

# WE HAVE

The Chesterville Record/Villager Now located at 29 King St., Chesterville, ON formedy The Co-operators Insurance buildin Open: Monday to Friday 8:30 a.m. - 4 p.m 613-448-2321

# Briefly

# Celebrating the tulip festival

WINCHESTER – On Sat., May 11, sweet corner park will welcome Chickadilly Studio and Tom Stefan Carvingworks as they carve wooden tulips from large tree logs. The event will take place from 9 a.m. to 4 p.m. and is meant to celebrate the Canadian Tulip Festival, running from May 10 to 20 in Ottawa.

## Lace up your running shoes

running shoes RUSSELL – The 10th annual Russell Run will be held this Sat., May 11, beginning at the Russell Community Sports Club. The event will feature a 1.2 km Kids Fun Run at 9 a.m. and 5 km Fun Run and Road Race at 9:30 am. Get the family together and register for this fun event.

## Fun Run and Barbecue

MOREWOOD – This Saturday, the Morewood Firefighters are hosting their first family 5 km run and barbecue fundraiser. The event begins at 10 a.m. at the Morewood Fire Station and will be followed by a barbecue at the community centre. Proceeds from the



PM40050631R8905 Volume 126, Number 43 Chesterville, Ontario Wednesday, May 8, 2019 Single Copy \$1.00 (HST included)

# An enchanted evening

#### Carolyn Thompson Goddard Record Correspondent

SOUTH MOUNTAIN – There was magic in the air as the 2019 Father-Daughter Princess Gala at the South Mountain Agricultural Hall got underway on May 3. The event is organized by the Mountain Township Agricultural Society and provides an opportunity for dads and daughters to enjoy some quality time together.

Continued on page 5

# Perfect day for a hike Kory Glover

Record Staff

WINCHESTER – After three years of bad luck with cold, rainy or cloudy weather, the annual Hike for Hospice finally landed on a beautiful sunny day on Sun., May 5 at the Joel Steele Community Centre.

"The last three hikes we've had were not very good for weather, last year wasn't too bad but today is very fortunate for us," said Paul Renaud, board chair of the Dundas County Hospice.

The Dundas County Hospice coordinates the hike each year to raise money for their various programs that benefit the community. The



# Having a ball at the Princess Gala

Olive, in her pink gown and sister Ellie in blue are shown with their dad Chris Gorrie in the photo booth during the Princess Gala held on May 3 in the South Mountain Agricultural Hall. Organizers estimate close to 70 young ladies and 54 dads attended the event. Thompson Goddard photo

# Eric Duncan holds Campaign Nomination Rally

Carolyn Thompson Goddard

occasion and introduced speakers, Bev Runions, Michael Deighton and current SDSG MP Guy Lauzon, who provided informative introductions on the candidate. Following these speeches, members of the South Glengarry Pipe Band piped Duncan to the podium where he provided those present with a short but comprehensive speech.

Duncan began by mentioning he was "honoured and humbled," to stand as the Conservative party candidate in SDSG. The 31-year-old graduated from North Dundas District High School and attended Carleton University where he received his degree in Political Science. In his earlier remarks, MP Lauzon explained that Duncan began working for him while he was attending Carleton and Lauzon was caucus chair for the governing Conservative party. Duncan served the people of North Dundas as a municipal councillor and for two terms as mayor.

event will go toward upgrading the outdoor public washroom at the Morewood Outdoor Rink/Park.

3 10499 02078 2

process is simple, runners pledge donations for the cause and then walk and/or run the 5 km hike through Winchester.

This year's hike managed to surpass last year's total by raising \$9,800 to help the hospice serve the community better.

"What we raise today goes to some of our programs that help out the community," said Renaud. Continued on page 3 Record Correspondent

CORNWALL – From across Stormont Dundas and South Glengarry, people came to the Ramada Inn, in Cornwall, to attend the Campaign Nomination Rally for SDSG federal Conservative party candidate Eric Duncan on May 1.

An air of excitement permeated the room where approximately 200 people gathered to meet the Conservative candidate in the upcoming election, listen to the music of The Brigadoons and visit with old friends and make new ones. Campaign chairs Adrian Bugelli and Sam McDonell served as emcees for the

During his speech, Duncan thanked his family and friends for their support and assistance, with a special nod to Lauzon as he mentioned how dedicated the

Continued on page 2



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# **Eric** Duncan

**Continued from the front** current MP has been to SDSG. Duncan continued that he was drawn to the Conservative party for a variety of reasons, including the opportunity to make life affordable for everyone and fiscal responsibility.

He pledged, if elected, to maintain a high level of service to the constituency, noting a need to protect agriculture, to work with municipalities in order to receive government projects for the riding, and to seek opportunities to bring ethics back into politics. This echoes some of Deighton's comments as he introduced Duncan which included his ability to get things done while serving as NDDHS prime minister and during his municipal career and his community service, describing it as a selfless passion to serve others.

As Duncan concluded his comments, he mentioned looking forward to the coming campaign and his plans to be respectful toward the other candidates



## Musical entertainment

The Brigadoons provided an eclectic selection of music to the delight of the approximately 200 people who joined Duncan at the Campaign Nomination Rally in Cornwall on May 1. Thompson Goddard photo

during it. The Brigadoons returned to the stage and provided additional musical

numbers while Duncan visited with members of the audience.





Current SDSG MP Guy Lauzon is shown with

SDSG federal Conservative party candidate Eric

Duncan prior to the beginning of the Campaign

Nomination Rally held in Cornwall on May 1.

During an introductory speech at the event,

Lauzon commented how he had a great deal of

confidence in Duncan who had worked alongside the MP for 15 years in a number of capacities. Thompson Goddard photo

Passing the torch

# MacEwens nears completion, opening on the horizon Ghabrial, the new owner of the MacEwens; everyone really enjoys

#### Kory Glover Record Staff

CHESTERVILLE – After a lengthy closure and extensive remodelling, Chesterville's MacEwens is coming closer to its grand reopening, with a couple of added features, including an M&M Food Market partnership.

"There won't be an actual M&M store attached to the building," said Yvonne

Ghabrial, the new owner of the MacEwens; however, she went on to explain that several of M&Ms core products will be available within the MacEwens. "It's a new partnership MacEwens is having with the M&Ms, testing it out within several sites within the eastern area."

Ghabrial explained that this partnership was made in order to add a respected brand to their new business venture, hoping to attract more local customers.

"M&M is a very well-known brand that

## **Opening** soon

After months of construction, the Chesterville MacEwens is finally nearing completion with a few extra surprises for the upcoming grand opening. Glover photo

# **Traffic disruption on Ottawa Street**

MORRISBURG – Sidewalk and manhole repairs are underway on Ottawa Street in Morrisburg. Repairs began May 1 between Fifth Street and Canada Way. Traffic will be reduced in this area for 6-8 weeks, with flag people directing traffic. The Municipality of South Dundas apologizes for any inconvenience.

everyone really enjoys," she said. "We're hoping that this partnership will make a good addition to our product."

This new addition to the business is not the only development that Ghabrial is excited to show in the upcoming opening.

"We have a few surprises coming up including new

coffee machines, new Slushie machines and milkshake machines," she said. "These will make very nice additions to the store that will better serve the Chesterville community."

Ghabrial is hoping to host a soft opening for the store as close as May 28 but nothing is set in stone yet. The official date for grand opening has not yet been planned.

The last issue they need to attend to is a retaining wall to ensure that there are no issues in connection to its proximity to the South Nation River.

"We just have to install a retaining wall between the gas station and the small river within the town," she said. "We're suppose to build up a wall to make sure that there are no accidents."

Other than a few paving challenges associated with the recent colder temperatures, there have been few setbacks for the construction.

"The grand opening will be soon after our soft opening, maybe a few weeks later," she said. "We're planning for the grand opening to include the whole community with the mayor. We're very excited to be joining the Chesterville community. Me and my family are hoping we will fit right into the area with everyone else."



NORTH STORMONT \* A good place to grow

# PUBLIC NOTICE OF PESTICIDE USE

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Ashburn Rd., Benoit Rd., Casselman Rd., Concession 1-2 Rd., Concession 2-3 Rd., Concession 3-4 Rd., Concession 4-5 Rd., Concession 5-6 Rd. Concession 6-7 Rd., Concession 7-8 Rd., Concession 8-9 Rd., Concession 10-11 Rd., Concession 11-12 Rd., Courville Rd., Farley Rd., Finch-Osnanbruck Boundary Rd., Finch-Winchester Boundary Rd., Finch-Cambridge Boundary Rd., Forgues Rd., Goldfield Rd., Macmillan Rd., Manley Rd., Marionville Rd., McDermid Rd., Murphy Rd., Nine Mile Rd., Noel Rd., Ouderkirk Rd., Reveler Rd., Shane Rd., Smirle Rd., St. Luke's Rd., Yelle Rd.

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Check the website for dates, times & inventory <u>www.rideauauctions.com</u>

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The Contractor will be using a combination of the following: Distillates (Petroleum), Hydrotreated Light Paraffinic 64742-55-8 = 66.0% Alkylphenol alkoxylate 69029-39-6= 16.5% Heavy aromatic naphtha 64742-94-5= 4.7% Naphthalene 91-20-3= 0.5% \* Balance Not available 12.3%

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Commencing on May  $13^{th}$ , 2019 (weather permitting) and ending June  $13^{th}$ , 2019.

For further information contact:

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#### Wagar and Corput Weed Control (613)938-2117 OR Blake Henderson (613)551-0498 or 1-877-984-2821

Please contact the Township of North Stormont if you require more detailed information regarding our program- including additional information on how to post "no spray" signage in front of your property. This information is available at the Township of North Stormont's website (www.northstormont.ca).

#### Wednesday, May 8, 2019

# **Hike for** Hospice

**Continued from the front** "We have a visiting program for the community, we have a day hospice program, an equipment-lending program and other complimentary therapies that we provide to clients." Renaud noted that this year's hike brought in a considerable number of participants, keeping on pace from the previous years, "the participation for this year has been very good," he said. "It's not considerably more or considerably less, I think the participation would be about the same from the previous years. Each year, the hike becomes a bit more popular and people can see how good and helpful it is for the community and the clients that we serve."

