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Briefly

Fundraiser for the community

The Mountain Township and District Lions Club (MTDLC) is currently holding a 50/50 fundraiser, to raise money for the community they serve. The draw will take place in early December. The tickets are \$5 each. Please note that the MTDLC is also holding a barbecue chicken dinner on November 7, however, tickets for the dinner are sold out. To participate in the 50/50 draw, please contact Lion Weagant

bweagant@magma.ca.

Jack-O-Lantern Contest

From 9 a.m. to 5 p.m. on Oct. 30/31, come join us at the Veterans Memorial View Park in Morewood. Carve your pumpkin at home and write your name and phone number on the back. Place the pumpkin at Veterans Memorial View Park (on top of the hay) by Oct. 30. Winners will be notified on Nov. 1.

Winchester Halloween Walk-Thru

Please join us on Sat., Oct. 31 from 11:00 a.m. to noon for a free and safe Halloween outdoor activity for families with young children. The activity includes a photo booth, games and candy. The event is taking place at the Southgate Church at 539 Main Street in Winchester.

Register www.southgatechurch.chu rchcenter.com/registration s to help organizers know how many candy bags to prepare. See you all there!



Serving Stormont and Dundas Counties

Volume 128, Number 15 Chesterville, Ontario Thursday, October 22, 2020 Single Copy \$1.00 (HST included) PM40050631R8905



Well-deserved send off from Beachcroft

The board of directors for the Beachcroft Seniors Apartments presented retiring building administrator, Bonnie Castle, with a portrait that will be placed in the hallway entrance to the building. Left to right are: Gary Annable, Estella Rose seated, Jackie Cross, Bonnie Castle, Ed Gibson, Phyllis MacMaster, Jonas Fossitte and Mary Fisher, seated.

Remembering the **2015 IPM**

Carolyn Thompson Goddard

Record Staff

FINCH – Five years have passed since the International Plowing Match and Rural Expo (IPM) was held in North Stormont in late September of 2015. To commemorate this important event in our local history, a mural was unveiled in a community park in the North Stormont community of Finch on Oct. 13.

Jim Brownell, who served as 2015 IPM chair, described the mural "as a testament to the dedication and hard work of a great team, as well as the spirit of the event and the wonderful legacy that was left behind in the community."

Lesley Moran described the mural as "a high resolution photo of Laura's original art, blown up and laminated on a Dibond sign, done by Shane Signs of Crysler" and installed by Shane Signs on steel posts.

Continued on page 6

Milestone reached for Bonnie Castle at Beachcroft

Joseph Morin

Record Staff

WINCHESTER -Bonnie Castle celebrated her retirement as the administrator of the Beachcroft Seniors Apartments in Winchester on Wed., Oct. 14. She has served as the administrator for 34 years.

Her original retirement date was in March but COVID-19 put a stop to any opportunity for a retirement party. Last Wednesday, members of the Beachcroft board of directors, along with North Dundas Mayor Tony Fraser and Coun. Gary Annable gathered to say goodbye to Castle with a photograph of her, presented by director Mary Fisher, which will hang in the hallway of the Beachcroft. She was asked

to come to Beachcroft to receive the photo but was not aware of the plans to celebrate her retirement

She said she was taken completely by surprise. "I did not realize that everybody would be here," she said. "I want to thank everybody for coming to help me celebrate the finale of my retirement that has been going on since March. I do miss it very much, and I tell everybody this was a big part of my life."

Estella Rose another director said, "It is indeed an honour for me to wish Bonnie well in her retirement. She has been a wonderful asset to this building and to the many residents who enjoy living here. She always made the place very homey and took good care of the upkeep both inside and the outside."

Continued on page 3

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Page 2 The Chesterville Record

Sandy Row truck ban lifted, Bridge Street ban in place

Joseph Morin Record Staff

WINCHESTER - North Dundas councillors decided on a compromise over banning truck traffic in South Mountain on Bridge Street and Sandy Row.

Several weeks ago, complaints from residents had prompted the council to ban trucks from using

Sandy Row and Bridge again working to come up Street as they make their way out of the area.

At the Oct. 6 council meeting, a decision was made to reconsider the earlier decision based on complaints from those who were negatively affected by the truck ban.

At the Oct. 20 council meeting, councillors were

with a solution to the problem.

The eventual decision was to compromise and lift the truck traffic ban for Sandy Row but keep the ban in place for Bridge

"We need to revisit this," said Deputy Mayor Al Armstrong who was the one

to bring the issue up at the Oct. 6 council meeting. He said based on the letters and emails he had received about the issue, there was a concern that businesses in the area would be impacted in a negative way as a result of a ban.

As part of any compromise, the township would improve road

surface conditions and improve signage in the area; the people representing the truck traffic originating from a quarry on Sandy Row, would make an effort to keep their trucks out of high-density areas.

"They want to be good neighbours." said Armstrong.

Coun. Annable agreed that a compromise would be

a better solution to the problem. He said the quality of the road should be

improved. Coun. Thompson said, "I think we should keep it open but look for some

signage for schools. Mayor Fraser said, "We want to keep Bridge Street as a residential street.

"One of the challenges we have to take on is the speed on Sandy Row."

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Bonnie Castle

Continued from the front

Rose explained the board had wanted a big celebration in March but it was not to be. "We planned on a big party with all former board members invited as well as residents, and special guests. Then along came COVID -19 and we had to downsize. "We did have a little celebration at Bonnies' last meeting and gave her some flowers and wished her well," she said.

MPP Jim McDonnell sent her a message wishing her well for all her years looking after the Beachcroft and MP Eric Duncan did the same.

Mayor Tony Fraser said, "She has been a valuable asset."

He noted that the facility has always looked great.

He said, "I have never heard a negative comment about the Beachcroft and this speaks to Bonnie's efforts. Thank you for your positive contribution in making North Dundas a great place to live, work, and raise a family."

Jonas Fossitt, a director said, "Bonnie was a founding member of the committee of local residents who wanted to see this kind of facility built in Winchester."

He said the work she has done over the past 34 years was greatly appreciated.

Castle is from Cornwall originally where she spent her time figure skating and teaching the sport to others. She eventually married and found herself in Winchester where she worked for Hydro.

Her involvement in what was to become her life's work with the Beachcroft



North Dundas Mayor Tony Fraser thanked Bonnie Castle for all of her hard work and commitment over the past 34 years.

Morin photo

Seniors Apartments began in a most understated way.

There was a need for seniors' housing in Winchester. This was around 40 years ago. "I was out walking one day with one of my daughters and Larry Cotton the founder of the building was walking around handing out papers. I knew Larry so I asked him "what are you doing?" He said he was trying to get people interested in the idea of some seniors' apartments in town. "I told him I was just walking around town and I have lived here for ever so I know a lot of people, the older ones. I was only 35 at the time."

