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Volume 126, Number 31 Chesterville, Ontario Wednesday, February 13, 2019 Single Copy \$1.00 (HST included)

Briefly

Military services appreciation dance

MORRISBURG – Put on your dancing shoes and come out to support a great cause this Sat., Feb. 16 at the Morrisburg Legion. Soundtastic DJ services will share the stage with Rogue to entertain the crowd from 8 p.m. to 1 a.m. Doors open at 7:30 p.m. There are door prizes to be won, and refreshments will be served. All funds raised will support Wounded Warriors Canada. Tickets are \$12 in advance, or \$15 at the door.

Family Day free skates

FINCH - Lace up your skates and bring the whole family to the Finch Arena for a Family Day free skate on Mon., Feb. 18 from 1 p.m. to 3 p.m. The event, hosted by North Stormont councillor Roxane Villeneuve, will have free hot chocolate, coffee and tea for skaters. Participants are asked to bring a non-perishable food item for donation.

MORRISBURG - The Winchester District Memorial Hospital is also hosting a free skate this Family Day at the Morrisburg Arena from 11 a.m. to 1 p.m. Free hotdogs and hot chocolate will be available, as well as prizes to be won. A great way to celebrate the holiday Monday with your family!



2019 Chesterville Winter Carnival a resounding success

Carolyn Thompson Goddard

Record Correspondent

CHESTERVILLE - The 2019 Chesterville Winter Carnival, held Feb. 8 to 10, provided residents and visitors an opportunity to beat the winter blahs by enjoying a selection of old and new carnival activities. Shelley McLeod, who with committee members Tanya Van Oers, Monique Monast, Emily Sheldrick and Natasha Hall spent countless hours organizing the event weekend-long commented: "This year was about Continued on page 8

Popular events returning to **North Dundas**

Kory Glover

Record Staff

NORTH DUNDAS - Popular events Meet Me on Main Street, Ride for Dad and Art on the Waterfront are set to return this coming summer with confirmed dates and locations.

Meet Me on Main Street started as a celebration in recognition of Canada's 150th birthday two years ago but continued into succession last year. The event series is set to return every Wednesday this July throughout North Dundas.

The event will start in Morewood on July 3, then South Mountain on July 10, followed by Hallville on July 17, then Chesterville on July 24 and finally end in Winchester on July 31. The North Dundas council officially confirmed and approved these dates Mon., Feb. 11.



Royalty at the Chesterville Winter Carnival

Sparky was on hand during the crowning of Prince and Princess Snowflake. From the left, Stacey Derks, Snowflake Prince Hudson Derks, Sparky, Snowflake Princess Bella Lynch and Pam Roberts.
Thompson Goddard photo

Empty Bowls, full plates

Carolyn Thompson Goddard

Record Correspondent

WILLIAMSBURG – For the third time, Empty Bowls, a fundraiser for Community Food Share, was a sold out event with 150 people attending the event at Christian Reformed Church in Williamsburg on Sat., Feb. 9.

Ian McKelvie, CFS administrator, commented people began arriving around 10:30 a.m. or 11 a.m. for the noon event; presumably to have their choice of the 150 plus bowls created by local potters. He continued that this event is one of the ways in which the CFS raises the much-needed monetary funds for the organization and expressed his appreciation for all the organizations which contributed to the successful event now in its third year.

CFS board chair Terry Triskle took a few moments Continued on page 2 during the luncheon to extend a special thank you to all

the people who contributed to the 2019 Empty Bowls Fundraiser, noting that almost 100 per cent of proceeds raised go to the CFS, thanks to the generous donations of sponsors. He explained during his address how bowls were created by area potters for the event, with a sincere thank you extended to artisans Gwen Anderson, Heidi Blokland, Joan Cox, Robbie Giles, Debbie Gilmer, Suzanne Hill, Joy Jackson, Johanna Jansen, Marie MacGillivray, MJ MacKay, Monique O'Brien, Amber Payne, Jenny Rijke, Dwight Saunders, Elaine Stevens and Diane Sullivan.

Caterers included Winchelsea Events, Cup of Jo's, Simply Baked Catering and Dawn Korteweg. Korteweg provided a table full of delicious desserts, with Winchelsea Events, Cup of Jo's and Simply Baked Catering from North Dundas donating a selection of soups. Refreshments were donated by Mike Dean's Chesterville Heritage Market and No Go Coffee of Kemptville with lunch-time entertainment provided by Jon Martin, Ed Montano and Becca Trembly, with a

Continued on page 9





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8

Events returning to North Dundas

Continued from the front

The Ride for Dad event raises funds to support prostate cancer research and raise awareness of the disease. However, this year the event will be stopping at the Morewood Community Hall for a Poker Stop and then ending in Winchester at the Joel Steele Community Centre with a closing ceremony.

A recommendation was made to the council to wave a \$200 rental fee for Joel Steele Community Centre and a \$70 rental fee for the Morewood Community Centre. The council quickly agreed to waive both fees in support of the event's cause.

Art on the Waterfront will be returning to Chesterville for the eighth year in a row to show off local creative talents. Council decided to close the roads for the event on Sat., June 1 and Sun., June 2. A request was made to designate the event a "Public Event Municipal Significance" and further authorize the temporary closure of a portion of County Road 7 from the Chesterville Pharmacy to King Street. Township Streets slated to be temporarily closed are Water St. from the four way stop at King St. and Water St. to Casselman St. and the portion of Mill St. in front of the Chesterville Community

Tea anyone?

Carolyn Thompson Goddard

Record Correspondent

CHESTERVILLE – Organized by The McCloskey Project and the A Bunch of People organization, an afternoon Victorian Tea was held in the Dining Room of the historical McCloskey Hotel in Chesterville for 27 invited guests on Sun., Feb. 10. Amanda Burger organized the event; attendance was by invitation only, but several people heard about the event and wished to attend. Burger later said that they were lucky to be able to include everyone.

Burger explained, A Bunch of People promotes local talent by holding events such as the Victorian Tea, the dinner-theatre held during the Christmas holiday season, the upcoming writing competition and in April 2019 the opening of a Café in the dining room of the hotel in collaboration with management of The McCloskey Project. Burger continued that the idea behind events such as these is to "enhance and promote the heritage of the building as well as the community while raising funds for charitable organizations."



Taking a sip

From the left, Caroline Roberts waits as Amanda Burger serves Suzanne Millaire-Steele a cup of tea during the Victorian Tea event at the McCloskey Hotel on Feb. 10. Thompson Goddard photo

North Dundas approves new tree canopy policy community. For example, the draft budget of the draft budget

Kory Glover Record Staff

NORTH DUNDAS – Due to revisions of the *Municipal Act*, 2001, it is now required that municipalities adopt and maintain policies with respect to the manner that will protect and enhance tree canopy and natural

will protect and enhance tree canopy and natural vegetation in the municipality effective March 1.

Tree canopy and

vegetation in North Dundas is currently protected by the United Counties of Stormont, Dundas and Glengarry Official Plan, but, unfortunately, a policy doesn't exist to reflect this. However, North Dundas CAO, Angela Rutley had a policy in place for council consideration.

"In section 270 of the Municipal Act it requires that certain policies need to be put in place as of March 1 and one [of these policies] is for the tree canopy and natural vegetation. It doesn't give us any further guidance than that, but it does say we do need a policy," said Rutley during the Feb. 11 North Dundas council meeting. "We already have sections of the plan that relate to this, so what I've done is pull sections of the official plan and put it in a policy format. What I did add for council's consideration is that we would also strive to set aside funds in each annual budget to support tree planting initiatives; which could be tree planting of our own or tree planting by another community. For example, this year we had \$1,300 in the draft budget to put towards planting trees at the South Mountain Fire Hall to lineate the property there for the fairgrounds, and we also had an additional \$500 to go towards partnering up with South Nation tree initiatives."

South Nation tree initiatives."

Mayor Tony Fraser commented on the new policy saying that, "it is important to set an example of doing such things and the trees around the South Mountain Fire Hall are a good example of that. Anywhere else we can make good use of planting trees, I'm thinking about Meet Me on Main Street and other events where we can set a good example for other municipalities."

The council quickly and happily authorized and approved the new policy.

Finalists in 2019 Ocean's Wedding Awards

Carolyn Thompson Goddard

Record Correspondent

AVONMORE – Carrie Couturier of CC Squared Photography is a finalist in the photographers, Ontario East Division of the 2019 Ontario Wedding Awards to be held in the Sheridan Parkway Hotel in Toronto North on Feb. 27.

Couturier, who works fulltime as a social worker in Ottawa, told Chesterville Record that CC Squared Photography is a small part-time photography business and is the only wedding photographic company nominated from the Ottawa area. She continued how this event will provide her with the opportunity to meet and network with other people in the industry.

Couturier explained the Ontario Wedding Awards is run by Creative Oceanic, an agency which have wedding award presentations in England, Scotland and Ireland and are designed to recognize the work of companies in the wedding industry.



FAMILY DAY HOLIDAY February 18, 2019.

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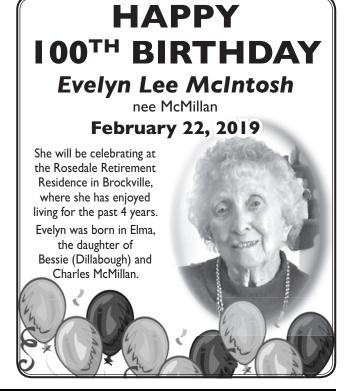
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HOL's Operation Backpack drops into local schools

MOUNTAIN- House of Lazarus (HOL) is helping local schools tackle weekend hunger.

HOL launched its Operation Backpack program on Jan. 18. The new outreach initiative provides students in need with a supply of food to help them through the weekend. Each Friday, HOL delivers bags of food items to participating schools. School representatives then distribute the bags to participating students.

HOL client services manager Kim Merkley and HOL executive director Cathy Ashby first heard of the concept during an Ontario Association of Food Banks (OAFB) conference. After contacting several local schools, it was determined there is a definite need for this service in this area. Operation Backpack was made possible through a Rural Kids Grant from OAFB, with funding from Monsanto.

"Food insecurity is a reality for many families," Ashby said. "While some schools are able to offer breakfast or snacks for students throughout the and North Grenville.