Before the hike started at 1:30 p.m., participants,



## The trail we blaze

The hikers started in the parking lot of the Joel Steele Community Centre and blazed their trail of either the 2.5 km or 5 km trails, which were marked for the participants. Sisters Jan and Jackie Cross held the banner up high to commemorate the start of the 7th annual Hike for Hospice. Glover photo

Mayor Tony Fraser and South Dundas deputy mayor Kirsten Gardner, warmed up with dancing and stretches to the hit pop song, "We Are Family".

"I have had discussions with Kirsten and Mayor Steven Byvelds and Paul including North Dundas [Renaud] on how we can work together as two municipalities to ensure the viability, success and support of the Hospice from Dundas County and beyond," said Fraser. "It's something that is truly needed and we value it highly in our community and I'm sure it's the same in South Dundas."

# Fashion fundraiser for WDMH

## **Carolyn Thompson Goddard**

Record Correspondent

MORRISBURG - It was another successful fashion fundraiser for the Winchester & District Memorial Hospital held at Royal Canadian Legion Branch 48 in Morrisburg this past Sat., May 4. Bev Beck, fundraising for the WDMH Auxiliary, explained the Worldly Fashion Spring Show featured fashion from Biba and Juli Fashions. Beck estimated just under 200 people attended the event that combined an opportunity to view the latest fashions with

enjoying some light refreshments, all while visiting with family and friends to raise money for the WDMH. She thanked members of the Legion Auxiliary for providing the luncheon and WDMH for the delicious desserts enjoyed during the fashion show.

After acknowledging the support from the local community for the event, she expressed her gratitude to the businesses and individuals who had contributed items for the silent auction. Beck advised that the funds raised from the Fashion Show will be used to purchase equipment for the hospital.



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## We are family

Before the crowd set out on their hike, Marilyn Parisien warmed everyone up with some stretches and dancing to the hit pop song, "We Are Family". Also pictured from the left, North Dundas Mayor Tony Fraser, South Dundas deputy mayor Kirsten Gardner and Reagan Gardner, Kirsten's daughter. Glover photo

# Enter the EOHU's Emergency Preparedness Contest for a chance to win!

CORNWALL - Enter the Eastern Ontario Health Unit's (EOHU) Emergency Preparedness contest and you could win a 4-person 72-hour emergency survival kit for your home, valued at \$160. The EOHU is holding the Facebook contest during Emergency Preparedness Week, which takes place from May 5 to the 11. All you must do for a chance to win the prize is view a video about the basic contents of a home emergency kit on the EOHU's Facebook page and add a comment about what you would add to yours. "We encourage everyone to watch the video and enter the contest it's a fun way to learn what items you should include in your home emergency kit, and you have a chance to win a great prize," says Caroline Kuate, program manager of emergency management at the EOHU. To participate in the contest, check out the EOHU's English or French Facebook page:

•English: www.facebook.com/EOHUhealth

•French: www.facebook.com/BSEOsante

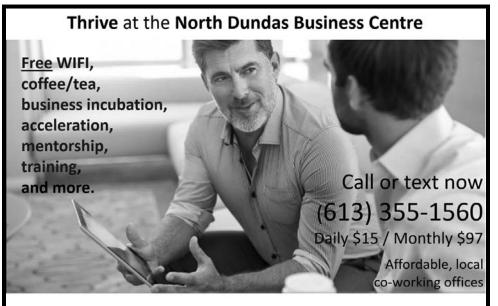
The contest started on May 5 and runs through May 11. Two home emergency survival kits will be drawn. Winners will be selected in mid-May.



Connaught Rd. Coulthart Rd. Coyne Rd. Crump Rd. Dagenais Rd. Dillabough Rd. Nation Valley Rd. Nesbitt Rd. North Wing Rd. Ormond Rd. Rae Rd. River Rd. Rodney Lane Shay Rd. South Wing Rd. Spruce Dr. St. Marys Rd. Steen Rd. Stevens Rd. Summers Rd. Thompson Rd. Webb Rd. Winchester Springs Rd.

## Fashion, fundraising and friendship

Several residents of the Chesterville area were seated at table 13 during the Worldly Fashion Show on May 4 in Morrisburg. Thompson Goddard photo



Why are you still working alone?

Droppo Rd. Finch-Winchester Boundary Rd. Forward Rd. Forward Rd. South Froods Corners Rd. Gilbeault Rd. Grav Rd. Helmer Rd. Kelly Rd. Kittle Rd. Kyle Rd.

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Commencing on May 13, 2019 (weather permitting) and ending June 30, 2019. For further information contact:

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Please contact the Township of North Dundas if you require more detailed information regarding our program - including additional information on how to post "no spray" signage in front of your property. This information is available at the Township website (www.northdundas.com)

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Box 368, 29 King St., **Chesterville, Ont.** KOC 1HO

#### Wednesday, May 8, 2019

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TOLL FREE: 1-866-307-3541

#### TEL: 613-448-2321

EDITORIAL&ODINION

# **CASTOR Country**

## By Tom Van Dusen

# Choosing sides

Up the St. Lawrence River 5 km west of Prescott sits a mini regional landmark the Blue Church on the Number 2 Highway, on a little rise, as it has since 1845. That's when the current version of the deconsecrated church was built.

The building anchors an historic cemetery containing prominent United Empire Loyalists and their descendants, some graves dating to the 1790s. The Mother of Modern Methodism Barbara Heck is in there, recognized with the biggest marker in the group. There are some who believe she haunts the cemetery; maybe she thinks she should have gotten an even bigger marker.

Maintenance of the site falls to one man, volunteer custodian John Harding, who takes care of things under the auspices of St. John's Anglican Church in Prescott. The little Blue

Church receives no grants or fees, any maintenance and repairs are conducted with the help of community goodwill.

Occasionally, pageants and lectures take place at the Blue Church with the donation box set out for support for the upkeep. John often dresses in period costume on these occasions; the Blue Church is where his wife Michelle is buried, yet another cancer victim. I haven't asked but there's no doubt Michelle's presence adds to John's attachment to the hallowed site.

Sometimes fairly heavy winds can blow in off the St. Lawrence and, over time, they've damaged the south and west walls that are currently being restored back to original using replacement wood siding painted the trademark blue. I went by the other day and there was a guy with a truck working away on the project, obviously a local contractor.

the siding work, which will rise to \$20,000 if finances permit new windows while they're at it. А straightforward, tidy job done at a reasonable rate, kind of the old-fashioned wav!

Now fast-forward to the Russell & District Historical Society where repairs to the original museum building, a deconsecrated former Baptist Church built in 1856 and transported to its current site 30 years ago, have been discussed, studied and reviewed for two years without an iota of action taken.

The work required is similar to what's needed at the considerably smaller Blue Church, with a few extras including a ramp and water runoff system. The project has become so bogged down in consultants' reports and conflicting options, that Russell Township which owns the building seems to want to wash its hands of it, The cost is \$14,000 for slap vinyl siding on it – a

travesty in heritage circles or unload it to the part-time volunteer historical society that doesn't have the cash or resources to deal with the work.

Isn't it amazing how, when a government of any kind gets involved, a relatively simple project becomes massively complicated and the price skyrockets as all of the usual suspects become involved. Gone is the oneguy, one-truck model in favour of 10 guys, each with their own company truck.

Also amazing, at least to me, is that Russell appears to have once had a quote similar to the Blue Church price to get the basic work done. I'm not sure if it's still valid but for \$15-\$20,000 with an estimated lifespan of 15 years, damaged siding would be removed from the museum exterior walls with flashing, sheathing membrane, new wood siding, eaves troughs and new front steps installed, along with removal and

replacement of waterdamaged drywall in the basement. This is known as Option 1.

Then it got complicated with a \$35-\$45,000 "indepth upgrade" of the cladding offered – Option 2 - involving replacing of all siding good or bad - most of it is good – with new wood and all of the other upgrades mentioned in the lower estimate. And then it really, got really complicated because the price tag on Option 1 described in township paperwork seems to have jumped to \$55,000 while Option 2 seems to have become \$139,000.

Then there's the matter of the accessibility ramp, the price for which is yet another \$15,000 with two



thirds to be covered by a provincial grant. Is it just me or does that seem totally outrageous? Couldn't a guy and a truck build a ramp for about \$3,000?

Does that \$15,000-\$20,000 option still exist? If so, now that we've got the weather, can't we just get on with the job as part of Keith Boyd Community Museum 30th anniversary celebrations. I was on the committee that moved the Baptist Church and I'd like to be on the one that celebrates an economical upgrade 30 years later.



On Mon., April 29, North Dundas had an electrical fire in the electrical panel around 10 p.m. No one was injured, but this led to a power loss that would last until Sat., May 4. This made the school unsafe for both students and staff, so school was cancelled the rest of the week. Obviously, this was not ideal, and many activities were affected, but we wanted to ensure there was no risk to students or staff before the school reopened. ND would like to thank all the parents, staff, and students for their patience. Since this power outage cancelled all after school activities, many dates have been changed.

The Fashion Show, scheduled to take place on Wed., May 8, will now take place on Wed., May 15. It will take place in Block D, from 1 p.m. to 2 p.m. There will still be a night show for community members, and tickets will be on sale for \$10 at the door. The night show will take place from 7:30 p.m. to 8:30 p.m., and the doors will be open at 7 p.m. Anyone who purchased a ticket for \$10 and cannot make the new show date will be given a refund, but the ticket must me shown to receive a reimbursement. Tickets are available for \$5 to attend the new show time. If anyone has questions, you can text Chloe Ziegler at 613-806-9735. The Community Concert that was set to take place on Sat., May 4, will now take place Fri., May 10. It will still be held at St. Paul's Presbyterian Church in Winchester and will take place at 7 p.m. There will also be a silent auction and a bake sale during the concert. The small household items and clothing drive will continue this week until Fri., May 10. Items brought in will be donated to the House of Lazarus and Ye Olde Bargain Shoppe. The WE team is hosting a Mother's Day Trivia challenge on Friday as well, to raise money and awareness for the Naomi Resource Centre. Prom ticket sales have been extended until tomorrow, Thurs., May 9. The ticket price is \$45, and you must have all your volunteer hours in to purchase the tickets. If you haven't yet picked up your 2017-2018 yearbook, you can pick them up at lunch at the prom ticket table. Once again, we would like to thank everyone for your patience. We realize it was a trying time, and you may still have questions or concerns, if so, feel free to contact the school at 613-448-2328.