He said if I wanted to hand some out that would be great. The idea was to get 500 names of people who thought they would eventually think they would be living in the Beachcroft.

All of the papers were sent in and in the end, the group supporting the idea of a seniors' residence received the needed funding.

The building cost \$2.5-million back then and is a non-profit operation.

"It took probably three years to break ground," said Castle.

About that time a call was put out for more directors to serve on the organization's board so she decided to volunteer herself. That was January of 1986.

"By the time April came around, they needed an administrator and they asked me if I would take the job. I have been there ever since.

Castle has many interesting memories from working at the Beachcroft for 34 years.

One memory was the night all of the appliances, fridges and stoves arrived from Scarborough at two o'clock in the morning.

Everything had to be installed.

"There was a set for each unit. It took all night because there was a right hand fridge and a left hand fridge.

There were 45 units to hook up with appliances. A fridge and stove in each one.

"I think that might have been my most memorable memory," said Castle.

"I tried to stay on top of everything," she said.

About eight years ago all of the hallways were redone along with all of the lighting, the floors and new carpets were put in.

"The building has received almost a complete renovation or overhaul over the last 34 years," said Castle.

"If anyone came to me and was unhappy with something I would try to make sure they were happy before they left me," she said.

The building has a bright future. In 2021, at the end of June its 35-year mortgage will be paid up. Castle said the building has been carefully kept up and is in excellent shape.

OPP investigating home invasion

WINCHESTER – The Stormont, Dundas and Glengarry (SD&G) Detachment of the Ontario Provincial Police (OPP) is investigating a reported home invasion at a home in Winchester.

Officers were called to the home on Victoria Street shortly after 10:00 p.m. on Oct. 17.

The resident, who was alone in the house, reports that two males broke into the home and assaulted him. The culprits entered the home and removed Canadian currency from the home before they fled on foot. The resident was not seriously hurt.

The OPP Canine Unit and OPP Forensic Identification Services Unit are assisting the SD&G OPP Crime Unit with the investigation.

The attackers are described as being white males, wearing dark face coverings, and dark clothing with one male having dark hair.

Anyone having information on the above incidents or any other crime is asked to call SD&G OPP at 1-888-310-1122 or Seaway Valley Crime Stoppers at 1-800-222-TIPS (8477) or you can submit a TIP online at www.seawayvalleycrimestoppers.ca.







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Duration: Early December to Late March **Location:** West Patrols (Finch & Winchester Springs) **Schedule:** 40 hours/week (four 10-hour shifts), plus potential overtime

Salary: CUPE rate \$24.58/hour plus Night Shift premium of \$0.75/hour

CASUAL/SPARE TRUCK DRIVERS (PLOW OPERATORS) – CUPE

Duration: Mid-November to Mid-April Location: All Patrols in SDG

Schedule: Various shifts, plus potential overtime **Salary:** CUPE rate \$24.58/hour (plus Night Shift premium of \$0.75/hour, where applicable)

Interested and qualified candidates are invited to visit our website at www.sdgcounties.ca to obtain complete position information and instructions on how to apply. Applications will be received until 12:00 noon on <a href="Monday, November 2, 2020. Please note, we do not accept resumés.

We thank all applicants for their interest, however, only those being selected for an interview will be contacted. We will accommodate the needs of applicants under the Human Rights Code during the hiring process.

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NOTICE OF POPPY DRIVE/ REMEMBRANCE DAY

The Royal Canadian Legion Branch 108, Winchester, will hold their Poppy Drive from October 30, 2020 through November 11, 2020.

Last year the Winchester community and surrounding area helped raise a net of \$6,745 for the Poppy Trust Fund. The Legion donated \$4,260 to Veterans' Organizations, provided \$1,000 in bursaries to help area children of Veterans' families, and helped a local homeless veteran secure housing.

Poppies will be distributed on Friday, October 30 until November 11. Regrettably for their health and safety, we cannot involve youth, or our more senior veterans this year, so we are calling on our younger veterans or members of the public to help (you do not need to be a member of the Legion to volunteer). If you wish to volunteer for the poppy campaign, please send an email to poppy.legion108@gmail.com.

This year, the Legion is holding their Remembrance Day Ceremony, on **Sunday, November 8**. Due to COVID-19 restrictions, there will not be a parade, nor will we be conducting the ceremony indoors and most of the wreaths will be pre-laid. Members of the community are invited to gather for a Ceremony at the Cenotaph in front of Winchester Memorial Hospital. Please arrive by 11:45 a.m. All attendees are asked to wear a mask and practice physical distancing and please do not attend if you are feeling unwell. Unfortunately, we cannot have a reception following the ceremony this year.

Shawn Doolan, Poppy Chair



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Editorial

COVID-19 it's very dangerous

In September, I wrote an article on how dangerous this COVID-19 virus can be. I encouraged everyone to ignore the pandemic deniers and comply with recommendations put forward by health authorities. At the time of writing that article, COVID-19 numbers were quite low across Canada and the economy was slowly being re-opened. Health authorities were still warning us about a possible second wave.

Since then, media outlets have published at least two stories that downplayed the concern about this pandemic. In one of the stories the writer had been to a hospital and observed there were few people there. The hospital rooms were found to be nearly empty. Health authorities were ridiculed and accused of overreacting. In just the last few days, roughly a thousand people in each of Toronto and Vancouver took to the streets to vigorously protest the COVID-19 restrictions, without either physical distancing or masks; flouting the rules.

If only this virus took out the misinformed instead of the elderly! We are now well into the second wave and are seeing daily COVID-19 numbers higher than March and April. The problem with amateur armchair quarterbacks is that they tend to look backwards. This particular media outlet's writer observed the local hospital situation as it had been. Anecdotal evidence seems to beat out hard science.

The health authorities must look to the future. Their recommendations are based on what is to come based on the best scientific evidence they can muster. In the meantime, for the sake of the health and welfare of you and your family, obey the recommendations until new science provides better answers or we get a vaccine.

Donald R. Good, P.Ag.

A busy fall for North Dundas

Hello fellow residents of arena and enjoying a hot North Dundas. I hope everyone is faring well in these trying times. I'd like to take this opportunity to bring your attention to some news and updates that are of a positive nature.