Preparing food packages

House of Lazarus Food Bank launched Operation Backpack on Jan. 18. This new outreach program delivers a weekend package of food for students in need at three local schools, one each in North Dundas, South Dundas, and North Grenville. Staff and volunteers are pictured packing the bags at Hallville United Church in preparation for the Feb. 1 drop-off. Courtesy photo

in place to address the hunger needs of students the two-day weekend. Families using the food bank receive a supplemental supply of food, but this is not always enough. Operation Backpack is our way of addressing this hunger

HOL is currently partnering with three local schools, one each in North Dundas, South Dundas, week, there is no system There are currently 111 accolades coming from

food packages each week. HOL staff purchase the needed food items, while a group of volunteers from Hallville United Church help pack the weekend bags every Thursday afternoon. An HOL staff member then delivers the food to the participating schools Friday morning.

Ashby said response from the first and second week of the program has positive with been

students receiving the both the recipients and school officials. In fact, following the second week, three new families were added to the program. One student has begun referring to the weekly package as the "Friday Surprise Bag."

> One of the local principals noted Operation Backpack is "a great partnership that shows communities working together, better known as EduCare." Another said families have been very appreciative.



Busy volunteers

House of Lazarus Food Bank launched Operation Backpack on Jan. 18. This new outreach program delivers a weekend package of food for students in need at three local schools, one each in North Dundas, South Dundas, and North Grenville. Volunteers Beth Pinch (left), Ian Bufton, and Richard Christie are pictured packing the bags at Hallville United Church in preparation for the Feb. 1 drop-off. Courtesy photo

Charges laid relating to theft at Chesterville Mike Dean's

CHESTERVILLE - On Tues., Feb. 5, SDG Ontario Provincial Police officers responded to a report of a theft at a business on King Street in North Dundas Township. The investigation indicated that an employee of the store removed various items on multiple occasions. Karey Nurse, 50 from North Dundas was arrested and is charged with; Theft over \$5,000. Gordon Dean, proprietor of the local grocery store confirmed that the incident involved the Chesterville Mike Dean's location.

Product recall for Betty and Nancy's Fancy Yummy-in-the-Tummy

Food Inspection Agency issued a recall to Betty brand and Nancy's Fancy Yummyin-the-Tummy brand bakery products. The recall issued on Feb. 8 said the products "may be unsafe due to possible contamination from mice infestation at the manufacturing plant."

The products were distributed throughout Ontario and Quebec and consumers are urged to return the products and avoid consumption. On Feb. 9, the agency amended the recall to include that the affected products were made at Les Services Alimentaires Firouz Inc. in Pointe-Claire, Que.

Betty brand products with "Made by: 100 per cent Whole Wheat Hot Dog Rolls, Montreal and Saint-Jerome."

CHESTERVILLE - The Canadian Betty 100 per cent Whole Wheat Hamburger Rolls and the Nancy's Fancy Yummy-in-the-Tummy Pizza Crust seven inch, five inch and medium.

On Feb. 9, Mike Dean's Super Food Store notified their customers of the recall with the following statement:

"To our valued customers: The bakery in Pointe Claire, Que. that manufactures our Nancy's Fancy pizza crust products has recalled the three pizza crust products we sell in our stores. These have been removed from sale and anyone that has purchased them, we ask that you return them for a full refund. All other Nancy's Fancy Bread and Nancy's Fancy Bun products are not affected and are fully safe Les Services Alimentaires Firouz Inc. on to enjoy as they are baked and packaged the label are affected as well as the Betty in completely separate bakeries in



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Letter

Someone to be remembered

Dear Editor:

The late Paul Dewar, former NDP MP for Ottawa-Centre, will be remembered as a dedicated, principled public servant who spoke truth to power. He worked with passion and optimism for social justice, human rights, peace in the world and to protect the environment.

Dewar was an inspiration to many Canadians as he worked for a better future for everyone. Locally, he was available to help the SDSG NDP riding association in its activities. Many local NDP members supported his progressive campaign in 2012 to become the leader of the Federal NDP.

Dewar's passion for a better future continued into his last year when he established his Foundation "Youth Action Now" to empower young people to change their communities for the better. May his legacy live on with "Youth Action Now".

In Dewar's letter posted on his Facebook page after his death on Feb. 6, he asks that we take better care of each other, empower those who have been left behind, concentrate on what we can contribute to our country, community and neighbours, and celebrate life.

We can learn much from this remarkable public servant and mentor who brought diverse people together and who saw the potential in everyone to do good.

Yours truly, Brian Lynch, Cornwall, ON.

NDDHS Report

By Ashley Wheeler **Student Council Communications**

Team Cave makes provincials

Last week started off with two snow days on Feb. 4, and Feb. 5. Due to the snow days and weather conditions, the Secondary Open House has been moved to today, Wed., Feb. 13 from 5:30-7 p.m.

On the weekend of Feb. 2, ND's 3 curling teams, Team Cave, Team Cooper and Team Roach, travelled to Brighton to compete against the other school curling teams on a regional level. Team Roach made it to the boys' B finals, but sadly did not win. Team Cooper made it to the girls' B finals, but lost by just a few points. Team Cave was victorious in their games, and they won the girls' A Championships. The team consisting of Grace Cave, Alix Giles, Alison Roach and Mya Woods will be competing in provincials this week, Feb. 14-16. Great job and good luck girls! On Jan. 7, the Senior and Junior boys' basketball teams played games on their own court. The Junior boys' team had their first victory of the season, winning against Seaway by 8 points. In their second game, they lost to Glengarry by 6 points. Valiant effort boys! The Senior boys also won against Seaway, with a close score of 38-33. In the second game, they were demolished by Glengarry with 45 points.

Tomorrow, Feb. 14 will be Red, White, and Pink Day! Celebrate Valentine's Day in the festive colours! This Fri., Feb. 15, the intermediate division is hosting a Sweetheart Dance! Bring in \$2 to enter. There will be a canteen, contests and prizes! If you payed for the Christmas dance that unfortunately didn't happen, you do not have to pay again.

Mon., Feb. 18 is Family Day. Enjoy the long weekend!

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CASTOR Country

By Tom Van Dusen

Live and learn

Poor naïve Amanda Simard! You'll remember Amanda. She momentarily was the Progressive Conservative MPP for Glengarry-Prescott-Russell; now she's the Independent MPP for the same riding, the riding where I and many of you cast our provincial vote.

Most of you will recall that, in a fit of political pique, shortly after being elected as PC MPP for the next four years, Amanda quit the Ford government in a high-profile clash over Franco-Ontarian funding and headed off into the Independent wasteland.

Franco-Ontarian rights are a valid issue but not one any reasonable, seasoned member would bail over, compromising her ability to do her job with even minimal effectiveness. Rather, a clear-thinking, grandstanding MPP would resolve to fight the good fight from inside the government, focusing perhaps on what turned out to be her number one file while at the same time getting the job done on many other important fronts such as regional economic development, health care and education.

Now almost disappeared from the local political scene, Amanda believed she could get just as much done sitting as an Independent; that the ministerial offices she needs to deal with would

be just as welcoming after her public eruption and withdrawal from the Ford inventory of solid PC seats, as those officers were when she was oh-so-briefly of the new part government.

Amanda has boldly stated that her value as an MPP hasn't diminished since she blew off the PCs. That's something the average voter much less any experienced political operative knows to be wishful thinking.

It doesn't work that way in the take-no-prisoners world of professional politics! They may not say it to your face Amanda, but ministers and their staff, even senior bureaucrats. won't want to see you anymore and will somehow lose your requests and proposals under the incoming pile originating from your former colleagues on government side; even queries coming from the Opposition ranks - NDP at will take least precedence.

You see Amanda, Independents generally have no credibility and no clout; one that blew up the place on her way out the door even less so. Even back in the home riding, you're going to find your name falling off invitation lists because you're now seen as a liability rather than an asset when it comes to dealings with the provincial government.

It's already happening

were you at the end of January when representatives from municipalities within G-P-R went to Toronto for the important annual meeting of the Rural Ontario Municipalities Association, meetings, having been arranged with government officials on any number of important topics.

Traditionally, the provincial member joins municipal delegates in these meetings and in basic lobbying along the corridors of the ROMA conference. Amanda was conspicuously absent because she wasn't invited the delegates representing her riding.

Why not? Well, in one of the most backhanded attempts at diplomacy I've ever witnessed, Prescott-Russell counties warden Robert Kirby, the straightshooting mayor of East Hawkesbury, insisted that, on a personal level, Amanda wasn't snubbed: "We simply decided her presence wasn't a good idea for the time being."

Now lest anybody believe that Kirby is a biased Anglo looking for retribution because Amanda bailed over francophone priorities, he's actually a veteran, fluently bilingual municipal politician whose first language is French. Like every other municipal leader within the counties, French or English, he doesn't appreciate the MPP's misplaced gesture isn't it Amanda? Where of solidarity with Franco



rights activists because it rendered her almost useless with any other portfolio.

"There wasn't much interest in her being present," Kirby went on to explain. "We're dealing with a government to which she doesn't belong because she decided to leave it. There wasn't much passion for her being present."

Whoa! Although Kirby tried to soften it, that was quite the slam against our MPP. Amanda attempted to put the best face on a very bad situation, one that I predict will only get worse. She stated publicly that she couldn't understand the reaction of certain municipal representatives: "I was ready to work on the files, follow their progress and to help any way I could."

She chastised Kirby and other leaders for believing that partisanship and favouritism are necessary to get things done for voters, that the government in power establishes priorities and allocates resources based primarily on the needs of its own rendering members, Opposition members largely ineffective.

That's just not true, she insists. Live and learn Amanda, live and learn!

The Road Home

A fond farewell

By Carolyn Thompson Goddard

Being the youngest of a family of six boys (the eldest of whom was 15 or 16 years old when I was born) has resulted in experiencing a lot of interesting things during the sixty odd years I have lived on this earth; perhaps one of the most important has been watching as the younger boys grew up, got married and established their own families. In the case of my older brothers Steve and Erik, they were already pretty much grown up when my memories began, with only a vague recollection of their weddings to Alice Gain and Betty Dillabough, respectively.

This past Sunday my sister-in-law Alice, who married Steve when I was a youngster of about five years old, passed away at the Garden Villa

in Chesterville. While visiting with her children over the weekend. I had the opportunity to take a trip down memory lane with her son George and his wife Jennifer. Memories flowed as I explained to George my fascination with the potato peeler his Mom had used while preparing supper at their first apartment in Ottawa; it was the first time I had ever seen one, as my Mom had always used a butcher knife for peeling potatoes. I recalled holding my niece Beverly when I wasn't much more than six myself and marvelled at her tiny perfect fingernails. I described with surprising accuracy the various homes the couple had lived in during their residence in Canada's capital city. I described how as a young and relatively inexperienced driver, I had run over a laneway marker at one of their homes with Steve not even

getting angry, he just straightened it up and told me to drive carefully. I told him and Jennifer stories that only an aunt who had witnessed the deep devotion and love his parents held for each other and their children, could share.