# That's a Good Ouestion

# Have food ads been lying to you?

#### By Kory Glover

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Have you ever watched an ad on television for Wendy's, McDonald's or Burger King and thought to yourself, "Oh man, does that look good," but then when you actually have the meal in person, it looks nothing like the commercial? That's because the food that you saw on the commercial is almost never actually edible. It's an elaborate illusion.

Those fast food advertisements with the burger patties flipping in the air, looking oh so juicy, tender and delicious have often been coloured with shoe polish to give it that perfect beefy look. The patties used are simply roasted for a few seconds from raw to stay large and juicy while the photographers colour them with the polish. Not so delicious now, are they? What about those maple syrup ads that show all the sugary goodness landing on the pillowy soft pancakes? Well, funny thing is that they don't actually use maple syrup in these commercials, it's engine oil. Yep, this is because pancakes absorb the real syrup too quickly and the food doesn't look top notch for the commercial.

Even fruit commercials use these tricks. Ever notice, no matter which commercial it is, the fruit always seems to have a beautiful shine on it? Well, no special tricks here, just a bottle of deodorant spray does the trick. Deodorant or hairspray helps apples, strawberries, pears, oranges and many other types of fruit shine like they've been freshly picked.

#### Oh wait, but there's more.

Ever notice how there's always a perfect layer of foam on top of beer in alcohol ads? A few dabs of dish soap accomplishes that. Ice cream? Try coloured mashed potatoes because the real thing melts too quickly under the hot studio lights. Chicken? More like a slightly heated, brown-painted disappointment stuffed with paper towels to give it full volume.

Now, all of this could actually be totally forgivable if

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these ads weren't doing their jobs too well.

In recent studies, it has shown that 64 per cent of Canadian adults over the age of 18 are overweight or obese and 60 per cent of children aged 5 - 17 are overweight or obese as of 2017. That's nearly doubled for children and tripled for adults since the 1970s.

This problem has gotten so bad that it's expected to surpass smoking as the leading cause of preventable morbidity or mortality in the country.

The University of Ottawa conducted a study that showed that children see an estimated 111 advertisements for food per week, which adds up to 5,772 ads per year through TV, Facebook, Instagram and other social media. And, without any surprise, 85 - 97 per cent of these ads often promote ultra-processed foods and beverages high in fat, sodium and sugar.

Individuals struggling with obesity have a higher chance of strokes, type two diabetes, sleep apnea, heart disease and a variety of different cancers. Not to mention the toll it can take on one's mental health, possibly leading to clinical depression, anxiety and many other disorders.

Sure, a Baconator from Wendy's or Big Mac from McDonald's can be delicious but indulging too much could not only be taking a huge hit on your physical and mental health but also be giving these ad companies more power.

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# Speaking up for Agriculture

#### **Kory Glover** Record Staff

CHESTERVILLE – Back in February, the Ottawa Valley Seed Growers held a Speak Up for Agriculture workshop for the general farming public and they had a simple idea – what can high school students get from this experience? A follow-up to this event geared specifically toward high school students was held on Fri., May 3 at the Chesterville Legion.

"The students are here to learn the skills necessary to speak up for agriculture," said co-ordinator Arlene Ross. "Most of the students here today are connected to the farms at home and interested in the business of agriculture. This program will give them an opportunity to develop those skills to speak up and talk about agriculture to the general public."

A total of 60 students were in attendance at this workshop; coming from Char-Lan District High School, Vankleek Hill High School and Tagwi Secondary School. North Dundas District High School could not be in attendance due to closure as a result of last week's power outage.

Facilitator Kelly Daynard talked to and worked with the students on a variety of different topics from their elevator speeches, to the advantages of social media in today's agriculture.

"I asked them that if they got on the first floor of the CN Tower, they had a minute to get to the top and somebody saw the 4-H logo on a jacket, what would they tell the person about them. I always say that we in agriculture need an elevator speech because you never know when you're



## Giving agriculture a voice

Students from Char-Lan District High School, Vankleek Hill High School and Tagwi Secondary School were in attendance to a Speak Up for Agriculture workshop on Fri., May 3 at the Chesterville Legion; they discussed various topics about giving the industry a voice through social media, speeches and other means. North Dundas District High School could not be in attendance due to last week's power outage. Courtesy photo

going to have that conversation," she said. "We also talked about what the average Canadian knows and doesn't know about their food; the top questions Canadians ask. The big one we got into was social media because this group is so talented when it comes to social media and every single one of them put up their hands when they were asked if they had various social media accounts. We talked about how to use your social media accounts to tell their story through taking a snap or picture and publishing it."

Ross stated that, even though it's unknown whether or not the Ottawa Valley Seed Growers will be bringing this event back next year, she would like to make this workshop annual.

"The participation has been fantastic for our first year," she said. "While we don't have any plans for next year, it would be great to make this an annual event."

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# - THANK YOU -

### J.R. (Jack) McIntosh

The family of Jack would like to extend our heartfelt and sincere thanks to those who came to celebrate his life with us. To his Masonic Brethren, your services prayers and thoughts were beautiful and comforting to all of us. To our children Kim, Tracey, Rhonda and Barry for your heart warming memories. He would be so proud. To his granddaughters Aimee and Jessica, Grandpa would be so touched by your loving thoughts.

To his son-in-law Darrin Kelly, who was our master of ceremonies for our celebration of his life, you were amazing.

The flowers and donations in honour of Jack's memory touched us deeply; the many cards, letters and phone messages have shown us how respected

and loved that he was and will be a source of comfort. To David Lapierre and staff at Marsden McLaughlin Funeral Home, your professional care and compassion helped make our decisions so much easier.

Also to be thanked are the ER Trauma team at WDMH and the

# **Father-**Daughter **Princess** Gala **Continued from the front**

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Ann Smail, chair of the hall committee for the MTAS, explained that a similar event was held at the Maple Ridge Centre, and when it closed, the MTAS decided in 2018 to hold the event as a fundraiser for children's activities at the South Mountain Fair. She went on to say that the event originally was held in the fall, however this year organizers decided to hold a spring event in hopes of better weather conditions. Despite the cooler weather making, scrapbooks, an onsite pictures with the complete with a variety of and rain on Friday, the hall came alive with excitement as the daughters and fathers began to arrive. Smail mentioned approximately 70 young ladies and 54 dads had preregistered for the event that



## Transportation fitting for princesses

Clydesdale horses Jon and Duke driven by Paul Gaw at the reins and Kevin Scott return from one of the first carriage rides held at the Father-Daughter Princess Gala on May 3 in South Mountain. Thompson Goddard photo

from "Party Princess Ottawa", princesses, engaging in At the end of the evening, photo sessions, jewellery conversations or posing for an ice cream station,

included live entertainment delight of many young hot dogs and veggie trays.

nail salon and the opportunity for a carriage ride behind Clydesdales Jon and Duke from Ash Meadows Farm Carriage Company.

Party Princess Ottawa Cinderella made her way throughout the hall to the

youngsters; while on stage the hula hoops were in constant use by the little princesses.

There were several refreshments available for those who had worked up an appetite including pizza,

sauces and toppings, was set-up. Smail concluded by thanking all the volunteers who contributed to the successful event.

Chesterville Legion staff. As sad as we are to lose this wonderful and inspiring man, let everyone feel peace in knowing that his spirit lives on. God bless and thank you for your love and support. Judi, Kim, Tracey, Rhonda, Barry, Chris and families



# EMPLOYMENT OPPORTUNITIES

The SDG Library is currently accepting applications for the following part-time and casual positions:

- Library Services Assistant Crysler Branch (Average 20 hours/week) Williamstown Branch (Average 17 hours/week)
- Casual Support Assistant Stormont Library Branches (Casual, as needed) Dundas Library Branches (Casual, as needed) Glengarry Library Branches (Casual, as needed)

Interested candidates are invited to visit our website at www.sdgcounties.ca to obtain position information and instructions on how to apply. Applications will be received until 12:00 noon on Friday, May 24th, 2019. Please note, we do not accept resumés.

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# 3 things to watch for after pothole season

Is your commute bumpier than usual? You're not alone. Potholes are one of the most frustrating parts about driving in Canada and have the potential to cause serious damage to your car.

#### What can you do to prevent damage to your vehicle?

The most damage is done when you hit the pothole at an irregular

angle. While your first instinct may be to swerve, this may potentially lead to damage that could have been otherwise avoided. If you do hit a pothole, inspect your vehicle immediately for any obvious signs of damage and bring it to a certified automotive expert to be assessed.

#### Here are some trouble spots to check out:

*Tire trouble.* After hitting a large pothole, the first item we usually inspect on our vehicle are the tires. The sudden displacement of air that happens when your tire runs over a pothole is enough to cause a complete blowout of its

#### AJ Al-Rajab, PhD Record Staff

Any car may be a teeth sharpener or residence for rats, mice, squirrels or chipmunks! These creatures chew any material to sharpen their teeth. When a vehicle is idle for a while in an infested area, rodents may build their nests in the engine, trunk, or under seats.

The physical damage for cars from rodents can be severe, such as plugging the ventilation system, electrical issues, fluid leaks, chewed wires, plastic parts, hoses and power steering lines. Some automakers use more bioplastic and other ecofriendly plant-based materials to reduce waste, such as resins derived from soy, husks, rice or castor oil to make plastic moulding, wire coating and cushions. These natural materials attract rodents to these specific new vehicles.

In addition to the stress and physical damages, rodents can cause major problems by transmitting diseases. Rodents are considered carriers of about



air leaks and even a fully deflated tire.

*Ride control.* Your suspension is designed to absorb impacts and keep your vehicle running smoothly down the road, but there is a limit to how much it can handle. If you encounter an especially large pothole or hit it at just the right angle, your suspension may suffer substantial damage to the shocks and struts or may even break a ball joint. If the damage is significant enough to misalign your wheels, you may notice the vehicle pulling in one direction, or strange sounds or vibrations that can lead to potentially uneven tire wear.