Other than coats of paint, there haven't been many changes to the Chesterville and District Arena dressing rooms or canteen in a long time. We are very pleased with the dressing room expansion and the upgrades of the canteen at the arena. The canteen has served us well for many years. I fondly remember enjoying chuckwagons and 'swamp water' served by Jean Servage and I'm sure there are others that remember being served by Nelson Laprade. That's going way back! The upgrades were needed; new counters, new cupboards and cabinets and new fixtures. A lot of the materials were sourced locally at North Dundas Building Supply and installed by two of our handier Recreation staff members, Mike Sharkey and Todd Elliot. I'm looking forward to the time when we can enjoy watching a game at the

dog between periods. Another bit of good news is the expansion of the dressing rooms at the Chesterville arena. This project had been in the works for a couple of years and the timing was finally right this spring. This project is another example of our community coming together to meet a challenge. Deputy Mayor Armstrong, with his experience being a council lead on the Morewood RA Centre renovation, volunteered to take on that position again. He was fortunate to work with North Dundas Junior C executive members, and recreation staff. The expansion looks fantastic and I am sure that the increased space will be appreciated by all of our users.

We have two villages that have tennis courts and both sets of courts needed repairs. The courts in South Mountain were resurfaced this summer. The park in South Mountain also needed some other upgrades. The skate changing building was beyond repair and needed to be removed. It was decided that a more suitable building was needed to accommodate wanting to enjoy the park year round. A pavilion will be constructed on the site when building materials become available and the cement pad is already in place. This project will be completed because of the help from a community volunteer from the South Mountain area. The tennis courts in Chesterville need repairs and the hopes are that we are able to get that project included in the 2021 budget.

I want to extend my sincere congratulations and thanks to Over The Moon Photography's Rennick, who recently opened her business on King Street in Chesterville. I am heartened to see the commitment and belief of entrepreneurs to North Dundas, and if you live in Morewood you'll soon be able to pick up your mail from the Lucky Mart while grabbing some necessities...and a treat or

We just celebrated Thanksgiving in a fashion that prior to this year we never would have imagined. Halloween is soon upon us and it too will be an unusual evening that may very well



North Dundas Mayor Tony Fraser

be disappointing to many of us, both young and old. This pandemic isn't going to be over in the foreseeable future and the direction and the advice is ever changing. It will be a challenge, but we need to heed the direction that Dr. Paul Roumeliotis asks us to

And while I have your inclusive attention, communities bring together different perspectives, experiences and identities. We are part of a broader world and in no way immune from these issues and challenges. I encourage everyone in our community to contribute to these efforts, and to endeavour to model the world we want to live in by being respectful and inclusive in all of our interactions, especially on social media.

Be good, be kind and take care.

NDDHS Report

By Jamie Wilson **Student Council Communications**

ND wears pink for breast cancer on Friday

Last Friday, the staff won their challenge of reaching 100 per cent participation on our Camouflage and Country Day. There were many teachers dressed in head to toe camo or country gear. It is no surprise they were able to beat the challenge, considering how involved and dedicated they are to our school. No student grades have reached the 75 per cent mark yet, but the Grade 7's came close with 64 per cent. Keep up the great spirit ND!

We have another spirit day coming up this week. Friday is pink day for breast cancer awareness. One in eight women will develop breast cancer in their lives. Though not usually fatal, it is a terrible experience to have to go through. October is Breast Cancer Awareness month, and this spirit day is our way of showing support for all the people in our lives who have

the first virtual UCDSB student senate meeting. In the meeting, we were able to speak with the representatives from other schools in our school board. We shared some of the student council's ideas for virtual school events and learned that other schools had tried them and were successful. This was great news, and the student council cannot wait to execute

suffered with this disease. On Fri., Oct 16, Delaney Johnson and I represented ND at

some of these plans.



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Editor Joseph Morin

Copy Editor Edith Landreville

Reporters Joseph Morin Carolyn Thompson Goddard

Ad Representative Brenda Fawcett

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Telephone: (613) 448-2321 866-307-3541 Fax: (613) 448-3260 Published Thursdays by Etcetera

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Single Copy \$1.00 HST Included. Annual Subscription \$35.00 within 40 miles Outside 40 miles \$40.00; USA \$150.00. All Subscription Prices Include HST.

The Road Home

Strolling down memory lane with pen in hand

by Carolyn Thompson Goddard

Sitting in my kitchen this morning while the rain is pouring down outside, I have a moment or two before getting ready for work, to think about things I like to do. Near the top of the list and right below finding out information about a subject which interests me is writing.

While I have always loved to read all sorts of things I wouldn't ordinarily do like travelling to far off countries (hey, a trip to Toronto is a big deal, so we don't want to discuss a trip overseas) or maybe learning about some important person's life, like one of my personal heroes, Abraham Lincoln (isn't it quite the coincidence my eldest son shares his birthday with Honest Abe!) but it took many years for the writing bug to catch up with me.

Growing up I was too busy I guess to write things down, too busy practicing the piano, watching television, pestering my brothers or sitting at the top of the stairs asking "Can I come downstairs now please" as the usual punishment for

misbehaviour was being sent to my room. I recall entering a play in the Children's Division of the Chesterville Fair, writing essays on a typewriter during high school. Mom had made me take typing in Grade 9 (thank you for your patience Mrs. Smither), for as she said "I don't have time to type your essays." I must mention how some people are amazed at how fast I can type, and I tell them with a smile how "I have been doing it for over 50 years, so I should be able to type fast."

I have always wondered where this joy of writing comes from and this morning I remembered how Mom loved to write: once she wrote a supposed letter from David Thompson which left her class thinking he indeed had written it, how I learned from my friend Patrick Coyne's father in my youth there were stories that Daddy had wrote up in their attic (being young and foolish declined the opportunity to receive them from Mr. Coyne) and I have brothers who have written novels and newspaper columns.

Perhaps it is not so surprising that I

like to write after all. While doing family research over the years, I have learned we were descended from the Mayflower passenger, William Brewster. Now it would seem Brewster was very well educated, attending university, in a time when most people were illiterate. Being a religious dissenter, he and his family refuged to Holland for a time. During his stay in Holland Brewster ran a publishing company and wrote a few anti-King James I pieces, sent them back to England which got him into a lot of trouble with the monarch. The story goes that King James I of England sent emissaries (we won't call them mercenaries) to Holland, to track Brewster down and discuss and resolve with Brewster his writing in Holland and resolve this problem, couldn't find him because he apparently was back in jolly old England making plans for the trip to the New World. Soon, the 500th anniversary of the Mayflower landing in Plymouth Harbour will commemorated in some fashion and when it is, I will think back to my ancestor William Brewster and remember to write "on the sunny side of life!"

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Celebrating Halloween

Carolyn Thompson Goddard Record Staff

SD&G - With the Eastern Ontario Health Unit recommending the tradition of costumed youngsters going door to door in search of Halloween treats be avoided this year due to the COVID-19 pandemic, there are still some ways to celebrate the holiday while keeping safe, thanks to community organizations and local businesses.