As I chatted and told the stories, my mind recalled Alice through the years - always present, always helping and always ready to share. The home she built with my brother was a place where you could find a warm welcome even when you unexpectedly dropped in; be provided with refreshments for both the body and soul, as well a fond farewell when you left. This quiet and gentle woman who loved to laugh, loved to curl and loved life will be missed most of all by her husband, her children, her grandchildren but also by the many people who knew her as a friend.





Wednesday, February 13, 2019

CRYSLER WINTER CARNIVAL

February 13 - 17, 2019



WEDNESDAY, FEBRUARY 13

CRYSLER COMMUNITY CENTRE 7 pm Bingo Winter Carnival Kickoff doors open at 5:30 pm

THURSDAY, FEBRUARY 14

CRYSLER COMMUNITY CENTRE 6:30 - 10 pm Ladies Night

Everything a girl could want in one spot. All your favourites from makeup and clothing to all things girly. \$5 at the door.

ÉCOLE NOTRE DAME DU ROSAIRE GYMNASIUM 6:30 pm Kids Movie

Free Admission

Popcorn - Crysler Optimist Club

FRIDAY, FEBRUARY 15

CRYSLER COMMUNITY CENTRE

5 - 7 pm Meet and Greet Supper French Canadian Menu: pork stew, meat pie,

SOUTHSIDE ROADHOUSE 6:30 pm Crib Tournament \$10/person. Teams of 2.

CRYSLER COMMUNITY CENTRE

6:30 pm French Canadian Evening with the

Pourquoi Pas Group French Canadian singing and square dancing

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ODR (SKATING RINK) 7 - 9 pm Rock and Skate

SATURDAY, FEBRUARY 16

CRYSLER LIBRARY

10 - 11 am Open House hosted by The Crysler Friends of the Library, Crafts

CRYSLER COMMUNITY CENTRE 11:15 am hotdogs / chips / juice will be sold for lunch

12 pm J-Glow Party

Glow in the dark games and dance for children of all ages - FREE admission. 1:30 pm Cupcake Decorating

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1:30 pm Snowshoeing Lagoon Trail with the Crysler Citizen Committee. ODR (SKATING RINK)

2 - 5 pm Public Skating

CRYSLER COMMUNITY CENTRE

5 pm Crysler Firefighters host Tony's Rockathon in memory of Tony Brière: Participants will rock for 24 hours to raise money for ODR.

8 pm - 1 am Threads from the Heart Evening Catered dinner, live entertainment and dance with DJ, silent auction. In support of Victoria's Quilts Canada. \$50/person in advance only. Tickets available at Crysler Home Centre, The Old General Store, by contacting Madeleine 613-764-6278 or Diane 613-987-2978 or ccceventscoordinator@ gmail.com before Feb. 6.

SUNDAY, FEBRUARY 17

CRYSLER COMMUNITY CENTRE 9 am - 12 pm Breakfast prepared by Crysler

Optimist Club, served by Knights of Columbus and Firefighters of Crysler

12 - 1 pm Show: Junkyard Symphony PARKING LOT

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1 - 2 pm North vs South Youth Outdoor Game

1 - 3 pm Games to Go Truck (videogaming) **CRYSLER PARK**

1:30 - 4 pm Horse Drawn Sleigh Rides

ODR (SKATING RINK) 3 - 3:50 pm North vs South Youth Hockey Game

(13 years and under) helmets mandatory

4 - 5 pm North vs South Adult Hockey Game (14 years and over) helmets mandatory

CRYSLER COMMUNITY CENTRE 5 pm Tony's Rockathon ENDS

5 - 7 pm Spaghetti Supper 7 pm 50/50 Draw

CRYSLER PARK

7:15 pm Fireworks

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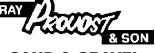
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Winchester Pioneer to continue construction in early su

Kory Glover

Record Staff

NORTH DUNDAS -Energy entered into a Site Plan Control Agreement with the Township of North Dundas redevelop the gas station

at 2140 County Road 31

in Winchester.

requested a reduction in Three years ago, Pioneer financial security for the completed site works; and the council has agreed to authorize the reduction from \$387,550 to \$81,300. While most of the site work and some

Pioneer Energy has have been completed, some of the other work on the site including signage, lighting, even the finalization of the road realignment remain outstanding.

> "Basically, this is to finish off their site plan

external work on the road for some outstanding that need to be completed work. They would like a on outstanding works," said Calvin Pol, director of planning, building and enforcement during the Mon., Feb. 11 North Dundas council meeting. "There are some works

down on County Road 31; as you can see the road still has two lanes, [which] is supposed to be widened up with a centre lane for turning into Pioneer. There's other work that needs to be completed on their

islands that need to go into direct traffic into pioneer. Some of these have not been concluded yet and that is why we are holding monies for these to be completed hopefully in early summer."

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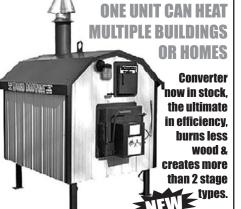
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Pin Tales

North Stormont Ladies: Ladies' High Single, Susan Chambers 212; Ladies' High Triple, Susan Chambers 553. Team Standings: Hilda 211, Elaine 204, Susan 201, Judy 174, Pat

Monday Men's: Men's High Single, Frank Jerome 316; Men's High Triple, Matt Bird 775; Men's High Average, Matt Bird 245. Team Standings: A-Team 100, East-Ont 97, Alley Cats 89, Raiders 75, Country Boys 62, Alley Rats 58.

Tuesday Afternoon Mixed: Men's High Single, Jimmy Heuff 255; Men's High Triple, Ron Robinson 705; Ladies' High Single, Sandra Bloom 206; Ladies' High Triple, Sandra Bloom 572. Team Standings: Love 166.5, Faith 162, Hope 138.5, Charity

Defenders: Men's High Single, Brian Casselman 272; Men's High Triple, Max Vanoers 685; Ladies' High Single, Gwen Clarke 221; Ladies' High Triple, Gwen Clarke 575. Team Standings: Glendon 201, OLD 199.5, Andy 173, Brian 164.5, Peanut Gallery 158.

Wednesday Ladies' High Single, Eurda Ladge 197; Ladies' High Triple, Lorna Boyce 508. Team Standings: Dianna 226.5, Carol 226, Mary 220.5, Lorna A 207.5, Pat 199.5.

Thursday Seniors: Men's High Single, Bas Vanwinden 197; Men's High Triple, Bas Vanwinden 464; Ladies' High Single, Lucy Hendriks 199; Ladies' High Triple, Ria McGarrety 503.

Avonmore Mixed: Ladies' High Single, Joan Cryderman 245; Ladies' High Triple, Joan Cryderman 658; Men's High Single, Kevin Osborne 287; Men's High Triple, Kevin Osborne 721. Team Standings: Dynamic Magentas 246, Majestic Blues 246, Totally Blacks 231.5, Whispering Whites 219.5, Yellow Grooves 213.5, Cherry Reds 207.5.

Les Dynamiques: Men's High Single, Pierre Briere 239; Men's High Triple, Pierre Briere 568; Ladies' High Single, Lina Masse 170; Ladies' High Triple, Gisele Lafleur 454.

Williamsburg Mixed: Men's High Single, Garry Hutt 304; Men's High Triple, Garry Hutt 868; Ladies' High Single, Erin Drapeau 315; Ladies' High Triple, Erin Drapeau 667. Team Standings: Moonshiners 241, Top Dawgs 233.5, John's Roadies 227, Weswtern Stars 220, Desperado's 203.5, Outlaws 198.

Winchester Odd Couples: Men's High Single, Darryl Britton 301; Men's High Triple, Darryl Britton 754; Men's High Average, Matt Hartle 224; Ladies' High Single, Pat Middleton 201; Ladies' High Triple, Pat Middleton 523; Ladies' High Average, Pat Middleton 178. Team Standings: Team Ramrod 201, Pink Ladies 190, Henry's Team 176, Sunny Dayz 174, Lucky Strings 174, Team BADD 173.

Youth Bowling Canada

YBC Peewees: Girls' High Single, Robin Sanders 137; Girl's High Double, Robin Sanders 230; Boy's High Single, Lucas Seguin 161; Boy's High Double, Lucas Seguin 288. Team Standings: Sharks 118.5, Kings 104.5, Leafs 100.5, Bruins 96.5.

YBC Bantams: Girl's High Single, Kamryn Hartle 168; Girl's High Double, Kamryn Hartle 306; Boy's High Single, Luke Bradley 140; Boy's High Double, Zach Robinson 256. Team Standings: Blackhawks 170, Avalanche 153.5, Flames 151.5, Red Wings 141, Rangers 135.5, Coyotes

YBC Juniors: Girl's High Single, Caroline Sanders 201; Girl's high Triple, Caroline Sanders 525; Boy's High Single, Alex Robinson 170; Boy's High Triple, Alex Robinson 464. Team Standings: Sabres 108, Senators 81

YBC Seniors: Girl's High Single, Alayna Gaudette 242; Girl's High Triple, Alayna Gaudette 652; Boy's High Single, Barrett Hall 188; Boy's High Triple, Barrett Hall 490. Team Standings: Panthers 119, Flyers 114.5, Canucks 113.5.

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The United Church of Canada **CHRIST CHURCH UNITED** 5 Casselman Street, Chesterville

Pastor: Debbie Poirier 613-448-2532 Church Office Hours: Wed. & Fri., 9 A.M. - 2 P.M. Sunday February 17, 2019 10:30 A.M. - Worship Service Sunday School at 10:15 A.M. You are invited to join us.

April 2019

NATIONSIDE PENTECOSTAL CHURCH Rev. Edwin Valles E-mail: ebvalles@hotmail.com Office 613-448-2272 Maple Ridge Centre, 12820 Hwy. 43 E.,

Sunday February 17, 2019 10:30 A.M. - Sunday Worship Service & Sunday School Tues., 7:00 P.M. - Prayer & Praise

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9:15 A.M. - Community Centre. Martintown 11:00 A.M - Chalmers. Finch

All are welcome. Come and worship with our family where all are welcome and Christ is Lord

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April 2019

Rev. Bruce Kemp, B.A. S.T.M. 613-267-0928

CHURCH - Morewood

April 2019

Free fishing on Family Day weekend in Stormont-Dundas-South Glengarry

CORNWALL - Jim McDonell, MPP for SDSG families invites participate in free fishing on the Family Day weekend. From Feb. 16 to 18, Canadian residents of all ages can enjoy fishing in Ontario without having to purchase a licence.