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sidewall. Checking your

tire pressure monthly to

ensure they are properly inflated will help to

Wheels. The sudden

impact that happens when

you run over a pothole can cause structural damage

such as cracks, chips and

even bending of your alloy

wheels or steel rims. This

can lead to a faulty seal

between the rim and tire,

creating the potential for

protect them.

## Don't let them chew your car!

45 diseases, including swine dysentery, salmonellosis, leptospirosis, trichinosis, ce for toxoplasmosis, hantavirus and tapeworms. Rodents can also carry fleas, ticks and lice al to on their body and pathogens ihen a on their feet which increases hile in the spread of disease.

> Rats and mice may live outside and indoors. The most found species of rodents in Ontario are the brown Norway rat (Rattus norvegicus) and the house mouse (Mus musculus). Both species originated from Asia, then they spread worldwide. They are nocturnal, omnivorous, breed year-round under favourable conditions and are underground dwellers in the wild. Rats and mice

have poor eyesight, are colour blind and rely more on their hearing and excellent sense of smell, taste and touch. Otherwise, there are 22 different species of squirrels in Canada, six of them are tree species, while 16 are grounddwelling species.

# *Tips to keep rodents away of your car*

Rodents can be anywhere but you can keep them away from your car by taking proper precautions. If you don't use a car for a while, keep it in a garage or drive it once in a while to discourage rodents from nesting in it. Check the engine and inside of your car frequently for signs of

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rodent infestation. Use traps around your car: there are live traps, mechanical traps, or rodenticide in bait stations to kill rats and mice. Use anti-rodent insulated tape to repair chewed wires. This tape is infused with encapsulated Capsaicin from hot Chile peppers making it an effective deterrent. Also, domestic cats and dogs may help by keeping rodents away.

In case of high rodent infestation, seek professional advice from a pest control or wildlife expert.





Bring in your lawn mowers, weed eaters, generators, etc.



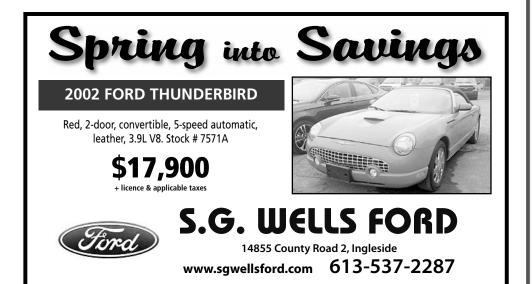
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# What every car owner should know about brake maintenance

kilometres. However, recommendations vary by

obvious sign of a leak is a puddle under your car that has

light coming on is another clear indication. Generally, a

leak will also change the feel of your brake pedals -

they'll feel squishy or spongy when you pump on them.

Verify that your brake fluid levels are in order by checking

typically require the most attention, issues with other parts

(the rotors, callipers, brake shoes, etc.) can certainly arise.

Leaks can sometimes occur but it's uncommon that

manufacturer (check your owner's manual).

When behind the wheel, your safety depends on the replaced about every two years or every 35,000 proper functioning of your brakes. It's important to understand, however, that critical brake components deteriorate with time. Two items that require regular inspection are the brake pads and the brake fluid.

#### Brake pads

Brake pads wear down due to friction and usually need to be replaced about every 50,000 kilometres or when there's one-eighth or less of the pad lining remaining. When brake pads are nearing the end of their lifespan they let you know by emitting a high-pitched screeching noise as you brake.

#### Brake fluid

Over time, brake fluid absorbs moisture and contaminants that make it less effective. It should be

## 4 ways to boost your car's fuel economy

Want to make fewer trips to the gas pump? Here are four simple things you can do to burn less fuel when you drive.

1. Turn off the engine. Idling a car for just 10 seconds requires more gas than restarting it. Whenever you pick someone up or pull over, make a habit of cutting the engine.

2. Forgo the air conditioning. Running the AC in your car has a big effect on fuel consumption. It makes the engine work harder, and it can reduce fuel efficiency by as much as 20 per cent. When it's hot out, opening the windows is the savvier way to cool your car.

3. Ease up on the pedals. Avoid aggressive driving -

abrupt stops and sudden starts burn a lot of gas. Watch your speed, too. By slowing down on the highway from 120 kilometres per hour to 90 kilometres per hour, you can improve your fuel efficiency by as much as 20 per cent.

4. Maintain your vehicle. Get regular oil changes and keep your tires

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inflated. If you don't, you'll need to stop at the gas station more often. More generally, a wellperforming car will burn less fuel. Don't neglect taking yours in for routine inspections and tune-ups.

a leak requires immediate attention.

Adopting these fuelefficient habits is a nobrainer. You'll save money and reduce your carbon footprint while you're at it.

SCOTT H. CURRAN

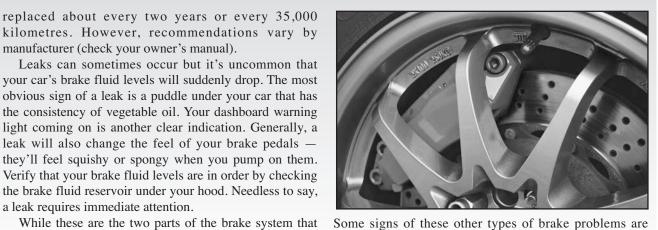
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Some signs of these other types of brake problems are grinding, clunking noises and vibrations when braking. If you notice these things, get your car inspected ASAP!







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# Servicing North Dundas from head to tow

#### Kory Glover Record Staff

Nine years ago, Konrad Glauer, owner of Glauer's Road and Field Services wanted to finally be in business for himself to help the community in his own way – and everyone could use a tow from time to time.

"Basically, I wanted to be self-employed and I always liked trucking and the towing aspect of it," he said.

"I like always being on the go and, at the same time, helping people out. Basically all of that together."

Living in a rural area can make residents well aware of the dangers of off-roading, winter conditions and long streets with barely any life on either side. That's why Glauer suggests that you keep your car up to date with its maintenance requirements to avoid the

## 3 car care tips for summer

Though summer is typically kinder to your car than winter, sunny weather can still take its toll. Here are three tips for looking after your car during summer.

1. Keep the engine cool. Hot days can make your engine overheat, so it's important to keep your car's fluids topped up - they carry heat away from your car's critical components. Check the levels regularly and be sure to top up your coolant, motor oil, transmission fluid, power steering fluid and brake fluid as needed.

2. Keep your tires inflated. Under-inflated tires are prone to overheating, which can result in a blowout. High road temperatures further contribute to the overheating, so in the summer it's important that you check the pressure in your tires regularly.

3. Protect your car's paint. The scorching sun can cause your car's paint to peel and chip. When possible, you should try to park in shaded or covered areas. It's also a good idea to get your car waxed to provide it with an extra layer of protection. Alternatively, you can apply a UV polish.

Be sure to follow these tips this summer so you can keep cruising all season long.

need for a towing job. "Make sure you keep up

to date with all the appointments and that your vehicle is ready for the road," he said.

Josh Ladoucer, driver and site foreman of Glauer's Road and Field Services, added that if the radio advises to stay off the roads due to weather, it's a good idea to heed that warning.

"We had a pretty rough winter these last few months and a lot of accidents and other mishaps came as a result of that," said Ladoucer. "So, if the radio is telling you to stay off the road, it's probably best for your safety to do so."

Ladoucer also noted that waiting in your car might not be the safest route to take while waiting for a towing service, especially near the 401 highway and similar highways.

"You never know when a sleepy driver, who might have been driving for the past 10 hours, could just suddenly smoke the back of your car," he said. "If you're not moving and they're going about 100 down the way, you're not going to stand much of a chance."

To end, both Glauer and



### Ready to work

Josh Ladoucer and Konrad Glauer of Glauer's Road and Field Services serve Dundas County for all their towing and recovery needs, no matter the area or weather condition. Glover photo

Ladoucer want to emphasize how important is to try and stay safe on the road. "Safety really is key,"

said Ladoucer. "That's the reason we do it, to help people and keep them safe." On top of running a

towing service, Glauer also offers vehicle recycling for those with cars and trucks that are approaching the end of their useful life.







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#### Page 10 The Chesterville Record

2019 Spring Car, Care 👩

#### Typically, your vehicle needs a bit of TLC come spring. Here are four things that should be at the top of your to-do list at the start of the season.

1. Schedule an oil change. Oil collects impurities as it lubricates and cools the engine. This is a good thing, but it also means that it becomes less effective over time. This is why regular oil changes

are essential to maintaining a healthy engine.

2. Get your battery tested. Low temperatures during winter force your battery to work hard. Come spring, it may be on its last legs. To avoid the inconvenience of having your car fail to start, get your battery checked and, if necessary, replaced.

3. Check tire pressure. Fluctuations in temperature cause changes in tire pressure, so it's important to check it





time for a waxing too — this not only protects the finish of your vehicle but also makes subsequent washing easier.

These are some of the essential things to attend to in spring but note that the list could be added to. Your car's fluids, windshield, belts and hoses, among other things, may require attention. Do a thorough inspection of your vehicle this spring or have your local garage perform this service.

## The benefits of driving school

#### Kory Glover Record Staff

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While going to school might not be a favourable route to take for people looking to obtain their driver's licence, there are certainly a lot of benefits to attending your local driving school.

To start, most insurance companies may give a discount from five up to 15 per cent if a driving course has been completed. For young and new drivers, this is a great way to lower premiums but these also depend on your provider, so it's important that you ask an agent for more information.

Driving school also allows new and younger drivers more practice with on-road experience. The more you drive, the better your chances are at passing the real road test.

If you're in a hurry to obtain your drivers license, driving school can allow learners to test for their G2 within eight months of acquiring their G1, instead of the mandatory full year. On top of all this, learners are also

able to stay up to date on the rules and regulations of the road, which are always in flux. From distracted driving, speeding and other important topics to go over to avoid any future penalties on your record.

as the weather starts to

change. See the tire

pressure recommendations

vehicle. Road salt used

during winter corrodes your

components. Thoroughly

wash your vehicle, paying

special attention to the

underside where salt, dirt and debris tend to become

lodged. Spring is the perfect

metal

vehicle's

in your vehicle's manual. 4. Wash and wax your

Signature Driving School is offered in several locations including Winchester on Dawley Road, with a course rate of \$775. Other rates include \$158.25 for the G1 licence package, \$15.75 per knowledge test attempt, \$52.50 per G2 road test attempt and \$89.25 per G road test.



