash, but dissatisfaction with what we've signed and I want to say that I agree with the dairy farmers. They definitely took a hit and I've had big meetings with them; over 300 people, and I think that's part of my responsibility," said Drouin. "Governments are not perfect, people are not perfect but they do need to face the music, not only when it's good but when it's bad as well. We will be coming up with new strategies for the dairy farmers. It's about how we look at the industry because the dairy sector varies from province to province, so we created a program that wasn't perfect but the idea was to stimulate investments and his intent to run in the there was over \$4-million invested in the ridings as part of the dairy farmer investment program. So, in terms of strategies, there's always how we tighten up the border, making sure what comes in from the United States is really what comes in."

FAX: 613-448-3260

Drouin continued on how to help farmers improve their marketing strategy, "The way people consume dairy changed over the years. When I was young, we consumed a lot of milk but people still consumed dairy products but differently. As opposed to consuming milk, they'll consume more cheese, yogurts or what not. So, at the end of the month, that's having an impact on the marketplace and farmers need to know how to handle that change."

Drouin said that he will continue to prep for the new year and hopes to continue improving the municipality of Glengarry-Prescott-Russell through connections with the local politicians and residents.

Simard out, Gosselin in

Kory Glover

Villager Staff

OTTAWA - Back in November, Glengarry-Prescott-Russell Member of Parliament Amanda Simard left the Progressive Conservative caucus after the backlash towards Doug Ford's French service cuts, which included the cancellation of a French-language university.

On Fri., Dec. 28, the Ontario government officially confirmed that they have hired 2011 Progressive Conservative candidate Marilissa Gosselin as a senior policy adviser on the francophone affairs in Premier Doug Ford's office.

Gosselin has been a volunteer and activist for the Franco-Ontarians for many years. She graduated from the Université du Québec en Outaouais in 2002, has, since then, become a certified management accountant and has been active in politics since a young age.

Potential candidate for Glengarry-Prescott-Russell Member of Parliament, Pierre Lemieux stated that Ford made a wise decision choosing Gosselin for the position and has complete faith in her abilities.

"Marilissa Gosselin lives here in Glengarry-Prescott-Russell and I know her personally. Premier Doug Ford has done extremely well to choose her as his senior policy adviser on francophone affairs," he said in a statement.

Carol Jolin, president of the Francophone Assembly of Ontario (AFO) stated that while he was pleased with Ford coming through on his promise to hire an adviser on francophone affairs, this will not stop a Franco-Ontarian resistance. A movement was started after the cuts were revealed in the province's fall economic statement which resulted in thousands of people across the province protesting the cuts on Dec. 1.

Jolin also stated that the AFO still wants an independent language commissioner and funding for a French university.

Farm owners plan to ramp up food donations

Tom Van Dusen

Villager Contributor

RUSSELL - Russell's Fiat Farm is gearing up for another food sharing project through which supporters can fund the donation of pasture-raised chickens and pork to the Shepherds of Good Hope in Ottawa.

In 2018, Meghann and Nick Baker, owners of Fiat which isn't named for the Italian car but is Latin for "let it be done", provided three-quarters of a non-GMO hog cut and wrapped professionally, and 175 chickens also professionally processed to the Shepherds' program which feeds homeless people and others in need.

Fiat became involved with the Shepherds after Meghann was asked if supplying chickens to the shelter would be possible.

Pork was substituted at the end of last year when Fiat ran out of chickens from a flock of 600 meat birds raised; the remainder of which was used for home consumption and sold to family and friends. Fiat also raises beef cattle and egg laying hens on 18 acres of land; along the way, Meghann is doing much of the raising of five children while Nick works in carpentry off-

"I was told they made 1,000 sandwiches from just half of our chickens," Meghann said of the Shepherds' kitchen, explaining that clients of the program can drop by any



Making a difference

Nick Baker, owner of Fiat Farm in Russell along with his helpers, delivers chickens to the Shepherds of Good Hope. Van Dusen photo

time during the day for a sandwich.

The Bakers take pride in growing food that's local and sustainable; they practice permaculture, integration of land, resources, people and the environment through mutually beneficial synergies, imitating no waste closed loop systems seen in nature. Permaculture applies holistic solutions in both rural and urban contexts. The couple also belongs to the Heritage Livestock Club of Eastern

The project mounted by the Bakers is formally known as Sponsor a Chicken: Feed the Hungry. The cost is \$25 per four-pound bird which covers basic expenses. This year, Meghann hopes to fund 300 chickens of the 600 allotment for the Shepherds, along with three or four whole hogs.

She plans to launch the 2019 food sharing campaign during the annual Living Locally Fair at St. Thomas Aquinas Catholic High School Jan.

Welcome back

Janel Therkelsen

RHS Report

Hello T-Wolves and welcome back from a relaxing two-week break! Hope you had a very Merry Christmas and a Happy New Year with your family and friends! To start off the first school week in 2019, have announcements and upcoming events.