"We want to encourage families to enjoy the outdoors by providing a fun and affordable way to connect with each other and events in 2019. The Ontario

with nature," said John Yakabuski, Minister of Natural Resources and Forestry. "Whether you are a fishing enthusiast or a first-timer, this is an opportunity to create lasting memories with family and friends, and I encourage everyone to take advantage of this weekend - I know I

Family Day weekend is the first of four free fishing

government continues to reduce barriers, making it easier for people to explore different angling opportunities and enjoy Ontario's world-class lakes, rivers and streams.

"Our government is committed to making life more affordable, which is why we have introduced two new licence-free fishing events this year on the weekends of Mother's Day and Father's Day," said Yakabuski. "This is in addition to our decision to freeze fishing licence fees and remove the \$2 service fee in 2019."

With less than a week to go before the Family Day weekend, families are encouraged to plan their ice

fishing trip, or attend Iroquois Legion Ice Fishing Derby on Feb. 16. All local events in Ontario can be bу found visiting: http://www.ontariofamilyfis hing.com/.

"This upcoming Family Day weekend is a great opportunity to experience licence-free ice fishing and is a reminder that fishing is a year-round sport, and not just a summer hobby," said McDonell. "It's also a great way to get children hooked on fishing."

Anglers are reminded to stay safe and to check local ice conditions before heading onto the ice to fish. For ice safety tips, please visit the Ontario

HARMONY COMMUNITY **CHURCH** Evangelical Missionary Church

12010 Ormond Road & Hwy. 31 613-774-5170 Rev. D. Bruce North, Senior Pastor Rev. Daniel L. Wallace, Associate Pastor www.harmony-church.org Sunday February 17, 2019 9:45 A.M. - Pre-Service Prayer 10:30 A.M. - Worship Service Message by Rev. Bruce North No Evening Service Preparing Disciples of Jesus. Sunday School & Nursery available

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Wed. - 9:00 A.M. Thurs. - 9:00 A.M.

Fri. - 9:00 A.M. St. Daniel - Wed. - 7:00 P.M.

April 2019

April 2019

139 Castor Street, Russell, ON Parish Office: 613-445-3226 Presiding: Rev. Lee Lambert secretary@stmarysrussell.ca Website: www.stmarysrussell.ca Sunday February 17, 2019 9:00 A.M. – Holy Eucharist 10:30 A.M. – Holy Eucharist Sunday School at 10:30 A.M. St. Mary's Church is engaged in actively

ST. MARY'S

ANGLICAN CHURCH

December 2019

Public consultations planned for Dundas **Manor licence transfer**

WINCHESTER - The provincial Ministry of Health and Long-Term Care is hosting public consultations regarding the transfer of the long-term licence from Dundas Manor Limited to its parent company Rural Healthcare Innovations Inc. (RHI).

"This is a routine administrative change and there will be no changes in the operation of our home as a result," explains board chair Bill Smirle. "It is not related to the redevelopment announcement that we are waiting to hear. It is just one of the many steps required to prepare for the future redeveloped Dundas Manor."

RHI is a non-profit corporation that oversees the operations of Dundas Manor. It is led by a community board of directors.

The public consultations will take place on March 19 from 10 to 11 a.m. at the Joel Steele Community Centre in Winchester. Anyone can attend and written comments are also welcome.

For more details, visit the Dundas Manor website at www.dundasmanor.ca

- Obituary



O'CONNOR,

St. Mary's Catholic Schools in Morrisburg and Chesterville and Immaculata Catholic School in Cornwall

11, 2019, Sheila O'Connor (nee McPhail), formerly of Chesterville and Cornwall, age 82. Beloved wife of the late Sarsfield O'Connor. Loving mother of John O'Connor (Rosemary McLaughlin) of Pickering and Tim O'Connor (Anne Smith) of Manotick. Dear sister of Shirley Kelly of London and Claude McPhail (Judy) of Chesterville. Sheila will be fondly remembered by her granddaughters Erin, Reilly. Molly, Emily and Maureen. Predeceased by her sisters Dorothy McCrimmon and Patricia "Queenie" Bond. Also survived by nieces

Peacefully at the West End Villa in Ottawa on Monday, February

Funeral Home, Chesterville, on Friday, February 15 from 7-9 p.m. Mass of Christian Burial will be celebrated at St. Mary of the Presentation Catholic Church, Chesterville, on Saturday, February 16 at 1 p.m. A reception will follow in the Church hall. Donations to the Alzheimer's Society or the Heart and Stroke Foundation would be gratefully acknowledged by the family. If you are making your donation online or by cheque directly to the charity, please include the following note with your gift: "Please notify the family". Online condolences may be made at marsdenmclaughlin.com.



ST. LUKE'S - KNOX PRESBYTERIAN CHURCH -**FINCH** Interim Moderator: Rev. Bruce Kemp, B.A. S.T.M. 613-267-0928 and nephews. Friends may call at the Marsden and McLaughlin

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Evervone Welcome! April 2019

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April 2019

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Page 8 The Chesterville Record

2019 Chesterville **Winter Carnival**

Continued from the front

giving back to the community." She was happy to report many of the events had more people attending than last year and seemed very pleased with the weekend.

For those who enjoyed eating out, the carnival offered a Friday night Chili Dinner, organized by the Chesterville & District Agricultural Society, the ever-popular Fireman's Breakfast on Saturday morning, the Spaghetti Dinner on Saturday evening hosted by Chesterville Public School, with the weekend ending with the highly

successful Ham and Scalloped Potato Dinner.

For hockey fans there was the three-onthree hockey tournament at the arena and for those who enjoy dancing, a Teen Dance on Friday night and a Kids and Friends Dance on Sunday afternoon. During the Fireman's Breakfast on Saturday, Hudson Derks was crowned Prince Snowflake with Bella Lynch crowned as Princess Snowflake.

For those youngsters who were interested in cooking up a meal, the Youth Cooking Class was held on Saturday at the Nelson Laprade Centre; organized by Tanya Van Oers, with the assistance of student volunteers. Those

attending the event cooked up a baked ham, accompanied by a hash brown casserole and cupcakes for dessert, before sitting down to enjoy the fruits of their labour.

Saturday at the carnival concluded with a show by Buzz Collins the Hypnotist followed by an age of majority dance at the Legion, and during the carnival a photobomb contest was held with the winners being decided post carnival by vote via social media.

Thanks to the dedication and hard work of organizing committee members, sponsors and community members, the 2019 carnival has exceeded expectations with many local people looking forward to next years' Winter Carnival.



As preparations were nearing completion for the Kids and Friends Dance held at the Chesterville Legion on Sun., Feb. 10, carnival organizers, from the left, Shelley McLeod, Tanya Van Oers, Emily Sheldrick and Monquie Monast gathered for a photo. Absent from photo, Natasha Hall. Thompson Goddard photo



The Fireman's Breakfast, held on Sat., Feb. 9, served up delicious pancakes accompanied by sizzling sausages, providing a hearty start to a busy carnival day. From the left, Eric Duncan, candidate for the Conservative nomination for SDSG, is shown with North Dundas deputy mayor Al Armstrong, Chesterville resident Shirley Coons and across the table North Dundas Mayor Tony Fraser and North Dundas councillor Gary Annable. Fraser commented how the Firefighters had "cooked up a delicious breakfast", while noting how "even with the cold weather, there was a big crowd" at the event. Thompson Goddard photo



Serving up spaghetti and smiles

The Chesterville Public School hosted a spaghetti supper at the Chesterville Winter Carnival on Sat., Feb. 9, at the Chesterville Legion. Serving up buns was CPS teacher, Darryl Beck, on the meat sauce was Caity Perry and dishing out the spaghetti was Kim MacLean. Moore photo



What a bunch of hams

From the left, volunteers Nancy Dean, Beth Barkley, Grace Stobo and Steve Grubb helped serve up a tasty, warm ham supper meal to Chesterville Carnival visitors.
Glover photo



50 years strong
Dr. Wayne Domanko (left), celebrated his retirement Sat., Feb. 9 at the Morrisburg Legion after serving the health needs of the community for 50 years working at the Winchester District Memorial Hospital and the St. Lawrence Medical Centre. Domanko welcomed everybody to his celebration that included a mix n' mingle and dancing. Also pictured, Jane Domanko, Wayne's wife. Glover photo



Peewee carnival champs

The Chesterville Winter Carnival featured a minor hockey three-on-three tournament on Fri., Feb. 9, as part of the festivities. The white Peewee team won the tournament but in the end they were all winners. Courtesy photo

Wednesday, February 13, 2019

Empty Bowls

Continued from the front sincere thank you extended to the Christian Reformed Church for providing the venue for the successful event.

Triskle announced the Spring Calendar Raffle, a new fundraiser for the CFS. Ticket holders will have the opportunity to win "a total of \$5,000 in cash prizes" to "be awarded daily during the month of May with prizes ranging from \$25 to a grand prize of \$1,000 on Mother's Day."

explained only 1,000 tickets will be sold for \$10 each with "winning tickets to be re-entered for each draw with all proceeds supporting CFS." There will also be a "special bonus draw to win a \$200 gift certificate from BMR Winchester just in time for Father's Day".

South Dundas Mayor Steven Byvelds perhaps summed up the feelings of those who attended the event when he commented to the Chesterville Record it was a "great crowd for a good cause".



In attendance

150 people attended the third annual Empty Bowls fundraiser for Community Food Share held at Christian Reformed Church in Williamsburg. In addition to enjoying the opportunity to visit with friends, musical entertainment, delicious soup and desserts, people were able to take home and treasure their bowl which had been created by local potters especially for the event. Thompson Goddard photo

Business in the news

NORTH DUNDAS – While the streets of North Dundas have been frozen over, business has been ticking along at the North Dundas Business Centre (NDBC). The Centre provides business incubation and acceleration services and co-located offices in Winchester. Its exclusive mentoring and consulting helps small and medium-sized businesses increase their profits and bring more value to our community.

The Centre welcomed local agribeverage engineer Will Bruining, of Laporte Engineering Inc., as the first new tenant of 2019. Will and his wife recently had twins, and now that they have four kids, Will decided he needed a quiet office to reach some of his 2019 business goals.