Robertson, president of Royal Canada Legion Branch 569 in Long Sault, told *The Chesterville* Record that the Legion Branch is working to provide a safe alternative to trick or treating in this South Stormont community. Robertson explained that the Legion is accepting Halloween treats until Oct. 24 at the branch located at 7 Frost St. in Long Sault. The treats will then be

Working together for the community

Carolyn Thompson Goddard Record Staff

NORTH DUNDAS - Organizers of the 100 Women Who Care North Dundas and the 100 Men Who Care North Dundas events, recently announced in a press release that they are "working with the North Dundas Christmas Fund committee, in cooperation with North Dundas' Lions Clubs and Legions, House of Lazarus, Community Food Share and Winchester BMR, to encourage those who usually participate in the 100 Who Care event, to make any-sized donation to the North Dundas Christmas Fund in lieu of the regular \$100 pledge to a local charity."

Earlier this year, restrictions designed to slow down the spread of COVID-19 necessitated the cancellation of the 2020 events organized by these two North Dundas committees, which since 2018 "have raised \$10,000 - \$20,000 for local charities within the community."

For over 35 years, the North Dundas Christmas Fund (NDCF) committee has organized the "Angel Tree toy drive, snowsuit fund and food baskets. Each year the NDCF has been supporting several community organizations in the municipality and assists "approximately 200 North Dundas families, including hundreds of children, to help them have a better Christmas season."

The press release quotes North Dundas Christmas Fund chair Bob Weagant as mentioning that the "biggest concern right now is funding." He explained how the fund receives support from "donation food drives through our local schools, the Lions Clubs and other community organizations," noting many events held by these organizations have "had to be cancelled in the past seven months" resulting in "fundraising opportunities" being limited.

100 Women Who Care North Dundas chair Diane Crummy commented "We're consistently humbled by the generosity that pours out of each of our events and, since both gatherings were cancelled this year, it seemed like the right time to engage past participants." She continued how donations will be received by Community Food Share through Canada Helps. "meaning a charitable tax receipt will be issued" and "100 per cent of the money received will be added to Community Food Share's regular contribution to the Christmas Fund."

Reports on the 100 Women Who Care North Dundas Facebook page on the afternoon of Oct. 18, indicated \$5,000 had already been raised. More information is available at www.100northdundas.com which encompasses the work of both the 100 Women Who Care North Dundas and the 100 Men Who Care North Dundas organizations.

Thank You

Words cannot express our heartfelt thanks to all who gave so generously their kindness, sympathy, words of comfort and prayers during the recent loss of our husband, father and grandfather, John VanBruinessen.

Thank you for the many cards, messages and donations.

Marg VanBruinessen and Family

with Eastern Ontario Health Unit (EOHU) guidelines and then treat bags created distribution Halloween. Robertson explained the candy will be packaged in bags for outside pick up on Oct. 31, with donors provided with tickets for children to exchange for the treats. To help create an eerie atmosphere in keeping with the season, costumed volunteers and spooky music will add to the Halloween experience, with guidance from the EOHU received to ensure the safety of everyone.

The Avonmore Community and Athletic Association is holding a Pumpkin Carving Contest. Rules include getting your pumpkin, carving and/or decorating it, posting a picture of the jack-o-lantern in the comment section of the ACAA Facebook page with the winner "randomly selected on Nov. 1." The prize for the lucky winner is a \$25 gift certificate to Rock'n Ronda's Diner and Pizzeria in Avonmore.

In Winchester, Simply Baked Catering (SBC) Inc. is sponsoring a Halloween Cookie Decorating Contest. Designed to be a fun activity for all ages, contest rules include ordering a six-

quarantined in accordance cookie kit (\$10) or a twelve-cookie kit (\$18) from SBC by Tues., Oct. 27 and arrange a pick up time either on Fri., Oct. 30 or Halloween itself. Cheryl Beasley of SBC suggested "they wear their costumes while decorating." After decorating the cookies (and before you eat them up) post pictures of the creations on the SBC Facebook page and be entered into a draw for a \$20 SBC gift certificate. Beasley explained people will "have until Nov. 3 at midnight to post pictures" with the draw to be held at 10 a.m. on Nov. 4.

> Morewood Recreation Association is holding a "Best Jack-O-Lantern Contest" in that small North Dundas Community. Those entering the contest are asked to carve your pumpkin at home, and on the back write your name and phone number before placing it on top of the hay located at Veterans View Park in Morewood on or before Oct. 30. Judging by North Dundas Mayor Tony Fraser will be done on Oct. 31 with winners notified on Nov. 1. There are prizes for first, second and third place winners. Participants are asked to leave their pumpkins on display at the park for Halloween evening.

Picking a path for the future

Joseph Morin

Record Staff

WINCHESTER - A report commissioned by the Township of North Dundas regarding water and wastewater servicing in the future has landed on the council table.

The study carried out by J. L. Richards charts the future needs of a growing municipality from 2020 all the way to 2040.

This is only a draft report and one that councillors will have to wade through before making any short or long-term decisions about what they will do.

The report focuses on water and wastewater issues in Chesterville and Winchester.

If all of the recommendations in the report are followed, the total cost over the long-term dealing with a variety of wastewater and drinking water issues would be \$28-million.

Understanding the implications of the report before endorsing it, will take some time.

'This will be a big undertaking," said Mayor Fraser. He said he had gone over the report several times over the past week and it takes time for it all to make sense.

"It is a lot of information. It is just setting us on a path and giving us direction about which way we will be heading," he said.

Cards of Thanks

We would like to thank Dr. Kelly and Dr. Barrack and the 2nd Floor Nurses from Winchester District Memorial Hospital for the wonderful care Lyal received when he was a patient there.

Many thanks to family, friends and neighbours who gave donations in Lyal's name to Chalmer's United Church or the W.D.M.H.

To the many people who sent cards with words of sympathy, flowers and food, the phone calls received at such a time of sadness and the online condolences, we thank you.

We want to thank Lyal's two granddaughters, Christy McDermid and Alesha Baker for the beautiful readings of memories.

A special thank you to Rev. Lois Gaudet for the prayers and comforting words at the hospital and the beautiful eulogy at the graveside funeral.

Thank you to David MacDougall from Brownlee's Funeral Home for his professionalism and kind and gentle words.

We miss you Lyal (Dad) so much and we wish you were still here, but we know you are with the angels above looking down and watching over all of us.

June, Donnie, Patsy and Debbie



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11 a.m. – Worship Service & Sunday School Everyone Welcome!