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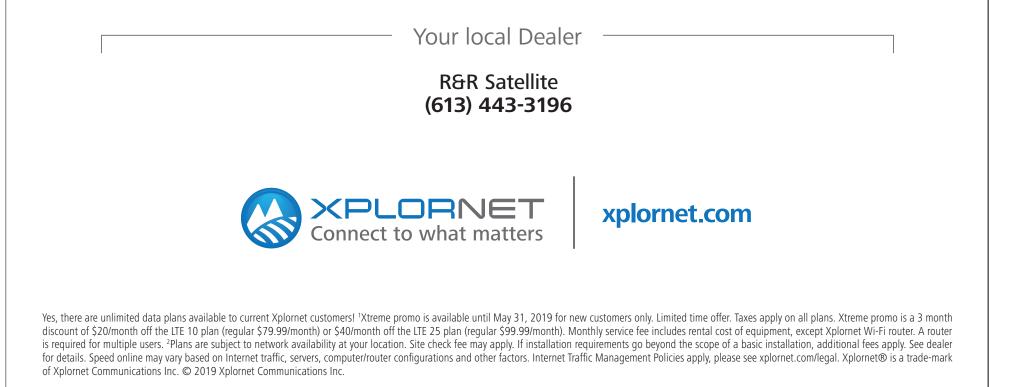
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Page 12 The Chesterville Record

# **Cool day, warm deals**

**Carolyn Thompson Goddard** 

Record Correspondent

WILLIAMSBURG –The streets in the South Dundas community of Williamsburg were a bargain finder's gold mine as the annual community yard sale was held on May 4. Members of the Wiliamsburg I.O.O.F Lodge were up bright and early on Saturday morning preparing a tasty pancake breakfast for just under 100 people, according to past grand master John Toonders. He explained the breakfast has a history dating back about 25 years when the first community yard sales began. For those who wanted something sweet to enjoy, the Wiliamsburg Women's Institute and Hope Springs United Church both had an excellent selection of treats during the breakfast to choose from.



## Community yard sale

Williamsburg was the place to find a bargain or two during the 2019 community yard sale held on May 4. Thompson Goddard photo



## Bake sale treats

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There was a good selection of baked goods for sale at the Williamburg Branch of the Women's Institute table during the community breakfast held in the Williamsburg Oddfellows Hall on May 4. Pictured on the left side of the table are Shirley Pulfer and Lynn Gilmour and on the right side of the table are Doreen Henderson and Marjorie Thom. Thompson Goddard photo



Contact us at therecord.editor@gmail.com for more information.



## Retired local doctor honoured

Dr. Gabriel Slowey was honoured at the Regional Supervising Coroner's Office, East Region (Ottawa) on April 26, after 42 years of service to the Office of the Chief Coroner for Ontario. Dr. Slowey was recognized for his dedication to his community, and careful investigation of many complex and challenging deaths over his long career. Pictured Slowey here, Dr. receives a certificate of recognition from the Regional Supervising Coroner for Eastern Ontario (Ottawa), Dr. Louise McNaughton-Filion. Courtesy photo





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# The benefits of a supportive community

#### **Kory Glover** Record Staff

SOUTH MOUNTAIN -Cathy Burns has been a beloved member of the North Dundas area for many years; known for her kind nature and dedication to volunteer work within the community. Unfortunately, she has been hit with a difficult time in her life.

After undergoing a double leg amputation due to unreleased medical issues, the community banded together to participate in a benefit dance Sat., May 4 at the South Mountain Agricultural Hall in order to help with Burns' living conditions and other expenses.

"She is the kind of person to give you the shirt off of her back if you needed it," said Colton Stitt, one of the organizers of the benefit dance. "She's basically been my second



## In good spirits

Cathy Burns, pictured with her son Aaron and husband, Alan. Courtesy photo

mom my whole life. Anything she did, I wanted to be involved with, we have a very strong bond

together." Stitt mentioned that people would know her best from her work with the South Mountain Fair for the

past decade or so, as well as her time dedicated to South Mountain's Canada Day celebrations and the minor hockey team.

"Pretty much anyone who knows her, knows about her dedication to the community," he said, adding, "pretty much anyone who knows her has also tried her cooking, [she's] very well known for her cooking skills."

Due to the respect for Burns and her family's privacy, Stitt has decided to not release how much was made at the benefit for the family. Stitt did mention that the funds raised from the dance will go toward Burns' house renovations as well as anything else that will make her life easier after the operation.

Donations toward helping Burns are still being accepted and can be made at any Scotiabank branch to the account 50336 0191825.



## Angelic voices

Since 1993, the Seaway Valley Singers have thrilled audiences in Eastern Ontario with their singing and their 2019 Spring Concert was no exception. An estimated audience of over 140 people attended the event in the Iroquois United Church during the evening of May 3. Choir conductor Robert Jones explained there are 40 members from throughout the Seaway Valley who attend weekly rehearsals which culminate in a Christmas and spring concert. The theme of this concert was Look at the World, with Jones mentioning the music featured included a medley of First World War songs to commemorate the signing of the Versailles Treaty in 1919. For the first time in sev-

eral years, students from Timothy Christian School in Williamsburg performed selections for the audience. Jones mentioned how following each concert, the Seaway Valley Singers perform selections from the event for the areas' senior citizens and will perform at Dundas Manor on May 8. Pictured here, members of the Seaway Valley Singers and the Timothy Christian School Choir lead the audience in the singing of Canada's National Anthem. Thompson Goddard photo



ST. CLARE'S ANGLICAN CHURCH OF NORTH DUNDAS Rev. John Wilcox 613-774-2236 www.stclaresanglican.ca 2530 Falcone Lane, Winchester Sunday May 12, 2019 10:00 A.M. Family Service with Music and Sunday School "To be a living Church. united in one congregation, reaching out to God's world." April 2019

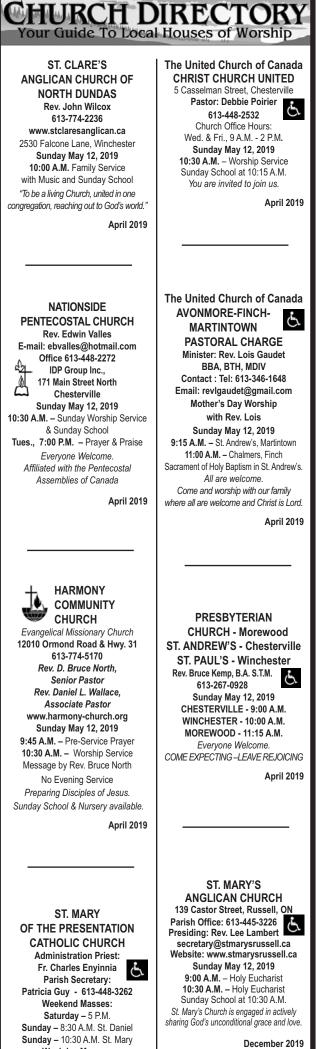
PENTECOSTAL CHURCH Rev. Edwin Valles E-mail: ebvalles@hotmail.com Office 613-448-2272 প্ৰ IDP Group Inc. 171 Main Street North Chesterville Sunday May 12, 2019 10:30 A.M. - Sunday Worship Service & Sunday School Tues., 7:00 P.M. - Praver & Praise Everyone Welcome. Affiliated with the Pentecostal



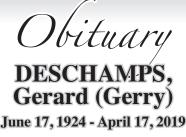
CHURCH Evangelical Missionary Church 12010 Ormond Road & Hwy. 31 613-774-5170 Rev. D. Bruce North Senior Pastor Rev. Daniel L. Wallace Associate Pastor www.harmony-church.org Sunday May 12, 2019 9:45 A.M. - Pre-Service Prayer 10:30 A.M. - Worship Service Message by Rev. Bruce North No Evening Service Preparing Disciples of Jesus. Sunday School & Nursery available

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The Chesterville Record Page 13







Peacefully at Dundas Manor on April 17, 2019, age 90 years. Gerard George Deschamps of Berwick. Beloved wife of 69 years to Rita (Godard). Loved father of Monique Rutley (Rick). Proud grandfather (pere) of Julia Ardern (Dan) and Matthew (Bethany).

Predeceased by sisters Laurette, Margo and brothers Rolland, Paul Emile, August and Marcel. To honour Gerry's wishes, cremation has taken place. A graveside service will be held on Saturday, May 25 at 11:30 a.m. at St. Bernard Cemetery, Finch. As expression of sympathy, memorial donations to the Heart and Stroke foundation would be appreciated. Online condolences may be made at www.brownleefuneralhomes.com.



Cornwall Hospice, surrounded by his loving family following a courageous battle with cancer at the age of 59. Beloved son of Betty Wheeler (nee Elliott) of Finch and the late Desmond (May 1, 2002). Dear brother of Leonard of Chesterville, Ronnie (Penny) of Chesterville, Kevin of Iroquois, Donnie (Martha) of Chesterville, Creig (April) of Chesterville, Gordon (Marilyn) of Chesterville, Marilyn Miller (Russell) of Strathroy and Vicki McNalty (Jamie) of Finch. Loved dearly by his many nieces, nephews, cousins and friends. Martin also leaves behind his cherished aunt, Cathy Wheeler and his Godchildren, Garrett Miller and Samantha Arsenault. He was predeceased by his nephew Jole McNalty (March 6, 2017). Martin was a dedicated, hard-working man who lived life to the fullest, was an inspiration to everyone he met and will be missed by all. Friends may call at the Marsden and McLaughlin Funeral Home, Chesterville, on Friday, May 10, 2019 from 2-4 and 7-9 p.m. Mass of Christian Burial will be celebrated at St. Mary of the Presentation Catholic Church in Chesterville on Saturday, May 11, 2019 at 1 p.m. Interment will be at St. Mary's Cemetery in Chesterville. A reception will follow at the Royal Canadian Legion in Chesterville. Donations to the Cornwall Hospice would be gratefully acknowledged by the family. Online condolences may be made at marsdenmclaughlin.com.