One of the spin-off effects of incubating and accelerating local businesses is expansion. Local company Evoweigh Inc. is moving on from the NDBC to manufacture its newest

products. Hayley and Matt Cooke are wished all the best as they start production.

As Eastern Ontario moves out of the winter deep freeze, John Meharg has his sights on spring.

He has been busy meeting with real-estate industry businesses to locate a real estate hub at the NDBC. To support these initiatives, Armour Development president Sarah Meharg developing relationships with small service providers who support real estate development in their businesses, including

bookkeepers, mortgage brokers, real estate agents, and real estate lawyers. As North Dundas continues maturing, and is seen as the next "Russell/Embrun" waiting to be developed, the North Dundas Business Centre will become a hub for real estate services, investments, and new construction and development prototyping.

The North Dundas Business Centre has been busy hosting local real estate investment meetings. The owners have developed an Investment Fund called 100 Families Who Care - a hyper-local investment fund for the families of North Dundas to direct their investments locally and to earn investment returns from their community-based investments. An investment fund is a way of investing money alongside other investors in order to benefit from the inherent advantages of working as part of a group. The Fund will launch in 2019.

Rural living is better.



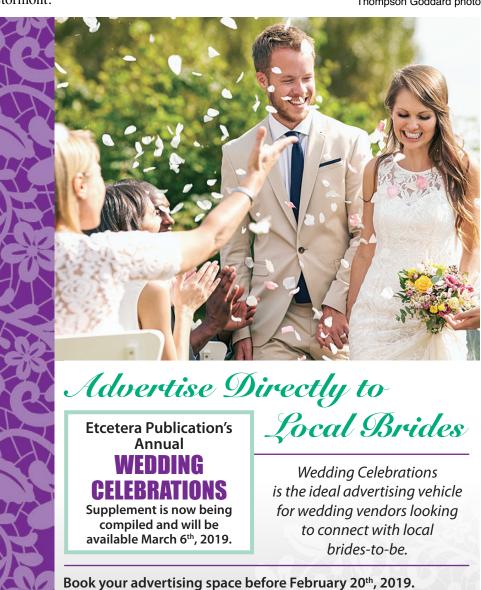
Welcoming the newest tenant

Will Bruining, agri-engineer with Laporte Engineering Inc., is the newest tenant at the North Dundas Business Centre, local business incubator and accelerator, seen here with the Centre's owner Sarah Meharg.



Serving it up

Anne Carriere from Simply Baked Catering serves Marnie Fossitt some soup during the Empty Bowls event held on Feb. 9 at the Christian Reformed Church in Williamsburg. 150 people attended the sold-out event which was a fundraiser for Community Food Share that serves North Dundas, South Dundas and North Stormont. Thompson Goddard photo



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HOLIDAY NOTICE

Bo's Barbershop will be closed for holiday Tues., Feb. 19 to Wed., Feb. 27. Re-opening on Thurs., Feb. 28, 8 a.m.

32-3

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Farm Worker F/T, \$20 to 25 +/hr, based on ability. Cedar Lodge Farms looking for individual passionate about production agriculture. Farm transitioning from conventional tillage to full no-till using strip-tillage and cover crops. GPS technology used extensively. Need self-motivated person wanting to stay on cutting edge of agriculture, using new practices operating modern equipment in team environment. Min. 3 yrs. experience cash crop farm, physically capable, AZ clean abstract. Qualified applicants may request full job description and submit self-describing cover letter and resumé with references, cedarlodgefarms@gmail.com. 31-1

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COMING EVENTS

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MOREWOOD UNITED CEMETERY ANNUAL MEETING

Tues., Feb. 19 at 7 p.m. in the Morewood R.A. Centre. All welcome.

COMING EVENTS

WING NIGHT Chesterville Legion, Fri.,

Feb. 15 from 5 - 7 p.m. 31-1

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North Dundas Chamber of Commerce

ANNUAL GENERAL MEETING

Wednesday, February 20 at 6:30 pm - 8:30 pm

Winchelsea Events, 1567 County Road 31

Guest Speaker: Angela Sutcliffe, SOB (Smart Old Broad) & Business Consultant

Cash Bar and Complimentary Snacks

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Registration required at http://bit.ly/NDCC_AGM_2019 before February 18.

All Welcome!



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Mail to: Program and Services Director

Dundas Manor

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Or Email to: Jennifer.Hill@DundasManor.ca

Only applicants selected for an interview will be contacted. No phone calls please.

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Wednesday, February 13, 2019

HEART Are you MONTH for heart disease?

New online tool helps Canadians assess their risk of heart disease

Each year, the Heart and Stroke Foundation declares February Heart Month to raise awareness about the high numbers of deaths and hospitalizations from cardiovascular disease in Canada. One important way you can mark the occasion is by taking the time to assess your risk of experiencing a heart attack, stroke or other cardiovascular problem. Thankfully, doing so just got a whole lot easier.

A team of Ottawa researchers led by Dr. Doug Manuel has developed an online calculator that makes it easier for Canadians to assess their risk of heart disease and change their unhealthy habits. Its algorithm was created by using data compiled from Statistics Canada health surveys of more than 100,000 Canadians along with data on hospitalizations and deaths from the Institute for Clinical Evaluative Sciences (ICES).

The tool calculates your risk of dying or being hospitalized for cardiovascular disease within the next five years by asking you a series of questions about factors like your family history, diet, physical activity, alcohol consumption and smoking habits. It also takes into account less obvious factors that affect your chances of developing heart problems, including socioeconomic status, education, stress levels, environmental influences, ethnicity and other health conditions like diabetes

The researchers hope that Canadians will use the tool to assess their cardiovascular health and talk to their health-care providers about how their lifestyles are impacting their hearts. To try out the Heart Attack and Stroke Calculator yourself, visit the Project Big Life website at: projectbiglife.ca/cardiovascular-disease.

FUN FACTS ABOUT YOUR HEART

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Rockets on course to meet Eagles in first round of playoffs

Jeff Moore

Record Staff

CHESTERVILLE—The North Dundas Rockets played two home games this past week as they welcomed the South Grenville Rangers on Saturday night and the St. Isidore Eagles on Monday.

Eagles 8 Rockets 6

The North Dundas Rockets welcomed the St. Isidore Eagles to the Chesterville Arena on Mon., Feb. 11, in the NCJHL. The game was a make-up game after the game was postponed from the previous week.

The Rockets went into the game in second place in the West Division; five points behind the South Grenville Rangers in first place after the Rangers beat the West Carleton Inferno in their previous game.

The Eagles opened the scoring just 42 seconds into the first period taking a 1-0 lead. The Rockets tied the game at 5:27 as Connor Roth

slapped one home from Matt starting goalie, Reilly Cowley and Will Watson.

The Eagles retook the lead at 15:58 and took a two-goal lead with just 49 seconds remaining in the opening frame. The Eagles took a 3-1 the first lead into intermission.

The Eagles made it 4-1 at 4:43 and took a 5-1 lead at 5:50. The Rockets finally got back on the scoreboard at 11:06 as Hugo Lusignan lit the lamp from Zack Parent and Carter Tait but the Eagles restored their four-goal lead at 11:36. The Rockets cut the deficit in half when Kyle Collette scored his first goal as a Rocket from Justin Lefebvre and Brad Nash, but again, the Eagles retook a four-goal lead with 1:40 remaining in the middle frame. The Eagles took a five-goal lead with just 35 seconds remaining and took a 8-3 lead into the second intermission.

The Rockets pulled their



The Rockets welcomed a new face to their lineup on Saturday night in their game against the South Grenville Rangers; Kyle Collette was introduced to the Rockets' faithful. Collette is a speedy forward and has won a championship with the Casselman Vikings of the CCHL2 in 2016 and went on to play for the Syracuse Jr. Stars in 2017 and 2018. He recently suited up for the SUNY Brockport Golden Eagles in the NCAA Division III.

Moore photo

Tondreau for the start of the third period replacing him with Caleb Gervais.

That seemed to spark the Rockets as Collette scored his second goal of the game just 31 seconds into the third period from Lefebvre and Pierce Egan to make it 8-4. The Rockets closed the gap to three when Egan slammed home a rebound from Roth and Lusignan at 15:25.

The Rockets got to within two as Lefebvre pounded one home from Brody Barkley and Roth on the power play. The Rockets pulled their goalie in favour of an extra attacker with just under two minutes remaining and put the pressure on the Eagles but were unable to get any closer as the Eagles hung on to take the game 8-6.

With the loss, the Rockets failed to gain ground on the first place Rangers. The Eagles outshot the Rockets 51-42, suffering the loss in the Rockets' goal was Tondreau making 22 saves and backup goalie Gervais, who stopped all 12 shots he faced.

Rockets 4 Rangers 3 (OT)

The North Dundas Rockets welcomed the South Grenville Rangers to the Chesterville Arena on Sat., Feb. 9, in the NCJHL. The Rockets went into the game in second place in the West Division, five points behind the Rangers who held down the top spot.

The Rockets opened the scoring at 3:06 of the first period as Will Watson slid one home from Carter Tait taking a 1-0 lead. The Rockets took a two-goal lead when Tyler Ballantyne scored his first goal as a Rocket, as



The Rockets' forward, Jarrett Williams (27) scores on a breakaway here, giving the Rockets a 3-0 lead. The Rangers' goalie Lee Spurgeon went for the Eddie Bauer poke-check but Williams was able to roof the puck over Spurgeon's shoulder. The Rockets went on to take the game 4-3 in overtime. Moore photo

he floated one through a screen in front of the net that found its way through at 8:27 from Connor Roth and Jack Van Kessel. The Rockets took a 2-0 lead into the first intermission.

The Rockets made it 3-0 when Jarrett Williams scored on a breakaway at 17:51 from Cameron Brown and Brad Stitt but the Rangers got that one right back with just 48 seconds remaining in the middle frame as Brody Ranger scored from Cole Edgley and Kieran Clement. The Rockets took a 3-1 lead into the second intermission.

The Rangers closed the gap to one as Tristan Loomis scored from Cameron Dillon at 10:56. The Rangers knotted the affair as Edgley scored from Sam Martin at 12:54.

Neither team was able to score before the time wound down to nil, so the game headed to a five-minute threeon-three overtime period. At 2:14 of the overtime the Rockets' defenseman, Matt Cowley joined a two-on-one rush with Roth.