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NOTE: Registration to attend is required for our Sunday morning service, please call the church office to reserve your spot.

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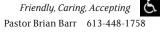
Pastors Bud McKibbon and Mollie McKibbon

Join us Sundays at 11 a.m. for our virtual service Church closed until further notice.

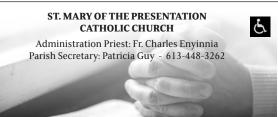
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2015 IPM

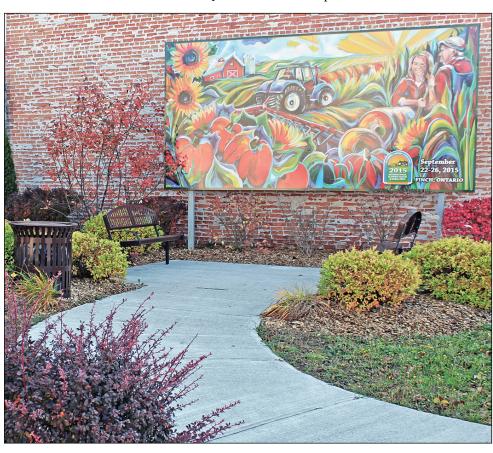
Continued ofrom the front

Laura Stevens of Finch, who designed the winning poster for the 2015 IPM, explained that the theme of her work "was meant to be one that celebrated the agricultural community of North Stormont. We also tied in the themes that pertained specifically to the 2015 IPM, with the sunflowers, the older generation of farmers alongside the new, the plowing tractor, etc."

Stevens explained the mural was "commissioned as a commemorative piece

by the IPM committee, to celebrate the 2015 Plowing Match that was held in Finch." Moran explained the mural will "look as good as it does now for many, many years to come" as it is "weatherproof versus an actual painted mural."

The mural is described as capturing "the spirit of the event, and the wonderful legacy that was left behind in the community" by Brownell. When asked about the legacy of the 2015 IPM, Moran commented how it was "the fact that we were able to donate almost \$400,000 to not for profits in SD&G, which includes \$100,000 to each of the three hospitals within SD&G."



Calling the IPM "a remarkable success," North Stormont Mayor Jim Wert commented how the mural "speaks to what great communities and great organizations that we have." Thompson Goddard photo



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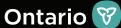
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Inside the Chesterville Legion hall, 200 servings of barbecue chicken were packaged for take-out clients. Here, Melanie and Chloe Malo filled up Morin photo



Chesterville Legion Branch 434 cooks up a storm

Larry Barlow and Jeff Cranham look after the chickens on the barbecue behind the Chesterville Legion Branch 434. This was the second barbecue of the year.

Morin photo



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Just east of Harrisons South Stormont on Sat., Oct. 17, Paula Wilson and Joanne Fergus held a Harvest Hootenanny, with six home based vendors attending the event. Wilson explained the event was organized to provide a few of the local owners of home-

based businesses, the opportunity to display and sell their handiwork after the cancellation of craft shows due to the

at the Harvest Hootenanny event on Oct. 17. Thompson Goddard photo



thousand islands

IEARING





Page 8 The Chesterville Record

Slow down. Be cautious. Share the road.

all is a busy time on roadways; that extra couple of seconds of attention could prevent an accident. When you are driving down the road and see that big piece of farm equipment in your way, your initial reaction may be 'oh great, now I'll be late'.

But it helps to put things into perspective; getting behind slow moving farm equipment in the country is equivalent to waiting for two stoplights in the city. This equipment is large, although the equipment generally is faster now than it was years ago. The size of equipment has gotten larger making it more difficult to see oncoming traffic; it takes more time to maneuver, making sudden stops impossible.

If you are operating large farm equipment on the roadway, ensure that you are using all of the safety equipment available, including: safety chains,



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lights, slow moving signs, proper sized draw pins with clips, etc. If you have to move farm equipment in the dark, it is always suggested to have another vehicle escort you.

Be cautious of the weight you are hauling compared to the size of the tractor pulling it and the length of the equipment you are hauling; these are items that in the rush of the fall harvest can be overlooked.

Please, slow down. Be cautious. Share the road. And have a safe fall harvest.



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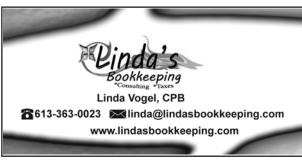
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South Stormont council meets

Carolyn Thompson Goddard Record Staff

LONG SAULT – As the Oct. 14 South Stormont council meeting opened, fire chief Gilles Crepeau recognized the service of volunteer firefighters in this community. Crepeau explained how he was advised by the Ontario Fire Marshal's Office that the delivery of Long Service Awards for 2020 would be delayed. He continued how he felt it was important their service be recognized, commenting on the dedication of the members of the South Stormont Fire Services.

Deputy Mayor David Smith recognized and applauded their service followed by Coun. Jennifer MacIsaac reading out their names as first phase was very successful, with a Procurement Policy.

follows: 5 years service: Andrew Downing, Joshua Newman, Dakota Van de Glind, Zach Gingras, Patrick Ruest, Mike Argue, Josh Brisson, Jared Steele, Jason Flaro, Adam Jackson. 10 years service: Dylan Prendergast. 15 years service: Kris St. Thomas, Andrew Stewart. 20 years service: Andrew Ter Horst, Kevin Ter Horst, Chris Beaudette, Dan Poirier. 25 years service: Roch Cloutier, Drew Cameron. 30 years service: Larry Barkley. 35 years service: Kenny Chisholm.

Council heard from fire chief Crepeau and Shelby Martel on the subject of responsible pet ownership in the municipality. Crepeau reported the survey conducted as part of the

large number of residents responding and providing on comments what responsible pet ownership should look like. There were over 500 responses and a large amount of statistical information on this subject were presented to council. Next steps will include reports on the survey and research done by staff as well as an additional public engagement opportunity for residents. Coun. MacIsaac congratulated Martel on her work on the survey and was pleased with the engagement from the public.

Other issues discussed during the meeting included a petition on Forrester Drain, discussion on a Water Supply Distribution Financial Plan, several human resources' policy considerations and the passing of a bylaw to adopt a Township



Fish and chips all around

The Winchester United Church held their second annual fish fry dinner on Mon., Oct. 19. Because of COVID-19 regulations the food was handed out to waiting people from the parking lot of the church. In this photo, Colleen Howard on the left and Linda Foster, package the fish and chips. More than 200 presold orders were taken for the event. The funds from the fish fry will go to the United Church Women's Group. Morin photo

South Dundas and South Stormont join forces to recruit doctors

SOUTH DUNDAS -Although physician recruitment is a challenge for rural communities across Canada, it has not dampened the spirits of the joint Physician Recruitment and Retention Committee between the Municipality of South Dundas and township of South Stormont.