I hope you still remember how to figure out those math equations

and/or practiced your French grammar because exams are coming up at the end of this month, from Jan. 24 to Jan. 30. Study hard, and good luck Grade 9-12 T-Wolves!

Remember how we had an extra day for Christmas break? Well sadly, that day was the day that some of

students were supposed to go see the Spider new Man movie, Into the Spider-Verse. Fortunately, that private screening was rescheduled today. Enjoy the show T-Wolves!

Speaking rescheduled activities, the ski trip will now be tomorrow, Jan. 10. Have

Also, an extra congrats to our T-Wolves Senior girls volleyball team - they are heading back to Tier 1 for the first time in years! On Tues., Dec. 18 in Casselman, they won the tournament and earned a promotion to the next level. To prepare, they will be competing in a tournament in Brockville this Friday and heading to McGill next week to practice with the women's vollevball team!

That's all for today T-Wolves. Happy New Year and have a great week!



Place 649 latest addition to roundabout end of Notre Dame

Tom Van Dusen

Villager Contributor

EMBRUN – The landscape at Embrun's roundabout continues to shift dramatically, with the latest addition to the business cluster being Place 649; a two-storey professional and commercial building more than 50 per cent leased.

While it sounds like it was given the name of an Ontario lottery, the attractive building was actually named for its address on rue Notre-Dame.

Exterior work will be completed on Place 649 over the next month. It offers 72 parking spots with an inside space at \$22.50 per square-foot. The main tenant is now onsite, Centre de Santé Communautaire de l'Estrie, a primary and mental health care service aimed at the Francophone community; English language support is also available.

The centre relocated from a building further east along Notre-Dame. It offers free of charge evaluation, orientation and individual, family and group therapy, consultation with medical, nursing and nutritional staff, complete with regular

examinations and follow-up appointments for babies, children and adults. Overall, programs are designed to address root causes of illness and injury within a preventative framework.

In addition to Embrun, the centre operates in several locations within the counties of Russell, Glengarry, and Stormont including Limoges, Bourget, Crysler, Cornwall and Alexandria. A new building housing the service opened in Limoges a year ago, part of Ontario's Community Health Centre network funded by the province.

Holder Tractors was among the first businesses to arrive on the roundabout. Two years ago, backed by \$4-million in provincial dollars. Volaris opened on the opposite side from Place 649, it specializes in assisting women, children and families which have experienced violence and those with developmental disabilities. It was part of the previous government's commitment to community hubs with multiple services under one roof.

Place 649 owner Phil Ryan, who has held the property for 18 years (he had to wait for municipal water and sewers to catch up to



Building up

The final exterior work will be completed on Place 649 over the next month. The industrial building is homed near the roundabout in Embrun on Notre Dame.

Van Dusen photo

him), said the second floor is fully occupied with the Centre de Santé and his The Cooperators Insurance and investment business. Ryan said a pharmacy will be one of the tenants on the ground floor and he's negotiating with two other interested parties

for space on that floor.

Two older buildings were removed to make way for Place 649. Ryan said he enjoyed nothing but cooperation from Russell Township in moving forward with his project

Keeping up with STA

Beatrice Gregoire STA Report

During the last week of school before the holidays, staff and students were treated with a snow day on Friday (Dec. 21). After a well-deserved winter break, students at STA are back for, yet again, a busy week of school.

Starting the week off with excitement, Mrs. Longval's Link Crew leaders had a "Cocoa & Cram" session organized for the Grade 9 students on Monday (Jan. 7). In this session, Grade 9 students explored various methods of studying since their first exams are quickly approaching. This will also be an opportunity for them to ask any questions or concerns they may have. Overall, Link Crew is working to prepare the students as best they can for their first exams.

In addition, due to freezing rain, the annual Winter Formal dance was cancelled. Student council is working to schedule a new date for the event, so stay tuned!

Sports-wise, few of STA's sports are postponed until exams are over, such as volleyball and hockey. Nevertheless, the Senior and Junior boys basketball team are competing against St. Francis Xavier today (Jan. 9) in a home game. Good luck Ravens!

120 blood donors needed in Russell on Jan. 9

RUSSELL – Blood donors are needed across the country to ensure patients' needs are met this winter. Canadian Blood Services is asking Russell and area blood donors to roll up their sleeves on Jan. 9 to help ensure patients' needs are

met following a busy holiday

season.

Donations tend to decrease during the holidays as regular blood donors often have seasonal commitments, travel plans or a change in their routine. Since blood products have a limited shelf life, the demand for blood never stops; cancer patients,

accident victims, and people with blood disorders rely on blood transfusions every day.

A total of 120 blood donations are needed at the Russell Donor Centre on Jan. 9 to ensure local patients receive the blood they need.