Roth saucered the puck to Cowley and he roofed it over the Rangers' goalie, Lee



The Rockets' forward, Dylan Robinson (28) tries to corral a rebound from a shot from the point while the Eagles' goalie, Dawson Irving gets snowed under. Eagles defensemen, Philippe Burden clears the puck. The Eagles out gunned the Rockets 8-6 in a possible playoff preview. Moore photo

Spurgeon. The Rockets took the game 4-3 moving to within three points of the Rangers in first place. The Rockets outshot the Rangers 39-33.

Picking up the win in the Rockets' goal was Reilly Tondreau making 30 saves and suffering the loss in the Rangers' goal was Spurgeon making 35 saves.

Up next: The Rockets travel to the Larry Robinson Arena in Metcalfe on Fri., Feb. 15,

to take on the Jets at 8:15 p.m., and welcome the West Carleton Inferno to the Chesterville Arena on Sun., Feb. 17, at 12 p.m. The Rockets then travel to the NCJHL Spring Showcase at the Bernard Grandmaître Aréna on Mon., Feb. 18 at 1:30 p.m., to take on the St. Isidore Eagles and welcome the West Carleton Inferno to the Joel Steele Community Centre in Winchester on Tues., Feb. 19, at 8:30 p.m.

Hawks lose heartbreaker in overtime

Jeff Moore

Record Staff

WINCHESTER-The Winchester Hawks played just a single game this past weekend. On Friday night, they welcomed the Char-Lan Rebels, the team they are trying to catch for the last playoff spot in the Martin Division.

Rebels 4 Hawks 3 (OT)

The Winchester Hawks welcomed the Char-Lan Rebels to the Joel Steele Community Centre on Fri., Feb. 8, in the CCHL2. The Hawks went into the game in a must-win position, sitting just three points behind the Rebels for the last playoff spot of the season.

The Rebels opened the scoring just 1:41 into the first period taking a 1-0 lead. The Rebels made it 2-0 with just 1:18 remaining in the opening frame while shorthanded. The Rebels took the 2-0 lead into the first intermission outshooting the Hawks 14-11.

The Hawks cut the deficit in half when Kyle Kuehni scored his 16th goal of the

season from Miguel Pare and Nolan Guertin, just 48 seconds into the second period.

The Hawks knotted the affair when Bradley Wells scored his third of the season from William MacDonald and Eric DeRepentigny at 14:25. The teams took a two-all stalemate into the second intermission.

The Rebels restored the lead at 14:46 of the third period but the Hawks answered with just 2:03 remaining in regulation as Guertin scored his fourth of the season from Graeme Buffone and Kuehni. Neither team was able to score the game-winner before the final buzzer sounded, so the game headed to a five-minute three-onthree overtime period.

To the dismay of the Hawks, the Rebels ended the game at 3:05 of the extra frame taking the game 4-3. With the loss, the Hawks fall four points behind the Rebels with just five games remaining in the regular season.

The Rebels outshot the Hawks 50-33.



The Hawks' forward, Eric DeRepentigny (10) gets a scoring chance here and the puck eventually finds its way to Bradly Wells' (28) stick where he buried it, tying the game at two. The Rebels' goalie, Grant Craig (1) and defensemen, Shane Gaudreau (15) try to keep the puck out. The Rebels went on to take the game 4-3 in overtime.

Suffering the loss in the Hawks goal was Brent Pledge-Dickson making 46 saves. **Up next:** The Winchester Hawks welcome the Alexandria Glens to the Joel Steele Community Centre tonight Wed., Feb. 13,

at 8:30 p.m. and welcome the Ottawa West Golden Knights on Fri., Feb. 15, at 8:15. The Hawks then travel to the Richmond Memorial Centre on Family Day Mon., Feb. 18, to take on the Royals at 1:30 p.m.





Short-benched Vikings fall to Rebels

Jeff Moore

Record Staff

WILLIAMSTOWN—The Casselman Vikings were supposed to play two games this past weekend but their game on Thursday night was postponed due to the weather. However, they were able to travel to Williamstown on Saturday night to take on the Rebels.

Rebels 3 Vikings 1

The Casselman Vikings travelled to the Char-Lan Recreation Centre in Williamstown on Sat., Feb. 9, in the CCHL2. The Vikings went into the game in second place, 12 points behind the first place Ottawa Jr. Canadians and five points ahead of the Ottawa West Golden Knights.

The Vikings opened the scoring at 6:18 of the first period as Joel Hunt scored his 28th goal of the season from Gabriel Rousselle taking a 1-0 lead. The Vikings took the 1-0 lead into the first intermission.

The Rebels tied the game on the power play at 4:21 of the second period and took their first lead of the game at

17:21. The Rebels took a 2-1 lead into the second intermission.

The Vikings were only able to fire six shots at the Rebels' goal in the third period. The Vikings pulled their goalie in favour of an extra attacker with just over a minute remaining in regulation but it was the Rebels scoring in the abandoned cage with just 46 seconds remaining taking the game 3-1.

The Vikings failed to gain ground on the Canadians in first place. The Rebels outshot the Vikings 30-21. Suffering the loss in the Vikings' goal was Nick Campbell making 27 saves.

Up next: The Casselman Vikings travel to the Barbara Ann Scott Arena in Ottawa on Thurs., Feb. 15, to take on the Golden Knights at 7:15 p.m. and travel to the Billy Gebbie Arena in Alexandria on Fri., Feb. 15, to take on the Glens at 8 p.m. The Vikings then welcome the Athens Aeros to the J. R. Brisson Complex on Sun., Feb. 17, at 2:30 p.m.



The Vikings' goalie, Nick Campbell had a busy night facing 30 shots making 28 saves. Unfortunately for Campbell, the Vikings offence was only able to score a single goal as the Rebels took the game 3-1.

Moore photo

Panthers struggle down the stretch

Jeff Moore

Record Staff

EMBRUN-TheEmbrun Panthers played two home games this past weekend as they welcomed the Ottawa West Golden Knights on Friday night and the Alexandria Glens on Sunday afternoon.

Glens 5 Panthers 3

The Embrun Panthers welcomed the Alexandria Glens to the Palais des Sports on Sun., Feb. 10, in the CCHL2. The Panthers were coming off a lopsided loss to the Ottawa West Golden Knights in their previous game and sat three points behind Winchester Hawks in sixth place in the Martin Division.

The Glens opened the scoring at 2:37 of the first period taking a 1-0 lead. The Panthers tied the game at 3:35 as Cayden Martin scored his seventh goal of the season from Marc Brosseau, Mathieu O'Toole and Kyle Green. The teams took a one-all draw into the first intermission.

The Panthers grabbed their first lead of the game as Brosseau scored his 13th of the season from O'Toole and Nathan Brown at 13:09 of the second period. The Glens tied the game for the second time at 13:38 and took a two-all draw into the second intermission.

The Panthers retook the lead when Brosseau scored his second of the game and 14th of the season from Robert Beaudoin just 33 seconds into the third period.

The Glens tied the game again at 6:28 on the power play and took their second lead of the game at 17:31 on another power play. The Panthers pulled their goalie in favour of an extra attacker with just over a minute remaining in regulation but that backfired as the Glens found the yawning cage at the far end, taking the game

The Panthers outshot the Glens 40-30. Suffering the loss in the Panthers' goal was Joshua Ivanski making 25 saves

Golden Knights 6 Panthers 1

The Embrun Panthers welcomed the Ottawa West Golden Knights to the Palais des Sports on Fri., Feb. 8, in the CCHL2. The Panthers went into the game in seventh place in the Martin Division just two points behind the Winchester Hawks in sixth.

The Golden Knights opened the scoring at 16:45

of the first period to take a 1-0 lead and took a two-goal lead at 17:50. The Golden Knights took the 2-0 lead into the first intermission.

The Panthers cut the deficit in half when Nathan Brown scored his fifth goal of the season from Marc Brosseau and Alan Njima on the power play at 13:21 of the second period. The Golden Knights restored their two-goal lead at 14:22 and took a three-goal lead with just 1:04 remaining in the middle frame. The Golden Knights took a 4-1 lead into the second intermission.

The Golden Knights added a pair of goals in the third period at 10:33 and 17:33 on the power play taking the game 6-1. The Panthers fell three points behind the Hawks after the Hawks took the Char-Lan Rebels to overtime picking up a single point.

The Golden Knights outshot the Panthers 34-18. Suffering the loss in the Panthers' goal was Cody MacEachern making 28

Up next: The Embrun Panthers welcome the Ottawa Jr. Canadians to the Palais des Sports on Fri., Feb. 15, for their final home game of the season at 8 p.m.



Demons, second tournament championship

The North Dundas Peewee C Demons travelled to the Osgoode/Rideau Minor Hockey Association's Peewee C Tournament on the weekend of Feb. 1-3. The Demons took down the Ottawa East Lions 6-0 in their opener, the Richmond Royals 4-3 and the Metcalfe Jets 9-1. The Demons then met the Osgoode Senators in the final and squeaked past them by a score of 2-1, winning the A championship. This was the second tournament championship for the Demons this season. The team members (not in order) are; Dylan Carkner, Kylie Lesage, Reid Smith, Jean Thurler, Kingsley Raistrick, Henry Link, Kyle Robb, Ethan Guy, Logan Stewart, Shawn Hollister, Paul Theos, goalie, Kaiden West, coach, Kreg Raistrick, asst. coaches, Phil Carkner and Steve West, trainer, Barry Smith and team manager, Tracy Raistrick. Courtesy photo

Junior T-Wolves win final game of season

Jeff Moore

Record Staff

RUSSELL-The Russell High School Junior T-Wolves basketball team welcomed École secondaire catholique régionale de Hawkesbury Kodiaks on Wed., Feb. 6, PRSSAA.

T-Wolves 63 Kodiaks 41

Both teams went into the game knowing they were not moving onto the playoffs for this season, so there was just pride and bragging rights on the line.

The T-Wolves took the early lead knocking down 20 points in the first quarter, holding the second quarter narrowly outscoring the T- Wolves 14-13 but the T-Wolves took a 33-26 lead into the break at the half.

The T-Wolves' remained consistent scoring another 13 points but their defence held the Kodiaks to just eight points. The T-Wolves took a 46-34 lead into the final quarter. The T-Wolves saved their best offence until the fourth quarter dropping 17 points on the Kodiaks.

The T-Wolves held the Kodiaks to just seven points in the quarter, taking the game 63-41. Scoring for the T-Wolves were Scott Roos with 26 points, Evan Houle with 10, T. W. with nine, Connor Ross and Sam Peters Kodiaks to 12. The Kodiaks rebounded in the with five each and Ruben Jaquemet and Owen Johnson with four each.