The committee, which was launched in May 2019 to address the lack of local physicians, is now taking the first step with a new survey aimed at gathering information from residents on their current family physician arrangement, or lack thereof.

"We need the medical community to understand what we have known for some time in SDG: that we have a need for physicians to serve our communities," said Mayor Bryan McGillis of South Stormont. "The data collected in this survey will be used to present a viable business case to physicians and medical practitioners looking to establish, expand or relocate their medical practice to a great community with demonstrated need."

Along with support from St. Lawrence Medical Clinic staff, the committee has recently obtained the services of Gwen Devereaux, president of Gateway Centre of Excellence in Rural Health. Ms. Devereaux was profiled by CBC Canada for her successes in recruiting over 20 new physicians in Goderich, Ontario, which has a population a little over 7,500 residents.

Ms. Devereaux has expressed excitement at beginning her efforts in the region. "South Stormont and South Dundas are beautiful communities. I am delighted to work with this

forward to a great deal of success in physician recruitment."

Ms. Devereaux has already met with many community members and is encouraging wishing to speak with her to contact their municipal office and fill out the online

"We are fully engaged in attracting new medical talent to our region, and now more than ever we recognize the importance of all our hardworking medical professionals. We hope with the help of Ms. Devereaux that we can show how our community will support new and existing physicians and their families just as

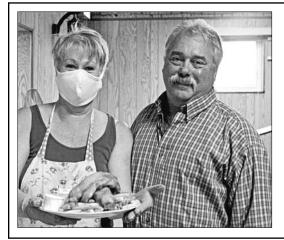
region, and I am looking much as they support us" said Mayor Steven Byvelds of South Dundas.



Giving nature a helping hand

The Oak Valley Pioneer Park volunteers were busy this Sat., Oct. 17 cleaning up the park. Every spring and fall the group comes to the park to pick up branches and make sure the area is clear for visitors. In this photo, past president of the group, Murray Inch works on one of the oak trees in the park.

Morin photo



Friday Fish n' Chips' dinner

This past Fri., Oct. 16, the Royal Canadian Legion Branch 569 in Long Sault held one of their "Ruth's Famous Fish & Chips" dinners. For \$15 guests were able to enjoy a generous helping of beer battered fish, fresh potato French fries accompanied by tartar sauce and coleslaw with the opportunity of either take-out or dine-in at the Legion. Branch president, Randy Robertson explained the popular event is generally held every two weeks and usually has a great response from the community. Robertson continued their Surf & Turf fundraising dinner will be held on Sat., Oct. 24. The eat-in only dinner will feature clam chowder, barbecued rib-eye steak, garlic shrimp, double baked potato, salad, rolls, butter and dessert served with tea or coffee for \$32 per person. Tickets need to be purchased prior to the event by calling the Legion at 613-534-2235 before Thurs., Oct. 22, with only 40 tickets available. From the left: Ruth Currie, holding a plated Fish & Chips' dinner, is shown with RCL Branch 569 president Randy Robertson during Friday's dinner. Thompson Goddard photo





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Tractors: NH TM150 4WD Cab Suitcase Weights only 3780 hrs. (local estate tractor), NH TS135A 4WD Cab 7600 hrs, Mitsubishi MT210 2WD Diesel Compact W/ Hardi Front end Loader only 876 hrs., AC 5020 2WD Compact Diesel only 696 hrs. showing, Ford Dextra. Industrial Equipment: Case 580K 2WD Backhoe, Thomas HD 183 Skid Steer, NH LS170 Skid Steer (noisy engine), Geith 28" Digging Bucket (90mm Holes, Excellent Shape), D/S Demolition/ Stump Bucket, Volvo Model S2 Quick Attach (80 mm Holes), D/S Wedge Quick Attach (90mm Holes). Trucks & Vehicles: 2006 Kenworth Daycab HWY Tractor (approx. 550,000. KM, CAT Engine), 2009 Freightliner Daycab Turbo

Engine), 2009 Freightliner Daycab HWY Tractor (approx. 630,000 KM, Detroit Engine), 2012 Ford F350 4WD Reg Cab Long Box Truck (approx. 170,000 KM, Sells With 8ft Snowway Plow, Safetied last April.), 2006 Kia Rio Auto Trans (Approx. 110,000 KM, to be Sold Safetied), 2005 Arctic Cat T660. 12,039Kms Machinery: Case IH 3020 35ft Flex Head W/ Transport (Nice), Case IH 2020 20ft Flex Head (no Transport), Case IH 8570 Big Sq. Baler, NH 1432 Center Pivot Discbine, NH 640 Silage Special Rnd. Baler, JD 375 Rnd. Baler, JD 720 Haybine, Fransguard T1600 Rotary Rake, Fransguard FT300 Tedder, NH F62B Forage Blower, Victor Forage Blower, 2 Miller Pro Forage Boxes on Heavy Horst Running Gears, DMI 3PTH 4Shank Sub Soiler (nice), Econor E100 310 8ft Single Auger Snow Blower (like new), Tandem Fert. Spreader, NH Sicle Bar Mower, HLA 6ft Rock Fork, MF 205 Manure Spreader, Farm King 480 Seed Cleaner (Like New), Farm King 8"x51' Grain Auger, Rotary Cutters & finishing Mowers, 4 Ft Snow Blower, Wood Splitters, & Much More. Trailers: Tandem 20ft +6ft Beavertail TrailTrech 5th Wheel Float (Safetied last November, Nice) Tandem 16ft Trailer-Pro 5th Wheel Stock Trailer (has Traveled less than 1000 KMS, Very Nice), Citatien 5th Wheel Camping Trailer W/ Slide Out, Homemade 5th Wheel Cattle Trailer, 4 Bumper Hitch Utility Trailers. Farm Related Items: 13 New Rolls of Horse Wire, Gates, Feeders, Unit for Houle cable Scraper, Bale Spears, 2 Hopper Style Feed Tanks, Jamesway Feed Cart W/ New 9HP Honda Engine, Used Steel Posts, Older JD 3PTH Backhoe Attachment, Pallet Forks, Bale Carts, Large Quantity of Slightly Used Steel & Plastic Culverts in Various Sizes, 3 Poly Water Tanks, Large Quantity of Grease, & More. **Lumber:** Lrg. Quantity of New Lumber. Over 60 Lifts of Dressed White Pine in Various Thicknesses, Widths, & Lengths,

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NOTICE

WINTER STORAGE

This coming Sat., Oct. 24 from 8 a.m. until 10 a.m. Limited spaces available for cars, RVs or large trailers and boat/tent trailers. Visit website for contract and Covid-19 guidelines, www.chestervillefair.com.