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#### VOLUNTEER

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#### VOLUNTEER IN MEMORIAM

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als who have tasks which could be done by students looking for their volunteer hours, are welcome to advertise in this space free of charge for TWO (2) weeks. Call The Record at 1-866-307-3541 with your requests. tfc

#### COMING EVENTS

**COMMUNITY DIABETES INFORMATION SESSION** The Effects of Diabetes on Your Feet. Alison Sue-Ping, D.Ch. Wed., May 15, - 8 p.m. WDMH, Dillabough Board Room. All welcome. 43-1

#### ANNUAL MOTHER'S DAY BREAKFAST

Annual Mother's Dav Breakfast Sun., May 12. St. Clare's Anglican Church, 2530 Falcone Rd., Winchester. 8:30 a.m. till noon, free will offering. 43-2

85TH BIRTHDAY -**BAUKJE VAN DER VEEN** Come celebrate Baukje van der Veen's 85th birthday. There will be an Open House on Sat., May 11 from 1 - 4 p.m. at the Crysler Community Hall at Third St., Crysler. 16 SHHH, it's a surprise for now ! Best wishes only. 43

#### THANK YOU

#### **CARD OF THANKS** I am overwhelmed with the outpouring of support that this community has given me during this exciting time. Thanks to Cedar Glen, Chesterville Legion, Legion Ladies, Ferguss Entertainment, donations of desserts, donations for silent auction and monetary donations. Special thanks to my family and

friends for believing in me. A very special thank you to Marissa, my biggest fan. I am proud to be representing Canada.

**Kurtis Barkley** 

### memory of a dear mother and grandmother, Ethel, who passed away May 15, When days are dark, friends Mother dear, we think of you.

THE Classifieds

Friends are friends, if they are true.

EMPEY, Ethel - In loving

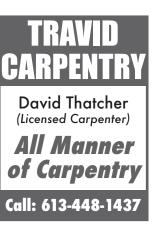
We lost our best when we lost you.

Sadly missed by Kathleen and family 43

PRESLEY, Maggie - In loving memory of a dear mom, Maggie, who passed away May 13, 1981.

Memories can bring happiness When together we recall Special moments shared as family

So treasured by us all. Forever missed



Thank

You

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would like to thank all of our seniors, adults and youth league bowlers for another great season. All of our league bowlers' and public bowlers' continued support over the past season is very much appreciated and I look forward to having all of you again next season in September.

We appreciate all of you and wish you a fun summer with lots of great weather to enjoy!

See you next season in September,

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Our sincere and deepest thanks to all for the many acts of kindness and support given to us following the passing of our loving mom, grandma, and great-grandma.

Thank you to everyone at Dundas Manor who loved, cared for, and joked with Laura. You always brought a smile to her face. We truly appreciate the extra care and generosity you showed to us all during Laura's final days.

Thank you to friends, neighbours, and relatives for the countless ways you brought joy into Laura's life.

A special thank you to Dr. Steele for his years of dedicated care.

Thank you to members of the Anglican Church for the many years of fellowship, and to Rev. Blair Paterson for his comforting prayers and presence.

We gratefully thank Vicky Byers and Ken Guy at Byers Funeral Home for their support and guidance.

We will always remember with warmth and gratitude the kindness and sympathy so graciously given to us all.

Sincerely, the Marriner Family.

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#### Wednesday, May 8, 2019

#### The Chesterville Record Page 15

# Crysler run, races through the weekend

#### Kalynn Sawyer Helmer Record Staff

CRYSLER - The Crysler Fun Run was back again for another year at the Crysler Community Centre on Sat., May 4. Organizer Rachel Robinson-Labelle said this year had the most participants in the Family 3 km and a great turnout all around.

The fundraiser is a combined effort of the Crysler Citizen Committee, Community Centre, Optimist Club, Health Centre, North Stormont Township, Mayfair Craft Wines and Workplace Writing. With the help of these organizations and those who run in the event, Crysler Citizen

Committee can work to maintain and care for Crysler's outdoor trails.

The timed races include a 10 km and 6 km throughout the morning. Top five 10 km runners were: 1 Josh Doran 00:52:56.6, 2 Ashley Armstrong 00:53:22.8, 3 Michael Buhr 00:55:26.8, 4 Jennifer Dobbin 00:57:26.5, 5 Kim Lebrun 00:57:26.9. Top five 6 km runners were: 1 Olivier Patenaude 00:33:09.1, 2 Michel Normandeau 00:33:11.4, 3 Patrick Poirier 00:33:57.2, 4 Brandon Spiar 00:35:17.3, 5 Alex Brousseau 00:36:57.1.

### Run winner

Josh Doran crossed the finish line at 00:52:56.2 putting him as the 10 km champion of the Crysler Fun Run. Sawyer Helmer photo

# House of Lazarus pulling back the curtains with Open House

MOUNTAIN— For anyone wondering what it might be like to volunteer at House of Lazarus (HOL), the team is ready to pull back the curtains and offer a guided tour of what happens behind the scenes.

On Wed., May 15, HOL volunteer coordinator Vicki Cane will be welcoming visitors to a two-hour Open House between 5 p.m. and 7 p.m. at the Mountain-based food bank and outreach mission. This event will include a volunteer orientation session, as well as an overview of House of Lazarus and its many programs and services. The event will also include an opportunity to speak with team leaders one-on-one and tour the facility.

Currently, HOL has more than 100 volunteers helping out in various ways from working on-site in the stores and drop-off centre to helping out with the Linking Hands Green Food Box program. There are volunteer opportunities of all shapes and sizes.

'We try to find the right position for each volunteer," Cane said. "We look at

whether they want short- or long- term volunteer opportunities. We look at their availability. We look at their accessibility needs. We look at their preferences. For example, do they prefer working with the public or behind the scenes? We look at their reasons for volunteering. We help our volunteers find the position that is right for them, the one that meets their needs and goals."

Volunteers are a necessity at House of Lazarus and there are many positions available in the stores, warehouse, and sorting areas, as well as with various outreach initiatives, including the Green Food Box program and the Places for People affordable housing project.

'The generosity and hard work of our volunteers empowers House of Lazarus to offer programs that are making a real difference in our community," Cane said. "We recognize that our successes are in large part due to the continued and valiant efforts of our many volunteers."

For more information, please contact Cane at vcane@houseoflazarus.com or by phone at 613-989-3830.



## Long roads ahead

Participants of the 10 km run took off bright and early on Sat., May 4 from the Crysler Community Centre arena. Josh Doran and Ashley Armstrong took top spots crossing the finish line in just over 50 minutes. Sawyer Helmer photo



## Delicious breakfast served up in Finch

Once again, the Finch & District Lions Club served up one of their delicious breakfasts at the Finch Arena on May 5. As the doors opened for customers around 9 a.m., members of the Lions Club had already been busy cooking and preparing a full-course breakfast for guests to enjoy; they took a moment for a photo between customers. Community breakfasts allow residents the opportunity to enjoy a home-style breakfast, visiting with friends and family while supporting organizations such as the Lions Club. Thompson Goddard photo



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# Help us stock our shelves so that none of our neighbours go hungry this summer!





Community Food Share's Fill-a-Bag is back for its 4<sup>th</sup> year. During this community-wide food drive, we're asking residents to come together to make a difference by filling a grocery bag with non-perishable food items. Your donation will help feed local families.

- · On Saturday May 4, volunteers dropped off grocery bags at homes in Winchester, Chesterville, Morewood, Williamsburg, Morrisburg, Iroquois, Finch and Ingleside.
- · These bags include details about the food drive, what items are most needed and instructions on when the bag will be picked up.
- · On Saturday May 11, simply leave your bag of groceries on the porch, under your rural mail box or in a location where it is easy to see. Volunteers will be by to pick-up the donations.
- If it's raining, please leave donations in a clear plastic bag.

If you didn't receive a bag on May 4 or live outside one of the communities where the food drive will take place, you can schedule a bag drop-off and pick-up. Send your request to admin@communityfoodshare.ca or phone: (613) 898-0781.







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# Yellow trumps Green, Blue and Red tie at three

#### Kalvnn Sawyer Helmer Record Staff

CHESTERVILLE - The teams in the Chesterville Women's Bowling League met up for another round of games in their regular season on Thurs., May 2 at the Chesterville Arena. The week saw Green take on Yellow in the early game and Blue face off against Red in the late game.

#### Correction

In last week's *Record*, it was reported that Yellow beat Blue 1-0. It should have said Blue won over Yellow 1-0, when Blue's Kalia Beckstead scored at 4:10 of the third

period, assisted by Jennifer Whitteker and Kelly Francis. Green 0 Yellow 2

Green welcomed Yellow in the 7 p.m. slot of the Chesterville Women's Ball Hockey League on Thursday night. Both teams were coming off losses the week before and looking to regain some speed with a win.

Yellow opened the scoring in the first period at 5:05 when Alex Roach pinched one past Green's goalie Roxanne Crump, with the help of Jodie Hall and Amber Saddlemire. Green couldn't get past the goal line before the buzzer sounded bringing

them into the next period. Neither team was able to

find the back of the net during the second period and Yellow hung on to their 1-0 lead heading into the final frame.

Despite their best efforts, Green wasn't able to get past Yellow's defense in the third period. With time winding down, Yellow put the cherry on top scoring with only two seconds remaining in the game as Alannah MaCrae found the opening to make the final score 2-0. MaCrae's goal was assisted by Shannon MaCrae and Patti Hall.

Taking home the win in

Yellow's goal was Lindsay Chambers and suffering the loss in Green's goal was Roxanne Crump. Blue 3 Red 3

In the late game of the Chesterville Women's Ball Hockey League, Blue played host to Red at 8 p.m. at the Chesterville Arena.

Blue opened the scoring late in the first period at 1:20 when Kalia Backstead lit the lamp, assisted by Halley Imrie and Kelly Francis. Blue took the 1-0 lead into the second period.

The goalies stole the show during the second period, neither Blue's Olivia Salmon

or Red's Cashelle Baldwin let one slip past their defenses. Blue held onto the lead but couldn't pull further ahead holding the score at 1-0 going into the third period.

Blue pulled ahead by two in the third period at 7:18 when Laura Rushford sniped one to the back of the net with Marissa Imrie and Jennifer Whitteker picking up the helpers. Red fired back just over a minute later at 6:10 to get on the board as Marlee Grady made it 2-1 with help from Laura Melenhorst and Angie Helmer.