The Panthers' Mathieu O'Toole (24) passes the puck, just out of his teammate Philippe Plante's (8) reach during the first period. The Golden Knights' goalie, Mitchell Bown eyes the puck as his defenseman Lucas Brown takes care of Plante. The Golden Knights got the last laugh taking the game 6-1. Moore photo



Junior T-Wolves end year on a high

The Russell High School T-Wolves Junior basketball team welcomed the École secondaire catholique régionale de Hawkesbury Kodiaks on Wed., Feb. 6, in the PRSSAA. The T-Wolves took the game 63-41 for their last game of the regular season. The T-Wolves' team members, from left, Curtiss Sturgeon, J. H., Evan Houle, Matt Marsh-Stewart, Owen Johnson, Sam Peters, Abou Hassane, coach, Kim MacKinnon, Ruben Jaquemet, captain, Scott Roos, T.W., Connor Ross, Josh Tuinder, Charlie Pascoe, manager Wesley Nolan. Absent from the photo was assistant coach, Justen Dupelle. Moore photo

Page 14 The Sports Pages

Lions win two of three over weekend

Jeff Moore

Record Staff

MORRISBURG—The Morrisburg Lions played three games this past weekend as they travelled to Metcalfe on Friday night to take on the Jets, welcomed the West Carleton Inferno on Saturday night and the Jets on Sunday afternoon.

Jets 9 Lions 0

The Morrisburg Lions welcomed the Metcalfe Jets to the Morrisburg Arena on Sun., Feb. 10, in the NCJHL. The Lions were coming off their second consecutive win and looked to make it three in a rematch of Friday night.

The Jets opened the scoring at 10:34 as Morrisburg native, Evan Mantha fired one home from Noah Johnston and Devon Upton taking a 1-0 lead. The Jets took a two-goal lead when Aiden Daly slid one home from Tyson Sherrer and James Horvath at 10:53. The Jets took a 2-0 lead into the first intermission.

The Jets made it 3-0 as Cam Gallant scored from Upton and Mantha at 5:10 of the second period. The Jets made it 4-0 as Horvath blasted one home from Mark Morrison at 6:40 and 5-0 at 9:33 as Morrison scored an unassisted goal.

The Jets added a late goal with just 1:56 remaining in the middle frame as Cooper Robinson scored an unassisted goal on the power play. The Jets took a 6-0 lead into the second intermission.

slammed one home from Gallant and Alex Paulo Suppa. MacNeil at 5:09 of the third period on the power play.

It was all Jets in this game and they added to the lead at 18:09 as Jarrett Ladoucuer snapped one home from Daly and Austin Gough; they closed out the scoring with just 25 seconds remaining as Tyler Boyd scored from Morrison.

Lions' winning streak. Picking up the unassisted. The Jets cut the deficit in half

shutout in the Jets goal was Dominik Turcotte making 31 saves and suffering the loss in the Lions' goal was Riley Phillips. Lions 3 Inferno 1

The Morrisburg Lions welcomed the West Carleton Inferno to the Morrisburg Arena on Sat., Feb. 9, in the NCJHL. The Lions were coming off their fifth win of the season after upsetting the Metcalfe Jets 7-6 in overtime the previous night; they looked to make it two consecutive wins.

The Lions opened the scoring when Daniel MacDonald slapped one to the back of the net from Hayden Hoerner and Francis Chartrand at 13:05 of the first period taking a 1-0 lead. The Lions took the 1-0 lead into the first intermission.

The Lions took a two-goal lead at 14:24 as Graham Robertson sniped one from Jansen Tysick and Devon Burns at 14:24 of the second period. The Lions took a 2-0 lead into the second intermission.

The Inferno finally got on the board at the nine-minute mark of the third period to make it 2-1. The Inferno pulled their goalie in favour of an extra attacker with just under a minute remaining in regulation but that didn't go as planned as the Lions' Burns found the empty net while shorthanded with just 26 seconds showing on the clock from Justin Shay.

The Lions took the game 3-1 winning their sixth game of the season.

The Lions outshot the Inferno 50-27. The Jets made it 7-0 when Upton Picking up the win in the Lions' goal was

Lions 7 Jets 6 (OT)

The Morrisburg Lions travelled to the Larry Robinson Arena in Metcalfe on Fri., Feb. 8, to take on the Jets in the NCJHL. The Lions opened the scoring as Devon Burns snapped one home from Hayden Hoerner at 5:54 taking a 1-0 lead.

The Lions made it 2-0 when Burns The Jets took the game 9-0 spoiling the scored his second of the game at 7:04



The Lions' forward and Chesterville native, Jacob Robinson (20) gets a glorious scoring opportunity on a pass from teammate, Justin Shay (12), however, the Jets' goalie, Dominik Turcotte turned it away. Turcotte picked up a shutout in a 9-0 victory.

Moore photo

when Aiden Daly scored from Kirkland Reaney and Tyson Sherrer at 7:59. The Jets tied the game at 14:05 as Alex MacNeil scored an unassisted goal. The teams took a two-all draw into the first intermission.

The Jets took their first lead of the game when Jarrett Ladouceur scored from Alex Cloutier and Mark Morrison at 6:38.

The Lions tied the game one minute later as Burns completed his hat trick unassisted. The Jets retook the lead when Tyler Melvin scored from Ladouceur and Morrison at 9:29. The Lions tied the game again as Cal Bilmer fired one home from Burns and Francis Chartrand at 12:38.

The Lions took over the lead again as Burns scored his fourth of the game unassisted at 17:04 and took a two-goal lead at 17:38 as Burns notched his fifth of the game. The Lions took a 6-4 lead into the second intermission.

The Jets got back to within one as

Cameron Gallant scored from Evan Manta at 6:49 of the third period and tied the

game at 10:11, as Devon Upton slapped one home from Mantha and Gallant.

Neither team was able to score the game winner before time ran out in regulation, so the game headed to a five-minute three-onthree overtime period. In the extra frame, it was Burns scoring his sixth of the game just 1:36 in, and the Lions stole the game 7-6. Picking up the win in the Lions' goal was Riley Phillips.

Up next: The Morrisburg Lions play the visitors tonight Wed., Feb. 13, as the South Grenville Rangers take over the Morrisburg Arena for a home game at 7:15 p.m. The Lions then travel to the Vankleek Hill Arena on Fri., Feb. 15, to take on the Cougars at 8 p.m. and welcome the Gatineau Hull-Volant to the Morrisburg Arena on Sat., Feb. 16, at 7:15 p.m. and head to the NCJHL Showcase on Sun., Feb. 17, at the Bernard

Grandmaître Aréna in Ottawa to take on the Volant at 4:30 p.m.

Demons rout Rangers, shot down by Blue Wings

Jeff Moore

Record Staff

CARDINAL—The North Dundas Major Midget Demons played two games this past week as they welcomed the Perth Lanark Blue Wings on Thursday night and travelled to Cardinal on Saturday night to take on the South Grenville Rangers.

Demons 7 Rangers 3

The North Dundas Major Midget Demons travelled to the Ingredion Centre in Cardinal to take on the South Grenville Rangers on Sat., Feb. 9, in the UCMHL. off a tough 6-1 loss to the their previous game and sat

points behind the Cornwall Colts.

The Demons opened the scoring when Cam Sherrer launched one to the back of the net from Josh Broad and Dean Lapier just 1:12 into the first period taking a 1-0 lead. The Rangers promptly tied the game at 3:08 but the Demons retook the lead at 10:47 as Ben Fingler pounded one home from Nic Brugmans and Kendrew Byers. The Demons took a 2-1 lead into the second period.

The Rangers tied the The Demons were coming game just 26 seconds into period from Broad and the second period but the Perth Lanark Blue Wings in Demons retook the lead Demons closed out the

in third place just three scored his second of the remaining in the game as game from Byers.

> The Demons made it 4-2 when Sherrer scored his second of the game from Broad and Lapier at 6:06. The Rangers got back to within one at 11:02 but the Demons restored their twogoal lead with 1:52 remaining in the second as Blake Waters pounded one to the back of the net from Byers. The Demons took a 5-3 lead into the third period.

The Demons made it 6-3 hat trick at 7:20 of the third goalie, Toby Byrne. The again at 4:30 as Fingler scoring with two seconds

Curtis Bell scored an unassisted goal.

The Demons took the game 7-3 to move to within one point of the second place Colts. Picking up the win in the Demons' goal was Byrne.

Blue Wings 6 Demons 1

The North Dundas Major Midget Demons welcomed the Perth Lanark Blue Wings to the Joel Steele Community Centre in Winchester on Thurs., Feb. 7, in the UCMHL. The when Sherrer completed his Demons went into the game in third place, three points behind the Cornwall Colts.

> The Blue Wings opened the scoring at 6:23 taking a 1-0 lead and took that lead into the second period.

The Demons tied the game when Colin Minish snapped one home from Dean Lapier at 5:19. The Blue Wings retook the lead with just 51 seconds remaining in the middle frame.

The Demons ran into penalty problems in the third period and the Blue Wings took advantage scoring four consecutive goals at 1:20, 2:55, 6:32 and 12:17. The Blue Wings took the game 6-1 handing the Demons their seventh loss of the season. Suffering the loss in the Demons' goal was Liam Antille.

Atom C1 Demons win a pair on the road

Jeff Moore

Record Staff

MORRISBURG-The North Dundas Atom C1 Demons played two road games this past weekend as they travelled to Cardinal on Saturday afternoon to take on the South Grenville Rangers and to Morrisburg on Sunday afternoon to take on the South Dundas Lions.

Demons 2 Lions 0

The North Dundas Atom C1 Demons travelled to the Morrisburg Arena on Sun., Feb. 10, to take on the South Dundas Lions in the UCMHL.

The teams battled to a scoreless first period but the Demons took the lead at 7:34 as Aiden LeClair sniped one from Koen Myers and Sydney Robinson on the power play. The Demons took the 1-0 lead into the third period.

The Demons scored an insurance marker at 6:02 of the third as Jacob Miller lit the lamp from Jack Robinson. The Demons hung on for a 2-0 victory. Picking up the shutout in goal for the Demons was Matthew Seguin.

With the win, the Demons moved to within one point of the C2 Demons who sat in fourth place.

Demons 5 Rangers 1

The North Dundas Atom C1 Demons travelled to the Ingredion Centre in Cardinal on Sat., Feb. 9, to take on the South Grenville Rangers in the UCMHL. The Rangers opened the scoring at 1:41 of the first period to take a 1-0 lead but the Demons answered at 5:32 as Koen Myers scored an unassisted goal.