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\$18 per person. Salad only \$8. Get your tickets early. Stop by the Legion after 2 p.m. or to reserve call 613-652-4516. Only 100 tickets to sell. Mask is necessary! Self-distancing a must! Take-out available inside or out! 15-2

MOUNTAIN TOWNSHIP **AGRICULTURAL SOCIETY ANNUAL GENERAL MEETING**

Mon., Nov. 16 at 6:30 p.m. at the Mountain Township Agricultural Hall, 2967 Lough Rd., South Mountain, Must preregister by Nov. 12 at info@southmountainfair.ca or 613-989-1441.

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16

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A winning recipe

WILLIAMSBURG - If you create a business plan that works and have a great team to help you reach your goals, then all you have to do is stay the course.

That is what Sherry Mowat has done with her store in Williamsburg simply called Sherry's; it combines a convenience store, gas bar, bakery and LCBO outlet and is located at 4304 County Rd 31 in Williamsburg.

The newly built convenience store and its success did not just happen.

The present store owes much of its success to a previous incarnation by Mowat when she owned and operated a store in Heckston called Sherry's Kitchen. Over a ten-year period she experimented with what makes a local store important to its customers and what products will make a difference in a highly competitive rural market.

Mowat and her late husband Rick selected the Williamsburg location as one of the best in the area to move forward with their dream of having a convenience store, that offered gas as well as baked goods, typical retail items, LCBO and of course great service.

He owned and operated Rick's Environmental Solutions which is being continued by her son.

The couple began building Sherry's in Williamsburg five years ago. Eventually she would run her Heckston business and the new one in Williamsburg at the same time until it was time to just focus on the Williamsburg location.

I sold the Heckston business in 2017, said Mowat.

"Williamsburg is a great community and this is a fantastic location."

Being on County Rd 31, Sherry's gets traffic going both ways to and from the St. Lawrence River and Morrisburg area. From the north, they get commuters gas bar in her store comes second to her





The bakery and kitchen at Sherry's in Williamsburg is always busy. Here, bakers Rose Simser on the left, and Victoria Davidson pause for a moment on a busy Saturday morning.

travelling to Ottawa and Winchester and west on Highway 43.

She used the lessons learned in her Sherry's Kitchen store to make the new Sherry's even better.

"This place is better and nicely laid out," she said.

Sherry's offers home baked goodies as well as a full selection of items typically found in a convenience store. In addition to the food cooked right in their own kitchen, the store features an LCBO and beer store products, not to mention gas.

Mowat stressed the idea of including a

favourite job which is cooking and baking, even though being able to offer gas to motorists makes her store a destination to

Every day her kitchen serves up fresh or frozen barbecue back ribs, barbecue wings and drumsticks, chicken pot pies, turkey pot pies, tourtières, triple meat pies, roast chicken, taco and chicken vegetable quiches, lasagna, shepherd's pie and chicken alfredo. For dessert there is never a shortage of freshly made pies.

Every morning, they make breakfast sandwiches: bacon, ham, or sausage on a bun with egg and cheese or on toast. For lunch, they have fresh sandwiches including their own roast pork with salad on a freshly baked bun.

Sherry's has ready to go meals. They are fully cooked and ready to heat. They have fresh side dishes such as coleslaw, pasta salads, twice baked potatoes, and baked beans.

Sherry's has fresh white and wholewheat dinner rolls, and for a delicious dessert, our own fruit pies and pastries. We also have quality ice cream, frozen dessert items, and other treats.

"There are three of us working in the kitchen baking," she said.

With a staff of 10 people in the store, it is a busy place to visit.

She is always looking for ways to offer more to her customers.

"We are only in year number five and the store is doing really well," she said.

She is not surprised at the success of Sherry's. She remembered her store in Heckston was 10 years old and it was still growing.

"I have great girls," she said, and a good team of people here.

During the fall and winter months the store offers a soup of the day.

During seasonal events like Halloween and Christmas, Mowat creates baked goods especially for the season.

"Our customers are great," said Mowat.

"They come from all over the region and from as far away as Kingston and Montreal.

Sherry's is open every day of the week from 5 a.m. to 9 p.m. and on the weekend from 7 a.m. to 9 p.m.

You can visit their website at http://www.sherryskitchen.ca/.

For more information, you can call 613-535-2018.

If you would like to have a light shined on your business, please contact us at: news.chestervillerecord@gmail.com or call us at 613-448-2321.

Frank Prevost will remain as SDG warden in 2021

CORNWALL - For the first time in its 170-year history, an individual will sit as the warden of the United Counties of Stormont, Dundas and Glengarry for a third term. Warden Frank Prevost was chosen to continue as the 2021 head of council. His name was drawn from a county hat, after two tied ballots at council's regular meeting.

"It is an honour to be named warden of the United Counties of Stormont, Dundas and Glengarry for a third time," said Prevost, who is currently warden and also sat as the head of council in 2000. "COVID-19 has had a tremendous impact on the residents and businesses of SDG over this year. I look forward to meeting the challenges of 2021 and with the help of my colleagues around the council table, as well as administration, we will work to ensure a strengthened new year for everyone."

Councillor Tony Fraser had put his name forward as well, and both men agreed the prosperity of SDG is paramount in light of the global pandemic. "I congratulate and look forward to working alongside warden Prevost, as well as my council colleagues, as we are all



Warden Frank Prevost Warden of the United Counties of Stormont, Dundas and Glengarry

for the residents of Stormont, Dundas and

committed to doing our best Glengarry in the year to come," said Fraser. Council voted not once, but twice



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via secret ballot to determine the 2021 warden.

After two votes were tied 6-6, all of the ballots were placed into a county hat by CAO Tim Simpson and Clerk Helen Thomson. Thomson pulled a single ballot from the hat and Prevost's announced appointment.

This is the third time in recent memory that a vote for warden has required a name drawn from a hat to settle the election. Council decides every autumn who will sit as warden for the coming year.

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Catch the Ace is back

The Kin Club of Russell's Massive Catch the Ace Lottery resumes on November 1!

With an estimated, massive jackpot of over \$90,000.00, only 23 envelopes left and all proceeds going to great local charities, it's the perfect time to play Catch Ace! Starting November 1, you can safely purchase your tickets online (\$5 each ticket)

www.kinclubofrussell.ca/c atch-the-ace with the first draw being held at p.m., on Sunday, November 22.

Tickets are also available at a number of retail locations, please check our website page above to see the updated lists of locations. Ticket sales close at all locations and online at noon Sunday before the draw.

If you need help learning how to purchase online, watch our 2 minute tutorial https://youtu.be/KRWEE mejoxk.