Red got the board to even at 3:35 thanks to Angie Helmer assisted by Stephanie Shane and then pulled into the lead at 2:02 when Stephanie Shane snuck one past the goal off Marlee Grady's pass.

The Sports Pages Page 17

Red looked to take the win but Blue answered with one final surge of effort. With only 11 second remaining in the game, Blue's Leigh Ann Dearing found her opening to tie the game at 3-3 as the final buzzer sounded.

#### Up next

On Thurs., May 9, in the Chesterville Women's Ball Hockey League, Blue will play host to Green at 7 p.m. in the early game, followed by Red welcoming Yellow at 8 p.m. in the late game at the Chesterville Arena.

# Ravens dominate PRSSAA in first two weeks

#### Kalynn Sawyer Helmer

Record Staff

RUSSELL - The St. Thomas Aquinas Catholic High School Ravens Intermediate Boys' basketball team travelled to Russell High School and St. Francis Xavier Catholic High School for their first games of the PRSSAA season. Ravens 62 Falcons 44

The Ravens got off to a good start offensively in the first quarter scoring 21 points, while the Falcons were held to only 10. The Falcons answered in the second quarter upping their defensive strategy, keeping the Ravens to eight but their offence couldn't push back enough, only beating the Ravens by one point. The Ravens took the 29-19 lead into the second half.

Once again, the Falcons answered the Ravens basket for basket, beating the Ravens in the third quarter by three points with 15 to their 12 making the score 41-34 for the Ravens. Regaining their offensive speed the Ravens decided to mirror their stellar first quarter scoring 21 points and holding the Falcons to 10. The Ravens took the game with a final score of 62-44.

Scoring for the Ravens were: Aurel Tebeu with 24 points, Logan Kinsella with 22, Jacob Blair with four, Nolan Henry and Logan Newel with three and Jake Brennan, Hunter Brunk-Ayotte and Bryce Weisgerber with deuces.



#### Ravens 58 T-Wolves 36

On April 24, the PRSSAA held their first tournament at Russell High School. St. Thomas Aquinas Ravens met the T-Wolves for the first time of the season.

The Ravens and T-Wolves went neck and neck during the first quarter, the Ravens pulling ahead by one point as the quarter ended 11-10. In the second quarter, the Ravens offence exploded out of the gate scoring 18 points while holding the T-Wolves to only 7, making the score 29-17 heading into halftime.

The T-Wolves tried to make a push for a comeback in the third quarter, but the Ravens held the T-Wolves to 14 points versus their 17. In the final quarter, the Ravens didn't let up, stacking another 12 points on the board while the T-Wolves could only manage five. The Ravens took the game 58-36.

Scoring for the Ravens were: Aurel Tebeu with 15 points, Logan Kinsella with 16, Jacob Belair with 10, Bryce Weisgerber with six, Logan Newell with five, Nolan Henry with three, Spencer Heuft with two and Hunter Brunk-Ayotte with one.

Scoring for the T-Wolves were: Jack Hill with 14, Dylan O'Meara with eight, Kayleb Gill with eight, Brandon Wallace and Phoenix Baxter with three.

#### **Ravens 49 Falcons 33**

The Ravens got off to a good start in the first quarter scoring 10 points but their defence couldn't hold the Falcons off the board letting them get 12 points. The Ravens made a big change in the second quarter only letting two points for the Falcons while the offence brought in 18. The Ravens took the 28-14 lead into the second half.

Once again in the third quarter, the Ravens held off the Falcons' attack only allowing six points and adding another 15 to their board. The Falcons tried to make a comeback in the fourth quarter scoring 13 points and keeping the Ravens to six, but it wasn't enough to change the game. The Ravens took the win 49-33.



## Chesterville Lanes women's high scores 2018-2019

Ladies' high average, Isabelle Bissonnette 216; ladies' high triple, Grace Tilley 765; ladies' high single, Ashley St. Pierre 325. Courtesy photo



The Raven's Aurel Tebeu is leading the team in points this season, closely followed by teammate Logan Kinsella. Glover photo

## **Cedar Glen Men's Night**

WILLIAMSBURG -The results from the Cedar Glen Men's Night on Thurs., May 2, were: first low gross A - Rick Barkley 39; closest to the pin - Garry Ducross; first low gross B - Larry Harper 43; first low net B - Darrell Shelp; longest

drive - Rick Barkley; first low gross C - Tom Sloane 49; closest to the pin -Larry Harper and first low gross D - Kevin Osborne 52. Other winners were: A/B skins - Rick Barkley three on 14 and Terry Barkley four on 17. C/D skins - Tom Sloane four on 13, John Ralko three on 15 and Frank Jerome three on 18. 50/50 winner was Frank Jerome.

Scoring for the Ravens were: Aurel Tebeu with 16, Logan Kinsella with 13, Bryce Weisgerber with eight, Jacob Belair with six and Nolan Henry and Logan Newel with three each.

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# Men's high scores

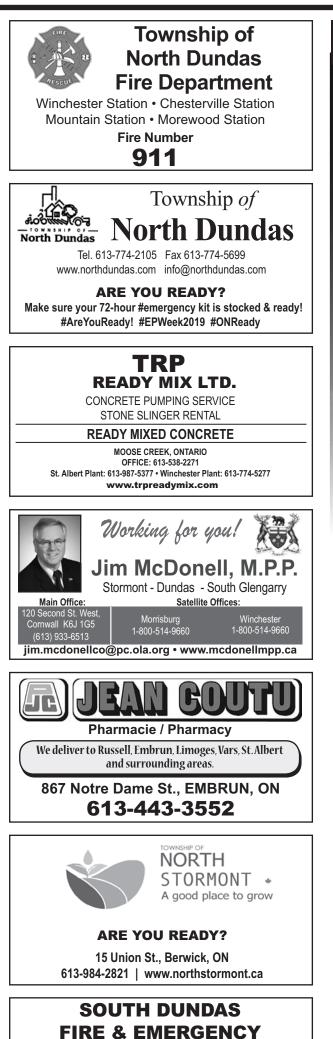
Men's high single, Danny Holmes 395; men's high average, Matt Bird; 245; men's high triple, Matt Bird 919. Courtesy photo

## **OSGA** carpet bowling winners

OSGA District 8 carpet bowling winners from left, bronze medals for Dougal Judy and MacLeod (Dalkeith), silver medals for Connie Keeler (Iroquois) and Cecil **McDermott** and gold (Brinston) medals for Sue Sloan (Cardinal) and Marie Beckstead (Morrisburg).

The competition was held at Matilda Hall, Brinston. All winners are eligible to compete at the Eastern Regional Games in Carleton Place/Almonte area on Aug. 15.

Courtesy photo



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# EMERGENCY PREPAREDNESS WEEK - MAY 5 - 11, 2019 When GISASSEC STRIKES ARE YOU READY?

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- Food and bottled water (include a manual can opener, replace canned food and dry goods once a year)
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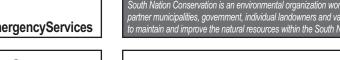




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# Russell Ladies Night raises funds for DEBRA Canada

RUSSELL – Over 500 women gathered EB. In total, \$17,000 was raised. in the Russell Arena on Fri., May 3 for the 16th annual Russell Agricultural Society's Ladies Night. They were there to honour Jonathan Pitre and raise funds for DEBRA Canada, whose mission is dedicated to increasing awareness of, and providing support to people affected by Epidermolysis Bullosa (EB) and their immediate families.

Sandy Sharkey and Wendy Daniels were the emcees for the night that included dinner, music, auctions, raffles and prize giveaways. All of the money raised from the auctions was donated to DEBRA, for research to help support those suffering with

Pitre's good friend Tara Shannon paid tribute to Pitre both in relating the story of their friendship and Pitre's inspiration in her life, and in her rendition of "Butterfly Child", the song she wrote to raise awareness and funds for EB.

Tina Boileau, Pitre's mother, and president of DEBRA Canada shared her moving story of Pitre's journey living with EB. She recounted his strength, his optimism and the gift he had for inspiring those around him in the midst of his own adversity. She revealed the sense of community and belonging that Pitre's association with DEBRA Canada gave

him, when at the age of 12, he finally met others who were also living with EB. When Pitre announced to his mother that he wanted to get involved with the organization, and that he thought he could make a difference, Boileau supported him, and later promised him that she would continue his work. She shared that going to Minnesota for treatment with Pitre in 2016 had given them hope, and that the hardest thing she ever did was to come back home to Russell without him in 2018. Boileau thanked the ladies in attendance, and closed, by saying "Jonny always wanted community - look around" she said, "this is community."

Event co-chairs Judy McFaul and Lynn Rochon thanked Boileau for embracing Russell Ladies Night in its wish to honour Pitre with this year's event, and encouraged the ladies present to think of their participation in Ladies Night as their own way of helping to make a difference.

The evening's theme was "Let Your Light Shine," to honour Pitre's dream of travelling to see the full splendor of the Northern Lights – a dream he was not able to realize. Guests found creative ways to display their tributes to Pitre and let their own lights shine. Some dressed in black and bling, others picked up on the theme of the Northern Lights, while still others incorporated a butterfly motif into their evening wear.

# Another year, another surpassed record

#### Kory Glover Villager Staff

METCALFE - Shroomfest has not been very lucky with the weather these past couple of years. Last year's event endured a storm that knocked out the power and produced winds that were strong enough to knock down trees and telephone poles. This year unfortunately had cloudy, rainy skies mixed with lower temperatures.

However, while Shroomfest may not have any luck with weather conditions, they have all the fortune of a community that supports their commitment to helping their community and improving the beautification of the area.

'We're totally sold out this year," said Al Graham, one of the many organizers of the event. "We're right back up to our maximum capacity, reaching up to 600, maybe a little bit over that."

Last year, Shroomfest beat their record of raised funds with a total of \$62,950 and this year, that total was surpassed again with an approximate total of \$68,000. "We have surpassed our previous record again and it's fantastic," said Graham. "We're very happy to have raised these funds to help our local charities and organizations and support the beautification of our community."