Every minute of every day, a patient in Canada needs blood. Be a lifeline to Canadian patients and help them celebrate the holidays with those they love by donating at a donor centre near you.

Visit the Russell Mobile Donation Centre, Wed., Jan. 9 at the Russell Arena, 1084 Concession St. from 2 p.m. to 4 p.m. and 5 p.m. to 8 p.m.

To book an appointment today, locate a donor centre, check your eligibility and more, download the GiveBlood app available on iOS or Android, visit www.blood.ca, or call 18882DONATE.



Our goal is your continued good health.



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Apply online:
www.deafblindontario.com



Notice of Public Open House

South Nation Conservation invites local residents to attend a public open house to view and comment on new natural hazard maps for their area within the Russell Township.

Please join us:

Wednesday, January 30, 2019 6:30 pm to 8:30 pm Russell Township Town Hall 717 Notre-Dame St, Embrun ON

Updated floodplain and slope-stability maps include areas along York Creek from Eadie Road to Notre Dame Road.

For more information: 1-877-984-2948; info@nation.on.ca

Avis de journée portes ouvertes

La CNS invite les résidents à assister à une journée portes ouvertes afin de consulter et de commenter les nouvelles cartes sur les risques naturels dans leur région dans la Municipalité de Russell.

Veuillez vous joindre à nous :

le mercredi le 30 janvier 2019 de 18 h 30 à 20 h 30 L'Hôtel de Ville de la Municipalité de Russell 717 rue Notre-Dame, Embrun ON

Les cartes des plaines inondables et de la stabilité des pentes mises à jour pour le ruisseau York comprennent des zones allant du chemin Eadie jusqu'au chemin Notre Dame.

Pour plus d'informations: 1-877-984-2948; info@nation.on.ca





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SÉANCES D'INFORMATION



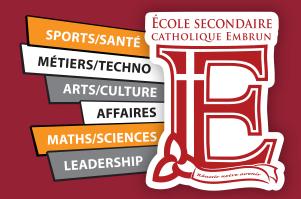
Le 23 janvier 2019, 18 h 30 (séance d'information - parents 6° année - bilingue)

> Le 24 janvier 2019, 10 h à 13 h 30 (journée d'accueil - élèves de 6^e année)

Le 30 janvier 2019, 18 h 15 à 19 h 15 (séance d'information - parents 8° année - bilingue)

Le 30 janvier 2019, 19 h 30 à 20 h 50 (séance d'information - parents 10° année - bilinque)

> Le 6 février 2019, 8 h 15 à 11 h 35 (journée d'accueil - élèves de 8^e année)



Le 22 janvier 2019, 11 h 15 à 14 h 15 (portes ouvertes pour découvrir le pavillon)

Le 24 janvier 2019, 9 h 30 à 14 h 00 (portes ouvertes pour découvrir le secondaire)

Le 24 janvier 2019, 18 h 30 (séance d'information - parents 8^e année)

Le 30 janvier 2019, 18 h 30 (séance d'information - parents 6° année)

#CSDCEOcatho

#CSDCEObilingue #CSDCEOfranco



ÉCOLE ÉLÉMENTAIRE CATHOLIQUE DE CASSELMAN* Le 15 janvier 2019, 19 h



ÉCOLE ÉLÉMENTAIRE CATHOLIQUE NOTRE-DAME-DU-ROSAIRE (CRYSLER)

Le 1er février 2019, 8 h 30 (parents et enfants) Le 7 février 2019, 19 h (parents)



ÉCOLE ÉLÉMENTAIRE CATHOLIQUE SAINT-ISIDORE

Le 16 janvier 2019, 18 h 30 (français)

Le 16 janvier 2019, 19 h 30 (anglais)



ÉCOLE ÉLÉMENTAIRE CATHOLIQUE LA SOURCE (MOOSE CREEK) Le 31 janvier 2019, 19 h



ÉCOLE ÉLÉMENTAIRE CATHOLIQUE SAINT-ALBERT Le 29 janvier 2019, 9 h 30 (parents et enfants) Le 4 février 2019, 19 h (parents)



ÉCOLE ÉLÉMENTAIRE CATHOLIQUE **SAINT-VIATEUR (LIMOGES)**

Le 7 février 2019, 19 h



ÉCOLE ÉLÉMENTAIRE CATHOLIQUE EMBRUN

Le 22 janvier 2019, 19 h Le 24 janvier 2019, 19 h Le 1er février 2019, 10 h



ÉCOLE ÉLÉMENTAIRE CATHOLIQUE SAINT-JOSEPH (RUSSELL) *

Le 31 janvier 2019, 19 h (bilingue) Le 1^{er} février 2019, 9 h (bilingue)

* NOUVEAU: PROGRAMME INTERNATIONAL OFFERT (FRANÇAIS, ANGLAIS, ESPAGNOL)

We welcome all students who wish to be fully bilingual!



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-◆

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