If you would like to receive notifications (MailChimp) from the Kin Club of Russell on the draw dates, new rules, draw results and up-to-date Catch the Ace jackpot information, please email us at kinclubofrussell@gmail. com with ADD ME to the caption, and you will be added to our 1,100 plus members of our Catch the newsletter!

For further details, please contact us at kinclubofrussell@gmail .com, like FaceBook page (Kin Club of Russell) to be notified to watch the draw live.



4-H members take part in virtual run

Joseph Morin

Record Staff

EMBRUN – Fundraising in the age of COVID-19 has taken on all kinds of different shapes.

Vicki Brisson and her sister Melissa of Embrun have come up with a way to raise money for their favourite cause, the 4-H Club, while avoiding the perils of the pandemic.

Both sisters have registered to run in the virtual Scotiabank Toronto Waterfront Marathon.

The event is taking place as part of the Scotiabank Charity Challenge which is a part of all sponsored Scotiabank marathons.

The Scotiabank Charity Challenge was created as a community-building component of Scotiabank sponsored marathons. Scotiabank moved the Toronto Marathon to a virtual race format and continues to maintain the Scotiabank Charity Challenge as a key feature of the 2020 races.

"4-H Ontario partnered up with the Scotiabank Toronto

Marathon," said Vicki.

Vicki said her entire family is involved. You can take part in the marathon from Oct. 1 to Oct. 31. It can be run anywhere.

"My mom, sister and dad did the 5k walk last week."

"My cousin and I ran it on the Embrun bike path. There are 4-H members all across the province running it," she said.

She ran 10 km. on Mon., Oct. 19.

The pledges raised from a participants run go to Ontario 4-H.

"I got back into running a year and a half ago. I was just running for fun on my own. I figured why not. You get to run and move and do something for 4-H at the same time. Growing up 4-H has had a great place in my life," she said.

"For me it was a nice way to give back."

"When I run I use it to clear my head and move my body," she said.

She said the event was a nice way to bring families together.

She added that you Waterfront can run, walk or roll

what distance you want. There are several categories. All you have to do is register.

The categories are 5k, 10k, 21k and full marathon. The registration fee is \$5.

Melissa Brisson said, "4-H Ontario saw the run as a way to fundraise this year. They asked for one member from each region to be a representative and help them bring people into the run," said Melissa.

She was the one asked to lead the way in her region.

Melissa is not a runner on a regular basis but she jumped at the chance to help out. "I roped in my family and a couple of my friends."

Melissa plans to do her run next weekend with a friend. She will be running the 5k.

"I did run a little in high school," she said but now she says she will be starting from scratch. However working on a dairy farm means she will already be part way there in getting into shape for the run.

FAX: 613-448-3260

This is an amazing opportunity to fundraise, but also connect and reconnect across the province through fun challenges, and embrace the 4-H Healthy Living Pillar through activity.

4-H Ontario will receive 100 per cent of all funds raised by 4-H Ontario supporters.

Other representatives throughout the region are: Logan Emery (Region 1), Sadie-Jane Hickson (Region 3), Nicole French (Region 4) and Erica Murray (Region

Melissa represents region 2. For more information contact Shannon Muir, coordinator, Philanthropy - records@4-HOntario.ca | C: 226-343-

Public health measures may continue into

health officer, Dr. Theresa Tam has cautioned Canadians about believing a vaccine will mean a return to prepandemic behaviour.

the future

conference, she said physical distancing, the use of masks and adequate hand washing were all used to for the foreseeable future.

Two months ago Tam said in a OTTAWA - Canada's chief public response to a question about the eventual arrival of a vaccine, "We do not know how effective a vaccine is going to be, whether it will prevent serious illness, does it In a recent CBC press prevent you from getting an infection?" she said. It is possible a vaccine will not protect someone from an infection but would help behaviours we should be getting fight off serious side effects from

COVID-19. At this point in time, according to Dr. Tam, no one knows what a vaccine will do. "The answers to these questions remain unknown," she said." We cannot at this stage put all of our focus on the hope that this is our "silver bullet" solution. She said that the public health measures that Canadians are already taking would likely have to continue into the future even if a vaccine was developed.

TOTAL CASES ACTIVE CASES Clarence-Rockland Alfred and Casselman 74 20 Plantagenet 8 4 57 8 Champlain 10 6 Hawkesbury 65 48 The Nation Russell 21 10 66 26 East Hawkesbury <5 1 North Dundas North Glengarry North Stormont 17 1 22 9 <5 1 South Dundas South Stormont 11 2 South Glengarry 34 13 Cornwall 42 9

RHS Report

By Janel Therkelsen Student Reporter

Dedication makes the difference

Hey everyone!

Before getting into this week's report, I wanted to say how dedicated and inspirational teachers and school staff are. With our complicated and (in some cases) distanced learning, this year will be challenging, and it has already had ups and downs. But, with their dedication and hard work, teachers are able to teach students and help whoever needs help. They're doing amazing to accommodate to our new normal in the world! Thank you to all the teachers and staff at RHS and keep on smiling!

On Fri., Oct 9, The RHS Link Crew organized a Terry Fox day to celebrate the runner of the Marathon of Hope, Terry Fox. In groups of five classes at a time, all of RHS rotated through five stations of socially distanced games with sanitized equipment- and earned "kilometres" in honour of Terry Fox as they toured the other five provinces Terry ran through on his way to Ontario. The winning class at each grade level will be receiving a pizza delivery from Link Crew tomorrow. Congrats to the classes of Mme. Schriver (7/8), Mr. King (9/10) and Mr. McPhee (11/12). Also, thank you to Karine at Foodland for her constant support of RHS and for giving us a great deal on pizza!

Ultimately, the story of Terry Fox is a tragic and inspirational story about a young man born in 1958 who was diagnosed with a bone cancer in his right leg which was amputated off and replaced by a prosthetic. To raise money for cancer research, he started the Marathon of Hope, where he would run across Canada from west to east starting from St. Johns, Newfoundland. Unfortunately, he was forced to stop at Thunder Bay, Ontario because of cancer spreading to his lungs. After his long fight, Terry Fox passed away in 1981 at 22 years old. Terry Fox's name and cause is known across Canada- and the world- and we thank him for his courageous efforts. Thanks to Link Crew and all of RHS for remembering and celebrating him at our event!

Today's national day is National Apple Day! This most classic fruit of all has been around for at least 100 million years and there is an apple for every set of taste buds! There is the bitter but sweet green apple, the sweet red apple and more! Eat your apples today because you know what they say- an apple a day keeps the doctor away!

That's it for this week T-Wolves! See you next week!