The Demons took their first lead of the game as John Nadobny slid one home from Jack Robinson at 7:22. The Demons took a 2-1 lead into the second period.

The Demons made it 3-1 just 31 seconds into the second as Jack Robinson scored an unassisted goal and took a three goal lead at 2:47 with Jack Robinson scoring his second of the game unassisted. The Demons took a 4-1 lead into the third period.

The Demons scored the lone goal of the third, as Sydney Robinson batted one to the back of the net with just 17 seconds showing on the clock. The Demons took the game 5-1. Picking up the win in the Demons' goal was Matthew Seguin.



The North Dundas Major Midget Demons welcomed the Perth Lanark Blue Wings to the Joel Steele Community Centre in Winchester on Thurs., Feb. 7, in the UCMHL. The Demons' nifty forward, Colin Minish (16) beats the Blue Wings' goalie, Tyson Thomas to tie the game at one, early in the second period. Unfortunately for the Demons, the Blue Wings stole the game 6-1. Moore photo







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Heritage plaque project awaits council's go-ahead

Tom Van Dusen

Villager Staff

RUSSELL - The Russell and District Historical Society has been waiting for at least two years for approval to install a set of heritage plaques at various locations around the village.

Approval needs to come from Russell Township council as most of the installations would occur on municipal property; the historical society is hoping that the township will provide and erect posts on which to secure the plaques; to be made of an aluminum based compound.

Cost of the plaques has already been covered through a donation to the museum; new chairman, Harry Baker indicated during the society's annual meeting Monday at the Keith Boyd Community

Museum when he moved the project. One possible into the top executive spot replacing retiring Judy James. He'll be joined on the board by Lois James as vice-chair, treasurer Barbara Agar, cosecretaries Connie Johnston and Mary Donnelly, curator Bob Proper, and Judy James as immediate past

A mockup has been produced for one of the proposed plaques depicting the Great Fire of 1915 which levelled much of Russell Village, sparing the brick, former registry office which remained standing except for its roof. Equipped with steel doors and steel shutters, none of the records inside were destroyed.

Baker said he isn't sure exactly why the township hasn't moved forward with reason is that the municipal staff member assigned to deal with it has been away on prolonged sick leave; another is that the township has been going through an extended rebranding exercise and the plaques might not fit in with the future vision.

In other business, the meeting received various reports and finalized plans for its next big event, the Irish Tea Party at the museum March 17, St. Patrick's Day, 1 p.m. to 4 p.m. There'll be live music by the Gallagher family by the accompanied Patterson dancers. Refreshments will be

Admission is free with donations accepted to help cover the cost entertainment. Last year,



Hot topics

Harry Baker showed a heritage plaque mockup to the committee members at the meeting. The mockup depicts the Great Fire of 1915.

Van Dusen photo

the museum was packed for the the same performance; \$217 was collected in the donation box, almost all of which was turned over to

Gallaghers Pattersons.

"We're not trying to make money on it," Baker noted. "It's another way of attracting residents to the museum during our 30th anniversary year to learn about the collections we maintain on their behalf."

What's beyond health and fitness?

Kory Glover

Villager Staff

EMBRUN – Daniel Laporte, trainer and owner of Beyond Fitness, has a single passion of helping people achieve their health goals through active living and a healthier lifestyle; but can more be done?

For the first time, Beyond Fitness partnered up with the Kin Club of Russell to create the Beyond the Basics Health and Wellness Conference Sat., Feb. 9 at the Embrun Community Centre Hall that brought in approximately 100 participants.

"We were able to sell 50 tickets," said Laporte. "There were also guests of the speakers and the volunteers, so all together, there were about 100 people there."

A total of six speakers were invited to the conference to discuss and present some newer ideas to achieve a healthier lifestyle. These ideas included presentations on super-immunity through consuming clean, whole foods, and going out into the wilderness more; with local doctor, Dr. Darrell Menard talking about aging athletes through his experience, accompanying Canadian athletes to several world games.

According to Laporte, participants to the event were given a chance to fill out a

feedback sheet to give their opinion on the event and three of the speakers really drove people in.

"There was a lot of talk about three of the guest speakers. Ben Johnson, Amanda Rassam and Chris Fudge were the speakers that really got people talking afterwards," he said. "Ben spoke about the gut-brain axis and linking everyday activity with food, posture and negative and positive effects to your gut health. Amanda's presentation was called Curating Conscious Relationships and it was all about how to perceive different people's opinions and how to take care of yourself and take care of a relationship. Lastly, Chris's presentation was called Move It or Lose It and he spoke about how different types of activities are made for different people and how important movement is."

On top of the six speakers, there were also 10 vendors at the conference selling an assortment of different items in the spirit of health and wellness, including a nutritionist and a booth selling home remedies.

Due to the success and positive feedback from the community, Laporte states that this conference will continue as an annual event into next year.

Francis Drouin acclaimed as chair of **National Liberal Rural Caucus**

RUSSELL - On Mon., Feb. 4, Francis Drouin, Member of Parliament for Glengarry-Prescott- Russell was acclaimed as chair of the National Liberal Rural Caucus (NLRC). The NLRC comprises Members of Parliament from rural ridings across Canada.

Drouin succeeds Marc Serré, Member of Parliament for Nickel Belt as chair. Serré was recently appointed Parliamentary Secretary to the Minister of Rural Economic Development.

Drouin looks forward to continuing the great work started by MPs Mike Bossio, T.J. Harvey and Marc Serré. In his new role, MP Drouin will work with his colleagues to advance rural caucus priorities within government.

Committed to supporting digital mammography at WDMH

EMBRUN – The team at Shoppers Drug Mart in Embrun knows how to plan. They have just presented a cheque for \$3,437 to the Winchester District Memorial Hospital already planning for another fundraising event next year.

It's all part of the "Shoppers LOVE. YOU." campaign which supports local women's health charities. This year, the Embrun team raised money by selling used books, popping balloons for extra PC Optimum points after a purchase, and asking for donations at the cash. There was a thermometer in the lunch room to show

staff their progress throughout the campaign.

"This is an incredible team," notes Cindy Peters, the Foundation's manager of (WDMH) Foundation – and they are direct mail and events. "We are so grateful to owner, Ches Woolfrey, who has just retired and to new owner, Samy Gobran, who plans to continue fundraising for WDMH. Thank you to the staff and to the customers who supported this campaign."

> The donation will be directed to the Foundation's Digital Mammography Fund. Since 2001, the Shoppers Drug Mart in Embrun has given \$31,699 to support patient care close to home.



Generous donation

Celebrating at the cheque presentation are, from left, staff members Tammy and Leigh; Samy Gobran; staff members Linda, Sheena, and Donna; Ches Woolfrey; Cindy Peters; and staff members Sharon, Kim, Amy and Mina.

Courtesy photo



Starting fresh

Students are back in from the cold and lunging into a brand new semester. We began with a few

slightly unfortunate snow days, but are now well into the second half of our school year.

While students got a break, school activities are still propelling forward. On Feb. 7, the school held a pep rally and our RHS Junior boys' basketball team raked in a victory. Go T-Wolves! As well, the Senior girls' volleyball team won a couple matches against topranked Casselman and Plantagenet on Friday and are heating up for the playoffs this week!

It's about that time of year when students should be getting in their yearbook orders - always a great way to commemorate these precious high school years. Don't miss out! Students should also keep in mind Russell High School's new Crayola's ColorCycle program- just drop off your used markers at the office to keep them out of landfills and help protect the environment.

That's all for this week. Good luck to all students this semester!

Page 16 The Villager February 13, 2019

showdown

Tom Van Dusen

Villager Contributor NORTH GOWER -

Embrun's François Latour is promising a minimum of 200 antique threshing machines grinding away on Aug. 10 and 11 in St. Albert when he takes a second run at the Guinness Book of World Records

Latour entered the big book in 2015 with 111 threshers operating together for 15 consecutive minutes at the St. Albert Curd Festival; but he lost the title the following year when a Manitoba group fielded 139 operating threshing machines.

Latour said he'd be back and he is... big time! As he told members of Vintage Iron & Traditions of Eastern Ontario (VITEO) during their annual meeting at nearby Pierces Corners Sunday, not only is he rounding up at least 200 machines but he's turning the event into a major fundraiser for breast cancer research.

The first time around, \$25,000 was collected to help combat the disease in the name of his wife Suzanne who died of breast cancer on the very day he entered the Guinness Book in 2015. This time around, Latour is aiming for \$100,000 to be raised for the pink campaign, in part through a draw of a new car, four-wheeler, and a trip as main prizes.

He's turning the Guinness Book attempt into a two-day agricultural extravaganza in St. Albert with a plowing match, the Dancing Tractors, antique tractor pull, exhibition, demonstrations, and banquet... along with the threshing challenge.



There will be some preevents as well, designed to generate interest in the Guinness Book showdown; a pink miniature thresher was custom made by an Amish craftsman to be included in the first-ever toy auction at the Ottawa Valley Farm Show March 12 to 14, and one of Latour's own full-sized will threshers be professionally painted pink to

be included in the contest. Threshers and billboards advertising the main event will be set up in 25 locations between Arnprior and St.

During the meeting, members agreed to grant Latour \$1,500 on top of \$500, already given to him to help with publicity leading up to Aug. 10 and 11; for the money, VITEO - of which

Latour is first vice-president wants recognition as a major supporter of the event.

Latour decided he's too busy this year to take over as president of Vintage Iron so Hank Bakker will remain in that position for another year, while Roger Lafrance was added as second vice; secretary is Sharen Armstrong, and treasurer is Glen Edwards.

Pink presence powerful part of threshing Catch the Ace jackpot claimed

RUSSELL - The Kin Club of Russell is very pleased to announce that the jackpot in the weekly Catch the Ace Lottery was won Feb. 10. The lucky winner, Helene Brisson of Embrun was reached by phone by Marie-Claire Ivanski of Victoria's Quilts who sold her the ticket which opened envelope #12. Ms. Brisson was elated and immediately went to Étienne Brûlé to receive a cheque in the amount of \$30,969.50 which included the total lottery winnings and the weekly amount.

The Kin Club of Russell wishes to thank the volunteers and participants who partook in the selling and buying of tickets over the last several weeks. The Kin Club of Russell looks forward to having another lottery soon. Another shout out goes to the selling locations: Étienne Brûlé, Pierre et Fils, Russell Pronto and Russell Foodland they were instrumental in getting the tickets out to the public. Thank you!



Courtesy photo



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