## An arm-length please

Grace Sample, Emily Job, Gabi Kerwin and Paige Sample of Labatt Promotions were selling tickets, one arm-length at a time, for the live auction.

# Another full house

A little rain and cold temperatures were not going to stop the men of Metcalfe from enjoying a night out with their friends. This year's Shroomfest had a sold out house and surpassed their

previous fundraising record raised by over \$5,000.

businesses that is poured back into the cause. community through different The funds raised from the event will



Glover photos

# Russell County OPP investigate fatal collision

RUSSELL - On May 5, at approximately 8:30 p.m., Russell County Ontario Provincial Police (OPP) officers responded to a two vehicle collision on Marionville Road in the Town of Russell.

The investigation revealed that a car collided with a farm tractor which was stopped on the roadway, causing the car to land in the ditch. The operator of the tractor, who had been standing near his vehicle, suffered major injuries. A witness at the scene commenced first aid on the farm tractor driver until the Prescott-Russell Emergency Medical Services arrived. The victim was pronounced deceased at the scene. The farm tractor driver has been identified as George St-Pierre, 63-years-old, from the Town of Russell.

Marionville Road was closed between St-Pierre Street and South Russell Road for several hours while the OPP Traffic Collision Investigators worked to determine the cause of the crash. No charges are anticipated.

# **Keeping Up with STA**

STA looks to raise awareness of ocean pollution

#### **Beatrice Gregoire** STA Correspondent

STA has put forth a few new projects this week. Mme. Bertrand is asking students to collect and bring in plastic bottle caps in order to make a difference by helping to clean our oceans of pollution. With the bottle caps, a mural will be created of a sea turtle or something similar in order to raise awareness for the topic. A bake sale will be held today - May 8, all proceeds going to this project. In addition, Mrs. Mack's Grade 12 religion class is asking students to bring in donations for the Waupoos Family Farm, a farm that offers camp experiences and community to families in

need. Donations such as canned goods, glue sticks, laundry detergent, kleenex and more are in demand. Cash donations are also accepted. This project will be running until the end of this week. In honour of Multicultural week, Grade 7 and 8 students had the opportunity to partake in a American Latin performance by Colores Andinos. Throughout the week, more activities will be put in motion to highlight various countries around the world. As for sports, on Tues., May 7, our junior and senior girls' softball teams made their way to their first tournament in Casselman. Our track team also participated in a meet at RHS for the day. Overall, we are very proud of our students and teachers at STA for taking the initiative to help make a difference in the world.

Graham spent most of the night thanking his many sponsors that helped him run another successful charity event.

Osgoode Ward councillor George Darouze, who was also in attendance to the event, was very pleased with another successful Shroomfest. "This is an amazing, one-of-a-kind event that raises so much money from the small organizations," he said. "It's a fantastic event that I'm always happy to support." Darouze also mentioned that Ottawa Mayor Jim Watson, who is usually in attendance at the event, was unable to make it this year due to the massive flooding affecting the area. After declaring a state of emergency, he felt that his presence was needed helping the

be poured back into the community through a beneficiary celebration Wed., June 12 at the Metcalfe Curling Club. Graham urges any business or organization in the area who wants to request funds for a certain project or development to contact him at 613-913-1070 or email him at algraham1445@gmail.com.

# Trivia Night raises \$5,000 for local church

Tom Van Dusen

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Villager Contributor RUSSELL Ambassador Ministries in Covenant is still basking in much-needed cash injection of \$5,000 thanks to a recent Trivia Night organized by Connie Johnston and her dedicated team.

> The well-attended

evening raised \$5,000 for church. AMIC, a registered charity, and its African project, "we're very thankful for all of the businesses and individuals that donated silent and live auction items and to the 90 people who came out and purchased those items," said Vinita Baker, president and pastor of the Russell-based

Not only was Trivia Night а welcome fundraiser, it provided an excellent opportunity to present the extent of AMIC's community involvement which includes Alpha couples programs, March for Jesus, Family Fun Days, counselling, bible studies, regular

Ladies' Breakfast, Clothes for the Homeless, and Blessing Bags containing various essentials for those in need.

The premier project is sponsorship of a school in Yogo, Kenya, including the bricks and mortar, support for the students, and other related costs. Unlike other charities with high

administration fees, AMIC sends 100 per cent of funds donated to the African school straight to the cause.

Back home, AMIC basic expenses such as pastor's salary, auditors, and insurance are covered though members' tithes, donations and fundraisers; the next one is a garage sale at Russell Legion June 22.

Any way members of the community at large can contribute is greatly appreciated, Baker said; Trivia Night founder and coordinator Johnston is a long-time supporter of the African project launched a decade ago and overseen by AMIC ever since.

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# **Creativity runs** through Russell **Township**

#### Kory Glover

Villager Staff

RUSSELL - From March 1 to April 15, students Grade 7 - 12 were able to get their creative juices flowing with the Russell Public Library's annual Teen Writing Contest.

While last year's contest was centred around poetry writing, this year, they decided to add a little more diversity by including a short story category.

"Students from Grade 7 to Grade 12 could submit an original piece of poetry or short story and we had local teachers and authors judge the entries," said Isabelle Camiré, librarian at the Russell Public Library. "This is the first year we've included a short story category, we've gotten a good response of entries for the contest."

After the winners were announced, they

**RHS** Report

were invited to the Russell Public Library on Thurs., May 2 to present their work to their friends, family and the judges. Each of the winners were presented with prizes that were generously donated by the Friends of the Library.

Winners of the Teen Writing Contest were as follows: in the Poetry 7-9 Grade category, Lauren Patterson won first place, Justus Croskery won second place and Isabel Garcia won third place; in the Poetry 10-12 Grade category, Natalya Fewtrell won first place, Adelle Johnson won second place and Annabelle Bieman won third place; in the Short Story 7-9 Grade category, Riley James won first place, Keaton Kargus won second place and Kaedyn Boucher won third place and lastly, in the Short Story 10-12 Grade category, Safia Hafid won first place and Meadow Donnelly-Gilman won second place.

"This is the second year we've held this contest, we're not sure if this is going to be an annual event but we'll see," said Camiré. "Maybe we'll skip a year to let these guys move on and get a new crowd in, but we're very happy with the this year's turnout."

By Janel Therkelsen **Student Reporter** 

# A busy week for RHS

Hey everyone! Aside from my cat's birthday- love you Jingles- I also have some school events to bring to your attention. It's another busy week at Russell High School!

La semaine passé (last we had the week). "Semaine de Francophonie" to celebrate the French language and culture from around the world. There were small events like a bake



sale of French foods and even a fashion show to model proper attire and haute couture! Thanks to the students and staff who arranged that great week!

This week is also Mental Health week, promoted by the CMHA (Canadian Mental Health Association). The purpose is to #GETLOUD about what mental health really is. It is also Education Week this week. Each year,

all the school boards in the province celebrate student achievements and teaching excellence!

Today is also Support Staff Appreciation Day - I told you it was a busy week! Be sure to appreciate our staff at RHS, as they are our "parents" at our "second home"! Our school is very lucky to have amazing teachers, administrators, and other staff members in our pack! Thanks for all that you do for us.

It's getting warmermeaning track and field meets are starting! Tomorrow, we are inviting RPS and CPS to our school to participate in the elementary track and field meet. They better tie their running shoes, take a deep breath, and do their best!



#### Future writers

This year's Teen Writing Contest celebrated the creativity of local students in the area through the categories of poetry and short stories. Pictured front, from the left, Keaton Kargus, Isabel Garcia, Lauren Patterson, Safia Hafid and Adelle Johnson. Back, from the left, Riley James, Annaelle Bieman and Natalya Fewtrell. Absent from the photo, Kaedyn Boucher, Justus Croskery and Meadow Donnelly-Gilman. Glover photo

Winning big

THE

with

L'ORIGNAL - Gerardus and Diane Beks of L'Orignal cele-

brate after winning \$100,000

INSTANT game. "It's unbe-

lievable, and a very nice feel-

ing," shared Gerardus, 65 and

his wife Diane, 63, while at the

OLG Prize Centre in Toronto to

pick up their winnings. "We

enjoy playing INSTANT tick-

ets and LOTTO 6/49 together."

Diane discovered their windfall

after playing the ticket and

BIG

SPIN



checking it at the convenience store. "I couldn't believe it!" laughed Diane. The married, parents of three and grandparents of three plan on sharing with their children, buying a new truck and doing house renovations. "You never think you're going to win on one number!" Gerardus concluded. The winning ticket was purchased at Dépanneur Liz Hughes/MacEwen L'Orignal on King Street in L'Orignal. Courtesy photo

Also in spring sports, the girls' softball team competed in their first tournament in Casselman yesterday. No results as of press time- but have a great season girls! Speaking of a day at the diamond, I hope our T-Wolves like baseball because this Friday, 107 of them are

going to Ottawa to see the Ottawa Champions game from 9:30 to 2:30. It's gonna be a hit!

Have a great week!







\*\*(FRENCH - FRANÇAIS) / Embrun



(ENGLISH - ANGLAIS) / Russell

#### AA **lec**0 WIMM De

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PRIX PAR CLASSE : 85 \$ + TVH/adulte PASSE LOISIRS : 150 \$ + TVH/adulte (illimitées) 10 \$ frais/classe/adulte

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- Médaille de bronze
- Croix de bronze Nage récréative
- Leçons privées/semi-privées
- Équipe de natation Baraccuda

- Regular Programs
  - Bronze Star
- Bronze Medallion
- Bronze Cross
- Recreational swimming
- Private/semi private lessons
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For more information on our summer camps or swimming lessons: Pour plus de renseignements sur les camps d'été et les leçons de natation : **RUSSELL.CA** ISABELLE FRIGON: recreation.loisirs@russell.ca

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# DATES D'INSCRIPTIONS / REGISTRATION DATES

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29 mai de 18 h 30 à 20 h 30

23 mai de 18 h 30 à 20 h 30

ARÉNA D'EMBRUN ARENA - SALLE PALAIS DES SPORTS HALL May 23<sup>rd</sup> from 6:30 p.m.- 8:30 P.M.

#### ARÉNA DE RUSSELL ARENA - SALLE FRANK KINNAIRD HALL May 29th from 6:30 p.m.- 8:30 P.M.